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processing and tabulation performed by the contractors. Corinne LeBovit supervised the development of plans for coding and tabulating the data.

This report was prepared by Betty Peterkin. Others who participated in analyzing the findings and writing the report were Dorothy A. Baker, Constance Ward, Arletta Beloian, and Carolyn Hoge. Daniel A. Swope, who succeeded Sadye F. Adelson after her retirement in March 1968, reviewed the manuscript and coordinated the preparation of the report for publication.

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## Contents

Page
Highlights ..... 1
Introduction ..... 1
Results ..... 3
Differences by urbanization ..... 3
Differences by income ..... 4
Differences by region ..... 7
Comparison with 1955 by region ..... 7
General notes on use of tables ..... 14
Specific table notes ..... 107
Definitions and explanations ..... 110
Literature cited ..... 113
Selected publications from other surveys of family food consumption and dietary levels ..... 114
Publications in this series ..... 115
Survey regions ..... 116

## List of Tables

Table
No.
1. Number of households and household size: Actual and weighted number of households; household size inequivalent persons and nutrition units
2. Household composition in terms of meals at home: Distribution by sex and age groups14
3.5. Nutritive value of diets: Average per day (from food at home adjusted for food away)
3. Per person20
4. Per nutrition unit ..... 22
5. Per person by food group ..... 24
6. Money value and nutrients b
34 at home by food group34
adjusted for food away)
7. Food energy, protein44
8. Calcium, iron ..... 46
9. Vitamin A value, thiamine ..... 48
10. Riboflavin, ascorbic acid ..... 50
11. Diet adequacy: Percent of household diets furnishing less than recommended allowance, and less than two-thirds recommended allowance (1963), by nutrient ..... 52
12. Household diets by number of nutrients below recommended allowances (1963) ..... 56
13-18. Food used: Quantity and money value per person per week ( 21 meals at home) and percent of households using in a week:
13. Milk, cream, cheese ..... 58
14. Meat, poultry, fish; other protein food ..... 63
15. Vegetables (fresh, processed) ..... 68
16. Fruit (fresh, processed) ..... 83
17. Grain products ..... 93
18. Fats, oils; sugar, sweets; other food ..... 98
19. Money value of all food at home per person per week ( 21 meals at home): Average and distribution ofhouseholds103

| All urbani- <br> zations | Urban | Rural <br> nonfarm | Rural <br> farm |
| :---: | :---: | :---: | :---: |
| Page | Page | Page | Page |
|  |  |  |  |
| 14 | 14 | 15 | 15 |
| 16 | 17 | 18 | 19 |
|  |  |  |  |
| 20 | 20 | 20 | 21 |
| 22 | 22 | 22 | 23 |
| 24 | 26 | 28 | 30 |
|  | 36 | 38 | 40 |
| 34 | 36 |  |  |
|  |  |  |  |
| 44 | 44 | 45 | 45 |
| 46 | 46 | 47 | 47 |
| 48 | 48 | 49 | 49 |
| 50 | 50 | 51 | 51 |
|  |  |  |  |
| 52 | 53 | 54 | 55 |
| 56 | 56 | 57 | 57 |
|  |  |  |  |
| 58 | 59 | 60 | 61 |
| 63 | 64 | 65 | 66 |
| 68 | 71 | 74 | 77 |
| 83 | 85 | 87 | 89 |
| 93 | 94 | 95 | 96 |
| 98 | 99 | 100 | 101 |
|  |  |  |  |
| 103 | 104 | 105 | 106 |

Note: Data in all tables except tables 5 and 6 are presented by income.

# DIETARY LEVELS OF HOUSEHOLDS IN THE NORTHEAST, SPRING 1965 

By Consumer and Food Economics Research Division, Agricultural Research Service

## HIGHLIGHTS

- Amounts of food used in households in the Northeast, as in the United States as a whole, were sufficient, on the average, to provide diets meeting the Recommended Dietary Allowances set in 1963 by the National Academy of Sciences-National Research Council for calories and protein; for the mineralscalcium and iron; and the vitamins-vitamin A value, thiamine, riboflavin, and ascorbic acid. There was great variation, however, in the amounts of foods used by different households.
- Ninety percent or more of the diets of households in the Northeast supplied the recommended allowances for protein, iron, thiamine, and riboflavin.
- The nutrients most often below allowances were calcium, vitamin A, and ascorbic acid. About 30 percent of the diets failed to meet the allowance for calcium, about 25 percent for vitamin A, and 20 percent for ascorbic acid. These nutrient shortages were associated with use of less-than-recommended amounts of milk and milk products and vegetables and fruit.
- Fifty-three percent of the households in this region had diets that met the allowances for all the nutrients studied. These diets were rated "good."
- Seventeen percent of the households had diets that supplied less than two-thirds of the recommended allowances for one or more nutrients. These diets were rated "poor." In this survey, no information was obtained on the nutritional
status of individuals. Hence, no conclusions can be drawn concerning the existence of hunger or malnutrition.
- Slightly less than half of the rural nonfarm households and slightly more than half of the urban and rural farm households in the Northeast had good diets.
- At each successively higher level of income, a greater percentage of households had good diets, but high income alone was no assurance of good diets. Among households with incomes of $\$ 10,000$ and over, 8 percent had poor diets, while 32 percent with incomes under $\$ 3,000$ had poor diets.
- In the United States, about half of the households in each region had diets that met allowances. There were slightly more poor diets among households in the South ( 24 percent) and the North Central Region ( 22 percent) than in the West (18 percent) and the Northeast ( 17 percent).
- In 1965 fewer households in the Northeast had good diets than in 1955-53 percent compared with 63 percent. The proportions with poor diets were about the same in the two surveys-17 percent in 1965 compared with 15 percent in 1955. Decreased use of milk and milk products and vegetables and fruit, the main sources of calcium, ascorbic acid, and vitamin A value, was chiefly responsible for these changes.


## INTRODUCTION

This report on the nutritive value of household diets presents data for spring 1965 from the nationwide survey of food consumption made by the U.S. Department of Agriculture from April 1965 through March 1966. Each of the four regional reports on dietary levels, Nos. 7-10 in the series, has been designed to follow the same format and pattern of analysis as that presented in "Dietary Levels of Households in the United States," Report No. 6. Nutrient levels for the regions were calculated from information on the kinds and quantities of food used by households. Food consumption information, summarized in these reports, is shown in detail separately for the regions in Reports Nos. 2-5 of this series (5).

[^0]Information on food consumption and dietary levels serves many needs.

- Congress, the Department of Agriculture, and other Federal agencies use these data in the development and administration of public programs and policies that relate to the production, marketing, regulation, and distribution of food.
- Research and development laboratories, food manufacturers, and food industries use these data to help interpret the needs and wants of consumers.
- Nutritionists, home economists, educators, and welfare workers use these data to help determine the need for educational programs, to identify the groups that such programs should serve, and to provide a basis for the development of
materials and programs for guiding households and individuals in their food selection.

Thus, nationwide food consumption surveys are benchmarks to measure past progress and to point to future programs, developments, and policies that will benefit the consumer.

From the results of this survey, it is possible to appraise and compare the dietary situation among various population groups in the United States. The findings identify by region, urbanization, and income the groups of households that had a large percentage of good and poor diets as defined for this survey. Tabular data in this report can be used to evaluate diets by other definitions of quality. Biochemical and medical examinations, which would be required to determine the extent of malnutrition among individuals in households, were not a part of this study.

The analysis of the data as summarized in the section on Results is only a part of what is possible. Additional information on the quantities of foods used, the average nutritive value of diets, and the distribution of household diets by level of nutrients is presented in the tables. Tables show unrounded averages and percentages for 12 income classes to allow the greatest flexibility for persons wishing to make additional analysis. Variance data for some statistics in this report are being computed.

To obtain information on the Nation's dietary situation, the Department has made five nationwide surveys of food consumption over the past 30 years-in 1936, 1942, 1948 (urban only), 1955, and 1965-66. Unlike the earlier surveys, data from the 1965-66 study will be available for four seasons. Approximately 7,500 housekeeping households of one or more members were interviewed in the spring of 1965 , and 2,500 households were surveyed in each of the following three seasons (summer 1965, fall 1965, and winter 1966).

Data were collected on amounts of food eaten by individuals, in addition to the total household consumption in the spring. Thus, information on the food
intake and nutritive value of the diets of men, women, boys, girls, and infants is available for the first time on a nationwide basis.

Households were selected to represent housekeeping households in each of the four Census regions during each of the four seasons. Metropolitan areas, cities of various sizes, and rural farm and nonfarm areas were surveyed. To permit adequate farm coverage, farm-operator households were oversampled. Persons living on military reservations, in institutions, and in rooming and boarding houses were excluded. A more detailed description of the sample design for each region and its analysis is presented in HFCS Reports 2.5 (5).

Experienced interviewers collected the data by personal interview with a knowledgeable household member, usually the homemaker. They used a detailed food list to help the homemaker recall the kinds, quantities, and costs of foods (including alcoholic and other beverages) used at home during the 7 days preceding the interview as well as a count of meals eaten at home and away from home by each household member. Expenditures for meals and snacks away from home paid for by family members were also obtained. In addition to family income, other household data, including the age, education, and employment of the homemaker, were collected for classification. Households in the spring sample were also asked about the kinds of food that were home produced and home preserved during 1964. Households in the winter sample were asked about the use of fat on beef and pork consumed during the survey week.

As in earlier USDA surveys, quantities of most foods were reported in the form in which they came into the kitchen. Thus, the data in these reports are based on economic consumption rather than quantities of foods eaten. Nutrients in the food reported used during the week were calculated from tables of food composition, mostly those in Agriculture Handbook 8(7). Table 2 in Handbook 8, "Nutrients in the edible portion of one pound of food as purchased," was the principal table used. Estimates of average losses of vitamins during cooking were deducted from food composition values before they were applied to the food quantities. Because of discards of edible food in preparation and as table waste, the calorie and nutrient levels of food eaten were probably below the levels calculated.

## RESULTS

Amounts of food used in households in the Northeast, as in the other regions of the United States in the spring of 1965 were sufficient, on the average, to provide diets meeting the Recommended Dietary Allowances set in 1963 by the Food and Nutrition Board of the National Academy of Sciences-National Research Council for calories and protein; for the minerals-calcium and iron; and for the vitamins-vitamin A value, thiamine, riboflavin, and ascorbic acid (3).

Averages, however, conceal the great variation in the amounts of food used by different households. Fifty-three percent of the households had diets that furnished the recommended allowances for all the nutrients studied, while 47 percent had diets that failed to meet the allowances for one or more nutrients. Ninety-five percent or more of the diets supplied the recommended allowances for
protein and riboflavin; about 90 percent for iron and thiamine; about 80 percent for ascorbic acid, 75 percent for vitamin A value, and 70 percent for calcium. ${ }^{2}$

[^1]Seventeen percent of the diets of households in the Northeast supplied less than two-thirds of the allowances for one or more nutrients. Only 1 or 2 percent of the diets supplied less than two-thirds of the allowances for protein, iron, thiamine, and riboflavin; 7 percent for calcium; 8 percent for vitamin A value; and 9 percent for ascorbic acid.

The nutrient shortages were associated with use of less-than-recommended amounts of milk and vegetables and fruit-the principal food sources of calcium, vitamin A value, and ascorbic acid. On the average, about 65 percent of the calcium in the diets was supplied by milk and milk products, while almost 50 percent of the vitamin A value and almost 90 percent of the ascorbic acid were supplied by vegetables and fruit.

## Basis for Evaluation of Diets

The Recommended Dietary Allowances are daily calorie and nutrient intakes judged by scientists of the Food and Nutrition Board to be adequate for maintaining good nutrition in essentially all healthy persons in the United States under current conditions of living. The allowances provide a margin of sufficiency above average physiological requirements for each nutrient, but not for calories, to cover variations in needs among individuals. The Food and Nutrition Board cautions, "It should not be assumed that food practices are necessarily poor or malnutrition exists because the recommendations are not completely met." There is no way to relate the findings from the food consumption study directly to malnutrition and the health of Americans. Nutritional status of groups or individuals must be judged on the basis of physical, biochemical, and clinical observations, which were not a part of this study.

The Food and Nutrition Board states that the allowances are intended to serve "as guides for the interpretation of food consumption records of groups of people." In the study reported here, they have been considered as reasonable benchmarks to make comparisons among population groups and to indicate trends in dietary quality. Their use has been limited to evaluating diets of groups of persons-those in households, those in income classes, and those in regional and urbanization groups.

In this study, a diet was rated good if the nutritive value of the total food brought into the kitchen for use by the household during the week equaled or exceeded the total allowance for each of seven nutrients for all persons eating from the household food supply. A diet was rated poor if it supplied less than two-thirds of the allowances for one or more nutrients. Two-thirds of the allowance has been considered in this and other household surveys of the Department as a level below which diets could be nutritionally inadequate for individuals over an extended period of time.

Between the households with good and poor diets were those with diets that provided at least two-thirds of the allowances for all seven nutrients and less than the allowance for at least one nutrient. Such diets were labeled "fair."

Information was collected on food used from only the home food supply during the week. In rating diets of households, an adjustment was made for food
aten away from home by comparing the nutritive value of food at home with the proportion of the recommended allowance for household members represented by their meals at home. A rating determined in this way assumes that a meal eaten away had the same nutritive value as a meal eaten at home. For a detailed explanation of the rating of diets, see Definitions and Explanations, "Household size in equivalent nutrition units."

As indicated earlier, the nutritive value of the household food supply used in rating diets included not only values of foods eaten by household members but also edible foods that were discarded in the kitchen and at the table. Therefore, this report probably overestimates the number of household diets that met allowances. No information was obtained on how food was distributed among family members Unless it was divided according to nutritional need, some members of the family might not have had diets that met allowances even though the household diet was rated good. On the other hand, if the household food supply did not provide the total allowances of the family, some, if not all, members had diets that did not meet allowances.

Data from this study show that many households in 1965 selected foods that provided the allowances. When allowances were not met, the nutrient shortages could have been corrected by a better selection of food. Failure to meet the allowances should not be interpreted as need for indiscriminate fortification of foods with vitamins and minerals or self-prescribed supplementation of individual diets. Results do imply the need for expanded efforts in nutrition education Awareness of the foods that make up a good diet, a desire to choose these foods, and sufficient money to buy adequate food must become more universal if most households in the Northeast are to have good diets.

## Differences by Urbanization

Slightly less than half of the rural nonfarm households in the Northeast and slightly more than half of urban and rural farm households had diets that met allowances for all seven nutrients (fig. 1). Twenty percent of the rural nonfarm households, 17 percent of the urban, and 13 percent of the rural farm households had diets that were rated poor.

More farm than urban families had diets that met the allowance for calcium. This is explained by the slightly greater use of milk, cream, and cheese by farm than urban families ( 4.49 compared with 4.22 quarts, calcium equivalent, per person per week) and greater use of grain products ( 2.83 compared with 2.40 pounds, flour equivalent). Proportions of rural nonfarm households with diets that met the calcium allowance and the quantities of milk and grain products that they consumed fell between those for urban and farm households.

On the other hand, more urban than farm or rural nonfarm households met the allowance for ascorbic acid as a result of greater use of citrus fruit by urban households.

Farm diets met the allowance for vitamin A value as frequently as urban diets. Less of the vitamin $A$ value in farm diets than in urban diets came from vegetables and fruit (44 percent compared with 50 percent); and more came from

## DIETS AT 3 LEVELS OF QUALITY BY URBANIZATION, NORTHEAST (percent)

GOOD--Met Recommended Dietory Allowonces (1963) for 7 nutrients FAIR-- $2 / 3$ RDA or more for 7 nutrients, but below RDA for 1 to 7 POOR--Below 2/3 RDA for 1 to 7 nutrients; is not synonymous with serious hunger ond molnutrition
NORTHEAST HOUSEHOLDS, 1 WEEK IN SPRING, 1965
U.S. DEPARTMENT OF AGRICULTURE

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agricultural research service
Figure 1
}
other products such as milk, butter, margarine, and eggs. Rural nonfarm households had diets that met the allowance for vitamin A value less frequently than either urban or farm households. This was associated with their lower consumption of vegetables, particularly dark-green and deep-yellow ones. The percentage of households in the Northeast with diets meeting allowances for calcium, vitamin A value, and ascorbic acid follows:

| Nutrient | Diets meeting allowances |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural <br> nonfarm | Rural <br> farm |  |
|  | Pct. | Pct. | Pct. |  |
| Calcium $\ldots \ldots \ldots \ldots \ldots \ldots$ | 69 | 73 | 77 |  |
| Vitamin A value $\ldots \ldots \ldots \ldots \ldots$ | 78 | 69 | 77 |  |
| Ascorbic acid $\ldots \ldots \ldots \ldots \ldots$ | 81 | 71 | 75 |  |

Home-produced food contributed 15 to 20 percent of the iron, thiamine, and ascorbic acid; and 25 to 35 percent of the protein, calcium, vitamin A value, and riboflavin in farm diets. Home-produced milk, alone, supplied 30 percent of the calcium, 20 percent of the riboflavin, and 10 percent of the protein.

Money value of food used per person per week in urban households, $\$ 10.12$, was higher than in rural nonfarm, $\$ 8.86$, and rural farm households, $\$ 8.63$. A dollar's worth of food in farm diets provided about the same or more of all nutrients than in rural nonfarm or urban diets. This was attributed to the greater
use of some inexpensive sources of nutrients-grain products, dry beans, and eggs-by farm households, and from their obtaining some foods such as eggs, chicken, and butter, at lower cost than did urban households. Nutrients furnished by a dollar's worth of food (food bought at prices reported by households and foods home-produced or received as gift or pay valued at local retail prices) in urban, rural nonfarm, and rural farm households in the Northeast follow:

| Nutrient and unit | Urban | Rural nonfarm | Rural <br> farm |
| :---: | :---: | :---: | :---: |
| Food energy . . . . . . . cal | 2,160 | 2,480 | 2,800 |
| Protein . . . . . . . . . . . . g | 74 | 81 | 89 |
| Calcium . . . . . . . . . . . . mg | 760 | 880 | 950 |
| Iron . . . . . . . . . . . . . . mg | 13 | 15 | 16 |
| Vitamin A value . . . . I. U | 5,790 | 4,980 | 6,040 |
| Thiamine . . . . . . . . . . mg | 1.1 | 1.2 | 1.3 |
| Riboflavin . . . . . . . . . mg . | 1.7 | 1.8 | 2.0 |
| Ascorbic acid . . . . . . . mg . | 81 | 80 | 82 |

## Differences by Income

Dietary adequacy, measured by the percentage of diets meeting the allowances for all seven nutrients, was related to family income. At successively higher levels of income, a greater percentage of households had diets that met the allowances (fig. 2).

High income alone, however, did not insure good diets. More than a third of the households with incomes of $\$ 10,000$ and over had diets below the allowances


Figure 2
for one or more nutrients. Nearly a tenth had diets that provided less than two-thirds of the allowances for one or more nutrients.

Of the households with incomes under $\$ 3,000,36$ percent had good diets but these good diets were not necessarily low in cost. Some low-income households spent much more per person for food than others. About a fourth of them used food valued at less than $\$ 6$ and more than a fourth used food valued at more than $\$ 10$ per person per week.

Three-fourths of the households in the Northeast with incomes of under $\$ 3,000$ were one- or two-person households. Small households such as these need less money to buy food than large households. Also, their needs for items other than food are usually less than those of large families, leaving more of their income for food.

Some low-income survey households obtained food from home production, received free food through commodity distribution or food stamp programs, or received food as gift or pay. Some may have drawn on their assets or had other types of nonmoney income that made it possible for them to spend an unusually large proportion of their money income for food.

Families with incomes that fluctuate from year to year tend to maintain their usual food patterns even though their incomes change. In the survey, some households reporting temporarily low income may have continued to use kinds and quantities of food typical of their usual food patterns.

Another measure of the relative quality of diets is the number of nutrients that were below the allowances. At both the lowest and the highest income levels a fourth to a fifth of the diets were short in one nutrient (fig. 3). Twice as large a

## DIETS BY NUMBER OF NUTRIENTS BELOW ALLOWANCES*

 BY INCOME, NORTHEAST (percent)

northeast households, I Week in Spring, 1965

- recommended dietary allo wances (1963)
U.S. DEPARTMENT OF AGRICULTURE

NEG. ARS 5980-69(11)
Agricultural research service
Figure 3
proportion at the lowest income level as at the highest, however, had diets with two and with three or more nutrients below the allowances.

Calcium, vitamin A value, and ascorbic acid were the nutrients most often below allowances in diets of households in the Northeast at all incomes. As income increased, the proportions of diets that were below the allowances declined less sharply for calcium and vitamin A value than for ascorbic acid.

| Income | Diets below allowances for- |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Calcium | Vitamin A <br> value | Ascorbic <br> acid |  |
|  | Pct. | Pct. | Pct. |  |
| Under $\$ 3,000 \ldots \ldots \ldots \ldots \ldots$ | 40 | 36 | 37 |  |
| $\$ 3,000-\$ 4,999 \ldots \ldots \ldots \ldots \ldots$ | 37 | 22 | 24 |  |
| $\$ 5,000-\$ 6,999 \ldots \ldots \ldots \ldots \ldots$ | 29 | 22 | 20 |  |
| $\$ 7,000-\$ 9,999 \ldots \ldots \ldots \ldots \ldots$ | 24 | 23 | 17 |  |
| $\$ 10,000$ and over $\ldots \ldots \ldots \ldots$ | 23 | 18 | 8 |  |

A dollar's worth of food used by urban households with low incomes provided higher average returns in calories and nutrients than a dollar's worth used by high-income families. In households with incomes under $\$ 3,000$, a dollar's worth of food provided, on the average, about one-sixth more ascorbic acid, one-fourth more protein, and at least one-third more of the other nutrients studied than in households with incomes of $\$ 10,000$ and over. Amounts of nutrients furnished by a dollar's worth of food (food bought at prices reported by households and foods home-produced or received as gift or pay valued at local retail prices) in urban households in the Northeast at three levels of income follow:

| Nutrient and unit | $\begin{aligned} & \text { Under } \\ & \$ 3,000 \end{aligned}$ | $\begin{aligned} & \$ 5,000 \text { to } \\ & \$ 6,999 \end{aligned}$ | $\$ 10,000$ and over |
| :---: | :---: | :---: | :---: |
| Food energy . . . . . . . cal . | 2,430 | 2,240 | 1,840 |
| Protein . . . . . . . . . . . g. | 83 | 77 | 65 |
| Calcium . . . . . . . . . . . mg. . . | 870 | 800 | 650 |
| Iron. . . . . . . . . . . . . mg. . . | 16 | 14 | 11 |
| Vitamin A value ..... I.U.... | 7,330 | 6,130 | 4,760 |
| Thiamine . . . . . . . . . . mg. . . | 1.2 | 1.1 | . 9 |
| Riboflavin .......... . mg. . . | 1.9 | 1.8 | 1.4 |
| Ascorbic acid . ...... mg.... | 91 | 80 | 78 |

A higher average return in nutrients per food dollar for low-income families may not necessarily mean they consciously chose more nutritious foods than families with high incomes. Low-cost diets usually include relatively large quantities of some inexpensive foods. Several of these foods-such as enriched flour and bread, some cereals, dry beans, and potatoes-furnished substantial amounts of certain nutrients. A small part of the food used by the low-income urban families in the Northeast, representing about 5 percent of total calories, was federally donated. In general, donated foods are those that give high nutrient return per dollar of value.

Despite the high nutrient returns for their food dollar, low-income urban families in the Northeast had diets that did not meet allowances more often than high-income families, partly because they did not spend as much for food. Families with incomes under $\$ 3,000$ used food with an average money value per person of $\$ 8.22$ a week, about one-third less than the $\$ 12.17$ average of families with incomes of $\$ 10,000$ or more.

## Differences by Region ${ }^{3}$

## All Urbanizations

Approximately half of the households in each region had diets that met the allowances for all nutrients-48 percent in the North Central Region and the South, 52 percent in the West, and 53 percent in the Northeast (fig. 4). A slightly higher proportion of diets in the North Central Region and the South than in the other regions provided less than two-thirds of the allowances for one or more nutrients.

## DIETS AT 3 LEVELS OF QUALITY BY REGION (percent)



GOOD-- Met Recommended Dietory Allowances (1963) for 7 nutrients FAIR--2/3 RDA or more for 7 nutrients, but below RDA for 1 to 7 POOR--Below $2 / 3$ RDA for 1 to 7 nutrients; is not synonymous with serious hunger ond molnutrition

REGIONAL HOUSEHOLDS, 1 WEEK IN SPRING, 1965
U.S. department of agricul.ture

NEG. ARS 5981-69(11)
agricultural research service
Figure 4

In all four regions, diets were most frequently below the allowances for calcium, vitamin A value, and ascorbic acid. Fewer diets in the North Central Region and the South than in the other regions met the allowances for ascorbic acid, reflecting lower use of vitamin C-rich fruit.

Despite lower average consumption of milk, cream, and cheese in the South, (3.74 quarts of milk equivalent per person per week compared with 4.20 to 4.27

[^2]quarts in the northern regions), the percentage of diets in the South that met the allowance for calcium was about the same as in the other regions. The different kinds and additional quantities of grain products used by southern households supplied additional calcium to their diets. The percentages of households in four regions with diets meeting recommended allowances follow:

| Nutrient | Diets meeting allowances |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Northeast | North <br> Central <br> Region | South | West |
| All nutrients . | $\begin{array}{r} \text { Pct. } \\ 53 \end{array}$ | $\begin{array}{r} \text { Pct. } \\ 48 \end{array}$ | $\begin{array}{r} \text { Pct. } \\ 48 \end{array}$ | $\begin{gathered} \text { Pct. } \\ 52 \end{gathered}$ |
| Protein. . . . . | 95 | 95 | 94 | 95 |
| Calcium | 69 | 69 | 70 | 69 |
| Iron . | 89 | 90 | 91 | 91 |
| Vitamin A value | 76 | 73 | 72 | 79 |
| Thiamine ..... | 91 | 92 | 93 | 90 |
| Riboflavin | 95 | 94 | 93 | 94 |
| Ascorbic acid .. | 79 | 71 | 68 | 77 |

Some of the regional differences indicated by the survey data may reflect differences in characteristics of the households. The Northeast and the West, with only 2 and 3 percent of their households on farms, were more urbanized than the South and the North Central Region, with 8 and 9 percent on farms. Income, another factor influencing food consumption, was lower in the South than in the other regions. Households in the West were smaller and those in the North Central Region slightly larger than in the other two regions.

## Urban and Rural

Among urban households, slightly larger proportions of good diets and smaller proportions of poor diets were found in the Northeast and the West than in the North Central Region and the South (fig. 5). Among rural nonfarm households, good diets were slightly more prevalent in the North Central Region than in the other three regions, and the South had the largest proportion of poor diets. Among farm households, the South had by far the smallest proportion of good and the largest proportion of poor diets. Poorer dietary levels among rural nonfarm and rural farm households in the South are partly explained by the larger proportion of low-income households in southern rural areas.

## Income

Because income is such an important factor affecting dietary levels, and because of the concern about diets of low-income people, the proportion of poor diets among only those households with incomes under $\$ 3,000$ is shown in figure 6. Among urban households at this low-income level, the North Central Region and the South had the largest proportions of poor diets. Among rural nonfarm and rural farm households, the South had the largest proportion. These results indicate that poor diets at this low-income level were more prevalent in the South than in most other regions in each urbanization class. Only among urban households in the North


Figure 5

## POOR DIETS* AMONG HOUSEHOLDS WITH INCOMES UNDER $\$ 3,000$ BY URBANIZATION AND REGION ( $\%$ )

## URBAN

Northeast North Central South West


RURAL NONFARM



RURAL FARM
Northeast
North Central
South
West

-Below 2/3 Recommended Dietory Allowonces (1963) for 1 to 7 nutrients; is not synonymous with serious hunger ond malnutrition
U.S. DEPARTMENT OF AGRICULTURE

NEG. ARS 5983-69(11)
agricultural research service
Figure 6

Central Region was the percentage of households with poor diets as high as in the South ( 41 percent in the North Central Region and 38 percent in the South).

The nutrients most often short in diets of both southern households and urban households in the North Central Region with incomes under $\$ 3,000$ were ascorbic acid, vitamin A value, and calcium. These shortages were associated with the relative low consumption of vegetables and fruits, particularly dark-green and deep-yellow vegetables and citrus fruits, and milk in these regional-urbanization groups.

## Comparison With 1955 by Region

A major purpose of the $1965-66$ survey was to compare the quality of diets of households in the spring of 1965 with that found in the spring of 1955 when a similar study was made. For the convenience of the reader, some information from the two studies on the quantities of foods used and the use of the food dollar, as well as the average nutritive value of diets and the proportions of diets rated good and poor, is included in this section. Information from the two studies on quantities and money value for a detailed list of foods grouped by marketing categories is shown for each region in HFCS Reports 2-5 (5, table 28).

## Food Used

In the spring of 1965, U.S. households used more of the meat group and less of the other three major food groups-milk, vegetables and fruit, and grain products-than in spring 1955. Amounts of foods from the four groups used in the two periods and the percentage change in the United States and four regions are shown in the following table.

Changes in consumption of foods in the four groups over the 10 -year period were not consistent in magnitude from one region to the other. However, changes resulted in greater uniformity of food patterns among regions in 1965 than in 1955. For example, the greatest increase in the use of the meat group was found in the South, the region that used the least in 1955. In other regions only slightly more meat was used in 1965 than in the earlier year. The greatest decline in the use of the milk and vegetables and fruit groups occurred in the North Central Region and the West, the regions reporting the greatest use of these groups in 1955. Small decreases also occurred in the use of these groups in the Northeast and the South. For grain products, the South, the region with the highest consumption in 1955, showed the most decline, and the Northeast, with the lowest consumption in 1955, showed an increase by 1965. The use of grain products in the other two regions declined slightly.

Shifts in the use of vegetables and fruits that are good sources of vitamins A and C affected diet quality adversely between the two surveys in all regions, more so in the North Central Region and the West than in the other two regions.

Fresh citrus fruit consumption was markedly lower in all regions in 1965 than in 1955. However, households appear to have substituted sufficient amounts of citrus products, such as fresh and frozen concentrated juices, on the average, to make up for the decline in fresh consumption in all except the North Central Region.

| Food group and region | Quantity per person per week ${ }^{1}$ |  | Change from 1955 |
| :---: | :---: | :---: | :---: |
|  | 1955 | 1965 |  |
|  | Pounds | Pounds | Percent |
| Milk, cream, cheese (milk equivalent) $\mathbf{: ~}^{2}$ |  |  |  |
| United States . . . . . . . . . . . . . . . . | 9.57 | 8.76 | -8 |
| Northeast | 9.73 | 9.17 | -6 |
| North Central Region | 10.24 | 9.04 | -12 |
| South . . . . . . . . . | 8.56 | 8.05 | -6 |
| West . | 10.42 | 9.10 | -13 |
| Meat, poultry, fish; eggs, dry legumes, nuts: ${ }^{3}$ |  |  |  |
| United States | 5.23 | 5.69 | +9 |
| Northeast | 5.30 | 5.55 | +5 |
| North Central Region | 5.43 | 5.76 | +6 |
| South . . . . . . . . . . | 4.88 | 5.72 | +17 |
| West | 5.57 | 5.71 | +3 |
| Vegetables and fruit: ${ }^{2}$ |  |  |  |
| United States . . | 9.94 | 9.09 | -9 |
| Northeast | 10.26 | 9.61 | -6 |
| North Central Region | 10.75 | 9.17 | -15 |
| South . . . . . . . . | 8.65 | 8.47 | -2 |
| West . | 10.65 | 9.34 | -12 |
| Grain products (flour equivalent) : ${ }^{2}$ |  |  |  |
| United States . . . | 2.84 | 2.65 | -7 |
| Northeast | 2.21 | 2.45 | +11 |
| North Central Region | 2.59 | 2.43 | -6 |
| South . . . . . . . . . | 3.69 | 3.09 | -16 |
| West . . . . . . . . . . . . . . . . . . . . . | 2.60 | 2.48 | -5 |

121 meals from home supplies equal 1 person.
2 Includes mixtures and soups with main ingredient from group.
${ }^{3}$ Includes dry weight of legumes and shelled weight of nuts; excludes mixtures and soups.

Dark-green and deep-yellow vegetable consumption was down in each of the regions in 1965. The decline was largely in the quantity of fresh items, such as dark greens, carrots, and sweetpotatoes. The proportion of the vegetables reported on a trimmed-weight basis was not a significant factor in the quantity decline. As examples, 80 percent of the carrots in both periods was reported in terms of weight without tops, and 70 percent in 1955 and 60 percent in 1965 of the most used dark greens-spinach, collards, and kale-were reported as untrimmed (bulk) weight. More frozen dark-green and deep-yellow vegetables were used in 1965 than in 1955, but amounts used in both years were small in relation to amounts of fresh.

About the same or smaller amounts of potatoes, on a fresh-equivalent basis, were used in all regions except the South, where a slight increase was noted from 1955 to 1965. In all four regions, fewer households used fresh and more used processed potatoes in 1965 than 10 years earlier. For the country as a whole, one-fourth of the potatoes in 1965 and only one-tenth in 1955 were used in the processed form. Compared with fresh potatoes, some of the popular processed forms, such as potato chips and dehydrated potatoes, provide less ascorbic acid per
pound of freshequivalent potatoes. Therefore, the ascorbic acid contribution to diets was slightly less in 1965 than in 1955 for like amounts of fresh-equivalent potatoes.

Vegetables and fruit used by households in the United States and four regions in spring 1955 and spring 1965 were as follows:

| Food group and region | Quantity per person per week ${ }^{1}$ |  | Change from 1955 |
| :---: | :---: | :---: | :---: |
|  | 1955 | 1965 |  |
|  | Pounds | Pounds | Percent |
| Citrus fruit (juice equivalent) : |  |  |  |
| United States . . . . . . . . . | 1.27 | 1.22 | -4 |
| Northeast | 1.48 | 1.55 | +5 |
| North Central Region | 1.49 | 1.17 | -21 |
| South | . 88 | . 95 | +8 |
| West | 1.27 | 1.27 | 0 |
| Dark-green and deep-yellow vegetables: |  |  |  |
| United States . . . . . . . . . . . . . . . . | . 59 | . 48 | -19 |
| Northeast | . 67 | . 52 | -22 |
| North Central Region | . 53 | . 40 | -25 |
| South | . 59 | . 50 | -15 |
| West | . 60 | . 51 | -15 |
| Potatoes (fresh equivalent): |  |  |  |
| United States . | 1.93 | 1.90 | -2 |
| Northeast | 2.05 | 1.98 | -3 |
| North Central Region | 2.34 | 2.27 | -3 |
| South . . . . . . . . . | 1.51 | 1.60 | +6 |
| West . . . . . . . . . . . . . . . . . . . | 1.81 | 1.68 | -7 |

121 meals from home supplies equal 1 person.

Some of the differences in food use between the two surveys may reflect differences in population characteristics. For example, the proportion of households on farms was substantially less and the proportion of single persons living alone was greater in each of the regions in 1965 than 10 years earlier. The average size of households remained about the same in all regions except the South, where households were 7 percent smaller. Income in all regions was higher in 1965 than in 1955; but the increase was greater for the South than for other regions.

## The Food Dollar

The average money value of food used at home per person by U.S. households (expenditures for purchased food plus money value of nonpurchased food) was 16 percent higher in 1965 than in 1955. Money value increased less in the north central and western regions than in other regions, probably in part because of the lower consumption of milk and vegetables and fruit in these regions. Money value of food in the South increased the most, seemingly due at least partly to a shift by southern households to food patterns more like those in northern regions. Even so, the value of food used in southern households surveyed in 1965 was less than in northern households.

Money value of food at home per person ( 21 meals $=1$ person) per week used by households in the United States and four regions in spring 1955 and spring 1965 follows:

| Region | 1955 | 1965 | Change from 1955 |
| :---: | :---: | :---: | :---: |
|  | Dol | Dol | Pct. |
| United States | 7.57 | 8.79 | +16 |
| Northeast . | 8.28 | 9.77 | +18 |
| North Central Region | 8.02 | 8.67 | +8 |
| South. . | 6.27 | 7.92 | +26 |
| West . | 8.45 | 9.35 | +11 |

Changes in the way households divided their food dollars among food groups between 1955 and 1965 were generally consistent from one region to another. In each region, less of the dollar was used in 1965 than in 1955 for milk, cream, and cheese and fats and oils; and more for grain products (principally because of shifts to more bakery products), soft drinks, and alcoholic beverages. The part of the dollar for meat, poultry, fish, and other protein foods and for vegetables and fruits showed little or no change over the 10 years. The division of the food dollar (expenditures for purchased food plus money value of nonpurchased food) in the United States and four regions in spring 1955 and spring 1965 is shown in the next table.

| Food group and year ${ }^{1}$ | United States | Northeast | North Central Region | South | West |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Milk, cream, cheese: $\quad$ Cents ${ }^{\text {a }}$ (ents Cents Cents Cents |  |  |  |  |  |
|  |  |  |  |  |  |
| 1955 | 15.1 | 14.9 | 15.0 | 15.5 | 14.9 |
| 1965 | 12.6 | 12.8 | 12.6 | 12.4 | 12.6 |
| Meat, poultry, fish, other protein foods: |  |  |  |  |  |
| 1965 | 38.1 | 38.4 | 38.2 | 37.9 | 36.6 |
| Vegetables and fruits: |  |  |  |  |  |
| 1955 | 19.8 | 19.4 | 21.0 | 18.9 | 20.0 |
| 1965 | 19.6 | 18.8 | 19.8 | 19.6 | 20.6 |
| Grain products: |  |  |  |  |  |
| 1955 | 10.6 | 9.9 | 10.5 | 11.6 | 9.9 |
| 1965 | 12.3 | 12.5 | 12.2 | 12.4 | 12.2 |
| Fats, oils: |  |  |  |  |  |
| 1955 | 4.4 | 4.0 | 4.3 | 5.1 | 4.0 |
| 1965 | 3.5 | 3.3 | 3.6 | 3.8 | 3.2 |
| Sugar, sirup, jelly, candy: |  |  |  |  |  |
| 1955 | 3.2 | 2.6 | 3.1 | 3.9 | 3.2 |
| 1965 | 3.0 | 2.7 | 3.0 | 3.6 | 2.9 |


| Food group and year ${ }^{1}$ | United States | Northeast | North Central Region | South | West |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cents | Cents | Cents | Cents | Cents |
| Soft drinks, punches, prepared desserts: |  |  |  |  |  |
| 1955 | 1.7 | 1.7 | 1.7 | 1.8 | 1.5 |
| 1965 | 3.1 | 3.1 | 3.2 | 3.3 | 2.7 |
| Alcoholic beverages: |  |  |  |  |  |
| 1955 | 3.0 | 3.8 | 3.1 | 1.4 | 3.9 |
| 1965 | 3.7 | 4.5 | 3.4 | 2.5 | 5.2 |
| Other foods: |  |  |  |  |  |
| 1955 | 4.6 | 4.3 | 4.6 | 4.9 | 4.8 |
| 1965 | 4.1 | 3.8 | 4.0 | 4.5 | 3.8 |

${ }^{1}$ Data for 1955 include all plate dinners with other protein foods; other mixtures and soups with group of main ingredient; data for 1965 include plate dinners, mixtures, and soups with group of main ingredient.

A dollar's worth of food in the South in both 1965 and 1955 provided more calories and about the same or more of each nutrient than a dollar's worth in other regions. This difference was not as great in 1965 as 10 years earlier, however. For example, a dollar's worth of food provided 30 percent more calories in the South than in the Northeast in 1965 and about 50 percent more in 1955. Amounts of nutrients furnished by a dollar's worth of food (food bought at prices reported by households, and foods home produced or received as gift or pay valued at retail prices) in four regions in spring 1955 and spring 1965 follow:

| Nutrient and unit | Northeast |  | North <br> Central <br> Region |  | South |  | West |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 |
| Food energy . . . . . . . . . . . cal | 2,510 | 2,240 | 2,900 | 2,580 | 3,700 | 2,930 | 2,740 | 2,340 |
| Protein . . . . . . . . . . . . . . . . . g | 86 | 76 | 94 | 86 | 107 | 91 | 92 | 81 |
| Calcium . . . . . . . . . . . . . . . mg | 980 | 790 | 1,100 | 890 | 1,410 | 1,000 | 1,070 | 830 |
| Iron . . . . . . . . . . . . . . . . . . . mg . | 15 | 14 | 17 | 16 | 21 | 18 | 16 | 15 |
| Vitamin A value . . . . . . . . . . I.U . | 7,630 | 5,600 | 7,240 | 5,700 | 7,910 | 6,120 | 7,440 | 5,900 |
| Thiamine . . . . . . . . . . . . . . mg . | 1.3 | 1.1 | 1.4 | 1.3 | 1.9 | 1.4 | 1.3 | 1.2 |
| Riboflavin . . . . . . . . . . . . . . mg | 2.1 | 1.7 | 2.3 | 1.9 | 2.6 | 2.1 | 2.2 | 1.8 |
| Ascorbic acid . . . . . . . . . . . . mg . | 97 | 81 | 101 | 80 | 104 | 82 | 96 | 78 |

Note. $\mathbf{- 1 9 5 5}$ average nutritive values of diets used in these calculations were adjusted to be comparable with those in 1965. See Definitions and Explanations, "Revisions of 1955 survey data." Money value of food was not adjusted to 1965 price levels.

## Nutritive Value of Food Used

Differences in food patterns were reflected in the average nutritive value of diets for the two periods. Lower consumption of milk, cream, and cheese in 1965 in the North Central Region and the West was associated with the lower levels of calcium and riboflavin in these regions in 1965 than in 1955. The decline in the use of grain products resulted in lower calcium levels in the South. Lower consumption of vegetables and fruit in the North Central Region and the West in 1965 resulted in lower levels of ascorbic acid and vitamin A value. Greater use of the meat group in the South contributed to slightly higher average levels for protein in southern diets in 1965.

The 1955 data on the nutritive content of diets were adjusted to make them comparable with the 1965 data. Amounts of the key nutrients in 1955 were adjusted (1) to reflect revisions in values in food composition tables made since the 1955 survey and (2) to include nutritive values for alcoholic beverages, coffee, and baking powder. Average nutritive value of food used per person per day ( 3 meals from home supplies $=1$ person) by households in the United States and four regions in spring 1955 and spring 1965 and the percentage change follow:


[^3]
## Quality of Diets

To compare the proportions of households with diets meeting allowances for the two periods, further adjustments were made to the 1955 survey data to reflect 1963 revisions of the Recommended Dietary Allowances. Estimates were made of the percentage of diets surveyed in 1955 that met the 1963 allowances and the percentage that did not meet two-thirds of the 1963 allowances. Methods used are described in Definitions and Explanations, "Revisions of 1955 survey data."

Good diets-those meeting allowances (1963) for all seven nutrients-were found in 50 percent of the U.S. households surveyed in 1965 and in 60 percent in 1955. Twenty-one percent of the diets in 1965 and 15 percent in 1955 were rated poor in that they provided less than two-thirds of the allowances for one or more of the nutrients.

This somewhat adverse shift in quality of diets in the United States between 1955 and 1965 reflected shifts in each of the four regions (fig. 7). Diets of southern households, found to be most frequently below allowances in 1955, showed the least change of the four regions over the 10 -year period. Diets of households in the North Central Region showed the greatest decline in quality.

In 1965, as in 1955, calcium, vitamin A value, and ascorbic acid were the nutrients most often below allowances. In all regions, fewer diets met these allowances in 1965 than in 1955, with two exceptions. No difference was found in the proportion meeting allowances for vitamin A value and ascorbic acid in the South and for ascorbic acid in the Northeast. In these two regions the consumption of vegetables and fruits was as high in 1965 as in the earlier year. Percentages of

## DIETS AT 3 LEVELS OF QUALITY BY REGION, 1955 AND 1965 (percent)



GOOD ${ }_{7}$-Met Re
UIII FAIR--2/3 RDA or more for 7 nutrients, but below RDA for 1 to 7
POOR--Below $2 / 3$ RDA for 1 to 7 nutrients; is not synonymous with serious hunger ond molnutrition
regional households, 1 week in spring
U.S. DEPARTMENT OF AGRICULTURE

NEG. ARS 5984.69(11)
AGRICULTURAL RESEARCH SERVICE

Figure 7
households in United States and four regions with diets meeting allowances in spring 1955 and spring 1965 follow:

| Nutrient | United States |  | Northeast |  | North Central Region |  | South |  | West |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 |
|  | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. |
| All 7 nutrients | 60 | 50 | 63 | 53 | 66 | 48 | 55 | 48 | 65 | 52 |
| Protein | 93 | 95 | 93 | 95 | 97 | 95 | 90 | 94 | 96 | 95 |
| Calcium | 79 | 70 | 79 | 69 | 83 | 69 | 77 | 70 | 81 | 69 |
| Iron | 90 | 90 | 88 | 89 | 90 | 90 | 91 | 91 | 92 | 91 |
| Vitamin A value | 80 | 74 | 84 | 76 | 82 | 73 | 73 | 72 | 88 | 79 |
| Thiamine . | 94 | 92 | 92 | 91 | 96 | 92 | 95 | 93 | 94 | 90 |
| Riboflavin | 95 | 94 | 96 | 95 | 97 | 94 | 91 | 93 | 95 | 94 |
| Ascorbic acid | 76 | 73 | 79 | 79 | 82 | 71 | 67 | 68 | 82 | 77 |

Note.-1955 data adjusted to be comparable to 1965 data. See Definitions and Explanations, "Revisions of 1955 survey data." Figures have been rounded independently.

The proportions of poor diets in the North Central Region and the West were greater in 1965 than in the earlier year, but there was little change in the Northeast and the South. The percentages of diets below two-thirds allowances in United States and four regions in spring 1955 and spring 1965 follow:

| Nutrient | United States |  | Northeast |  | North <br> Central <br> Region |  | South |  | West |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 | 1955 | 1965 |
|  | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. | Pct. |
| 1 to 7 nutrients | 15 | 21 | 15 | 17 | 11 | 22 | 24 | 24 | 11 | 18 |
| Calcium | 5 | 8 | 4 | 7 | 3 | 8 | 7 | 8 | 5 | 8 |
| Vitamin A value | 6 | 10 | 3 | 8 | 3 | 9 | 12 | 13 | 1 | 6 |
| Ascorbic acid | 10 | 13 | 9 | 9 | 6 | 14 | 16 | 16 | 5 | 10 |

Note. 1955 data adjusted to be comparable to 1965 data. See Definitions and Explanations, "Revisions of 1955 survey data." Figures have been rounded independently.

Changes in dietary levels between 1955 and 1965 may reflect a number of factors: Changes in food production, processing, and marketing; shifts in the relative cost of foods; a blending of food habits from one region to another due to population mobility and the influence of mass media; use of less home-produced food; response to information about the relation of diet to health; and shifts in urbanization, age distribution, and economic levels of the population. Regardless of cause, fewer survey households in 1965 than in 1955 in each of the four regions of the country had diets that met the Recommended Dietary Allowances. Findings from the study showed that some families at all income levels, in cities and on farms, in all regions of the country could have improved their food selection if they had been aware of the foods that make up a good diet, had desired to choose these foods, and had the money with which to buy them.

The following notes contain information and explanations applicable to several tables. In addition, specific table notes, which appear after the tables, refer to a particular table, group of columns, or a single column of a table. Items to which specific notes refer are marked by the symbol $\ddagger$ on the table.

1. "All households" include households not classified by income.
2. Component items may not add to totals because of rounding or because the data for one or more component items are not given.
3. Data refer to food used at home during the week from all sourcespurchased, home-produced, and received as gift or pay; except in tables for the rural farm category showing data for home-produced food used at home during the week.
4. The asterisk (*) indicates some but less than $1 / 2$ of the value of 1 in the last digit shown in the column.
5. Cooking losses have been deducted from all vitamin values.
6. Averages per person or per nutrition unit and percentages of households are based on the total count in the cell (tables 3-5, 7-11, and 13-19). See table 1 for cell counts. Percentages in table 12 are based on only households with diets furnishing less than allowances for one or more nutrients.
7. Data in tables 3, 5, and 13-19 are shown as averages per person. Twenty-one meals from home food supplies were counted as one person. The use of 21 -meal-at-home-equivalent persons adjusts for those family members who may have eaten meals away from home and nonfamily members who may have eaten
from household food supplies. See Definitions and Explanations, "Household size in equivalent meals."

8 Nutritive values of diets in table 4 are shown as averages per nutrition unit per day. Also, percentages in tables $7-12$ are based on amounts of nutrients per nutrition unit in household diets. Diets of households of different sizes and compositions can be compared when their nutritive values are presented on a nutrition unit basis. See Definitions and Explanations, "Household size in equivalent nutrition units."
9. Groupings of food in this report, meaningful for nutritional analysis, are not the same as those in Reports 2-5 (5), useful for marketing purposes.
10. Soups and mixtures are shown separately under food groups covering their main ingredients, with one exception. Those mainly meat, poultry, and fish are included in the group, "Other protein food."
11. Plate dinners are not shown separately but are included in totals for food groups covering their main ingredient, with one exception. Those mainly meat, poultry, or fish are included in the group, "Other protein food."
12. Table 19 shows the average money value of food used ( 21 meals at home) from all sources and the distribution of households having food of specified money value which can be used to indicate variation in total food consumption among households.
13. Data are not necessarily as precise as the amount of detail published may imply. Digits beyond significance are sometimes shown to enable users to regroup data.

| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | HOUSEHOLDS |  | HOUSEHOLD SIZE |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ACTUAL NUMBER | WEIGHTED NUM8ER $\neq$ | $\begin{aligned} & \text { E QUI V- } \\ & \text { A LENT } \\ & \text { PERSONS } \\ & \quad \neq \end{aligned}$ | EQUIVALENT NUTRITION UNITS |  |  |  |  |  |  |  |
|  |  |  |  | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTE IN | CALC IUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{array}{r} \text { RIBO- } \\ \text { FLAVIN } \end{array}$ | $\begin{gathered} \text { ASCOR8 IC } \\ \text { AC ID } \end{gathered}$ |
| (1) | (2A) | (28) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) |

ALL URBANIZATIONS

| ALL HOUSEHOLDS------ | 1,621 | 1,523 | 3.28 | 2.43 | 2.76 | 3.65 | 4.00 | 2.93 | 2.46 | 2.57 | 3.07 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 39 | 33 | 1.83 | 1.21 | 1.55 | 1.90 | 2.02 | 1.70 | 1.29 | 1.36 | 1.75 |
| 1,000-1,999----- | 77 | 71 | 1.85 | 1.18 | 1.57 | 1.89 | 2.03 | 1.74 | 1.28 | 1.35 | 1.78 |
| 2,000-2,999----- | 111 | 105 | 2.62 | 1.84 | 2.22 | 2.82 | 3.16 | 2.40 | 1.96 | 2.00 | 2.47 |
| 3,000-3,999----- | 153 | 135 | 3.11 | 2.25 | 2.55 | 3.46 | 3.74 | 2.69 | 2.28 | 2.39 | 2.85 |
| 4,000-4,999——.-- | 166 | 155 | 3.40 | 2.48 | 2.80 | 3.77 | 4.09 | 2.95 | 2.50 | 2.62 | 3.13 |
| 5,000-5,999----- | 243 | 229 | 3.57 | 2.65 | 2.97 | 3.97 | 4.35 | 3.13 | 2.67 | 2.79 | 3.30 |
| 6,000-6,999----- | 183 | 173 | 3.65 | 2.76 | 3.09 | 4.15 | 4.54 | 3.27 | 2.77 | 2.89 | 3.44 |
| 7,000-7,999——..- | 157 | 151 | 3.64 | 2.77 | 3.10 | 4.16 | 4.53 | 3.26 | 2.78 | 2.91 | 3.43 |
| 8,000-8,999---- | 105 | 102 | 3.63 | 2.70 | 3.03 | 4.06 | 4.48 | 3.19 | 2.69 | 2.84 | 3.40 |
| 9,000-9,999----- | 97 | 94 | 3.56 | 2.68 | 3.02 | 4.03 | 4.41 | 3.18 | 2.71 | 2.81 | 3.32 |
| 10,000-14,999---- | 167 | 157 | 3.55 | 2.69 | 3.04 | 3.98 | 4.39 | 3.20 | 2.71 | 2.83 | 3.34 |
| 15,000 AND OVER-- | 45 | 43 | 3.43 | 2.68 | 3.02 | 3.68 | 4.10 | 3.20 | 2.67 | 2.81 | 3.33 |

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| ALL HOUSEHOLDS------ | 1,174 | 3.13 | 2.30 | 2.63 | 3.47 | 3.81 | 2.79 | 2.34 | 2.44 | 2.93 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 19 | 1.26 | . 73 | 1.03 | 1.25 | 1.35 | 1.19 | . 83 | . 88 | 1.20 |
| 1,000-1,999----- | 55 | 1.74 | 1.08 | 1.44 | 1.77 | 1.90 | 1.61 | 1.18 | 1.24 | 1.65 |
| 2,000-2,999----- | 83 | 2.48 | 1.74 | 2.09 | 2.79 | 2.99 | 2.26 | 1.86 | 1.90 | 2.33 |
| 3,000-3,999----- | 107 | 2.92 | 2.04 | 2.32 | 3.18 | 3.48 | 2.46 | 2.08 | 2.18 | 2.62 |
| 4,000-4,999----- | 117 | 3.30 | 2.37 | 2.68 | 3.61 | 3.94 | 2.84 | 2.40 | 2.51 | 3.01 |
| 5,000-5,999----- | 184 | 3.51 | 2.58 | 2.90 | 3.87 | 4.24 | 3.06 | 2.61 | 2.71 | 3.22 |
| 6,000-6,999----- | 127 | 3.51 | 2.66 | 2.99 | 4.00 | 4.37 | 3.16 | 2.67 | 2.79 | 3.33 |
| 7,000-7,999----- | 111 | 3.39 | 2.59 | 2.91 | 3.86 | 4.23 | 3.06 | 2.61 | 2.71 | 3.20 |
| 8,000-8,990----- | 80 | 3.35 | 2.46 | 2.78 | 3.68 | 4.10 | 2.94 | 2.45 | 2.59 | 3.13 |
| 9,000-9,999----- | 73 | 3.51 | 2.62 | 2.97 | 3.98 | 4.35 | 3.13 | 2.63 | 2.76 | 3.32 |
| 10,000-14,999---- | 124 | 3.33 | 2.54 | 2.89 | 3.73 | 4.12 | 3.05 | 2.56 | 2.67 | 3.16 |
| 15,000 AND OVER-- | 36 | 3.35 | 2.62 | 2.95 | 3.51 | 3.95 | 3.14 | 2.60 | 2.74 | 3.28 |


|  | HOUSEHOLDS |  | HOUS EHOLD SIZE |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ACTUAL NUMBER | WEIGHTED NUMBER キ | EQUIVALENT PERSONS \# | EQUIVALENT NUTRITION UNITS |  |  |  |  |  |  |  |
| AFTER TAXES IN 1964 |  |  |  | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | CALC IUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{array}{r} \text { RIBO- } \\ \text { FLAVIN } \end{array}$ | $\begin{aligned} & \text { ASCORB IC } \\ & \text { ACID } \end{aligned}$ |
| (1) | (2A) | (2B) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) |

RURAL NONFARM

| ALL HOUSEHOLDS------ | 324 | 3.74 | 2.84 | 3.19 | 4.24 | 4.62 | 3.35 | 2.86 | 2.98 | 3.52 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000--- | 46 | 2.65 | 1.87 | 2.32 | 2.60 | 3.08 | 2.50 | 1.95 | 2.03 | 2.58 |
| 3,000-4,999----- | 59 | 3.64 | 2.84 | 3.19 | 4.29 | 4.53 | 3.31 | 2.84 | 2.97 | 3.51 |
| 5,000-6,999----- | 85 | 3.90 | 2.98 | 3.30 | 4.47 | 4.87 | 3.48 | 2.99 | 3.11 | 3.67 |
| 7,000-9,999----- | 79 | 4.28 | 3.27 | 3.63 | 4.94 | 5.35 | 3.77 | 3.30 | 3.43 | 3.97 |
| 10,COO AND OVER-- | 37 | 4.24 | 3.22 | 3.54 | 4.82 | 5.29 | 3.68 | 3.22 | 3.36 | 3.90 |

RURAL FARM

| ALL | HOUS EHOLDS------ | 123 | 24.6 | 4.16 | 3.14 | 3.57 | 4.56 | 4.93 | 3.76 | 3.19 | 3.30 | 3.91 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 24 | 4.8 | 3.47 | 2.48 | 2.94 | 3.72 | 3.96 | 3.14 | 2.63 | 2.63 | 3.14 |
|  | 3,000-4,999----- | 36 | 7.2 | 4.69 | 3.58 | 4.03 | 5.04 | 5.40 | 4.22 | 3.63 | 3.75 | 4.41 |
|  | 5,000-6,999…- | 30 | 6.0 | 4.32 | 3.24 | 3.62 | 4.83 | 5.32 | 3.78 | 3.26 | 3.40 | 4.04 |
|  | 7,000-9,999----- | 16 | 3.2 | 3.65 | 2.83 | 3.33 | 4.09 | 4.41 | 3.48 | 2.79 | 3.02 | 3.67 |
|  | 10,000 AND OVER-- | 15 | 3.0 | 4.42 | 3.40 | 3.83 | 4.95 | 5.38 | 4.04 | 3.49 | 3.58 | 4.14 |

PERCENT CF TOTAL MEALS AT HOME


| $\begin{aligned} & \text { TOTAL } \\ & \text { UNDER } 2 \mathrm{C} \\ & \text { YEARS } \end{aligned}$ | PERCENT OF TOTAL MEALS AT HOME |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BOYS 9-19 YEARS |  |  |  | GIRLS 9-19 YEARS |  |  |  |  | CHILDREN UNDER 9 YEARS |  |  |  |
| $(16)$ | 9-11 (17) | $12-14$ <br> (18) | $15-17$ <br> (19) | $18-19$ <br> (20) | TOTAL (21) | $9-11$ <br> (22) | 12-14 <br> (23) | $15-17$ <br> (24) | $18-19$ <br> (25) | UNDER 1 $(26)$ | $\begin{array}{r} 1-2 \\ (27) \end{array}$ | $\begin{array}{r} 3-5 \\ (28) \\ \hline \end{array}$ | $\begin{array}{r} 6-8 \\ (29) \\ \hline \end{array}$ |


| ALL HOUSEHOLDS------ | 42.0 | - 3.0 | 3.2 | 2.6 | 1.4 | 9.9 | 2.9 | 3.3 | 2.8 | - 9 | 2.5 | $4 \cdot 3$ | 7.2 | 7.8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 22.7 | 3.5 | . 2 | - 2 | . 0 | 4.4 | 1.6 | 2.2 | - 2 | - 3 | 3.5 | 1.6 | 1.8 | 7.3 |
| 1,000-1,999----- | 15.7 | - 8 | . 1 | - 0 | . 6 | 1.9 | - 9 | -1 | - 7 | -1 | 1.5 | 3.8 | 1.7 | 5.3 |
| 2,000-2,999----- | 39.4 | 3.0 | 3.9 | 1.9 | - 9 | 11.8 | 4.0 | $3 \cdot 3$ | 3.4 | 1.1 | 1.6 | 3.1 | 4.8 | 8.4 |
| 3,000-3,999----- | 46.5 | 2.1 | 3.3 | 3.1 | 1.7 | 8.8 | 2.2 | 2.9 | 2.4 | 1.1 | 3.8 | 6.8 | 8.0 | 9.0 |
| 4,000-4,999----- | 44.0 | 2.5 | 3.1 | 2.7 | - 9 | 9.2 | 3.0 | 2.7 | 2.7 | . 8 | 4.7 | 5.1 | 8.3 | 7.6 |
| 5,000-5,999----- | 43.8 | 2.5 | 2.3 | 3.0 | 1.1 | 9.8 | 3.3 | 3.1 | 2.1 | 1.3 | 3.0 | 5.6 | 8.5 | 8.1 |
| 6,000-6,999----- | 44.6 | 3.4 | 4.4 | 3.0 | . 8 | 12.1 | 3.8 | 4.0 | 3.8 | . 4 | 2.0 | 4.6 | 6.2 | 8.3 |
| 7,000-7,999----- | 44.7 | 3.7 | 4.6 | 2.1 | 2.5 | 10.8 | 2.8 | 4.3 | 3.0 | . 7 | 2.6 | 3.4 | 8.0 | 7.1 |
| 8,000-8,999----- | 45.2 | 4.3 | 2.4 | 1.9 | 1.1 | 11.0 | 4. 0 | 3.9 | 2.1 | 1.0 | 2.2 | 4.1 | 9.3 | 8.9 |
| 9,000-9,999----- | 44.4 | 4.5 | 3.0 | 3.3 | 1.7 | 10.7 | 3.9 | 2.8 | 2.7 | 1.4 | 2.2 | 3.9 | 7.2 | 7.8 |
| 10,000-14,999---- | 40.5 | 3.3 | 2.8 | 2.8 | 2.4 | 9.0 | $2 \cdot 1$ | 2.6 | 3.6 | - 6 | 1.2 | 3.9 | 7.5 | 7.8 |
| 15,000 AND OVER-- | 41.6 | 3.5 | 5.6 | 3.6 | 1.6 | 12.3 | 1.3 | 6.0 | 5.0 | - 0 | . 7 | 1.5 | 5.7 | 7.1 |



| $\begin{aligned} & \text { TOTAL } \\ & \text { UNDER } 20 \\ & \text { YEARS } \end{aligned}$ | PERCENT OF TOTAL MEALS AT HOME |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BCYS 9-19 YEARS |  |  |  | GIRLS 9-19 YEARS |  |  |  |  | CHILDREN UNDER 9 YEARS |  |  |  |
|  | $9-11$ | 12-14 | 15-17 | 18-19 | TOTAL | $9-11$ | 12-14 | 15-17 | 18-19 | UNDER | 1-2 | 3-5 | 6-8 |
| (16) | (17) | (18) | (19) | (20) | (21) | (22) | (23) | (24) | (25) | (26) | (27) | (28) | (29) |


| ALL | HOUSEHOLDS------ | 40.6 | 2.8 | 3.2 | 2.3 | 1.2 | 9.2 | 2.8 | 3.0 | 2.5 | . 8 | 2.7 | 4.6 | 7.4 | 7.4 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,0C0----- | 8.6 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | 8.4 | . 0 | - 0 | . 2 |
|  | 1,000-1,999----- | 18.0 | 1.1 | . 1 | - 0 | . 0 | 1.7 | . 8 | * | . 8 | . 0 | 2.1 | 5.3 | 2.1 | 5.7 |
|  | 2,000-2,999----- | 39.2 | 2.1 | 4.1 | 2.2 | . 8 | 10.5 | 3.7 | 3.3 | 2.7 | - 8 | 2.0 | 3.4 | 4.9 | 9.3 |
|  | 3,000-3,999----- | 46.3 | 2.3 | 2.0 | 1.9 | . 8 | 7.6 | 2.1 | 2.5 | 1.6 | 1.4 | 4.4 | 7.6 | 9.7 | 10.0 |
|  | 4,000-4,999----- | 43.3 | 1.9 | 2.8 | 2.1 | . 6 | 8.2 | 2.5 | 2.4 | 2.5 | - 9 | 5.4 | 5.7 | 9.0 | 7.6 |
|  | 5,000-5,999----- | 43.2 | 2.1 | 2.3 | 2.6 | - 9 | 9.0 | 3.2 | 2.3 | 2.2 | 1.1 | 2.9 | 6.0 | 9.1 | 8.3 |
|  | 6,000-6,999----- | 42.8 | 2.8 | 5.3 | 3.1 | . 9 | 10.9 | 3.8 | 3.1 | 3.6 | . 4 | 2.1 | 4.3 | 6.2 | 7.2 |
|  | 7,000-7,995----- | 42.0 | 3.4 | 4.2 | 2.1 | 2.0 | 10.8 | 2.6 | 4.8 | 2.6 | . 8 | 2.1 | 4.3 | 6.4 | 6.6 |
|  | 8,000-8,999----- | 42.4 | 4.4 | 2.9 | 1.1 | . 4 | 9.6 | 4.3 | 2.7 | 1.6 | 1.0 | 2.7 | 4.2 | 9.3 | 8.0 |
|  | 9,000-9,999----- | 44.4 | 5.5 | 2.9 | 2.5 | 1.9 | 11.4 | 4.7 | 3.7 | 2.3 | - 8 | 2.0 | 4.3 | 7.3 | 6.7 |
|  | 10,000-14,999---- | 36.4 | 2.9 | 3.2 | 2.6 | 2.6 | 8.0 | 1.2 | 2.9 | 3.3 | . 6 | 1.3 | 3.3 | 6.8 | 5.8 |
|  | 15,000 AND OVER-- | 40.8 | 3.5 | 4.5 | 4.4 | 1.1 | 12.9 | 1.4 | 7.0 | 4.5 | . 0 | * | . 8 | 6.1 | 7.3 |

* TABLE NOTES ON PAGES 107-109

| MONEY INCOME AFTER TAXES IN 1964 |  | TOTAL | PERCENT OF TOTAL MEALS AT HOME |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL 20 YEARS AND OVER <br> (3) | MEN |  |  |  |  | WOMEN |  |  |  |  |  |  |
|  |  | TOTAL <br> (4) | $20-34$ <br> YEARS <br> (5) | 35-54 YEARS <br> (6) | 55-74 <br> YEARS <br> (7) | 75 YEARS AND OVER <br> (8) | $\begin{gathered} \text { TOTAL } \\ \neq \\ (9) \end{gathered}$ | 20-34 YEARS |  | 35-54 YEARS |  | 55-74 <br> YEARS <br> (14) | 75 YEARS AND OVER <br> (15) |
|  |  | PREGNANT |  |  |  |  |  | OTHER | PREGNANT | OTHE R |  |  |
|  |  | (2) |  |  |  |  |  | (10) | (11) | (12) | (13) |  |  |
| +LL | HOUS EHOLDS |  | 100.c | 53.8 | 25.4 | 5.7 | 13.5 | 5.1 | 1.2 | 28.4 | - 3 | 7.0 | . 1 | 13.4 | 6.0 | 1.6 |
|  | UNDER 3,000- |  | 100.0 | 70.0 | 31.3 | 2.9 | 5.3 | 16.3 | 6.9 | 38.7 | . 0 | 5.0 | . 0 | 6.6 | 21.3 | 5.7 |
|  | 3,000-4,999- | 100.0 | 53.9 | 26.3 | 6.4 | 13.1 | 6.3 | - 5 | 27.6 | . 4 | 5.1 | . 0 | 14.4 | 5.9 | 1.8 |
|  | 5,000-6,999- | 100.0 | 52.4 | 25.3 | 7.4 | 13.3 | 3.9 | . 7 | 27.1 | - 2 | 8.6 | . 0 | 14.2 | 3.7 | . 3 |
|  | 7,000-9,999 | 100.0 | 49.3 | 23.3 | 3.8 | 16.5 | 2.9 | * | 26.0 | - 3 | 7.0 | - 3 | 14.4 | 3.1 | 1.0 |
|  | 10,000 AND OV | 100.0 | 47.7 | 23.4 | 6.0 | 14.6 | 1.7 | 1.1 | 24.3 | . 6 | 8.0 | . 0 | 13.9 | 1.2 | . 5 |


| $\begin{aligned} & \text { TOTAL } \\ & \text { UNDER } 20 \\ & \text { YEARS } \end{aligned}$ | PERCENT OF TOTAL MEALS AT HOME |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BOYS 9-19 YEARS |  |  |  | GIRLS 9-19 YEARS |  |  |  |  | CHILDREN UNDER 9 YEARS |  |  |  |
| (16) | 9-11 (17) | $12-14$ <br> (18) | $15-17$ <br> (19) | 18-19 <br> (20) | TOTAL $\neq$ (21) | $9-11$ <br> (22) | $12-14$ <br> (23) | $15-17$ <br> (24) | $18-19$ <br> (25) | UNDER 1 (26) | $\begin{array}{r} 1-2 \\ (27) \end{array}$ | $\begin{array}{r} 3-5 \\ (28) \\ \hline \end{array}$ | $\begin{array}{r} 6-8 \\ (29) \end{array}$ |


| ALL HOUSEHOLDS------ | 46.2 | 3.8 | 3.2 | 3.4 | 2.1 | 12.2 | 3.5 | 4.0 | 3.7 | . 9 | 2.2 | 3.6 | 6.8 | 8.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | 30.0 | 4.5 | 1.8 | . 6 | 1.1 | 9.9 | 3.3 | 2.7 | 3.1 | - 8 | * | 1.6 | 3.3 | 7.2 |
| 3,000-4,999----- | 46.1 | 2.7 | 5.5 | 5.5 | 3.0 | 11.6 | 3.7 | 3.4 | 3.8 | . 4 | 2.4 | 4.1 | 4.5 | 6.6 |
| 5,000-6,999----- | 47.6 | 4.5 | 2.2 | 3.8 | 1.C | 14.3 | 3.8 | 6.3 | 3.0 | 1.2 | 2.6 | 4.6 | 5.7 | 9.0 |
| 7,000-9,999----- | 50.7 | 3.7 | 3.6 | 3.5 | 2.9 | 11.7 | 2.8 | 3.8 | 3.8 | 1.3 | 2.7 | 2.4 | 10.2 | 10.0 |
| 10,000 AND OVER-- | 52.3 | 4.4 | 3.1 | 2.9 | 1.9 | 11.4 | 4.2 | 1.5 | 5.1 | . 6 | 1.3 | 5.8 | 8.8 | 12.8 |


| MONEY INCOME AFTER TAXES IN 1964 <br> (1) |  | TOTAL キ <br> (2) | PERCENT CF TOTAL MEALS AT HOME |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL 20 YEARS AND OVER <br> (3) | MEN |  |  |  |  | WOMEN |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | 20-34 Y | EARS | 35-54 | EARS |  |  |
|  |  |  | YEARS | YEARS | YEAR S | AND OVER | $\neq$ | PREGNANT | OTHER | PREGNANT | OTHER | YEARS | 75 YEARS |
|  |  | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |
| ALL | HOUSEHOLDS- |  | 100.0 | 58.7 | 29.9 | 5.2 | 15.7 | 7.2 | 1.9 | 28.8 | . 6 | 5.9 | . 0 | 13.4 | 7.3 | 1.4 |
|  | UNDER 3,000-- |  | 100.0 | 67.7 | 36.8 | 4.4 | 14.3 | 14.4 | 3.7 | 30.9 | . 0 | 4.8 | . 0 | 10.3 | 14.2 | 1.6 |
|  | 3,000-4,999-- |  | 100.0 | 51.0 | 26.3 | 3.1 | 15.5 | 6.4 | 1.2 | 24.7 | . C | 4.8 | - 0 | 12.6 | 5.6 | 1.2 |
|  | 5,000-6,999-- | 100.0 | 53.5 | 25.6 | 6.6 | 14.6 | 3.5 | . 9 | 27.9 | . 8 | 6.9 | - 0 | 15.4 | 4.3 | . 5 |
|  | 7,000-9,999-- | 100.c. | 73.1 | 38.4 | 4.6 | 21.4 | 7.1 | 5.3 | 34.7 | 3.5 | 6.6 | . 0 | 11.6 | 11.3 | 1.8 |
|  | 10,000 AND OVE | 100.0 | 61.7 | 32.4 | 9.9 | 16.3 | 6.0 | . 2 | 29.3 | - C | 8.1 | . 0 | 13.7 | 4.5 | 3.0 |


| $\begin{aligned} & \text { TOTAL } \\ & \text { UNDER } 20 \\ & \text { YEARS } \end{aligned}$ | PERCENT OF TOTAL MEALS AT HOME |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BOYS 9-19 YEARS |  |  |  | GIRLS 9-19 YEARS |  |  |  |  | CHILDREN UNDER 9 YEARS |  |  |  |
| (16) | $9-11$ (17) | $\begin{aligned} & 12-14 \\ & 118) \\ & \hline \end{aligned}$ | $15-17$ <br> (19) | $18-19$ $(20)$ | TOTAL キ (21) | $9-11$ (22) | 12-14 <br> (23) | $15-17$ <br> (24) | $18-19$ <br> (25) | UNDER 1 $(26)$ | $\begin{array}{r} 1-2 \\ (27) \\ \hline \end{array}$ | $3-5$ (28) | $6-8$ (29) |


| ALL HOUSEHOLDS ------ | 41.3 | 3.8 | 2.9 | 3.1 | 1.1 | 11.0 | 3.2 | 3.8 | 2.6 | 1.4 | 1.6 | 3.1 | 6.6 | 8.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | 32.4 | 3.0 | 1.0 | . 9 | 1.2 | 13.3 | 4.8 | 2.9 | 2.1 | 3.5 | 1.6 | 2.5 | 3.4 | 5.4 |
| 3,000-4,999----- | 49.0 | 4.3 | 3.6 | 4.3 | 1.0 | 14.3 | 3.3 | 5.3 | 4. 0 | 1.7 | 1.9 | 2.9 | 7.0 | 9.6 |
| 5,000-6,999----- | 46.5 | 4.4 | 2.3 | 3.4 | . 8 | 9.2 | 3.3 | 2.9 | 2.3 | . 8 | 1.9 | 3.7 | 11.0 | 9.7 |
| 7,000-9,999----- | 26.9 | 1.7 | 7.2 | 3.5 | . 0 | 2.5 | 1.3 | 1.2 | . 0 | . 0 | . 1 | 3.4 | 1.7 | 6.7 |
| 10,000 AND OVER-- | 38.2 | 4.1 | . 4 | 2.4 | 3.0 | 11.3 | 2.3 | 5.6 | 2.5 | - 9 | 2.1 | 3.0 | 5.9 | 6.0 |


| MONEY INCOME <br> AFTER TAXIS <br> IN 1964 |  | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | FAT | $\begin{aligned} & \text { C ARBC- } \\ & \text { HYDRATE } \end{aligned}$ | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NIACIN | $\begin{gathered} A S C O R B I C \\ A C I D \end{gathered}$ |
|  | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) |
| ALL | L LRBANIZATIONS | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |
| ALL | HOUSEHOLDS | 3,134 | 106.1 | 149.9 | 340.9 | 1,103 | 19.1 | 7,840 | 1.54 | 2.42 | 25.2 | 113 |
|  | UACER 1,000---- | 2,971 | 103.6 | 130.8 | 352.3 | 1,242 | 18.8 | 7,210 | 1.52 | 2.49 | 23.6 | 89 |
|  | 1,000-1,9э9----- | 2,861 | 102.3 | 134.2 | 316.9 | 1,034 | 19.3 | 7,970 | 1.49 | 2.28 | 25.2 | 97 |
|  | 2.,000-2,999-*-- | 2,890 | 95.2 | 135.2 | 329.4 | 1,040 | 17.8 | 7,950 | 1.42 | 2.23 | 23.1 | 103 |
|  | 3,000-3,999----- | 3,197 | 102.9 | 150.2 | 362.2 | 1,046 | 19.6 | 7,590 | 1.60 | 2.38 | 24.3 | 101 |
|  | 4,000-4,939----- | 3,017 | 101.8 | 143.0 | 333.6 | 1,047 | 18.5 | 7,310 | 1.54 | 2.31 | 24.3 | 107 |
|  | 5,000-5,9э9----- | 3,157 | 107.3 | 151.8 | 340.1 | 1,123 | 19.4 | 8,700 | 1.57 | 2.56 | 25.6 | 110 |
|  | 6,000-6,949----- | 3,206 | 107.4 | 152.2 | 353.1 | 1,119 | 19.2 | 7,410 | 1.56 | 2.42 | 25.8 | 109 |
|  | 7,000-7,999----- | 3,246 | 110.3 | 157.4 | 346.8 | 1,147 | 19.2 | 8,140 | 1.60 | 2.48 | 26.1 | 108 |
|  | 8,000-8,999----- | 3,140 | 105.3 | 151.4 | 341.5 | 1,073 | 18.6 | 6,760 | 1.56 | 2.28 | 24.7 | 115 |
|  | 9,000-9,949----- | 3,202 | 109.4 | 153.1 | 346.7 | 1,192 | 18.9 | 8,060 | 1.54 | 2.52 | 25.6 | 125 |
|  | 10, $0000-14,999--$ | 3,126 | 107.8 | 150.9 | 331.1 | 1,100 | 19.3 | 7,600 | 1.51 | 2.38 | 25.5 | 128 |
|  | 15,000 AND OVER-- | 3,272 | 115.9 | 161.8 | 334.3 | 1,202 | 20.0 | 9,220 | 1.56 | 2.62 | 26.9 | 152 |
| UREAN |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS | 3,118 | 107.1 | 150.C | 334.4 | 1,095 | 19.2 | 8,340 | 1.55 | 2.44 | 25.4 | 117 |
|  | UNLER 1,000----- | 2,523 | 87.5 | 130.4 | 256.4 | 905 | 17.4 | 7,100 | 1.30 | 1.93 | 22.9 | 82 |
|  | 1,000-1,9:9----- | 2,747 | 100.3 | 130.7 | 297.5 | 1,005 | 19.3 | 8,040 | 1.44 | 2.23 | 24.5 | 97 |
|  | 2,000-2,999----- | 2,921 | 97.2 | 137.9 | 326.7 | 1,044 | 17.9 | 9,000 | 1.44 | 2.30 | 23.7 | 113 |
|  | 3,000-3,909----- | 3,102 | 102.0 | 148.3 | 342.1 | 1,029 | 19.7 | 7,940 | 1.60 | 2.35 | 23.8 | 103 |
|  | 4,000-4,999----- | 2,982 | 101.8 | 141.9 | 326.6 | 1,033 | 18.4 | 7,740 | 1.53 | 2.30 | 24.0 | 111 |
|  | 5,000-5,9,9----- | 3,165 | 108.9 | 152.9 | 336.2 | 1,130 | 19.8 | 9,300 | 1.59 | 2.62 | 26.0 | 113 |
|  | 6,000-6,999----- | 3,209 | 109.4 | 151.9 | 350.8 | 1,134 | 19.6 | 7,850 | 1.57 | 2.49 | 25.8 | 114 |
|  | 7,000-7,999----- | 3,285 | 114.2 | 158.7 | 348.5 | 1,149 | 19.8 | 9,180 | 1.67 | 2.6C | 27.1 | 116 |
|  | 8,000-8,999---- | 3,115 | 105.C | 150.6 | 337.5 | 1,054 | 18.8 | 6,970 | 1.55 | 2.27 | 25.2 | 121 |
|  | 9,000-9,959----- | 3,064 | 105.5 | 146.6 | 329.8 | 1,139 | 18.3 | 8,190 | 1.48 | 2.44 | 25.0 | 125 |
|  | 10,000-14,999---- | 3,162 | 110.4 | 154.1 | 328.3 | 1,102 | 19.1 | 7,900 | 1.49 | 2.42 | 26.1 | 128 |
|  | 15,COC AND OVER-- | 3,324 | 119.2 | 164.2 | 338.7 | 1,222 | 20.2 | 9,600 | 1.58 | 2.69 | 28.2 | 157 |
| RURAL NONFARM |  |  |  |  |  |  |  |  |  |  |  |  |
| Al.L | HOUSEHOLDS----- | 3,155 | 102.8 | 148.8 | 355.6 | 1,121 | 18.6 | 6,330 | 1.53 | 2.32 | 24.5 | 101 |
|  | UNDER 3,0CC----- | 2,950 | 98.6 | 127.7 | 359.4 | 1,154 | 18.3 | 5,800 | 1.46 | 2.28 | 23.1 | 82 |
|  | 3,000-4,999----- | 3,259 | 103.9 | 150.3 | 378.2 | 1,091 | 19.1 | 6,270 | 1.57 | 2.40 | 25.7 | 97 |
|  | 5,000-6,999----- | 3,146 | 101.0 | 149.6 | 354.6 | 1,088 | 18.0 | 6,320 | 1.51 | 2.28 | 24.7 | 97 |
|  | 7,000-9,999----- | 3,275 | 107.4 | 158.3 | 357.3 | 1,182 | 18.5 | 6,280 | 1.55 | 12.37 | 24.5 | 101 |
|  | 10,000 AND OVER-- | 2,982 | 99.3 | 140.8 | 331.7 | 1,091 | 19.5 | 6,780 | 1.54 | 2.26 | 23.2 | 130 |


|  | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AFTER TAXES <br> IN 1964 | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | FAT | $\begin{aligned} & \text { CARBO- } \\ & \text { HYDRATE } \end{aligned}$ | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | $\begin{aligned} & \text { THIA- } \\ & \text { MINE } \end{aligned}$ | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NIACIN | $\begin{gathered} A S C O R B I C \\ A C I D \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) |
|  | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |

RURAL FARM--ALL FOOD

| ALL | HOUSEHOLDS------ | 3,449 | 109.3 | 160.6 | 399.2 | 1,163 | 20.2 | 7,430 | 1.63 | 2.50 | 25.6 | 101 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 3,564 | 113. 0 | 165.5 | 415.7 | 1,234 | 21.1 | 8,940 | 1.73 | 2.69 | 26.2 | 93 |
|  | 3,000-4,999----- | 3,355 | 100.3 | 150.5 | 408.8 | 1,090 | 19.1 | 6,570 | 1.61 | 2.36 | 23.6 | 95 |
|  | 5,000-6,999----- | 3,405 | 113.9 | 160.3 | 384.2 | 1,139 | 19.9 | 7,010 | 1.58 | 2.47 | 26.9 | 99 |
|  | 7,000-9,999----- | 3,547 | 111.8 | 167.7 | 408.1 | 1,341 | 20.8 | 7,910 | 1.70 | 2.72 | 25.7 | 114 |
|  | 10,C00 AND OVER-- | 3,541 | 117.5 | 174.3 | 375.3 | 1,166 | 22.3 | 7,84C | 1.56 | 2.47 | 26.5 | 120 |

RURAL FARM--HOME-PRODUCED FOOD

| ALL HOUSEHOLDS------ | 606 | 30.2 | 38.4 | 35.5 | 389 | 3.5 | 2,080 | . 26 | .78 | 4.6 | 19 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | 798 | 38.3 | 51.6 | 46.1 | 472 | 5.1 | 4,450 | . 37 | 1.07 | 6.0 | 21 |
| 3,000-4,999----- | 624 | 30.1 | 39.2 | 39.0 | 445 | 3.2 | 1,590 | . 28 | . 83 | 4.4 | 22 |
| 5,000-6,999----- | 529 | 28.0 | 34.3 | 27.2 | 287 | 3.5 | 1,870 | . 22 | . 64 | 4.5 | 20 |
| 7,C00-9,999----- | 575 | 30.1 | 32.3 | 41.9 | 447 | 3.1 | 1,750 | . 27 | . 82 | 4.1 | 15 |
| 10, 000 AND DVER-- | 487 | 25.6 | 32.6 | 22.5 | 299 | 2.8 | 770 | . 16 | . 57 | 3.7 | 12 |


| MONEY INCOME AFTER TAXES IN 1964 <br> (1) |  | AVERAGE PER DAY |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}$ |
|  |  | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |
| ALL | L UREANIZATIONS | CAL | G | MG | MG | IU | MG | M G | MG |
| ALL | HOUSEHCLDS------ | 4,230 | 126.0 | 990 | 15.6 | 8,790 | 2.06 | 3.09 | 120 |
|  | UNDER 1,000----- | 4,471 | 122.1 | 1,198 | 17.0 | 7,770 | 2.17 | 3.36 | 93 |
|  | 1, $000-1,999-\cdots$ | 4,483 | 120.6 | 1,014 | 17.6 | 8,470 | 2.16 | 3.14 | 101 |
|  | 2,000-2,999----- | 4,119 | 112.5 | 965 | 14.7 | 8,690 | 1.89 | 2.92 | 109 |
|  | 3,000-3,999----- | 4,420 | 125.4 | 940 | 16.3 | 8,780 | 2.18 | 3.10 | 110 |
|  | 4,000-4,999----- | 4,140 | 123.6 | 945 | 15.4 | 8,420 | 2.09 | 3.00 | 116 |
|  | 5, $000-5,999---$ | 4,252 | 129.0 | 1,011 | 15.9 | 9,940 | 2.10 | 3.28 | 119 |
|  | 6,000-6,999----- | 4,238 | 126.6 | 982 | 15.4 | 8,260 | 2.05 | 3.06 | 115 |
|  | 7,000-7,999----- | 4,260 | 129.5 | 1,004 | 15.4 | 9,100 | 2.10 | 3.11 | 115 |
|  | 8,000-8,999----- | 4,225 | 126.2 | 960 | 15.1 | 7,690 | 2.10 | 2.92 | 123 |
|  | 9,000-9,999----- | 4,254 | 128.9 | 1,051 | 15.2 | 9,020 | 2.02 | 3.18 | 134 |
|  | 10,000-14,999---- | 4,114 | 125.9 | 981 | 15.6 | 8,420 | 1.97 | 2.99 | 136 |
|  | 15,000 AND OVER-- | 4,185 | 131.7 | 1,119 | 16.7 | 9,890 | 2.00 | 3.20 | 157 |
| URBAN |  |  |  |  |  |  |  |  |  |
| ALL |  | 4,243 | 127.7 | 988 | 15.8 | 9,370 | 2.08 | 3.14 | 125 |
|  | UNDER 1,000---- | 4,388 | 107.4 | 913 | 16.2 | 7,540 | 1.98 | 2.77 | 87 |
|  | 1,000-1,999----- | 4,404 | 120.7 | 989 | 17.6 | 8,680 | 2.13 | 3.12 | 103 |
|  | 2,000-2,999----- | 4,172 | 115.4 | 926 | 14.8 | 9,880 | 1.93 | 3.02 | 120 |
|  | 3, $000-3,999---$ | 4,450 | 128.6 | 948 | 16.5 | 9,430 | 2.25 | 3.16 | 115 |
|  | 4, 00004 4,999----- | 4,159 | 125.4 | 944 | 15.4 | 9,010 | 2.12 | 3.03 | 122 |
|  | 5,000-5,999----- | 4,309 | 131.8 | 1,026 | 16.4 | 10,700 | 2.14 | 3.39 | 123 |
|  | 6,000-0,999----- | 4,236 | 128.3 | 994 | 15.7 | 8,700 | 2.07 | 3.13 | 120 |
|  | 7,000-7,999----- | 4,306 | 133.5 | 1,010 | 15.9 | 10,180 | 2.18 | 3.25 | 123 |
|  | 8,000-8,999----- | 4,243 | 126.8 | 959 | 15.4 | 7,950 | 2.12 | 2.93 | 129 |
|  | 9,000-9,999---- | 4,1C0 | 124.7 | 1,004 | 14.7 | 9,170 | 1.98 | 3.10 | 132 |
|  | 10,000-14,999---- | 4,153 | 127.4 | 984 | 15.4 | 8,620 | 1.94 | 3.02 | 135 |
|  | 15,000 AND OVER-- | 4,257 | 135.4 | 1,168 | 17.1 | 10,250 | 2.03 | 3.29 | 160 |
| RURAL NONFARM |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS------ | 4,162 | 120.6 | 989 | 15.0 | 7,080 | 2.00 | 2.91 | 108 |
|  | UNDER 3,000----- | 4,184 | 112.9 | 1,178 | 15.7 | 6,150 | 1.98 | 2.98 | 85 |
|  | 3,000-4,999----- | 4,177 | 118.4 | 925 | 15.3 | 6,890 | 2.01 | 2.94 | 100 |
|  | 5,000-6,999----- | 4,119 | 119.5 | 950 | 14.4 | 7,100 | 1.98 | 2.86 | 103 |
|  | 7,000-9,999----- | 4,285 | 126.8 | 1,024 | 14.8 | 7,140 | 2.01 | 2.96 | 109 |
|  | 10,000 AND OVER-- | 3,926 | 118.9 | 959 | 15.7 | 7,830 | 2.03 | 2.85 | 141 |

PER NUTRITION UNIT --CONTINUED


RURAL FARM--ALL FOOD


RURAL FARM--HOME-PRODUCED FOOD

| ALL HOUSEHOLDS----- | 804 | 35.2 | 355 | 3.0 | 2,310 | .35 | .99 |  |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- | 1,117 | 45.3 | 439 | 4.4 | 4,920 | .49 | 1.41 | 23 |
| $3,000-4,999-\cdots--$ | 817 | 35.0 | 414 | 2.8 | 1,770 | .36 | 1.04 | 23 |
| $5,000-6,999----$ | 705 | 33.5 | 257 | 2.9 | 2,140 | .30 | .82 | 22 |
| $7,000-9,999---$ | 743 | 33.0 | 399 | 2.6 | 1,830 | .35 | .99 | 15 |
| 10,000 AND OVER-- | 632 | 29.6 | 267 | 2.3 | 840 | .20 | .71 | 13 |


| FOOD GROUP $\ddagger$ | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY <br> (2) | PROTEIN (3) | FAT (4) | CARBOHYDRATE (5) | CALCIUM $(6)$ | IRON <br> (7) | VITAMIN <br> A value (8) | THIAMINE (9) | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \\ & (10) \end{aligned}$ | NIACIN $(11)$ | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \\ (121 \end{gathered}$ |
|  | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |
| ALL FOOD GROUPS- | 3,134 | 106.1 | 149.9 | 340.9 | 1,103 | 19.1 | 7,84C | 1.54 | 2.42 | 25.2 | 113 |
| MILK, CREAM, CHEESE | 429 | 22.4 | 24.0 | 31.3 | 704 | - 3 | 980 | . 17 | . 95 | . 6 | 6 |
| MI LK- | 286 | 16.0 | 14.6 | 22.8 | 543 | \# | 590 | . 14 | . 78 | . 5 | 5 |
| CREAM, ICE CREAM- | 68 | 1.5 | 4.1 | 6.7 | 48 | * | 170 | . 01 | . 07 | * | * |
| CHEESE | 67 | 4.7 | 5.0 | . 8 | 107 | . 2 | 200 | * | . 09 | * | 0 |
| SOUP, MIXTURES- | 8 | . 2 | . 3 | - 9 | 7 | * | 20 | * | . 01 | * | * |
| MEAT, POULTRY, FISH | 700 | 45.5 | 55.6 | 1.0 | 33 | 6.1 | 1,360 | . 36 | . 57 | 9.8 | * |
| BEEF- | 281 | 18.3 | 22.5 | * | 11 | 2.7 | 30 | . 05 | . 15 | 3.5 | * |
| BACON, SALT PORK | 76 | 1.0 | 7.9 | . 1 | 1 | . 1 | 0 | . 02 | . 01 | . 2 | C |
| OTHER PORK- | 134 | 7.4 | 11.3 | * | 4 | 1.1 | 0 | . 19 | . 08 | 1.4 | 0 |
| LIVER- | 5 | - 8 | . 2 | . 2 | * | . 3 | 1,04C | * | . 11 | . 4 | * |
| LUNCHMEAT, FRANKFURTER | 86 | 4.0 | 7.4 | . 5 | 2 | . 6 | 90 | . 06 | . 08 | . 9 | C |
| OTHER MEAT- | 26 | 2.3 | 1.8 | * | 1 | . 3 | * | . 01 | . 03 | . 6 | * |
| POULTRY | 63 | 7.9 | 3.2 | * | 5 | . 7 | 170 | . 02 | . 10 | 2.0 | * |
| FISH, SHELLFISH- | 29 | 3.9 | 1.3 | . 2 | 8 | - 2 | 20 | . 01 | . 02 | . 9 | * |
| OTHER PROTEIN FOOD- | 148 | 9.5 | 9.4 | 6.7 | 39 | 1.7 | 550 | . 08 | . 15 | 1.3 | * |
| EGGS - | 68 | 5.4 | 4.8 | . 4 | 23 | 1. C | 500 | . 04 | . 12 | * | 0 |
| DRY LEGUMES-- | 24 | 1.4 | - 3 | 4.1 | 9 | . 4 | 10 | . 02 | * | . 1 | * |
| NUTS, PEANUT BUTTER | 43 | 1.8 | 3.7 | 1.3 | 5 | - 2 | * | . 01 | . 01 | 1.0 | * |
| SOUP, MIXTURES-- | 10 | . 6 | . 5 | . 7 | 2 | * | 30 | * | * | * | * |
| ALL VEgEtables | 187 | 5.9 | 3.2 | 36.6 | 68 | 2.6 | 3,290 | . 20 | . 16 | 3.0 | 42 |
| POTATOES | 95 | 2.1 | 2.3 | 17.2 | 8 | . 6 | * | . 07 | . 03 | 1.5 | 11 |
| DARK GREEN- | 4 | . 4 | * | - 7 | 13 | . 2 | 720 | . 01 | . 02 | 1.5 | 7 |
| DEEP YELLOW- | 8 | . 2 | * | 1.9 | 5 | - 1 | 1,340 | * | * | * | * |
| TOMATOES | 23 | . 8 | . 2 | 5.0 | 7 | . 5 | 620 | . 04 | . 03 | . 6 | 10 |
| OTHER-- | 51 | 2.2 | .4 | 11.0 | 33 | 1.1 | 450 | . 07 | . 07 | . 7 | 13 |
| SOUP, MIXTURES- | 6 | - 3 | - 2 | . 9 | 2 | * | 160 | * | * | * | * |
| ALL FRUIT- | 133 | 1.4 | .4 | 33.4 | 32 | 1.1 | 570 | .12 | . 07 | . 8 | 57 |
| CITRUS-- | 48 | . 8 | . 1 | 11.8 | 19 | . 3 | 170 | . 08 | . 03 | . 3 | 45 |
| OTHER VITAMIN C-RICH-- | 4 | * | * | 1.1 | 2 | * | 130 | * | * | \# | 5 |
| OTHER- | 80 | . 6 | . 3 | 20.5 | 11 | . 7 | 270 | . 04 | . 04 | . 4 | 6 |
| MIXTURES--- | * | * | * | * | $\cdots$ | * | * | * | * | * | * |




| FOOD GROUP $\ddagger$ | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY (2) | PROTEIN (3) | FAT (4) | CARBOHYDRATE (5) | CALCIUM (6) | IRON <br> (7) | VITAMIN A VALUE (8) | THIAMINE (9) | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \\ & (10) \end{aligned}$ | NIACIN (11) | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \\ (12) \\ \hline \end{gathered}$ |
|  | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |
| GRAIN, ENRICHED OR WHOLE GRAIN------ | 464 | 13.6 | 4.1 | 92.0 | 107 | 4.7 | 10 | . 51 | . 34 | 4.4 | * |
|  | 45 | 1.2 | - 2 | 9.2 | 12 | . 4 | * | . 04 | . 03 | . 4 | 0 |
| CEREAL, PASTES | 169 | 4.4 | . 7 | 35.9 | 26 | 2.1 | * | . 24 | . 12 | 1.8 | * |
| BREAD- | 217 | 7.1 | 2.4 | 41.1 | 62 | 2.0 | * | . 20 | . 17 | 2.0 | 0 |
| OTHER BAKERY PRODUCTS------------ | 33 | - 9 | . 7 | 5.7 | 7 | . 2 | * | . 02 | . 02 | . 2 | * |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | 325 | 6.1 | 10.4 | 52.6 | 57 | 1.0 | 120 | . 07 | . 08 | . 8 | * |
|  | 29 | - 3 | . 8 | 5.2 | 9 | * | * | * | * | * | * |
|  | 12 | - 3 | - 1 | 2.4 | * | * | * | * | * | * | 0 |
|  | 37 | 1.3 | . 2 | 7.5 | 10 | . 2 | * | . 02 | .01 | . 2 | 0 |
|  | 214 | 3.4 | 8.0 | 32.9 | 31 | . 6 | 70 | . 03 | . 05 | . 4 | * |
|  | 33 | - 9 | 1.3 | 4.6 | 7 | . 1 | 50 | * | . 01 | . 2 | * |
| FATS, OILS--------------------------10 | 358 | . 3 | 40.1 | . 8 | 6 | * | 780 | * | * | * | * |
|  | 82 | \# | 9.2 | * | 2 | . 0 | 380 | . 00 | . 00 | . 0 | 0 |
|  | 84 | * | 9.5 | * | 2 | . C | 390 | .00 | .00 | . 0 | 0 |
|  | 144 | * | 16.0 | . 6 | 1 | * | 20 | * | * | * | * |
| LARD | 25 | * | 2.7 | * | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
| VEGETABLE SHORTENING----------------- | 24 | * | 2.7 | . 2 | 0 | . 0 | * | . 00 | . 00 | . 0 | 0 |
|  | 293 | . 9 | 1.8 | 71.5 | 22 | . 4 | 8 C | . 01 | . 02 | . 1 | 6 |
| SUGAR, SIRUP, JELLY, CANEY OTHER SWEETS-- | 215 | . 5 | 1.7 | 51.4 | 17 | . 4 | * | * | . 02 | . 1 | * |
|  | 15 | * | * | 3.9 | 4 | * | 70 | * | * | * | 5 |
|  | 63 | - 3 | * | 16.1 | 2 | * | * | * | * | * | * |
|  | 70 | - 3 | . 1 | 9.5 | 32 | 1.2 | 70 | . 02 | .09 | $4 \cdot 3$ | 0 |
|  | 43 | - 2 | . 0 | 2.6 | 4 | * | 0 | * | . 02 | . 4 | 0 |
| SOME NUTRITIVE VALUE--------------- | 26 | - 1 | - 1 | 6.8 | 28 | 1.2 | 70 | . 02 | . 07 | 4.0 | 0 |


| FOOD GROUP $\ddagger$(1) | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY <br> (2) | PROTEIN <br> (3) | FAT (4) | CARBOHYDRATE <br> (5) | CALCIUM <br> (6) | IRON <br> (7) | VITAMIN A VALUE <br> (8) | THIAMINE <br> (9) | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \\ & (10) \end{aligned}$ | NIACIN (11) | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \\ (12) \\ \hline \end{gathered}$ |
|  | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |
|  | 3,155 | 102.8 | 148.8 | 355.6 | 1,121 | 18.6 | 6,330 | 1.53 | 2.32 | 24.5 | 101 |
|  | 433 | 23.0 | 23.8 | 32.2 | 724 | - 3 | 970 | . 17 | . 97 | . 6 | 6 |
|  | 287 | 16.4 | 14.3 | 23.3 | 558 | * | 570 | . 14 | . 80 | . 5 | 5 |
|  | 73 | 1.6 | 4.3 | 7.5 | 51 | \# | 180 | . 01 | . 07 | * | * |
| CHEESE | 66 | 4.8 | 4.9 | . 6 | 110 | . 2 | 20 C | * | . 09 | * | 0 |
|  | 7 | . 2 | . 3 | . 8 | 6 | * | 20 | * | * | \# | * |
|  | 645 | 40.5 | 51.9 | 1.1 | 30 | 5.5 | 610 | . 33 | . 46 | 8.6 | * |
| BEEF | 270 | 18.0 | 21.4 | . 0 | 1 C | 2.7 | 30 | . 05 | . 15 | 3.4 | 0 |
|  | 81 | 1.0 | 8.5 | .1 | 2 | . 1 | 0 | . 02 | .01 | . 2 | 0 |
|  | 114 | 6.6 | 9.6 | * | 4 | 1.0 | 0 | . 17 | . 07 | 1.3 | 0 |
| LIVER | 3 | . 4 | * | * | * | . 2 | 390 | * | . 05 | . 2 | * |
| LUNCHMEAT, FRANKFURTERS----------- | 91 | 4.2 | 7.9 | . 6 | 2 | . 7 | 50 | . 06 | . 07 | . 9 | 0 |
|  | 12 | 1.1 | . 8 | * | * | . 1 | \# | * | . 02 | - 3 | * |
| POULTRY-------------------------------10 | 49 | 6.1 | 2.5 | * | 4 | . 5 | 120 | . 01 | . 07 | 1.5 | * |
|  | 25 | 3.1 | 1.2 | . 3 | 8 | - 2 | 10 | * | . 01 | . 8 | * |
|  | 153 | 9.7 | 9.8 | 7.0 | 39 | 1.7 | 540 | . 08 | . 15 | 1.5 | * |
| EGGS | 67 | 5.3 | 4.7 | . 4 | 22 | 1.0 | 490 | . 04 | .12 | * | 0 |
|  | 25 | 1.4 | . 4 | 4.2 | 10 | . 4 | 20 | . 02 | * | . 1 | * |
| NUTS, PEANUT BUTTER------------------ | 49 | 2.0 | 4.2 | 1.6 | 5 | . 2 | * | . 01 | . 01 | 1.1 | * |
|  | 8 | . 6 | . 3 | . 6 | 1 | \# | 3 C | * | * | * | * |
|  | 198 | 5.8 | 3.4 | 39.0 | 57 | 2.5 | 2,520 | . 20 | . 14 | 3.1 | 38 |
| POTATOES | 113 | 2.5 | 2.6 | 20.6 | 10 | . 8 | * | . 09 | . 04 | 1.8 | 13 |
| DARK GREEN | 2 | . 2 | * | . 4 | 5 | . 1 | 350 | * | * | * | 3 |
| DEEP YELLOW | 6 | . 1 | * | 1.4 | 4 | * | 1,090 | * | * | * | * |
| tomatoes | 24 | . 7 | . 2 | 5.3 | 7 | . 5 | 590 | . 04 | . 02 | . 6 | 9 |
| OTHER | 49 | 2.0 | . 4 | 10.7 | 30 | 1.0 | 370 | . 06 | . 06 | . 6 | 12 |
|  | 5 | . 2 | - 2 | . 6 | 1 | * | 130 | * | * | * | * |
|  | 124 | 1.3 | . 4 | 31.4 | 32 | 1.0 | 530 | . 10 | . 07 | . 7 | 49 |
|  | 36 | . 6 | - 1 | 8.9 | 16 | . 2 | 130 | . 06 | . 02 | - 3 | 34 |
| OTHER VITAMIN C-RICH---------------- | 6 | * | * | 1.5 | 3 | - 1 | 100 | * | * | * | 9 |
|  | 82 | . 6 | - 3 | 20.9 | 13 | . 7 | 300 | . 04 | . 04 | . 4 | 6 |
|  | * | * | * | * | * | * | * | * | - | * | * |


| FOOD GROUP $\ddagger$(1) | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY <br> (2) | PROTEIN <br> (3) | FAT (4) | CARBOHYDRATE (5) | CALCIUM (6) | IRON <br> (7) | VITAMIN A VALUE (8) | THIAMINE <br> (9) | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \\ & (10) \end{aligned}$ | NIACIN <br> (11) | $\begin{gathered} \text { ASCOR B IC } \\ \text { ACID } \\ \text { (12) } \end{gathered}$ |
|  | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |
| GRAIN, ENRICHED OR WHOLE GRAIN------ | 518 | 15.6 | 4.8 | 101.9 | 118 | 5.1 | * | . 56 | .37 | 4.9 | * |
|  | 98 | 2.8 | . 4 | 20.4 | 12 | - 8 | * | - 10 | . 07 | . 8 | 0 |
| CEREAL, PASTES----------------------1-1 | 139 | 3.9 | . 8 | 29.1 | 24 | 1.9 | * | - 21 | . 09 | 1.6 | * |
| BREAD- | 243 | 7.9 | 2.8 | 45.7 | 74 | 2.2 | * | . 23 | . 19 | 2.2 | 0 |
| OTHER BAKERY PRODUCTS--------------- | 38 | 1.0 | . 8 | 6.6 | 8 | - 2 | * | . 03 | . 02 | . 3 | * |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | 309 | 5.5 | 10.3 | 49.4 | 52 | - 9 | 110 | . 06 | . 08 | . 7 | * |
|  | 26 | - 3 | . 7 | 4.9 | 8 | * | * | \# | * | * | C |
|  | 11 | . 3 | - 2 | 2.2 | \# | * | * | * | * | * | 0 |
|  | 23 | - 8 | . 2 | 4.7 | 7 | . 1 | * | . 01 | * | . 1 | 0 |
| OTHER BAKERY PRODUCTS-------------- | 217 | $3 \cdot 3$ | 8.0 | 33.3 | 30 | . 6 | 60 | . 03 | . 05 | . 4 | * |
|  | 31 | . 8 | 1.2 | $4 \cdot 3$ | 7 | . 1 | 50 | * | . 01 | . 1 | * |
|  | 377 | . 3 | 41.9 | 1.3 | 7 | * | 930 | * | * | * | * |
|  | 78 | * | 8.9 | * | 2 | . 0 | 360 | . 00 | .00 | - 0 | 0 |
|  | 118 | * | 13.3 | * | 3 | . 0 | 540 | . 00 | . 00 | . 0 | 0 |
|  | 106 | * | 11.6 | . 9 | 2 | * | 20 | * | * | * | * |
|  | 15 | - 0 | 1.7 | - 0 | 0 | - 0 | 0 | .00 | .00 | . 0 | 0 |
| VEGETABLE SHORTENING----------------10 | 58 | * | 6.4 | . 3 | 0 | . 0 | * | . 00 | .00 | - 0 | 0 |
|  | 343 | 1.0 | 2.2 | 83.4 | 30 | . 6 | 90 | . 02 | . 03 | . 2 | 7 |
| SUGAR, SIRUP, JELLY, CANDY CTHER SWEETS-- | 280 | . 7 | 2.1 | 67.0 | 22 | . 5 | * | . 01 | . 02 | . 2 | \# |
| ADDED VITAMIN C------------------10-1 | 16 | * | * | 4.3 | 7 | * | 80 | * | * | * | 6 |
|  | 47 | - 3 | * | 12.1 | * | * | * | * | * | * | * |
|  | 55 | - 3 | . 2 | 9.1 | 32 | 1.0 | 30 | . 01 | . 06 | 4.3 | 0 |
|  | 26 | . 1 | - 0 | 1.7 | 2 | * | 0 | * | . 01 | . 3 | 0 |
|  | 29 | . 2 | . 2 | 7.3 | 30 | 1.0 | 30 | .01 | . 05 | 4.0 | 0 |


| table 5.--NUTRITIVE Value of oiets per person <br> NORTHEAST <br> RURAL FARM <br> BY FOOO GROUP <br> ALL SOURCES |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FOOD GROUP $\ddagger$ | AVERAGE PER OAY |  |  |  |  |  |  |  |  |  |  |  |
|  | FOOO ENERGY <br> (2) | PROTEIN <br> (3) | FAT(4) | CARBOhYDRATE <br> (5) | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { AA } \\ \text { VALUE } \end{gathered}$ | THIA- <br> MINE | $\begin{aligned} & \text { RIBD- } \\ & \text { FLAVIN } \end{aligned}$ | NIACIN | $\begin{gathered} \text { ASCOREIC } \\ \text { ACIO } \end{gathered}$ |  |
| (1) |  |  |  |  | (6) | (7) | (8) | (9) | (10) | (11) | (12) |  |
| ALL FOOD GRO | CAL G |  | G | G | MG | MG | IU | MG MG |  | MG | MG |  |
|  | 3,449 | 109.3 | 160.6 | 399.2 | 1,163 | 20.2 | 7,430 | 1.63 | 2.50 | 25.6 | 101 |  |
|  | 475 | 23.8 | 27.1 | 35.2 | 739 | . 2 | 1,100 | . 18 | 1.02 | . 6 | 6 |  |
|  | 321 | 17.3 | 17.6 | 24.3 | 582 | * | 710 | . 15 | . 84 | . 5 | 5 |  |
|  | 95 | 2.1 | 5.6 | 9.4 | 67 | * | 23 C | . 02 | . 10 | * | * |  |
|  | 52 | 4.2 | 3.6 | . 6 | 83 | . 1 | 150 | * | . 08 | * | 0 |  |
|  | 8 | . 2 | . 3 | 1.0 | 7 | * | 20 | * | . 01 | * | * |  |
|  | 687 | 42.9 | 55.4 | 1.0 | 33 | 5.9 | 1,270 | . 34 | . 52 | 9.2 | * |  |
|  | 304 | 20.9 | 23.8 | . 0 | 12 | 3.1 | 30 | . 06 | . 17 | 4.0 | 0 |  |
| BACCN, SALT PORK---------------------- | 85 | 1.0 | 8.9 | . 1 | 2 | . 1 | 0 | . 02 | . 01 | . 2 | 0 |  |
|  | 129 | 6.9 | 11.0 | * | 4 | 1.0 | 0 | . 18 | . 07 | 1.3 | 0 |  |
|  | 5 | . 7 | . 1 | . 2 | * | . 3 | 1,010 | * | . 10 | . 4 | * |  |
| LUNCHMEAT, FRANKFURTERS----------- | 81 | 3.7 | 7.1 | . 5 | 2 | . 6 | 1, 60 | . 05 | .07 | . 8 | 0 |  |
|  | 6 | . 7 | . 3 | * | * | * | 0 | * | * | . 2 | 0 |  |
|  | 52 | 5.8 | 3.0 | * | 3 | . 5 | 160 | . 01 | . 08 | 1.5 | * |  |
| FISH, SHELLFISH | 24 | 3.2 | 1.1 | * | 9 | . 2 | 10 | * | . 02 | . 8 | * |  |
|  | 170 | 10.5 | 11.4 | 7.1 | 43 | 1.8 | 600 | .09 | . 16 | 1.7 | * |  |
|  | 77 | 6.1 | 5.5 | . 4 | 26 | 1.1 | 560 | . 04 | . 14 | * | 0 |  |
|  | 24 | 1.4 | . 3 | 4.1 | 10 | . 5 | 10 | . 02 | . 01 | . 1 | * |  |
| NUTS, PEANUT BUTTER----------------- | 61 | 2.5 | 5.3 | 1.9 | 6 | . 2 | * | . 02 | . 01 | 1.4 | * |  |
|  | 6 | . 4 | . 3 | . 5 | 1 | * | 30 | * | * | * | * |  |
|  | 228 | 6.7 | 2.9 | 46.6 | 65 | 2.7 | 2,770 | . 23 | . 16 | 3.7 | 42 |  |
|  | 139 | 3.3 | 2.2 | 27.4 | 12 | 1.0 | * | - 12 | . 06 | 2.4 | 18 |  |
|  | 3 | . 2 | * | . 5 | 10 | . 2 | 630 | * | .01 | * | 3 |  |
|  | 6 | . 1 | * | 1.5 | 4 | * | 1,130 | * | * | * | * |  |
| TOMATOES | 21 | . 6 | . 2 | 4.7 | 5 | . 4 | 500 | . 03 | . 02 | . 5 | 8 |  |
|  | 55 | 2.2 | . 4 | 12.1 | 32 | 1.1 | 390 | . 07 | .06 | . 6 | 13 |  |
|  | 4 | - 2 | * | . 5 | * | * | 120 | * | * | * 6 | * |  |
|  | 138 | 1.3 | . 4 | 34.9 | 33 | 1.1 | 490 | . 10 | . 07 | . 8 | 47 |  |
|  | 32 | . 5 | * | 7.8 | 14 | . 2 | 120 | . 05 | . 02 | . 2 | 30 |  |
|  | 11 | . 1 | * | 2.6 | 4 | . 2 | 80 | * | . 01 | . 1 | 11 |  |
|  | 95 | . 7 | - 3 | 24.5 | 15 | . 7 | 290 | . 04 | . 04 | . 4 | 7 |  |
|  | * | * | * | * | * | * | * | * | * | * | * |  |

AVERAGE PER DAY

FOOD GROUP $\ddagger$



[^4]| FOOD GROUP $\ddagger$ | AVERAGE PER DAY |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY <br> (2) | PROTEIN (3) | FAT <br> (4) | CARBOHYDRATE <br> (5) | CALCIUM (6) | IRON <br> (7) | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \\ (8) \end{gathered}$ | THIAMINE <br> (9) | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \\ & (10) \end{aligned}$ | NIACIN (11) | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \\ 1121 \end{gathered}$ |
|  | CAL | G | G | G | MG | MG | IU | MG | MG | MG | MG |
| GRAIN, ENRICHED OR WHOLE GRAIN------ | 0 | . 0 | . 0 | . 0 | 0 | - 0 | C | . 00 | . OC | . 0 | 0 |
|  | C | . 0 | - 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 0 | . 0 | . 0 | . 0 | 0 | - 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 0 | . 0 | - 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
| OTHER BAKERY PRODUCTS------------- | 0 | . 0 | . 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | 2 | * | . 1 | - 2 | * | * | * | * | \# | * | 0 |
|  | 0 | . 0 | . 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | * | * | * | . 1 | * | * | * | * | * | * | 0 |
|  | 0 | . 0 | . 0 | . 0 | 0 | . 0 | C | . 00 | . 00 | . 0 | 0 |
| OTHER BAKERY PRODUCTS--------------- | 0 | . 0 | . 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 2 | * | -1 | . 1 | * | * | 0 | * | * | * | 0 |
|  | 40 | * | 4.5 | * | * | . 0 | 8 C | . 00 | . 00 | . 0 | 0 |
|  | 17 | * | 1.9 | * | * | - 0 | 80 | . 00 | . 00 | . 0 | 0 |
|  | 0 | - 0 | - 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 0 | . 0 | - 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
| LARD--------------------------------10-1 | 23 | . 0 | 2.6 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
| VEGETABLE SHORTENING-------------- | 0 | . 0 | . 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 18 | * | * | 4.6 | 2 | * | \# | * | * | * | * |
| SUGAR, SIRUP, JELLY, CANDY-------- | 17 | * | * | 4.3 | 2 | * | * | * | * | * | * |
| OTHER SWEETS-- |  |  |  |  |  |  |  |  |  |  |  |
|  | C | - 0 | - 0 | . 0 | 0 | . 0 | C | . 00 | . 00 | . 0 | 0 |
|  | 1 | . 0 | . 0 | . 3 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 0 | . 0 | - 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 0 | . 0 | . 0 | . 0 | 0 | . 0 | 0 | . 00 | . 00 | . 0 | 0 |
|  | 0 | . 0 | - 0 | . 0 | 0 | - 0 | 0 | . 00 | . 00 | . 0 | 0 |

$\square$

FOOD GROUP $\ddagger$
(1)

| PERCENT OF TUTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY <br> VALUE | FOOD <br> ENERGY | PROTEIN | FAT | CARBOHYDRATE | CAL CIUM | IRON | $\begin{gathered} \text { VI TAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NI ACIN | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}$ |
| (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) |


| ALL FOOD GROUPS- | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MILK, CREAM, CHEESE- | 12.8 | 13.7 | 21.1 | 16.0 | 9.2 | 63.8 | 1.3 | 12.5 | 10.7 | 39.1 | 2.4 | 5.0 |
|  | 8.0 | 9.1 | 15.1 | 9.7 | 6.7 | 49.2 | - 2 | 7.5 | 9.1 | 32.2 | 2.0 | 4.3 |
| CREAM, ICE CREAM-------------------10-1 | 2.2 | 2.2 | 1.4 | 2.7 | 2.0 | $4 \cdot 3$ | - 2 | 2.2 | - 9 | 2.8 | - 1 | - 4 |
| CHEESE | 2.3 | 2.1 | 4.4 | $3 \cdot 3$ | - 2 | 9.7 | - 8 | 2.6 | . 4 | 3.7 | -1 | - 0 |
| SOUP, MIXTURES- | - 3 | - 3 | - 2 | - 2 | - 3 | . 6 | - 2 | - 3 | . 4 | - 5 | . 2 | - 3 |
|  | 33.8 | 22.3 | 42.8 | 37.1 | - 3 | 3.0 | 31.9 | 17.3 | 23.3 | 23.5 | 38.9 | .7 |
| BEEF | 14.1 | 9.0 | 17.2 | 15.0 | * | 1.0 | 14.2 | - 4 | 3.2 | 6.2 | 13.7 | * |
| BACON, SALT PORK | 1.2 | 2.4 | -9 | $5 \cdot 3$ | * | . 1 | . 7 | - 0 | 1.2 | - 5 | . 7 | - 0 |
|  | 6.1 | 4.3 | 7.0 | 7.5 | * | . 4 | 5.8 | - 0 | 12.4 | 3.2 | 5.6 | - 0 |
| LIVER | . 4 | - 2 | - 7 | -1 | * | * | 1.6 | 13.3 | . 4 | 4.4 | 1.6 | . 7 |
| LUNCHMEAT, FRANKFURTERS-----------10 | 3.3 | 2.7 | 3.7 | 5.0 | - 2 | - 2 | 3.4 | 1.2 | 3.6 | 3.2 | 3.6 | - 0 |
|  | 2.1 | - 8 | 2.2 | 1.2 | $\stackrel{+}{+}$ | -1 | 1.5 | * | - 7 | 1.3 | 2.3 | * |
| POULTRY | 3.9 | 2.0 | 7.4 | 2.1 | * | . 4 | 3.6 | 2.2 | 1.2 | 4.0 | 7.8 | * |
| FISH, SHELLFISH--------------------100 | 2.7 | . 9 | 3.7 | -9 | * | . 7 | 1.1 | - 3 | - 7 | . 7 | 3.5 | * |
| OTHER PROTEIN FOOD------------------- | 4.7 | 4.7 | 8.9 | 6.3 | 2.0 | 3.5 | 8.7 | 7.0 | 5.1 | 6.1 | 5.2 | - 3 |
| EGGS------------------------------------ | 2.7 | 2.2 | 5.1 | 3.2 | -1 | 2.1 | 5.1 | 6.3 | 2.5 | 4. 9 | - 2 | - 0 |
| DRY LEGUMES | . 4 | . 8 | 1.3 | - 2 | 1.2 | . 8 | 2.3 | . 2 | 1.2 | . 4 | - 5 | - 2 |
|  | - 7 | 1.4 | 1.7 | 2.5 | - 4 | . 4 | - 8 | * | - 9 | - 4 | 3.9 | * |
| SOUP, MIXTURES----------------------100 | - 5 | . 3 | -6 | - 3 | - 2 | -1 | . 4 | . 4 | - 3 | - 3 | . 4 | * |
|  | 11.3 | 6.0 | 5.5 | 2.2 | 10.7 | 6.2 | 13.7 | 42.0 | 13.0 | 6.6 | 11.8 | 37.4 |
|  | 2.3 | 3.0 | 1.9 | 1.5 | 5.0 | . 7 | 3.3 | * | 4.8 | 1.4 | 5.9 | 9.5 |
| DARK GREEN | . 7 | - 1 | - 4 | * | - 2 | 1.2 | 1.3 | 9.2 | - 8 | - 8 | - 3 | 5.8 |
| DEEP YELLOW | - 5 | - 3 | - 2 | * | - 5 | . 4 | - 6 | 17.1 | - 5 | - 3 | - 3 | -9 |
| TOMATOES | 2.0 | - 7 | -7 | - 1 | 1.5 | . 6 | 2.6 | 7.9 | 2.5 | 1.0 | 2.3 | 9.1 |
| OTHER | 5.3 | 1.6 | 2.1 | - 3 | 3.2 | 3.0 | 5.7 | 5.7 | 4.4 | 2.9 | 2.6 | 11.8 |
| SOUP, MIXTURES---------------------10 | . 4 | - 2 | - 2 | -1 | - 3 | -1 | - 3 | 2.1 | - 2 | - 2 | - 3 | - 4 |
|  | 7.5 | 4.2 | 1.4 | - 3 | 9.8 | 2.9 | 5.6 | 7.3 | 7.8 | 2.8 | 3.1 | 50.4 |
|  | 2.8 | 1.5 | . 7 | * | 3.5 | 1.7 | 1.6 | 2.2 | 5.2 | 1.0 | 1.3 | 39.9 |
|  | . 7 | -1 | * | * | . 3 | . 2 | . 4 | 1.7 | . 2 | . 2 | . 2 | 4.8 |
| OTHER | 介.1 | 2.5 | . 6 | . 2 | 6.0 | 1.0 | 3.7 | 3.4 | 2.4 | 1.5 | 1.5 | 5.7 |
|  | * | * | * | * | * | * | * | * | * | * | * | * |

PERCENT OF TOTAL FOOD

FOOD GROUP


|  | PERCENT CF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FOOO GROUP $\ddagger$ | MONEY <br> VALUE | $\begin{aligned} & \text { FOOO } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | FAT | $\begin{aligned} & \text { CARBO- } \\ & \text { HYORATE } \end{aligned}$ | CAL CI'JM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RIBQ- } \\ & \text { FLAVIN } \end{aligned}$ | NI ACIN | $\begin{gathered} \triangle \text { SCORBIC } \\ A C I O \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) |


|  | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MILK, CREAM, CHEESE-------------------- | 12.5 | 13.7 | 20.6 | 16.0 | 9.2 | 63.5 | 1.3 | 11.8 | 10.6 | 38.2 | 2.4 | 4.8 |
|  | 7.8 | 9.1 | 14.8 | 9.7 | 6.8 | 49.0 | - 2 | 7.0 | 9.0 | 31.4 | 1.9 | 4.1 |
|  | 2.1 | 2.1 | 1.3 | 2.7 | 1.9 | 4.2 | . 2 | 2.0 | - 8 | 2.7 | - 1 | - 3 |
|  | 2.3 | 2.2 | 4.3 | 3.4 | - 3 | 9.7 | - 8 | 2.5 | - 4 | 3.6 | - 1 | - 0 |
|  | - 3 | - 3 | - 2 | - 2 | - 3 | . 6 | - 2 | - 3 | - 4 | - 5 | . 2 | - 3 |
|  | 34.4 | 23.0 | 44.0 | 37.8 | - 3 | 3.1 | 32.7 | 19.3 | 24.0 | 24.7 | 40.2 | - 8 |
|  | 14.1 | 9.1 | 17.1 | 15.2 | * | 1.0 | 14.2 | - 4 | 3.2 | 6.1 | 13.6 | * |
| BACON, SALT PORK | 1.2 | 2.4 | - 9 | 5.1 | * | - 1 | . 7 | - 0 | 1.1 | - 5 | . 6 | - 0 |
| OTHER PORK | 6.3 | 4.5 | 7.2 | 7.9 | * | . 4 | 6.0 | . 0 | 12.8 | 3.3 | 5.8 | - 0 |
| LIVER | . 4 | - 2 | - 8 | - 1 | * | * | 1.8 | 15.0 | . 4 | 5.1 | 1.9 | . 7 |
| LUNCHMEAT, FRANKFURTERS------------ | 3.2 | 2.7 | 3.7 | 4.9 | . 1 | . 2 | 3.3 | 1.3 | 3.6 | 3.2 | 3.6 | . 0 |
| OTHER MEAT | 2.4 | 1.0 | 2.6 | 1.4 | * | . 2 | 1.7 | * | - 9 | 1.5 | 2.7 | * |
| POULTRY | 4.0 | 2.2 | 7.9 | 2.3 | * | . 5 | 3.9 | 2.3 | 1.3 | 4.4 | 8.3 | * |
|  | 2.9 | 1.0 | 3.9 | . 9 | * | .7 | 1.1 | - 3 | . 7 | . 7 | 3.7 | * |
| OTHER PROTEIN FOOO-------------------- | 4.6 | 4.7 | $8 \cdot 7$ | 6.1 | 2.0 | 3.5 | 8.6 | 6.6 | 5.1 | 6.1 | 4.9 | . 3 |
| EGGS- | 2.7 | 2.2 | $5 \cdot 1$ | 3.2 | -1 | $2 \cdot 1$ | 5.0 | 5.9 | 2.5 | 4.9 | - 2 | - 0 |
| DRY LEGUMES | . 4 | . 8 | 1.3 | - 2 | 1.2 | . 8 | 2.2 | . 1 | 1.2 | - 4 | - 5 | - 1 |
| NUTS, PEANUT BUTTER | . 7 | 1.3 | 1.5 | 2.3 | - 4 | . 4 | . 8 | * | - 9 | - 4 | 3.6 | * |
| SOUP, MIXTURES | - 6 | - 3 | . 6 | - 3 | - 2 | . 1 | . 4 | . 4 | - 4 | - 3 | . 4 | * |
| ALL VEGETABLES------------------------- | 11.2 | 5.9 | 5. 5 | 2.1 | $10 \cdot 6$ | 6.6 | 13.9 | 42.7 | 13.0 | 6.3 | 11.5 | 37.3 |
|  | 2. 0 | 2.8 | 1.8 | 1.5 | $4 \cdot 7$ | . 7 | 3.0 | * | 4.4 | 1.3 | 5.4 | 8.4 |
|  | - 8 | - 2 | . 4 | * | - 3 | 1.4 | 1.5 | 10.1 | - 9 | 1.0 | - 4 | 6.7 |
| OEEP YELLOW | - 5 | - 3 | - 2 | * | - 6 | . 5 | -6 | 17.1 | - 5 | - 3 | - 3 | - 9 |
| TOMATOES | 2.0 | . 7 | . 7 | - 1 | 1.5 | - 6 | 2.7 | 7.7 | 2.5 | 1.1 | 2.3 | 9.1 |
| OTHER | $5 \cdot 3$ | 1.6 | 2.1 | - 3 | 3.3 | 3.1 | 5.7 | 5.7 | 4. 5 | 3.0 | 2.7 | 11.8 |
| SOUP, MIXTURES----------------------10 | . 5 | - 2 | . 3 | - 1 | . 3 | . 2 | . 3 | 2.1 | . 2 | - 2 | - 3 | . 4 |
|  | 7.5 | $4 \cdot 3$ | 1.4 | - 3 | $10 \cdot 2$ | 2.9 | 5.7 | 7.0 | 8.1 | 2.8 | 3.2 | 51.0 |
|  | 3.0 | 1.7 | - 8 | . 1 | 3.8 | 1.8 | 1.7 | 2.2 | 5.6 | 1.1 | 1.4 | 41.9 |
| OTHER VITAMIN C-RICH----------------1 | . 6 | . 1 | * | * | -3 | . 1 | - 3 | 1.7 | . 2 | . 2 | - 2 | 3.5 |
| OTHER | 4.0 | 2.5 | . 6 | . 2 | 6.0 | 1.0 | 3.7 | 3.1 | 2.3 | 1.5 | 1.5 | 5.6 |
|  | * | * | * | * | \# | * | + | * | * | * | $\ddagger$ | * |


|  | PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FOOD GROUP $\ddagger$ (1) | MONEY VALUE <br> (2) | FOOD ENERGY <br> (3) | PROTEIN <br> (4) | FAT <br> (5) | CARBOHYDRATE (6) | CAL CIUM <br> (7) | IRON <br> (8) | VITAMIN <br> A VALUE <br> (9) | THIAMINE <br> (10) | RIBOFLAVIN <br> (11) | NI ACIN (12) | ASCORBIC <br> ACID <br>  <br> $(13)$ |
| GRAIN, ENRICHED OR WHOLE GRAIN----- | 5.9 | 14.9 | 12.7 | 2.7 | 27.5 | 9.8 | 24.3 | . 1 | 32.9 | 13.7 | 17.2 | . 4 |
| FLOUR- | - 3 | 1.4 | 1.1 | . 1 | 2.8 | 1.1 | 1.8 | * | 2.7 | 1.3 | 1.4 | . 0 |
|  | 2.2 | 5.4 | 4.1 | . 5 | 10.7 | 2.3 | 11.1 | * | 15.4 | 4.9 | 7.2 | . 4 |
|  | 2.7 | 7.0 | 6.6 | 1.6 | 12.3 | 5.7 | 10.2 | * | 13.2 | 6. 8 | 7.7 | . 0 |
| OTHER BAKERY PRODUCTS--------------- | . 7 | 1.1 | - 8 | . 5 | 1.7 | . 6 | 1.1 | * | 1.5 | - 8 | - 8 | * |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | 6.4 | 10.4 | 5.7 | 6.9 | 15.7 | 5.2 | 5.1 | 1.4 | 4.2 | 3.3 | 3.1 | . 4 |
|  | . 3 | - 9 | - 3 | . 5 | 1.6 | -9 | - 3 | * | - 2 | . 2 | -1 | * |
|  | - 1 | . 4 | - 2 | * | - 7 | * | - 2 | * | . 3 | * | - 2 | - 0 |
|  | . 6 | 1.2 | 1.2 | . 2 | 2.2 | - 9 | 1.0 | * | 1.3 | . 5 | . 7 | . 0 |
| OTHER BAKERY PRODUCTS--------------- | 3.9 | 6.9 | 3.1 | 5.3 | 9.8 | 2.8 | 2.9 | - 8 | 1.9 | 1.9 | 1.5 | * |
|  | 1.3 | 1.1 | - 8 | -9 | 1.4 | . 6 | . 7 | -6 | . 6 | - 5 | -6 | - 3 |
|  | 3.2 | 11.5 | . 2 | 26.7 | . 3 | . 6 | . 2 | 9.4 | * | - 1 | * | * |
|  | 1.3 | 2.6 | * | 6.2 | * | - 2 | - 0 | 4.5 | . 0 | - 0 | . 0 | - 0 |
|  | . 6 | 2.7 | * | 6.3 | * | -2 | - 0 | 4.6 | - 0 | - 0 | - 0 | - 0 |
| OIL, SALAD DRESSING-----------------1-1 | 1.1 | 4.6 | * | 10.6 | . 2 | -1 | - 2 | . 2 | * | -1 | * | * |
|  | * | - 8 | * | 1.8 | * | . 0 | . 0 | - 0 | . 0 | - 0 | . 0 | - 0 |
| VEGETABLE SHCRTENING------------------ | - 2 | - 8 | * | 1.8 | * | -0 | - 0 | * | - 0 | - 0 | - 0 | - 0 |
| SUGAR, SWEETS----------------------------- | 5.5 | 9.4 | - 8 | 1.2 | 21.4 | 2.0 | 2.3 | - 9 | - 9 | - 9 | - 5 | 4.9 |
| SUGAR, SIRUP, JELLY, CANDY OTHER SWEETS-- | 2.4 | 6.9 | . 5 | 1.1 | 15.4 | 1.5 | 1.9 | * | . 5 | . 7 | . 4 | - 2 |
|  | . 5 | . 5 | * | * | 1.2 | . 4 | . 2 | . 8 | - 3 | * | * | 4.5 |
| NO ADDED VITAMIN C---------------- | 2.6 | 2.0 | - 3 | * | 4.8 | -1 | - 2 | * | * | * | * | - 3 |
| OTHER FOOD--------------------------------- | 8.7 | 2.2 | . 3 | * | 2.8 | 2.9 | 6.0 | - 8 | 1.2 | 3.5 | 17.0 | - 0 |
|  | 4.9 | 1.4 | . 2 | . 0 | - 8 | -3 | * | - 0 | * | - 8 | 1.5 | - 0 |
| SOME NUTRITIVE VALUE---------------1 | 3.0 | - 8 | -1 | * | 2.0 | 2.6 | 6.0 | - 8 | 1.2 | 2.7 | 15.5 | - 0 |
| NO NUTRITIVE VALUE------------------ | - 8 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 | . 0 |


| FOOD GROUP $\#$(1) | PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | MONEY VALUE (2) | FOOD ENERGY <br> (3) | PROTEIN (4) | FAT (5) | CARBOHY DRATE <br> (6) | CALCIJM $\text { ( } 71$ | IRON <br> (8) | VITAMIN A VALUE (9) | THIAMINE (10) | RIBOFLAVIN <br> (11) | NIACIN (12) | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \\ \text { (13) } \end{gathered}$ |
| ALL FOOD GROUPS | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
|  | 13.7 | 13.7 | 22.3 | 16.0 | 9.1 | 64.6 | 1.4 | 15.3 | 11.1 | 41.8 | 2.5 | 5.4 |
|  | 8.6 | 9.1 | 15.9 | 9.6 | 6.5 | 49.7 | - 3 | 9.1 | 9.5 | 34.4 | 2.1 | 4.8 |
|  | 2.4 | 2.3 | 1.5 | 2.9 | 2.1 | 4.6 | . 2 | 2.8 | - 9 | 3.2 | . 2 | - 4 |
| CHEESE | 2.3 | 2.1 | 4.7 | 3.3 | - 2 | 9.8 | - 8 | 3.2 | . 4 | 3.8 | - 1 | - 0 |
|  | . 3 | - 2 | - 2 | - 2 | - 2 | . 5 | . 1 | - 3 | - 3 | . 4 | . 2 | - 2 |
| MEAT, POULTRY, FIS | 31.8 | 20.5 | 39.4 | 34.9 | - 3 | 2.7 | 29.7 | 9.7 | 21.5 | 19.7 | 35.0 | - 4 |
|  | 13.9 | 8.6 | 17.4 | 14.4 | . 0 | -9 | 14.3 | - 5 | 3.2 | 6.3 | 13.9 | - 0 |
| BACON, SALT PGRK | 1.3 | 2.6 | 1.0 | 5.7 | * | . 1 | - 8 | - 0 | 1.3 | - 5 | . 8 | - 0 |
|  | 5.6 | 3.6 | 6.4 | 6.4 | * | . 3 | 5.3 | - 0 | 11.2 | 3. 0 | 5.2 | - 0 |
|  | - 2 | * | . 4 | * | * | * | 1.1 | 6.2 | - 2 | 2.3 | . 8 | - 4 |
| LUNCHMEAT, FRANKFURTERS----------- | 3.8 | 2.9 | 4.1 | 5.3 | . 2 | . 2 | 3.5 | . 8 | 3.9 | 3.2 | 3.8 | . 0 |
|  | 1.1 | . 4 | 1.1 | . 5 | * | * | . 7 | * | - 4 | . 7 | 1.2 | * |
|  | 3.4 | 1.5 | 5.9 | 1.7 | * | . 3 | 2.8 | 2.0 | 1.0 | 3.1 | 6.3 | * |
| FISH, SHELLFISH---------------------10 | 2.3 | . 8 | 3.0 | - 8 | * | . 7 | 1.2 | - 2 | - 5 | . 6 | 3.1 | * |
|  | 4.9 | 4.9 | 9.4 | 6.6 | 2.0 | 3.5 | 9.0 | 8.6 | 5.1 | 6.3 | 6.0 | - 4 |
| EGGS | 2.7 | 2.1 | 5.2 | 3.2 | . 1 | 2.0 | 5.1 | 7.7 | 2.5 | 5.1 | . 2 | - 0 |
|  | - 5 | . 8 | 1.4 | - 2 | 1.2 | . 9 | 2.4 | - 3 | 1.3 | - 4 | . 6 | . 2 |
| NUTS, PEANUT BUTTER----------------1-1 | - 9 | 1.6 | 2.0 | 2.8 | . 4 | . 5 | 1.0 | * | - 9 | - 5 | 4.6 | * |
|  | . 5 | - 3 | - 6 | . 2 | - 2 | . 1 | . 4 | - 5 | - 3 | - 3 | . 3 | $\stackrel{*}{*}$ |
|  | 11.5 | 6.3 | 5.6 | 2.3 | 11.0 | 5.1 | 13.3 | 39.8 | 12.9 | 6.2 | 12.6 | 37.3 |
|  | 2.9 | 3.6 | 2.4 | 1.7 | 5.8 | - 9 | 4.0 | * | 5.9 | 1.8 | 7.4 | 12.8 |
| DARK GREEN---------------------------1-1 | . 4 | * | . 2 | * | * | . 5 | .7 | 5.5 | . 4 | . 4 | - 1 | 2.7 |
|  | . 4 | . 2 | - 1 | * | . 4 | - 3 | . 4 | 17.3 | - 3 | . 2 | . 2 | . 7 |
|  | 2.1 | . 8 | . 7 | . 2 | 1.5 | . 6 | 2.4 | 9.2 | 2.3 | 1.0 | 2.3 | 9.2 |
| OTHER | 5.3 | 1.5 | 2.0 | . 3 | 3.0 | 2.7 | 5.5 | 5.8 | 3.8 | 2.6 | 2.4 | 11.6 |
| SQUP, MIXTURES----------------------10 | - 3 | . 2 | . 2 | - 1 | . 2 | . 1 | . 2 | 2.0 | . 2 | . 1 | . 2 | . 3 |
|  | 7.4 | 3.9 | 1.3 | - 3 | 8.8 | 2.8 | $5 \cdot 5$ | 8.4 | 6.8 | 2.9 | 2.9 | 48.5 |
| CITRUS | 2.2 | 1.2 | - 6 | * | 2.5 | 1.5 | 1.3 | 2.0 | 4.0 | - 9 | 1.0 | 33.7 |
|  | . 9 | . 2 | * | * | - 4 | . 2 | . 6 | 1.6 | - 3 | . 4 | . 3 | 8.5 |
|  | $4 \cdot 3$ | 2.6 | . 6 | - 2 | 5.9 | 1.1 | 3.6 | 4.7 | 2.5 | 1.6 | 1.6 | 6.2 |
|  | * | * | * | * | * | * | * | * | * | * | * | * |


| FOOD GROUP $\ddagger$(1) | PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | MCNEY VALUE (2) | FOOD ENERGY <br> (3) | PROTEIN (4) | FAT (5) | CARBOHY DRATE <br> (6) | CALCIUM <br> (7) | IRON <br> (8) | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \\ 191 \end{gathered}$ | THI A- <br> MINE <br> (10) | $\begin{gathered} \text { RIBC- } \\ \text { FLAVIN } \\ \text { (11) } \end{gathered}$ | NI ACIN $(12)$ | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \\ \text { (13) } \end{gathered}$ |
| GRAIN, ENR ICHED OR WHOLE GRAIN------ | 7.1 | 16.4 | 15.1 | 3.2 | 28.6 | 10.5 | 27.6 | . 1 | 36.5 | 15.9 | 19.8 | . 6 |
|  | - 5 | 3.1 | 2.7 | - 3 | 5.7 | 1.0 | 4.2 | * | 6.2 | 2.9 | 3.4 | . 0 |
|  | 2.4 | 4.4 | 3.8 | - 5 | 8.2 | 2.2 | 10.1 | * | 13.6 | 4.0 | 6.4 | . 4 |
| BREAD- | $3 \cdot 3$ | 7.7 | 7.7 | 1.9 | 12.8 | 6.6 | 12.0 | * | 14.8 | 8.0 | 8.9 | - 0 |
| OTHER BAKERY PRODUCTS-------------- | - 8 | 1.2 | - 9 | . 6 | 1.9 | . 7 | 1.3 | * | 1.9 | 1.1 | 1.0 | - 1 |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | 6.3 | 9.8 | 5.4 | 6.9 | 13.9 | 4.6 | 4.9 | 1.7 | 4.1 | 3.3 | 2.9 | - 5 |
|  | . 4 | - 8 | - 3 | - 5 | 1.4 | . 7 | - 3 | * | - 2 | . 2 | - 1 | . 0 |
|  | . 2 | . 4 | - 3 | . 1 | . 6 | * | - 3 | * | - 6 | - 1 | - 2 | - 0 |
|  | - 4 | . 7 | . 8 | . 1 | 1.3 | . 6 | . 7 | * | - 8 | - 4 | - 5 | . 0 |
| OTHER BAKERY PRODUCTS----------------10 | 4.2 | 6.9 | 3.2 | 5.4 | 9.4 | 2.7 | 3.0 | - 9 | 2.0 | 2.0 | 1.5 | * |
|  | 1.1 | 1.0 | - 8 | - 8 | 1.2 | . 6 | . 7 | . 7 | . 6 | - 5 | . 6 | . 5 |
|  | 3.6 | 11.9 | - 3 | 28.2 | . 4 | . 6 | . 2 | 14.6 | * | . 1 | * | * |
|  | 1.3 | 2.5 | $\stackrel{*}{*}$ | 6.0 | $\stackrel{+}{*}$ | . 2 | - 0 | 5.7 | - 0 | - 0 | - 0 | . 0 |
| MARGAR INE-----------------------------10-1 | . 8 | 3.7 | * | 8.9 | * | - 3 | - 0 | 8.6 | - 0 | - 0 | - 0 | - 0 |
| OIL, SALAD DRESSING---------------100 | - 9 | 3.4 | * | 7.8 | - 2 | . 1 | - 2 | - 3 | * | - 1 | $\stackrel{*}{*}$ | * |
|  | * | . 5 | . 0 | 1.2 | - 0 | . 0 | - 0 | . 0 | . 0 | - 0 | . 0 | . 0 |
| VEGETABLE SHORTENING--------------1 | - 5 | 1.8 | * | $4 \cdot 3$ | * | . 0 | . 0 | * | - 0 | - 0 | . 0 | - 0 |
|  | 6.4 | 10.9 | - 9 | 1.4 | 23.4 | 2.7 | 3.1 | 1.4 | 1.3 | 1.1 | - 8 | 7.0 |
| SUGAR, SIRUP, JELLY, CANDY-------OTHER SWEETS-- | 3.4 | 8.9 | - 6 | 1.4 | 18.8 | 2.0 | 2.8 | . 1 | - 8 | 1.0 | . 7 | . 3 |
| ADDED VITAMIN C-----------------10-1 | . 6 | . 5 | * | * | 1.2 | . 6 | . 2 | 1.2 | . 4 | * | * | 6.3 |
| NO ADDED VITAMIN C--------------10 | 2.4 | 1.5 | - 3 | * | 3.4 | * | * | * | * | $\stackrel{*}{*}$ | * | . 4 |
|  | 7.3 | 1.7 | - 3 | . 1 | 2.5 | 2.9 | 5.3 | . 4 | . 7 | 2.7 | 17.5 | - 0 |
| ALCOHOLIC BEVERAGE------------------1-1 | 3.3 | - 8 | . 1 | - 0 | - 5 | . 2 | * | . 0 | * | . 6 | 1.1 | - 0 |
| SOME NUTRITIVE VALUE---------------1 | 3.5 | - 9 | - 2 | - 1 | 2.1 | 2.7 | 5.3 | . 4 | - 7 | 2.1 | 16.4 | - 0 |
| NO NUTRITIVE VALUE----------------1 | . 6 | - 0 | - 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 | . 0 | - 0 |


| PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY |  |  |  |  |  |  |  |  |
| VALUE | FOOD |  |  |  |  |  |  |  |
| (2) | PNERGY | (3) | (4) | (5) | (6) | (7) | (8) |  |


| $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THI AMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NI ACIN | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| (9) | (10) | (11) | (12) | (13) |


|  | 100.0 | $100 \cdot 0$ | 100.0 | $100 \cdot 0$ | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 14.8 | 13.8 | 21.7 | 16.9 | 8.8 | 63.5 | 1.1 | 14.9 | 11.0 | 40.9 | 2.5 | 6.0 |
|  | 9.4 | 9.3 | 15.8 | 10.9 | 6.1 | 50.0 | $\div$ | 9.5 | 9.2 | 33.5 | 2.1 | 5.2 |
|  | 3.2 | 2.7 | 1.9 | 3.5 | 2.3 | 5.8 | - 2 | 3.1 | 1.1 | 3.9 | . 2 | - 5 |
|  | 2.0 | 1.5 | 3.8 | 2.2 | . 2 | 7.1 | . 6 | 2.0 | . 4 | 3.1 | * | . 0 |
| SOUP, MIXTURES | . 3 | . 2 | . 2 | . 2 | - 2 | . 6 | -1 | . 2 | - 3 | . 4 | -1 | - 2 |
| MEAT, POULTRY, FISH------------------- | 31.3 | 19.9 | 39.3 | 34.5 | - 2 | 2.8 | 29.0 | 17.1 | 20.6 | 21.0 | 36.0 | - 7 |
|  | 14.9 | 8.8 | 19.1 | 14.8 | - 0 | 1.0 | 15.2 | - 5 | 3.5 | 6.8 | 15.6 | - 0 |
| BACON, SALT PORK | 1.3 | 2.5 | - 9 | 5.5 | * | . 1 | . 7 | - 0 | 1.2 | - 5 | . 7 | - 0 |
| OTHER PORK | 5.6 | 3.7 | 6.3 | 6.9 | * | . 3 | 5.1 | . 0 | 11.1 | 3.0 | 5.3 | - 0 |
|  | - 3 | -1 | . 6 | * | $*$ | * | 1.3 | 13.5 | - 3 | 3.9 | 1.5 | . 7 |
| LUNCHMEAT, FRANKFURTERS | 3.2 | 2.4 | 3.4 | 4.4 | . 1 | . 2 | 2.8 | - 8 | 3.0 | 2.8 | 3.2 | . 0 |
| OTHER MEAT | . 6 | . 2 | . 6 | . 2 | * |  | . 4 | . 0 | - 2 | - 3 | - 8 | . 0 |
| POULTRY | 3.2 | 1.5 | 5.3 | 1.9 | * | . 3 | 2.5 | 2.2 | - 8 | 3.1 | 6.0 | * |
| FISH, SHELLFISH---------------------10 | 2.2 | . 7 | 2.9 | . 7 | * | . 8 | - 8 | . 1 | - 5 | . 6 | 3.0 | * |
|  | 5.0 | 4.9 | 9.6 | 7.1 | 1.8 | 3.7 | 9.0 | 8.1 | 5.2 | 6.6 | 6.5 | - 3 |
| EGGS- | 3.0 | 2.2 | 5.6 | 3.4 | -1 | 2.2 | 5.4 | 7.5 | 2.7 | 5.4 | - 2 | . 0 |
| DRY LEGUMES | . 4 | . 7 | 1.3 | . 2 | 1.0 | . 9 | 2.3 | . 1 | 1.2 | . 4 | . 5 | - 1 |
| NUTS, PEANUT BUTTER | 1.0 | 1.8 | 2.3 | 3.3 | . 5 | . 5 | 1.1 | * | 1.0 | - 5 | 5.4 | * |
| SOUP, MIXTURES | - 3 | . 2 | - 3 | - 2 | -1 | . 1 | . 3 | . 4 | - 2 | - 2 | . 2 | * |
|  | 11.9 | 6.6 | 6.2 | 1.8 | 11.7 | 5.6 | 13.5 | 37.3 | 14.2 | 6.4 | 14.3 | 41.8 |
| POTATOES | 3.2 | 4.0 | 3.0 | 1.4 | 6.9 | 1.1 | 4.8 | * | $7 \cdot 3$ | $2 \cdot 3$ | 9.4 | 17.8 |
| DARK GREEN | - 5 | * | - 2 | * | -1 | -8 | 1.0 | 8.5 | . 4 | . 5 | . 2 | 2.7 |
| DEEP YELLOW | - 5 | - 2 | - 1 | * | . 4 | - 3 | . 4 | 15.2 | - 3 | - 2 | . 2 | . 8 |
| TOMATOES | 1.7 | . 6 | . 6 | -1 | 1.2 | . 5 | 1.9 | 6.8 | 1.9 | - 8 | 1.9 | 7.6 |
| OTHER | 5.8 | 1.6 | 2.0 | - 2 | 3.0 | 2.8 | 5.2 | 5.3 | 4.1 | 2.5 | 2.4 | 12.8 |
| SOUP, MIXTURES | . 3 | -1 | . 1 | * | . 1 | * | - 2 | 1.6 | . 1 | * | . 2 | . 2 |
|  | 8.3 | 4.0 | 1.2 | - 3 | 8.7 | 2.8 | 5.5 | 6.6 | 6.0 | 2.9 | 3.0 | 46.5 |
| CITRUS | 1.9 | -9 | - 5 | * | 1.9 | 1.2 | 1.0 | 1.6 | 3.3 | - 6 | - 9 | 29.1 |
| OTHER VITAMIN C-RICH------------------ | 1.5 | - 3 | - 1 | * | . 6 | . 3 | . 9 | 1.1 | . 4 | . 5 | . 5 | 11.0 |
| OTHER | $4 \cdot 8$ | 2.8 | . 6 | . 2 | 6.1 | 1.3 | 3.6 | 3.9 | 2.3 | 1.7 | 1.6 | 6.4 |
|  | * | $\star$ | * | * | * | * | * | * | * | * | * | * |


| table 6.--MONEY VALUE AND NUTRIENTS <br> BY FOOD GROUP ALL SOURCES--CONTINUED |  |  |  | NORTHEAST |  |  |  |  |  |  | RURAL FARM |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| $\text { FOOD GROUP } \neq$ | MONEY <br> VALUE | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | FAT | CARBOHYDRATE | CAL CIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THI AMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NI ACIN | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) |
| GRAIN, ENRICHED OR WHOLE GRAIN----- | 7.6 | 17.6 | 16.7 | $3 \cdot 3$ | 30.2 | 11.3 | 30.1 | $\stackrel{ }{*}$ | 39.0 | 16.9 | 21.7 | - 5 |
|  | - 9 | 5.0 | 4.4 | . 4 | 8.9 | 1.6 | 6.7 | * | 10.1 | 4.7 | 5.7 | - 0 |
|  | 2.4 | 4.4 | $4 \cdot 1$ | . 6 | 7.9 | 2.5 | 11.0 | * | 13.2 | 3.7 | 6.5 | - 4 |
|  | 3.7 | 7.4 | 7.6 | 1.9 | 12.0 | 6.7 | 11.5 | * | 14.5 | 7.8 | 8.9 | . 0 |
| OTHER BAKERY PRODUCTS-------------- | - 6 | - 9 | . 6 | - 5 | 1.3 | - 5 | - 9 | * | 1.2 | - 7 | . 7 | * |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | 4. 9 | 7.4 | 4.0 | 5.0 | 10.6 | 3.8 | 3.6 | 1.0 | 2.7 | 2.2 | 2.2 | - 3 |
| FLOUR- | . 5 | 1.1 | - 4 | . 6 | 1.9 | 1.1 | - 3 | * | - 2 | . 3 | - 2 | . 0 |
|  | . 1 | - 3 | - 2 | * | . 4 | * | - 2 | * | - 3 | * | . 1 | - 0 |
| BREAD---------------1 | - 3 | . 4 | - 4 | * | - 7 | - 4 | - 4 | - 0 | - 4 | - 2 | - 3 | . 0 |
| OTHER BAKERY PRODUCTS | 3.2 | 5.1 | 2.5 | 3.8 | 6.9 | 2.1 | 2.3 | - 5 | 1.3 | 1.4 | 1.2 | * |
|  | . 8 | . 5 | . 4 | - 5 | . 6 | . 2 | .4 | . 4 | . 4 | - 3 | . 4 | - 3 |
|  | 4.0 | 12.4 | - 3 | 29.6 | - 3 | . 6 | . 1 | 13.9 | * | - 1 | $*$ | $*$ |
|  | 1.8 | 3.0 | * | 7.2 | * | . 2 | - 0 | 6.4 | - 0 | - 0 | - 0 | - 0 |
|  | - 8 | 3.4 | * | 8.2 | * | - 3 | - 0 | 7.3 | - 0 | - 0 | - 0 | - 0 |
|  | - 7 | 2.5 | * | 5.7 | - 2 | - 1 | - 1 | - 3 | * | - 1 | * | * |
|  | - 2 | 1.4 | * | 3.4 | . 0 | . 0 | - 0 | . 0 | - 0 | - 0 | . 0 | - 0 |
| VEGETABLE SHORTENING---------------10 | - 5 | 2.1 | * | 5.0 | * | . 0 | - 0 | * | - 0 | - 0 | . 0 | . 0 |
|  | 6.4 | 12.2 | - 8 | 1.4 | 25.9 | 3.1 | 4.0 | - 8 | - 8 | 1.1 | - 5 | 4.1 |
|  | 4.4 | 11.0 | . 6 | 1.4 | 23.2 | 2.7 | 3.8 | . 2 | . 7 | 1.1 | . 4 | -3 |
| OTHER SWEETS-- <br> ADDED VITAMIN C |  |  |  |  |  |  |  |  |  |  |  |  |
| ADDED VITAMIN | . 4 | -3 | * | * | -6 6 | * 4 | - 1 | $\pm .6$ | - 2 | * | * | $3 \cdot 6$ |
|  | 1.6 | - 9 | . 2 | * | 2.1 | * | * | * | * | * | * | * |
|  | 5.8 | 1.2 | - 3 | - 2 | 1.8 | 2.7 | 4.1 | - 2 | - 4 | 1.8 | 13.3 | . 0 |
|  | 2.1 | . 4 | * | . 0 | - 2 | * | * | - 0 | * | - 3 | - 5 | - 0 |
|  | 3.1 | - 7 | - 2 | - 2 | 1.6 | 2.6 | 4.0 | - 2 | - 4 | 1.6 | 12.8 | - 0 |
| NO NUTRITIVE VALUE----------------1 | . 5 | . 0 | . 0 | .0 | . 0 | . 0 | .0 | - 0 | - 0 | . 0 | . 0 | . 0 |


| PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY <br> VALUE | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | FAT | CARBOHYDRATE | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THI AMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NI ACIN | $\left\lvert\, \begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}\right.$ |
| (2) | (3) | (4) | (5) | (6) | ( 7) | ( 8) | (9) | (10) | (11) | (12) | (13) |


|  | 25.3 | 17.6 | 27.7 | 24.0 | 8.9 | 33.5 | 17.7 | 28.1 | 16.5 | 31.5 | 18.0 | 19.5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 6.1 | 5.8 | 9.5 | 7.2 | 3.6 | 29.7 | * | 6.3 | 5.6 | 20.0 | 1.3 | 3.2 |
|  | 5.7 | 5.6 | 9.3 | 6.7 | 3.6 | 29.4 | * | 5.8 | 5.5 | 19.8 | 1.3 | 3.2 |
|  | . 4 | . 3 | * | . 5 | * | . 3 | - 0 | . 5 | * | . 2 | * | * |
|  | * | * | * | * | * | * | * | * | * | * | * | - 0 |
|  | - 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 | . 0 | . 0 | - 0 | - 0 | - 0 |
|  | 12.1 | 7.2 | 14.6 | 12.5 | * | . 9 | 11.0 | 8.6 | 6.1 | 7.5 | 13.0 | - 3 |
| BEEF-------------------------------10 | 8.1 | 4.7 | 9.6 | $8 \cdot 1$ | . 0 | . 5 | 7.7 | - 3 | 1.8 | 3.4 | 7.9 | - 0 |
|  | - 3 | . 6 | . 2 | 1.2 | * | * | . 2 | - 0 | . 3 | . 1 | . 2 | - 0 |
|  | 1.8 | 1.1 | 1.9 | 2.1 | * | . 1 | 1.5 | - 0 | 3.4 | - 9 | 1.6 | . 0 |
| LIVER | . 2 | * | . 3 | * | * | * | . 5 | 7.6 | - 2 | 2. 0 | . 7 | - 3 |
| LUNCHMEAT, FRANKFURTERS----------- | * | * | * | * | * | * | * | . 0 | * | * | * | - 0 |
|  | . 2 | * | - 2 | * | * | * | - 1 | - 0 | * | - 1 | - 3 | - 0 |
| POULTRY | - 8 | . 5 | 1.5 | - 8 | * | * | . 7 | . 7 | - 3 | - 7 | 1.8 | - 0 |
| FISH, SHELLFISH | .7 | - 2 | - 8 | . 2 | . 0 | . 2 | - 2 | * | - 2 | - 2 | . 4 | - 0 |
|  | 1.0 | - 8 | 1.9 | 1.2 | * | .7 | 1.8 | 2.4 | - 9 | 1.8 | - 1 | * |
|  | 1.0 | . 7 | 1.8 | 1.1 | * | . 7 | 1.7 | 2.4 | - 9 | 1.7 | * | . 0 |
|  | * | * | * | * | * | * | * | * | * | * | $\cdots$ | 〒 |
| NUTS, PEANUT BUTTER | * | * | * | . 1 | * | * | * | * | * | * | * | * |
| SOUP, MIXTURES | * | * | * | * | * | * | * | * | * | * | * | - 0 |
|  | 3.3 | 1.4 | 1.5 | . 1 | 2.7 | 1.4 | 3.5 | 9.1 | 3.3 | 1.6 | 3.1 | 8.9 |
| POT ATOES | - 6 | - 7 | - 6 | * | 1.3 | - 2 | - 9 | . 0 | 1.4 | - 5 | 1.7 | 3.5 |
| DARK GREEN | . 2 | * | * | * | * | . 4 | . 4 | 3.8 | . 1 | . 2 | * | . 6 |
| DEEP YELLOW | -1 | * | $\stackrel{ }{+}$ | * | $\stackrel{ }{*}$ | * | * | 2.1 | * | * | * | * |
| TOMATOES | . 5 | * | - 1 | * | . 2 | * | . 5 | 1.6 | . 4 | - 2 | . 4 | 2.1 |
| OTHER | 2.0 | . 6 | . 7 | * | 1.2 | . 7 | 1.7 | 1.6 | 1.3 | . 7 | - 9 | 2.6 |
| SOUP, MIXTURES | . 0 | - 0 | - 0 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 |
|  | 1.8 | -6 | - 2 | * | 1.2 | . 5 | 1.0 | . 7 | - 4 | - 6 | - 4 | 6.8 |
|  | - 0 | - 0 | . 0 |  | - 0 | - 0 | - 0 | . 0 | - 0 | - 0 | - 0 | - 0 |
|  | - 8 | - 1 | $\stackrel{+}{*}$ | * | - 3 | . 2 | - 5 | * | . 2 | - 3 | - 2 | 5.7 |
| OTHER | 1.0 | . 4 | * | * | -9 | - 3 | - 5 | . 6 | - 2 | - 3 | - 2 | 1.1 |
|  | . 0 | - 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | . 0 |


| PERCENT OF TOTAL FOOD |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY <br> VALUE | $\begin{aligned} & \text { FOOD } \\ & \text { ENERGY } \end{aligned}$ | PROTEIN | FAT | CARBOHYDRATE | CAL CIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THI AMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | NI ACIN | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}$ |
| (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) |


| GRAIN, ENR ICHED OR WHOLE GRAIN------ | - 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 | . 0 | - 0 | - 0 | . 0 | . 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | . 0 | - 0 | . 0 | . 0 | - 0 | . 0 | . 0 | . 0 | - 0 | - 0 | . 0 | . 0 |
|  | - 0 | - 0 | . 0 | - 0 | - 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | . 0 |
|  | - 0 | - 0 | - 0 | - 0 | - 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | . 0 |
|  | - 0 | . 0 | - 0 | - 0 | - 0 | . 0 | . 0 | . 0 | - 0 | - 0 | . 0 | . 0 |
| GRAIN, NOT ENRICHED OR WHOLE GRAIN-- | * | * | * | * | * | * | * | * | . 1 | * | * | . 0 |
|  | - 0 | . 0 | . 0 | . 0 | - 0 | . 0 | - 0 | . 0 | . 0 | . 0 | . 0 | - 0 |
|  | * | * | * | * | * | * | * | * | * | * | * | . 0 |
|  | - 0 | - 0 | - 0 | . 0 | - 0 | . 0 | . 0 | . 0 | - 0 | . 0 | . 0 | . 0 |
| OTHER BAKERY PRODUCTS | . 0 | . 0 | . 0 | . 0 | - 0 | . 0 | . 0 | - 0 | . 0 | . 0 | - 0 | - 0 |
| SOUP, MIXTURES | * | * | * | * | * | * | * | - 0 | * | * | * | . 0 |
|  | - 4 | 1.2 | $\cdots$ | 2.8 | * | * | - 0 | 1.0 | - 0 | - 0 | . 0 | . 0 |
|  | - 3 | - 5 | * | 1.2 | * | * | - 0 | 1.0 | - 0 | - 0 | - 0 | - 0 |
| MARGARINE | - 0 | - 0 | . 0 | . 0 | - 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
|  | - 0 | - 0 | - 0 | . 0 | - 0 | -0 | - 0 | - 0 | - 0 | - 0 | - 0 | . 0 |
| LARD | * | . 7 | - 0 | 1.6 | - 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
|  | - 0 | . 0 | - 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | . 0 |
|  | - 5 | . 5 | * | * | 1.2 | - 2 | -4 | * | * | * | * | .1 |
| SUGAR, SIRUP, JELLY, CANDY OTHER SWEETS-- | . 5 | . 5 | * | * | 1.1 | - 2 | . 4 | * | * | * | * | . 1 |
|  | - 0 | . 0 | - 0 | - 0 | . 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
|  | * | * | . 0 | - 0 | * | . 0 | . 0 | . 0 | - 0 | - 0 | . 0 | . 0 |
|  | - 0 | . 0 | - 0 | - 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 | . 0 |
|  | - 0 | -0 | - 0 | - 0 | - 0 | -0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
|  | - 0 | - 0 | - 0 | - 0 | - 0 | . 0 | - 0 | - 0 | - 0 | - 0 | - 0 | - 0 |
|  | - 0 | . 0 | - 0 | . 0 | - 0 | . 0 | . 0 | . 0 | - 0 | - 0 | . 0 | . 0 |


| MONEY INCOME AFTER TAXES IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\neq$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY, IN CALORIES |  |  |  |  |  |  | PROTEIN, IN GRAMS |  |  |  |  |  |  |
|  | ALL HOUSEHOLDS (2) | UNDER $1,933$ <br> (3) | $\begin{gathered} 1,933- \\ 2,899 \\ 14) \end{gathered}$ | $\begin{aligned} & 2,900- \\ & 3,899 \end{aligned}$ (5) | $\begin{gathered} 3,900- \\ 4,899 \\ (6) \end{gathered}$ | $\begin{aligned} & 4,900- \\ & 5,899 \end{aligned}$ <br> (7) | $5,900$ AND OVER <br> ( 8 ) | ALL HOUSEHOLDS (9) | UNDER 46.7 <br> (10) | $\begin{aligned} & 46.7- \\ & 69.9 \\ & (11) \end{aligned}$ | $\begin{aligned} & 70.0- \\ & 99.9 \\ & 1121 \end{aligned}$ | $\begin{gathered} 100.0- \\ 119.9 \\ 113) \end{gathered}$ | $\begin{gathered} 120.0- \\ 149.9 \\ (14) \\ \hline \end{gathered}$ | 150.0 AND OVER (15) |

ALL URBANIZATIONS

| ALL | HCUSEHOLDS------ | 100.0 |
| :---: | :---: | :---: |
|  | UNDER 1,000----- | 100.0 |
|  | 1,000-1,999----- | 100.0 |
|  | 2,000-2,999---- | 1 CO 0 |
|  | 3,000-3,999----- | 100.0 |
|  | 4,000-4,999----- | 100.0 |
|  | 5,000-5,999----- | 100.0 |
|  | 6,000-6,999----- | 100.0 |
|  | 7,000-7,999----- | 100.0 |
|  | 8,000-8,999----- | 100.0 |
|  | 9,000-9,999----- | 100.0 |
|  | 10,000-14,999---- | 100.0 |
|  | 15,000 AND OVER-- | 100.0 |


| 1.8 | 11.0 | 28.4 | 28.8 | 14.2 | 15.8 | 100.0 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |  |
| 6.2 | 9.8 | 18.4 | 38.1 | 12.9 | 14.7 | 100.0 |
| 7.0 | 11.6 | 20.1 | 28.6 | 9.0 | 23.5 | 100.0 |
| 3.1 | 11.5 | 27.0 | 23.6 | 19.3 | 15.7 | 100.0 |
| 3.6 | 7.5 | 19.2 | 32.1 | 17.3 | 20.2 | 100.0 |
| .6 | 14.4 | 31.2 | 28.0 | 13.9 | 12.0 | 100.0 |
| 1.3 | 13.6 | 27.3 | 27.1 | 12.3 | 18.3 | 100.0 |
| 1.2 | 13.5 | 28.1 | 26.0 | 13.5 | 17.6 | 100.0 |
| 1.4 | 8.1 | 32.4 | 27.2 | 14.7 | 16.2 | 100.0 |
| 2.0 | 4.9 | 32.7 | 33.4 | 13.1 | 13.9 | 100.0 |
| .0 | 7.5 | 34.2 | 31.4 | 16.2 | 10.9 | 100.0 |
| .6 | 14.0 | 30.8 | 26.4 | 13.8 | 14.3 | 100.0 |
| .0 | 2.3 | 36.8 | 40.1 | 13.8 | 6.9 | 100.0 |


| 1.0 | 4.1 | 21.1 | 22.6 | 24.4 | 26.8 |
| ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |
| 6.2 | 12.3 | 31.3 | 6.8 | 25.8 | 17.8 |
| 2.8 | 17.3 | 27.2 | 14.4 | 13.1 | 25.2 |
| 2.1 | 7.6 | 27.8 | 27.1 | 18.5 | 16.6 |
| 3.0 | 2.4 | 19.9 | 14.6 | 31.8 | 28.4 |
| .0 | 5.3 | 22.0 | 25.8 | 18.9 | 28.0 |
| .4 | 3.1 | 20.6 | 24.1 | 21.5 | 30.2 |
| .6 | 3.6 | 14.5 | 26.7 | 29.2 | 25.4 |
| .0 | 1.3 | 21.0 | 22.1 | 22.6 | 32.9 |
| 1.0 | 3.0 | 18.9 | 23.6 | 31.1 | 22.6 |
| .0 | 1.1 | 20.4 | 23.5 | 26.9 | 28.1 |
| .0 | 1.9 | 22.1 | 23.7 | 26.2 | 26.1 |
| .0 | .0 | 18.9 | 13.8 | 32.7 | 34.6 |

## URBAN

| ALL | HOUS EHOLDS- | 100.0 |
| :---: | :---: | :---: |
|  | UNDER 1,000 | 100.0 |
|  | 1,000-1,999- | 100.0 |
|  | 2,000-2,999 | 100.0 |
|  | 3,000-3,999 | 100.0 |
|  | 4,000-4,999- | 100.0 |
|  | 5,000-5,999 | 100.0 |
|  | 6,000-6,999- | 100.0 |
|  | 7,000-7,999----- | 100.0 |
|  | 8,000-8,999- | 100.0 |
|  | 9,000-9,999----- | 100.0 |
|  | 10,000-14,999---- | 100.0 |
|  | 15,000 AND OVER-- | 100.0 |


| 2.3 | 11.0 | 27.9 |
| ---: | ---: | ---: |
| 5.3 | 10.5 | 15.8 |
| 9.0 | 10.9 | 23.6 |
| 1.2 | 12.0 | 28.9 |
| 4.6 | 9.3 | 17.7 |
| .9 | 12.8 | 33.4 |
| 1.6 | 14.2 | 24.5 |
| 1.6 | 12.5 | 26.7 |
| 1.8 | 8.1 | 29.7 |
| 2.6 | 5.0 | 31.3 |
| .0 | 8.2 | 38.4 |
| .8 | 14.5 | 28.2 |
| .0 | .0 | 36.1 |


| 28.3 | 14.3 | 16.4 | 100.0 |
| ---: | ---: | ---: | ---: |
|  |  |  |  |
| 42.1 | 5.3 | 21.0 | 100.0 |
| 25.4 | 9.1 | 21.9 | 100.0 |
| 22.8 | 19.2 | 15.6 | 100.0 |
| 30.0 | 15.8 | 22.4 | 100.0 |
| 27.3 | 13.7 | 12.0 | 100.0 |
| 25.5 | 13.6 | 20.6 | 100.0 |
| 24.4 | 16.5 | 18.1 | 100.0 |
| 30.6 | 13.5 | 16.2 | 100.0 |
| 31.3 | 13.8 | 16.3 | 100.0 |
| 31.5 | 15.0 | 6.9 | 100.0 |
| 27.4 | 14.5 | 14.5 | 100.0 |
| 38.9 | 16.7 | 8.3 | 100.0 |


| 1.0 | 4.3 | 20.4 | 21.3 | 24.6 | 28.4 |
| ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |
| 5.3 | 15.8 | 31.6 | 10.6 | 26.3 | 10.5 |
| 3.6 | 20.0 | 25.4 | 12.7 | 12.8 | 25.5 |
| 1.2 | 8.4 | 27.7 | 24.1 | 19.2 | 19.3 |
| 3.8 | 2.8 | 20.5 | 11.2 | 29.0 | 32.7 |
| .0 | 5.1 | 20.4 | 25.6 | 19.7 | 29.1 |
| .5 | 3.3 | 20.0 | 21.7 | 20.1 | 34.2 |
| .8 | 2.4 | 13.4 | 25.2 | 32.3 | 26.0 |
| .0 | 1.8 | 16.2 | 24.3 | 25.2 | 32.4 |
| 1.3 | 3.8 | 18.8 | 18.8 | 31.3 | 26.3 |
| .0 | 1.4 | 23.4 | 26.0 | 24.6 | 24.7 |
| .0 | 2.4 | 22.6 | 20.2 | 28.2 | 26.6 |
| .0 | .0 | 16.7 | 13.9 | 27.8 | 41.7 |


| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\ddagger$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | FOOD ENERGY, IN CALORIES |  |  |  |  |  |  | PROTEIN, IN GRAMS |  |  |  |  |  |  |
|  | ALL HOUSEHOLDS (2) | UNDER 1,933 <br> (3) | $\begin{aligned} & 1,933- \\ & 2,899 \end{aligned}$ <br> (4) | $\begin{aligned} & 2,900- \\ & 3,899 \end{aligned}$ <br> (5) | $\begin{aligned} & 3,900- \\ & 4,899 \end{aligned}$ <br> (6) | $\begin{aligned} & 4,900- \\ & 5,899 \end{aligned}$ <br> (7) | $\begin{gathered} 5,900 \\ \text { AND } \\ \text { OVER } \\ (8) \end{gathered}$ | ALL HCUSEHOLDS (9) | UNDER 46.7 <br> (10) | $\begin{aligned} & 46.7- \\ & 69.9 \end{aligned}$ <br> (11) | $\begin{aligned} & 70.0- \\ & 99.9 \\ & (12) \end{aligned}$ | $\begin{gathered} 100.0- \\ 119.9 \\ 113) \\ \hline \end{gathered}$ | $\begin{aligned} & 120.0- \\ & 149.9 \\ & (14) \\ & \hline \end{aligned}$ | $\begin{gathered} 150.0 \\ \text { AND OVER } \\ (15) \end{gathered}$ |

RURAL NONFARM

| ALL | HOUSEHOLDS------ | 100.0 | - 9 | 11.1 | 31.1 | 30.0 | 13.6 | 13.3 | 100.0 | . 6 | 3.1 | 24.4 | 27.5 | 23.2 | 21.3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 100.0 | 6.5 | 10.8 | 17.3 | 32.6 | 17.4 | 15.2 | 100.0 | 4.3 | 6.6 | 32.7 | 23.9 | 17.4 | 15.2 |
|  | 3,000-4,999--.- | 100.0 | . 0 | 11.9 | 25.5 | 32.2 | 18.7 | 11.9 | 100.0 | - C | 3.4 | 23.8 | 25.4 | 27.2 | 20.3 |
|  | 5,000-6,999----- | 100.0 | - 0 | 14.1 | 36.4 | 31.8 | 5.9 | 11.8 | 100.C | - C | 4.7 | 21.2 | 32.9 | 23.6 | 17.6 |
|  | 7,000-9,999----- | 100.0 | - 0 | 6.4 | 34.2 | 27.9 | 16.5 | 15.2 | 100.0 | . 0 | . 0 | 24.1 | 22.8 | 24.0 | 29.1 |
|  | 10,000 AND OVER-- | 100.0 | . 0 | 13.5 | 43.2 | 24.3 | 8.1 | 10.8 | 100.0 | - 0 | . 0 | 21.6 | 35.1 | 24.3 | 18.9 |

RURAL FARM

| ALL | HOUS EHOLDS------ | 100.0 | - 8 | 6.6 | 16.2 | 38.2 | 16.2 | 22.0 | 100.0 | - 8 | 4.1 | 16.3 | 22.8 | 29.2 | 26.8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 100.0 | 4.2 | 8.4 | 8.4 | 25.0 | 16.7 | 37.5 | 100.0 | 4.2 | 4.2 | 12.6 | 16.6 | 20.9 | 41.7 |
|  | 3,000-4,999----- | 100.0 | . C | 5.6 | 16.7 | 52.7 | 11.2 | 13.9 | 100.C | . 0 | 5.6 | 13.9 | 38.9 | 30.5 | 11.1 |
|  | 5,000-6,999---- | 100.0 | - 0 | 10.0 | 20.0 | 36.7 | 10.0 | 23.3 | 100.0 | . 0 | 6.7 | 6.7 | 23.3 | 30.0 | 33.3 |
|  | 7,000-9,999----- | 100.0 | . 0 | 6.3 | 31.3 | 12.6 | 25.1 | 25.1 | 100.0 | . 0 | - 0 | 31.3 | 12.6 | 25.0 | 31.3 |
|  | 10,000 AND OVER-- | 100.0 | - 0 | - 0 | 6.7 | 60.0 | 20.0 | 13.3 | 100.0 | - 0 | - 0 | 26.7 | 6.7 | 40.0 | 26.7 |


| MONEY INCOME AFTER TAXES IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\neq$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | CALCIUM, IN MILLIGRAMS |  |  |  |  |  |  | IRON, IN MILLIGRAMS |  |  |  |  |  |  |
|  | $\begin{gathered} \text { ALL } \\ \text { HOUSE- } \\ \text { HOLDS } \end{gathered}$ | UNDER 533 | $\begin{aligned} & 533- \\ & 799 \end{aligned}$ | $\begin{aligned} & 800- \\ & 999 \end{aligned}$ | $\begin{aligned} & 1000- \\ & 1199 \end{aligned}$ | $\begin{aligned} & 1200- \\ & 1399 \end{aligned}$ | $\begin{gathered} 1400 \\ \text { AND OVER } \end{gathered}$ | $\begin{aligned} & \text { ALL } \\ & \text { HOUSE- } \\ & \text { HOLDS } \end{aligned}$ | $\begin{aligned} & \text { UNDER } \\ & 6.7 \end{aligned}$ | $\begin{aligned} & 6.7- \\ & 9.9 \end{aligned}$ | $\begin{aligned} & 10.0- \\ & 13.9 \end{aligned}$ | $\begin{aligned} & 14.0- \\ & 17.9 \end{aligned}$ | $\begin{aligned} & 18.0- \\ & 21.9 \end{aligned}$ | $\begin{gathered} 22.0 \\ \text { AND OVER } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |

ALL URBANIZATIONS

| ALL | HOUSEHOLDS------ | 100.0 | 6.6 | 23.5 | 22.0 | 19.3 | 12.2 | 16.3 | 100.0 | 2.2 | 8.7 | 28.4 | 27.4 | 15.8 | 17.7 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000 | 100.0 | 12.3 | 28.8 | 19.0 | 12.2 | 6.1 | 21.5 | 100.0 | 9.2 | 9.2 | 25.1 | 19.0 | 7.4 | 30.1 |
|  | 1,000-1,999 | 100.0 | 12.7 | 29.2 | 18.7 | 13.0 | 9.9 | 16.4 | 100.0 | 6.0 | 11.3 | 19.8 | 19.0 | 18.4 | 25.5 |
|  | 2,000-2,999----- | 100.0 | 7.9 | 30.0 | 14.3 | 19.1 | 10.9 | 17.8 | 100.0 | 4.1 | 11.4 | 24.4 | 26.1 | 17.4 | 16.6 |
|  | 3,000-3,999----- | 100.0 | 11.3 | 25.1 | 13.1 | 16.9 | 12.0 | 21.6 | 100.0 | 3.7 | 4.6 | 22.6 | 30.3 | 21.3 | 17.6 |
|  | 4,000-4,999----- | 100.0 | 8.9 | 27.9 | 17.7 | 17.4 | 13.4 | 14.5 | 100.0 | . 6 | 10.3 | 34.2 | 21.8 | 17.8 | 15.2 |
|  | 5,000-5,999----- | 100.0 | 6.6 | 23.6 | 22.0 | 19.0 | 10.3 | 18.5 | 100.0 | 2.6 | 10.1 | 28.0 | 25.1 | 12.9 | 21.2 |
|  | 6,000-6,999----- | 100.0 | 5.3 | 23.2 | 21.2 | 24.1 | 11.6 | 14.6 | 100.0 | 1.8 | 7.0 | 29.3 | 28.5 | 18.2 | 15.2 |
|  | 7,000-7,999----- | 100.0 | 2.6 | 20.5 | 30.1 | 16.1 | i't.7 | 15.8 | 100.0 | 1.3 | 8.1 | 25.7 | 34.5 | 16.7 | 13.5 |
|  | 8,000-8,999---- | 100.0 | 7.9 | 19.6 | 26.9 | 27.7 | 5.9 | 12.0 | 1 CO 0 | 1.C | 10.9 | 27.8 | 29.5 | 15.9 | 15.1 |
|  | 9, $\mathrm{COO}-9,999---$ | 100.0 | - 0 | 21.5 | 22.4 | 23.7 | 12.8 | 19.6 | 100.0 | - 0 | 8.5 | 33.3 | 27.9 | 17.3 | 13.0 |
|  | 10,000-14,999---- | 100.0 | 5.1 | 19.5 | 26.9 | 20.6 | 16.7 | 11.1 | 100.0 | . 6 | 10.1 | 29.5 | 29.5 | 9.8 | 20.3 |
|  | 15,000 AND OVER-- | 100.0 | $2 \cdot 3$ | 14.3 | 27.6 | 18.9 | 16.1 | 20.7 | 100.0 | . 0 | . 0 | 34.5 | 37.8 | 16.1 | 11.5 |

URBAN

| ALL | HOUSEHOLDS------ | 100.0 | 6.9 | 24.3 | 21.0 | 19.7 | 11.9 | 16.1 | 100.0 | 2.5 | 8.5 | 27.7 | 26.8 | 16.2 | 18.4 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000 | 100.0 | 15.8 | 36.9 | 21.0 | 10.5 | 5.3 | 10.5 | 100.0 | 10.6 | 10.6 | 31.6 | 10.5 | 10.5 | 26.3 |
|  | 1,000-1,999----- | 100.0 | 14.5 | 29.1 | 16.4 | 14.5 | 10.9 | 14.5 | 100.0 | 7.3 | 14.5 | 18.2 | 21.8 | 12.7 | 25.5 |
|  | 2,000-2,999----- | 100.0 | 8.4 | 30.1 | 14.4 | 20.5 | 9.6 | 16.9 | 100.0 | 2.4 | 13.2 | 25.3 | 26.5 | 15.6 | 16.9 |
|  | 3,000-3,999----- | 100.0 | 13.1 | 24.2 | 11.2 | 17.7 | 12.1 | 21.5 | 100.0 | 4.6 | 5.7 | 19.5 | 28.1 | 23.4 | 18.7 |
|  | 4,000-4,999----- | 100.0 | 7.8 | 30.8 | 17.1 | 17.1 | 12.8 | 14.5 | 100.0 | . 9 | 7.7 | 36.8 | 20.5 | 19.7 | 14.5 |
|  | 5,000-5,999----- | 100.0 | 6.5 | 23.3 | 20.1 | 19.0 | 10.3 | 20.7 | 100.0 | 3.2 | 9.2 | 26.1 | 23.9 | 13.6 | 23.9 |
|  | 6,000-6,999----- | 100.0 | 3.2 | 22.8 | 22.1 | 24.4 | 13.4 | 14.2 | 100.0 | 2.4 | 6.4 | 26.0 | 29.1 | 19.7 | 16.5 |
|  | 7,000-7,999----- | 100.0 | 2.7 | 22.5 | 28.8 | 17.1 | 14.4 | 14.4 | 100.0 | 1.8 | 8.1 | 23.4 | 34.2 | 18.0 | 14.4 |
|  | 8,000-8,999----- | 100.0 | 10.1 | 17.6 | 23.8 | 31.3 | 5.0 | 12.5 | 100.0 | 1.3 | 10.1 | 25.1 | 28.8 | 18.8 | 16.3 |
|  | 9,000-9,999----- | 100.0 | - 0 | 26.0 | 21.9 | 26.0 | 11.0 | 15.1 | 100.0 | - 0 | 9.6 | 35.6 | 30.1 | 13.7 | 11.0 |
|  | 10,000-14,999---- | 100.0 | 5.6 | 20.9 | 26.6 | 19.4 | 14.5 | 12.9 | 100.0 | . 8 | 9.6 | 31.5 | 27.5 | 9.7 | 21.0 |
|  | 15,000 AND OVER-- | 100.0 | 2.8 | 13.9 | 25.0 | 16.7 | 16.7 | 25.0 | 100.0 | . 0 | . 0 | 33.3 | 36.1 | 16.6 | 13.9 |


| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\ddagger$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | CALCIUM, IN MILLIGRAMS |  |  |  |  |  |  | IRON, IN MILLIGRAMS |  |  |  |  |  |  |
|  | ALL HOUSEHOLDS (2) | $\begin{gathered} \text { UNDER } \\ 533 \\ 131 \\ \hline \end{gathered}$ | $\begin{gathered} 533- \\ 799 \\ \\ (4) \end{gathered}$ | $\begin{aligned} & 800- \\ & 999 \\ & \text { (5) } \end{aligned}$ | $\begin{gathered} 1000- \\ 1199 \\ (6) \end{gathered}$ | $\begin{gathered} 1200- \\ 1399 \\ \\ (7) \end{gathered}$ | 1400 AND OVER <br> (8) | ALL HOUSEHOLDS (9) | $\begin{gathered} \text { UNDER } \\ 6.7 \\ \\ \hline 10) \\ \hline \end{gathered}$ | $\begin{aligned} & 6.7- \\ & 9.9 \\ & (11) \end{aligned}$ | $\begin{aligned} & 10.0- \\ & 13.9 \\ & (12) \end{aligned}$ | $\begin{aligned} & 14.0- \\ & 17.9 \\ & (13) \end{aligned}$ | $\begin{aligned} & 18.0- \\ & 21.9 \\ & \\ & (14) \end{aligned}$ | $\begin{gathered} 22.0 \\ \text { AND OVER } \\ (15) \end{gathered}$ |

RURAL NONFARM

| ALL | HOUSEHOLDS------ | 100.0 | 6.2 | 21.0 | 25.6 | 17.6 | 13.3 | 16.4 | 100.0 | . 9 | 9.6 | 30.6 | 30.3 | 14.2 | 14.5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 100.0 | 6.5 | 26.0 | 19.6 | 13.1 | 10.9 | 23.9 | 100.0 | 6.5 | 4.3 | 21.7 | 21.7 | 23.9 | 21.7 |
|  | 3,000-4,999----- | 100.0 | 10.2 | 23.8 | 20.4 | 15.3 | 13.6 | 16.9 | 100.0 | - 0 | 11.9 | 28.8 | 32.2 | 11.9 | 15.3 |
|  | 5,000-6,999----- | 100.0 | 9.5 | 24.8 | 23.6 | 21.2 | 8.2 | 12.9 | 100.0 | - 0 | 11.8 | 37.6 | 28.2 | 11.8 | 10.6 |
|  | 7,000-9,999----- | 100.0 | 1.3 | 16.4 | 33.0 | 13.9 | 15.2 | 20.3 | 100.0 | . 0 | 8.8 | 31.7 | 31.7 | 15.2 | 12.7 |
|  | 10,000 AND OVER-- | 100.0 | 2.7 | 13.5 | 32.4 | 24.3 | 24.3 | 2.7 | 100.0 | . 0 | 10.8 | 24.3 | 40.5 | 10.8 | 13.5 |

## RURAL FARM

| ALL | HOUSEHOLDS------ | 100.0 | 2.4 | 20.4 | 18.7 | 21.9 | 10.6 | 26.0 | 100.0 | 1.6 | 3.2 | 30.9 | 21.1 | 17.9 | 25.2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000- | 100.0 | 4.2 | 29.2 | 8.4 | 4.2 | 8.3 | 45.8 | 100.0 | 8.4 | . 0 | 16.7 | 16.6 | 12.5 | 45.8 |
|  | 3,000-4,999----- | 100.0 | 5.6 | 16.7 | 16.7 | 25.0 | 13.9 | 22.2 | 100.0 | - 0 | 2.8 | 33.4 | 25.0 | 19.4 | 19.4 |
|  | 5,000-6,999----- | 100.0 | - C | 20.0 | 33.3 | 20.0 | 13.3 | 13.3 | 100.0 | - 0 | 6.6 | 30.1 | 30.0 | 20.0 | 13.3 |
|  | 7,000-9,999----- | 100.0 | - 0 | 6.3 | 25.1 | 18.8 | 6.3 | 43.8 | 100.0 | - 0 | 6.3 | 37.6 | 6.3 | 18.8 | 31.3 |
|  | 10,000 AND OVER-- | 100.0 | . 0 | 26.7 | 6.7 | 46.7 | 6.7 | 13.3 | 100.0 | . 0 | . 0 | 40.1 | 20.0 | 13.4 | 26.7 |


| MONEY INCOME AFTER TAXES IN 1964 | PERCENT OF HOUSEHOLC DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\neq$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | VITAMIN A VALUE, IN INTERNATIONAL UNITS |  |  |  |  |  |  | THIAMINE, IN MILLIGRAMS |  |  |  |  |  |  |
|  | ALL HOUSEHOLDS (2) | UNDER $3,333$ <br> (3) | $\begin{aligned} & 3,333- \\ & 4,999 \end{aligned}$ <br> (4) | $\begin{aligned} & 5,000- \\ & 7,499 \end{aligned}$ <br> (5) | $\begin{aligned} & 7,500- \\ & 9,999 \end{aligned}$ <br> (6) | $\begin{aligned} & 10,000- \\ & 14,999 \end{aligned}$ <br> (7) | $\begin{gathered} 15,000 \\ \text { AND } O V E R \\ (8) \end{gathered}$ | $\begin{gathered} \text { ALL } \\ \text { HOUSE- } \\ \text { HOLDS } \\ \text { (9) } \end{gathered}$ | $\begin{aligned} & \text { UNDER } \\ & 0.80 \\ & \\ & (10) \\ & \hline \end{aligned}$ | $\begin{aligned} & 0.80- \\ & 1.19 \\ & (11) \end{aligned}$ | $\begin{aligned} & 1.20- \\ & 1.79 \\ & (12) \end{aligned}$ | $\begin{aligned} & 1.80- \\ & 2.39 \\ & \\ & \\ & \hline \end{aligned}$ | $\begin{aligned} & 2.40- \\ & 2.79 \\ & (14) \end{aligned}$ | $2.80$ <br> AND OVER (15) |

ALL URBANIZATIONS

| ALL HOUSEHOLDS----- | 100.0 | 7.7 | 16.1 | 25.9 | 19.2 | 18.4 | 12.6 | 100.0 | 1.6 | 7.4 | 29.7 | 31.9 | 12.0 | 17.4 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 100.0 | 21.5 | 22.1 | 16.0 | 10.4 | 19.6 | 10.4 | 100.0 | 9.2 | 3.1 | 31.9 | 26.4 | 12.3 | 17.2 |
| 1,000-1,999----- | 100.0 | 22.9 | 20.4 | 17.0 | 13.0 | 13.3 | 13.2 | 100.0 | 4.2 | 12.9 | 30.4 | 21.2 | 7.6 | 23.5 |
| 2,000-2,999----- | 100.0 | 10.7 | 18.5 | 27.2 | 13.0 | 17.2 | 13.4 | 100.0 | . 0 | 12.7 | 32.7 | 34.8 | 8.6 | 11.3 |
| 3,000-3,999----- | 100.0 | 10.0 | 12.4 | 22.6 | 17.3 | 22.5 | 15.2 | 100.0 | 3.0 | 6.3 | 22.3 | 28.5 | 15.1 | 25.0 |
| 4,000-4,999----- | 100.0 | 6.6 | 14.3 | 34.2 | 17.2 | 18.0 | 9.7 | 100.0 | . C | 11.8 | 28.9 | 26.5 | 13.3 | 19.6 |
| 5,000-5,999----- | 100.0 | 6.7 | 15.1 | 27.5 | 19.7 | 15.1 | 15.9 | 100.0 | 1.7 | 7.9 | 27.1 | 31.7 | 11.1 | 20.3 |
| 6,000-6,999----- | 100.0 | 3.4 | 18.7 | 27.0 | 21.8 | 19.2 | 10.0 | 100.0 | 1.2 | 7.3 | 25.6 | 34.2 | 14.6 | 17.1 |
| 7,000-7,999----- | 100.0 | 6.6 | 18.3 | 20.2 | 22.0 | 18.7 | 14.1 | 100.0 | . 7 | 5.4 | 31.4 | 35.6 | 10.8 | 16.2 |
| 8,000-8,999----- | 100.0 | 7.8 | 20.6 | 28.9 | 16.9 | 14.9 | 10.8 | 100.0 | 2.0 | 4.0 | 23.8 | 39.5 | 15.9 | 14.9 |
| 9,000-9,999----- | 100.0 | 3.2 | 9.6 | 25.6 | 24.9 | 24.8 | 11.9 | 100.0 | . 0 | 7.5 | 30.9 | 34.6 | 10.9 | 16.2 |
| 10,000-14,999---- | 100.0 | 4.4 | 16.9 | 25.4 | 22.7 | 20.3 | 10.2 | 100.0 | . 6 | 5.0 | 35.9 | 36.3 | 9.1 | 12.9 |
| 15,000 AND OVER-- | 100.0 | - 0 | 7.4 | 25.3 | 30.0 | 18.9 | 18.4 | 100.0 | - 0 | 2.3 | 46.5 | 28.1 | 13.8 | 9.2 |

URBAN

| ALL HOUSEHOLDS------ | 100.0 | 7.6 | 14.3 | 24.6 | 19.1 | 20.1 | 14.3 | 100.0 | 1.8 | 7.7 | 29.5 | 31.0 | 11.7 | 18.5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 100.0 | 26.3 | 21.1 | 15.8 | - 0 | 26.3 | 10.6 | 100.0 | 5.3 | 5.3 | 42.1 | 15.8 | 15.8 | 15.8 |
| 1,000-1,999----- | 100.0 | 23.6 | 20.0 | 16.4 | 12.7 | 12.8 | 14.4 | 100.0 | 5.4 | 16.4 | 27.3 | 21.8 | 7.3 | 21.8 |
| 2,000-2,999----- | 100.0 | 8.4 | 18.1 | 22.9 | 13.3 | 20.5 | 16.8 | 100.0 | . 0 | 10.8 | 34.9 | 33.8 | 8.4 | 12.0 |
| 3,000-3,999----- | 100.0 | 12.1 | 6.5 | 22.4 | 17.8 | 25.3 | 15.8 | 100.0 | 3.7 | 7.5 | 22.4 | 22.4 | 15.9 | 28.0 |
| 4,000-4,999---- | 100.0 | 6.0 | 12.8 | 31.6 | 16.2 | 21.3 | 11.9 | 100.0 | . 0 | 11.1 | 30.7 | 24.8 | 12.8 | 20.5 |
| 5,000-5,999----- | 100.0 | 6.0 | 14.7 | 25.0 | 20.1 | 15.8 | 18.4 | 100.0 | 2.1 | 7.0 | 26.1 | 30.5 | 10.9 | 23.4 |
| 6,000-6,999----- | 100.0 | 4.0 | 14.2 | 25.2 | 22.8 | 23.6 | 10.3 | 100.0 | 1.6 | 7.9 | 22.0 | 36.2 | 15.0 | 17.3 |
| 7,000-7,999----- | 100.0 | 4.5 | 15.3 | 20.7 | 18.9 | 23.4 | 17.1 | 100.0 | - 9 | 5.4 | 28.8 | 35.1 | 10.8 | 18.9 |
| 8,000-8,999----- | 100.0 | 10.0 | 20.0 | 26.3 | 15.0 | 17.6 | 11.4 | 100.0 | 2.6 | 3.8 | 23.8 | 37.5 | 15.0 | 17.5 |
| 9,000-9,999---- | 100.0 | 2.7 | 9.6 | 28.8 | 26.0 | 20.5 | 12.3 | 100.0 | . 0 | 6.9 | 34.2 | 38.4 | 9.6 | 11.0 |
| 10,000-14,999---- | 100.0 | 4.0 | 17.7 | 22.6 | 23.4 | 20.9 | 11.2 | 100.0 | . 8 | 6.4 | 35.6 | 33.9 | 9.7 | 13.7 |
| 15,000 AND OVER-- | 100.0 | - 0 | 5.6 | 25.0 | 30.6 | 16.6 | 22.2 | 100.0 | . 0 | 2.8 | 44.5 | 30.6 | 11.1 | 11.1 |


| MONEY INCOME AFTER TAXES IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\neq$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | VITAMIN A VALUE, IN INTERNATIONAL UNITS |  |  |  |  |  |  | THIAMINE, IN MILLIGRAMS |  |  |  |  |  |  |
|  | ```ALL HOUSE- HOLDS (2)``` | UNDER $3,333$ <br> (3) | $\begin{aligned} & 3,333- \\ & 4,999 \end{aligned}$ <br> (4) | $\begin{aligned} & 5,000- \\ & 7,499 \end{aligned}$ <br> (5) | $\begin{array}{r} 7,500- \\ 9,999 \\ (6) \end{array}$ | $\begin{aligned} & 10,000- \\ & 14,999 \end{aligned}$ <br> (7) | $\begin{array}{cc} 15, & 000 \\ \text { AND } & \text { OVER } \\ (8) \end{array}$ | ALL HOUSEHOLDS (9) | $\begin{aligned} & \text { UNDER } \\ & \text { C.80 } \\ & 110) \\ & \hline \end{aligned}$ | $\begin{aligned} & 0.80- \\ & 1.19 \\ & 111) \end{aligned}$ | $\begin{aligned} & 1.20- \\ & 1.79 \\ & 1121 \end{aligned}$ | $\begin{aligned} & 1.80- \\ & 2.39 \\ & 1131 \end{aligned}$ | $\begin{aligned} & 2.40- \\ & 2.79 \\ & \\ & 114) \end{aligned}$ | $2.80$ <br> AND OVER (15) |

RURAL NONFARM

| ALL | HOUS | OLD | ----- | 100.0 | 8.4 | 22.5 | 30.6 | 19.4 | 12.1 | 7.1 | 100.0 | . 9 | 6.6 | 31.2 | 35.1 | 13.3 | 13.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER | 3,0 | - | 100.0 | 19.6 | 21.7 | 30.4 | 15.2 | 8.7 | 4.4 | 100.0 | 4.4 | 8.6 | 28.3 | 34.8 | 8.7 | 15.2 |
|  | 3,000 | -4, 9 | 99----- | 100.0 | 5.1 | 27.1 | 33.9 | 18.6 | 8.5 | 6.8 | 100.0 | . 0 | 8.5 | 22.1 | 40.6 | 13.6 | 15.3 |
|  | 5,000 | -6, | 99----- | 1 CO 0 | 5.9 | 24.7 | 35.3 | 17.6 | 9.4 | 7.1 | 100.0 | . 0 | 8.2 | 34.1 | 32.9 | 12.9 | 11.8 |
|  | 7,000 | -9,9 | 99----- | 100.0 | 7.6 | 21.5 | 22.8 | 26.6 | 13.9 | 7.6 | 100.0 | . 0 | 6.3 | 30.5 | 35.4 | 13.9 | 13.9 |
|  | 10,000 | AND | OVER-- | 100.0 | 5.4 | 13.5 | 35.1 | 21.6 | 18.9 | 5.4 | 100.0 | - 0 | . 0 | 43.2 | 37.8 | 10.8 | 8.1 |

RURAL FARM

| ALL | HOUS EHOLDS------ | 100.0 | 5.7 | 17.1 | 26.0 | 22.8 | 18.7 | 9.8 | 100.0 | . 0 | 7.4 | 22.8 | 35.0 | 13.8 | 21.1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | 100.0 | 8.4 | 20.8 | 12.5 | 25.0 | 16.6 | 16.7 | 100.0 | - 0 | 8.4 | 20.8 | 20.8 | $8 \cdot 3$ | 41.7 |
|  | 3,000-4,999----- | 100.0 | 11.2 | 13.9 | 36.1 | 13.9 | 16.7 | 8.4 | 100.0 | . 0 | 8.3 | 25.1 | 36.1 | 13.9 | 16.7 |
|  | 5,000-6,999----- | 100.0 | 3.3 | 16.7 | 26.7 | 30.0 | 13.3 | 10.0 | 100.0 | . 0 | 13.3 | 26.7 | 30.0 | 13.3 | 16.7 |
|  | 7,000-9,999----- | 100.0 | . 0 | 18.8 | 25.0 | 25.0 | 18.8 | 12.6 | 100.0 | . 0 | - 0 | 18.8 | 37.6 | 18.8 | 25.0 |
|  | 10,000 AND OVER-- | 100.0 | . 0 | 20.0 | 26.7 | 20.0 | 33.3 | - 0 | 100.0 | . 0 | . 0 | 20.1 | 66.6 | 6.7 | 6.7 |


| MONEY INCOME AFTER TAXES IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | RI80FLAVIN, IN MILLIGRAMS |  |  |  |  |  |  | ASCORBIC ACID, IN MILLIGRAMS |  |  |  |  |  |  |
|  | ALL HOUSEHOLDS (2) | UNDER 1.13 <br> (3) | $\begin{aligned} & 1.13- \\ & 1.69 \end{aligned}$ <br> (4) | $\begin{aligned} & 1.70- \\ & 2.49 \end{aligned}$ <br> (5) | $\begin{aligned} & 2.50- \\ & 2.89 \end{aligned}$ <br> (6) | $\begin{aligned} & 2.90- \\ & 3.29 \end{aligned}$ <br> (7) | $\begin{gathered} 3.30 \\ \text { AND OVER } \\ \\ (8) \end{gathered}$ | ALL HOUSEHOLDS (9) | $\begin{aligned} & \text { UNDER } \\ & 47 \\ & \text { (10) } \end{aligned}$ | $\begin{gathered} 47- \\ 69 \\ 111 \\ \hline \end{gathered}$ | $\begin{gathered} 70- \\ 89 \\ (12) \\ \hline \end{gathered}$ | $\begin{gathered} 90- \\ 129 \\ \text { (13) } \\ \hline \end{gathered}$ | $\begin{aligned} & 130- \\ & 169 \\ & 114) \end{aligned}$ | 170 <br> AND OVER <br> (15) |

## ALL UREANIZATIONS



URBAN

| ALL | HOUSEHOLDS------ | 100.0 | 1.1 | $4 \cdot 3$ | 19.1 | 14.1 | 15.4 | 45.9 | 100.0 | 7.9 | 10.7 | 11.4 | 24.0 | 20.4 | 25.6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000----- | 100.0 | 5.3 | 10.6 | 36.8 | 10.5 | 10.5 | 26.3 | 100.0 | 42.1 | 5.3 | 10.6 | 10.5 | 15.8 | 15.8 |
|  | 1,000-1,999----- | 100.0 | 3.6 | 12.8 | 23.7 | 10.9 | 10.9 | 38.2 | 100.0 | 27.4 | 9.0 | 11.0 | 21.8 | 10.9 | 20.0 |
|  | 2,000-2,999---- | 100.0 | 1.2' | 7.2 | 26. 5 | 13.3 | 10.8 | 41.0 | 100.0 | 7.2 | 21.6 | 7.2 | 24.1 | 18.1 | 21.7 |
|  | 3,000-3,999----- | 100.0 | 3.7 | 7.4 | 11.3 | 14.0 | 11.2 | 52.3 | 100.0 | 10.2 | 10.2 | 12.1 | 25.2 | 19.6 | 22.4 |
|  | 4,000-4,999----- | 100.0 | - 9 | 4.3 | 24.7 | 12.8 | 12.0 | 45.3 | 100.0 | 10.3 | 12.0 | 15.4 | 22.2 | 17.1 | 23.1 |
|  | 5,000-5,999----- | 100.0 | - 5 | 2.5 | 17.9 | 9.8 | 18.5 | 50.5 | 100.0 | 8.1 | 9.2 | 12.5 | 23.4 | 24.4 | 22.3 |
|  | 6,000-6,999---- | 100.0 | - 8 | 2.4 | 14.9 | 16.5 | 12.6 | 52.8 | 100.0 | 4.1 | 13.4 | 15.0 | 19.6 | 25.2 | 22.8 |
|  | 7,000-7,999----- | 100.0 | - 9 | - 0 | 22.5 | 16.2 | 13.5 | 46.8 | 100.0 | 7.2 | 9.0 | 10.8 | 27.9 | 18.9 | 26.1 |
|  | 8,000-8,999----- | 100.0 | - 0 | 5.2 | 13.8 | 16.3 | 25.0 | 40.0 | 100.0 | 2.6 | 12.6 | 8.8 | 32.6 | 12.6 | 31.3 |
|  | 9,000-9,999----- | 100.0 | . 0 | 1.4 | 17.8 | 19.2 | 19.2 | 42.5 | 100.0 | 2.8 | 11.0 | 4.1 | 28.8 | 26.0 | 27.4 |
|  | 10,000-14,999---- | 100.0 | . 0 | 4.8 | 20.1 | 16.9 | 15.3 | 42.7 | 100:0 | 1.6 | 5.6 | 12.1 | 28.2 | 20.2 | 32.3 |
|  | 15,000 AND OVER-- | 100.0 | - 0 | . 0 | 13.9 | 13.9 | 16.7 | 55.6 | 100.0 | . 0 | 2.8 | 8.4 | 16.7 | 25.0 | 47.2 |

PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS
OF NUTRIENT PER NUTRITION UNIT PER DAY $\neq$

| MCNEY INCGME AFTER TAXES IN 1964 | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY $\neq$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | RIBOFLAVIN, IN MILLIGRANS |  |  |  |  |  |  | ASCORBIC ACID, IN MILLIGRAMS |  |  |  |  |  |  |
|  | $\begin{gathered} \text { ALL } \\ \text { HOUSE- } \\ \text { HOLDS } \\ 121 \end{gathered}$ | UNDER 1.13 (3) | $\begin{aligned} & 1.13- \\ & 1.69 \end{aligned}$ <br> (4) | $\begin{aligned} & 1.70- \\ & 2.49 \end{aligned}$ (5) | $\begin{aligned} & 2.50- \\ & 2.89 \end{aligned}$ (6) | $\begin{aligned} & 2.90- \\ & 3.29 \end{aligned}$ (7) | $\begin{gathered} 3.30 \\ \text { AND OVER } \\ (8) \\ \hline \end{gathered}$ | $\begin{gathered} \text { ALL } \\ \text { HOUSE- } \\ \text { HOLDS } \\ (9) \end{gathered}$ | $\begin{aligned} & \text { UNDER } \\ & 47 \\ & \text { (10) } \end{aligned}$ | $\begin{gathered} 47- \\ 69 \\ (11) \\ \hline \end{gathered}$ | $\begin{gathered} 70- \\ 89 \\ (12) \\ \hline \end{gathered}$ | $\begin{array}{r} 90- \\ 129 \\ (13) \end{array}$ | $\begin{aligned} & 130- \\ & 169 \\ & \\ & (14) \end{aligned}$ | 170 AND OVER (15) |

RURAL NONFARM

| ALL | HOUS EHOLDS------ | 100.0 | - 9 | 4.8 | 18.7 | 17.6 | 21.6 | 36.1 | 100.0 | 13.6 | 15.2 | 17.0 | 21.0 | 18.2 | 15.1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | 100.0 | 4.3 | 6.5 | 21.7 | 15.2 | 17.4 | 34.8 | 100.0 | 28.1 | 19.5 | 13.0 | 19.6 | 17.4 | 2.2 |
|  | 3,000-4,999----- | 100.0 | -0 | 5.1 | 18.7 | 11.9 | 20.3 | 44.1 | 100.0 | 18.7 | 17.0 | 23.8 | 18.7 | 6.8 | 15.3 |
|  | 5,000-6,999----- | 100.0 | - 0 | 7.2 | 18.8 | 18.8 | 24.7 | 30.6 | 100.0 | 10.6 | 16.5 | 20.0 | 18.8 | 23.5 | 10.6 |
|  | 7,000-9,999----- | 100.0 | - 0 | 2.6 | 19.0 | 20.3 | 17.7 | 40.5 | 100.0 | 8.8 | 15.2 | 15.2 | 22.8 | 19.0 | 19.0 |
|  | 10,000 AND OVER-- | 100.0 | - 0 | 5.4 | 10.8 | 18.9 | 40.5 | 24.3 | 100.0 | 5.4 | 8.1 | 5.4 | 29.7 | 29.7 | 21.6 |

RURAL FARM


|  | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIEC AMCUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AFTER TAXES <br> IN 1964 | $\begin{gathered} \text { ANY } \\ \text { NUTRIENT } \\ \text { (OF } 71 \end{gathered}$ | PROTEIN | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RI 80- } \\ & \text { FLAV IN } \end{aligned}$ | $\begin{gathered} A \text { SCOR } 8 \text { IC } \\ \text { AC ID } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |


|  |  |  |  | LESS THAN R |  | RECOMMENDED | ALLOWANCE (1963) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ALL | HOUSEHOLDS------ | 47.3 | 5.1 | 30.1 | 10.9 | 23.8 | 9.0 | 5.4 | 20.9 |
|  | UNDER 1,000----- | 71.8 | 18.5 | 41.1 | 18.4 | 43.6 | 12.3 | 15.3 | 47.3 |
|  | 1,000-1,999----- | 64.9 | 20.1 | 41.9 | 17.3 | 43.3 | 17.1 | 14.4 | 37.3 |
|  | 2,000-2,999----- | 60.2 | 9.7 | 37.9 | 15.5 | 29.2 | 12.7 | 8.7 | 33.3 |
|  | 3,000-3,999----- | 48.4 | 5.4 | 36.4 | 8.3 | 22.4 | 9.3 | 9.0 | 20.7 |
|  | 4,000-4,999----- | 59.3 | 5.3 | 36.8 | 10.9 | 20.9 | 11.8 | 5.7 | 27.6 |
|  | 5,000-5,999----- | 45.6 | 3.5 | 30.2 | 12.7 | 21.8 | 9.6 | 3.7 | 19.3 |
|  | 6,000-6,999----- | 41.1 | 4.2 | 28.5 | 8.8 | 22.1 | 8.5 | 4.1 | 19.9 |
|  | 7,000-7,999----- | 45.2 | 1.3 | 23.1 | 9.4 | 24.9 | 6.1 | $2 \cdot 1$ | 18.3 |
|  | 8,000-8,999----- | 45.2 | 4.0 | 27.5 | 11.9 | 28.4 | 6.0 | 4.0 | 18.6 |
|  | 9,000-9,999----- | 37.5 | 1.1 | 21.5 | 8.5 | 12.8 | 7.5 | 1.1 | 13.9 |
|  | 10,000-14,999---- | 38.3 | 1.9 | 24.6 | 10.7 | 21.3 | 5.6 | 5.0 | 8.3 |
|  | 15,000 AND OVER-- | 25.8 | - 0 | 16.6 | - 0 | 7.4 | 2.3 | - 0 | 5.1 |

LESS THAN TWO-THIRDS RECOMMENDED ALLOWANCE (1963)

| ALL HOUSEHOLDS------ | 17.4 | 1.0 | 6.6 | 2.2 | 7.7 | 1.6 | 1.0 | 9.2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000---- | 46.0 | 6.2 | 12.3 | 9.2 | 21.5 | 9.2 | 6.1 | 36.9 |
| 1,000-1,999----- | 37.1 | 2.8 | 12.7 | 6.0 | 22.9 | 4.2 | 2.8 | 25.5 |
| 2,000-2,999----- | 24.5 | 2.1 | -7.9 | 4.1 | 10.7 | . 0 | 2.0 | 12.1 |
| 3,000-3,999----- | 20.8 | 3. 0 | 11.3 | 3.7 | 10.0 | $3 \cdot 0$ | 2.9 | 11.3 |
| 4,000-4,999----- | 22.4 | - 0 | 8.9 | -6 | 6.6 | . 0 | - 6 | 12.6 |
| 5,000-5,999----- | 17.7 | . 4 | 6.6 | 2.6 | 6.7 | 1.7 | . 4 | 8.3 |
| 6,000-6,999---- | 12.2 | - 6 | 5.3 | 1.8 | 3.4 | 1.2 | . 6 | 5.9 |
| 7,000-7,999----- | 12.6 | - 0 | 2.6 | 1.3 | 6.6 | . 7 | . 7 | 8.0 |
| 8,000-8,999----- | 13.8 | 1.0 | 7.9 | 1.0 | 7.8 | 2.0 | - 0 | 4.9 |
| 9,000-9,999----- | 5.3 | - 0 | - 0 | - 0 | 3.2 | . 0 | - 0 | 2.2 |
| 10,000-14,999---- | 10.2 | - 0 | 5.1 | . 6 | 4.4 | - 6 | . 0 | 2.5 |
| 15,000 AND OVER-- | 2.3 | - 0 | 2.3 | - 0 | - 0 | - 0 | - 0 | . 0 |


|  | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS DF NUTRIENT PER NUTRITION UNIT PER DAY |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AFTER TAXES <br> IN 1964 | $\begin{gathered} \text { ANY } \\ \text { NUTRIENT } \\ \text { (DF } 7 \text { ) } \end{gathered}$ | PROTEIN | CALC I UM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { a } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | $\begin{gathered} A S C O R B I C \\ \text { ACID } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |

LESS THAN RECOMMENDED ALLOWANCE (1963)

| ALL HOUSEHOLDS------ | 46.2 | 5.3 | 31.2 | 11.0 | 21.9 | 9.5 | 5.4 | 18.6 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 1,000----- | 78.9 | 21.1 | 52.7 | 21.2 | 47.4 | 10.6 | 15.9 | 47.4 |
| $1,000-1,999----$ | 63.6 | 23.6 | 43.6 | 21.8 | 43.6 | 21.8 | 16.4 | 36.4 |
| $2,000-2,999----$ | 57.8 | 9.6 | 38.5 | 15.6 | 26.5 | 10.8 | 8.4 | 28.8 |
| $3,000-3,999----$ | 47.7 | 6.6 | 37.3 | 10.3 | 18.6 | 11.2 | 11.1 | 20.4 |
| $4,000-4,999-\cdots--$ | 56.4 | 5.1 | 38.6 | 8.6 | 18.8 | 11.1 | 5.2 | 22.3 |
| $5,000-5,999----$ | 44.6 | 3.8 | 29.8 | 12.4 | 20.7 | 9.1 | 3.0 | 17.3 |
| $6,000-6,999----$ | 37.0 | 3.2 | 26.0 | 8.8 | 18.2 | 9.5 | 3.2 | 17.4 |
| $7,000-7,999----$ | 40.5 | 1.8 | 25.2 | 9.9 | 19.8 | 6.3 | .9 | 16.2 |
| $8,000-8,999-----$ | 42.5 | 5.1 | 27.7 | 11.4 | 30.0 | 6.4 | 5.2 | 15.2 |
| $9,000-9,999---$ | 41.1 | 1.4 | $26 . C$ | 9.6 | 12.3 | 6.9 | 1.4 | 13.8 |
| $10,000-14,999---$ | 40.3 | 2.4 | 26.5 | 10.4 | 21.7 | 7.2 | 4.8 | 7.2 |
| 15,000 AND OVER-- | 27.8 | .0 | 16.7 | .0 | 5.6 | 2.8 | .0 | 2.8 |

LESS THAN THO-THIRDS RECOMMENDED ALLOWANCE (1963)

| ALL HOUSEHOLDS------ | 16.8 | 1.0 | 6.9 | 2.5 | 7.6 | 1.8 | 1.1 | 7.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 57.9 | 5.3 | 15.8 | 10.6 | 26.3 | 5.3 | 5.3 | 42.1 |
| 1,000-1,999----- | 40.0 | 3.6 | 14.5 | 7.3 | 23.6 | 5.4 | 3.6 | 27.4 |
| 2,000-2,999----- | 20.5 | 1.2 | 8.4 | 2.4 | 8.4 | . 0 | 1.2 | 7.2 |
| 3,000-3,999---- | 21.5 | 3.8 | 13.1 | 4.6 | 12.1 | 3.7 | 3.7 | 10.2 |
| 4,000-4,999——--- | 19.7 | . 0 | 7.8 | . 9 | 6.0 | . 0 | - 9 | 10.3 |
| 5,000-5,999----- | 17.9 | . 5 | 6.5 | 3.2 | 6.0 | 2.1 | - 5 | 8.1 |
| 6,000-6,999—---- | 9.4 | - 8 | 3.2 | 2.4 | 4.0 | 1.6 | - 8 | 4.0 |
| 7,000-7,999…-- | 10.8 | . 0 | 2.7 | 1.8 | 4.5 | . 9 | - 9 | 7.2 |
| 8,000-8,999----- | 13.8 | 1.3 | 10.1 | 1.3 | 10.0 | 2.6 | - 0 | 2.6 |
| 9,000-9,999----- | 5.5 | - 0 | . 0 | . 0 | 2.7 | . 0 | - 0 | 2.8 |
| 10,000-14,999---- | 9.7 | - 0 | 5.6 | - 8 | 4.0 | . 8 | - 0 | 1.6 |
| 15,000 AND DVER-- | 2.8 | - 0 | 2.8 | - 0 | - 0 | . 0 | - 0 | . 0 |



|  | PERCENT OF HOUSEHOLD DIETS WITH SPECIFIEC AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AFTER TAXES <br> IN 1964 | ANY NUTRIENT (OF 7) | PROTEIN | CALCIUM | IRON | $\begin{gathered} \text { VITAMIN } \\ \text { A } \\ \text { VALUE } \end{gathered}$ | THIAMINE | $\begin{aligned} & \text { RIBO- } \\ & \text { FLAVIN } \end{aligned}$ | $\begin{gathered} \text { ASCORBIC } \\ \text { ACID } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |


|  |  |  | LESS THAN R |  | RECOMMENDED | ALLOWANCE (1963) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ALL HOUSEHOLDS------ | 47.2 | 4.9 | 22.8 | 4.8 | 22.8 | 7.4 | 2.4 | 25.2 |
| UNDER 3,000----- | 45.8 | 8.4 | 33.4 | 8.4 | 29.2 | 8.4 | 4.2 | 33.3 |
| 3,000-4,999----- | 47.2 | 5.6 | 22.3 | 2.8 | 25.1 | 8.3 | 5.6 | 27.9 |
| 5,000-6,999----- | 56.7 | 6.7 | 20.0 | 6.6 | 20.0 | 13.3 | - 0 | 29.9 |
| 7,000-9,999----- | 37.5 | . 0 | 6.3 | 6.3 | 18.8 | . 0 | . 0 | 12.5 |
| 10,000 AND OVER-- | 40.0 | . 0 | 26.7 | - 0 | 20.0 | . 0 | . 0 | 13.3 |

LESS THAN TWO-THIRDS RECOMMENDED ALLOWANCE (1963)

| ALL HOUSEHOLDS------ | 13.0 | .8 | 2.4 | 1.6 | 5.7 | .0 | .0 |  |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- | 16.7 | 4.2 | 4.2 | 8.4 | 8.4 | .0 | .0 | 12.5 |
| $3,000-4,999-----$ | 25.0 | .0 | 5.6 | .0 | 11.2 | .0 | .0 | 13.9 |
| $5,000-6,999----$ | 10.0 | .0 | .0 | .0 | 3.3 | .0 | .0 | 6.6 |
| $7,000-9,999----$ | .0 | .0 | .0 | .0 | .0 | .0 | .0 | .0 |
| 10,000 AND OVER-- | .0 | .0 | .0 | .0 | .0 | .0 | .0 | .0 |

PERCENT OF DIETS SHORT IN --


ALL URBANIZATIONS

| ALL | HOUSEHOLDS------ | 100.0 | 46.2 | 23.9 | 13.5 | 5.6 | 3.8 | 3.1 | 3.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000----- | 100.0 | 38.5 | 22.2 | 17.9 | 4.3 | . 0 | . 0 | 17.1 |
|  | 1,000-1,999----- | 100.0 | 33.6 | 26.2 | 9.2 | 4.4 | 6.6 | 8.7 | 11.4 |
|  | 2,000-2,999----- | 100.0 | 43.5 | 22.5 | 11.1 | 5.1 | 9.8 | 3.2 | 4.8 |
|  | 3,000-3,999----- | 100.0 | 47.6 | 20.7 | 13.1 | 6.1 | 3.4 | 3.0 | 6.1 |
|  | 4,000-4,999----- | 100.0 | 54.9 | 17.6 | 14.2 | 5.4 | 1.3 | 5.4 | 1.1 |
|  | 5,000-5,999----- | 100.0 | 42.6 | 22.3 | 18.6 | 9.8 | 2.9 | 1.0 | 2.9 |
|  | 6,000-6,999----- | 100.0 | 36.2 | 36.8 | 8.4 | 5.9 | 5.6 | 2.8 | 4.2 |
|  | 7,000-7,999----- | 100.0 | 52.6 | 23.8 | 17.6 | - 0 | 1.5 | 2.9 | 1.5 |
|  | 8,000-8,999---- | 100.0 | 41.3 | 30.4 | 10.9 | 6.5 | 6.5 | 2.2 | 2.2 |
|  | 9,000-9,999----- | 100.0 | 57.4 | 22.7 | 8.5 | 8.5 | 2.8 | . 0 | . 0 |
|  | 10,000-14,999---- | 100.0 | 49.7 | 18.7 | 21.7 | $3 \cdot 3$ | 1.7 | 5.0 | . 0 |
|  | 15,000 AND OVER-- | 100.0 | 89.3 | - 0 | 10.7 | - 0 | - 0 | . 0 | . 0 |

## URBAN

| ALL | HOUSEHOLDS------ | 100.0 | 47.2 | 22.7 | 12.9 | 5.9 | 4.1 | 3.0 | 4.2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000----- | 100.0 | 26.7 | 33.3 | 20.0 | 6.7 | . 0 | . 0 | 13.3 |
|  | 1,000-1,999----- | 100.0 | 28.6 | 25.7 | 8.6 | 5.7 | 5.7 | 11.4 | 14.3 |
|  | 2,000-2,999---- | 100.0 | 43.8 | 22.9 | 10.4 | 6.3 | 10.4 | 2.1 | 4.2 |
|  | 3,000-3,999---- | 100.0 | 49.0 | 17.6 | 9.8 | 7.8 | 3.9 | 3.9 | 7.8 |
|  | 4,000-4,999----- | 100.0 | 57.6 | 16.7 | 15.2 | 3.0 | 1.5 | 4.5 | 1.5 |
|  | 5,000-5,999----- | 100.0 | 43.9 | 23.2 | 15.9 | 11.0 | 3.7 | . 0 | 2.4 |
|  | 6,000-6,999----- | 100.0 | 42.6 | 29.8 | 8.5 | 6.4 | 4.3 | 2.1 | 6.4 |
|  | 7,000-7,999----- | 100.0 | 48.9 | 20.0 | 26.7 | . 0 | . 0 | 2.2 | 2.2 |
|  | 8,000-8,999----- | 100.0 | 41.2 | 26.5 | 11.8 | 5.9 | 8.8 | 2.9 | 2.9 |
|  | 9,000-9,999---- | 100.0 | 56.7 | 26.7 | 6.7 | 6.7 | 3.3 | . 0 | . 0 |
|  | 10,000-14,999---- | 100.0 | 52.0 | 20.0 | 18.0 | 2.0 | 2.0 | 6.0 | . 0 |
|  | 15,000 AND OVER-- | 100.0 | 100.0 | - 0 | - 0 | . 0 | . 0 | . 0 | . 0 |


|  | PERCENT OF DIETS SHORT IN -- |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AFTER TAXES IN 1964 | $10 \mathrm{R}$ <br> MORE $\neq$ | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) |

RURAL NONFARM

| ALL HOUSEHOLDS------ | 100.0 | 41.9 | 28.1 | 15.6 | 4.8 | 3.0 | 3.6 | 3.0 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- | 100.0 | 50.0 | 18.8 | 12.5 |  |  |  |  |
| 3,000-4,999---- | 100.0 | 45.9 | 24.3 | 16.2 | 8.1 | 6.3 | 3.1 | 9.4 |
| 5,000-6,999---- | 100.0 | 27.9 | 37.2 | 18.6 | 4.7 | 4.7 | 4.7 | 2.3 |
| 7,000-9,999----- 100.0 | 53.8 | 30.8 | 5.1 | 5.1 | 2.6 | 2.6 | .0 |  |
| 10,000 AND OVER-- | 100.0 | 30.0 | 10.0 | 50.0 | 10.0 | .0 | .0 | .0 |

RURAL FARM
ALL HOUSEHOLDS---n-- 100.0
UNDER 3.000---- 100.0 3.000-4.999----- 100.0 5.000-6.999--- 100.0 7.000-9.999——--- 100.0 10.000 AND OVER-- 100.0

| 56.9 | 17.2 | 13.8 | 5.2 | 5.2 | .0 | 1.7 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |  |
| 36.4 | 18.2 | 18.2 | 9.1 | 9.1 | .0 | 9.1 |
| 47.1 | 23.5 | 17.6 | .0 | 11.8 | .0 | .0 |
| 64.7 | 11.8 | 11.8 | 11.8 | .0 | .0 | .0 |
| 83.3 | 16.7 | .0 | .0 | .0 | .0 | .0 |
| 66.7 | 16.7 | 16.7 | .0 | .0 | .0 | .0 |




* TABLE NOTES ON PAGES 107-109


| ALL | HO | 4.220 |
| :---: | :---: | :---: |
|  | UNDER 1,000----- | 3.267 |
|  | 1,000-1,999 | 3.752 |
|  | 2,000-2,999----- | 3.911 |
|  | 3,000-3,999----- | 3.840 |
|  | 4,000-4,999----- | 3.923 |
|  | 5,000-5,999 | 4.488 |
|  | 6,000-6,999----- | 4.409 |
|  | 7,000-7,999----- | 4.412 |
|  | 8,000-8,999----- | 3.955 |
|  | 9,000-9,999----- | 4.550 |
|  | 10,000-14,999---- | 4.186 |
|  | 15,000 AND OVER-- | 4.763 |


| 3.262 | .153 | .031 | .525 | .369 | .094 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 2.433 | .236 | .113 | .165 | .314 | .080 |
| 2.883 | .491 | .029 | .238 | .399 | .058 |
| 3.031 | .274 | .072 | .444 | .322 | .061 |
| 3.123 | .382 | .028 | .355 | .273 | .125 |
| 3.129 | .160 | .030 | .413 | .257 | .132 |
| 3.441 | .144 | .036 | .527 | .389 | .110 |
| 3.433 | .100 | .042 | .539 | .393 | .080 |
| 3.440 | .057 | .028 | .544 | .395 | .082 |
| 2.941 | .097 | .021 | .655 | .407 | .056 |
| 3.473 | .108 | .005 | .543 | .432 | .146 |
| 3.198 | .068 | .005 | .641 | .375 | .059 |
| 3.573 | .054 | .064 | .791 | .531 | .060 |

## MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HO | 1.267 |
| :---: | :---: | :---: |
|  | UNDER 1,000---- | . 811 |
|  | 1,000-1,999----- | 1.056 |
|  | 2,000-2,999 | 1.090 |
|  | 3,000-3,999----- | 1.082 |
|  | 4,000-4,999 | 1.104 |
|  | 5,000-5,999 | 1.317 |
|  | 6,000-6,999----- | 1.304 |
|  | 7,000-7,999----- | 1.385 |
|  | 8,000-8,999----- | 1.253 |
|  | 9,000-9,999---- | 1.388 |
|  | 10,000-14,999---- | 1.337 |
|  | 15,000 AND OVER |  |

$$
\begin{array}{r}
.026 \\
.037
\end{array}
$$

.012
.703
684
.730
.751
.751
.823
.823
.827
.848
827
848
848
.712
$.861 \quad .017$
. 805
.833
15,000 AND OVER-- 1.541
.037

| .012 | .214 | .233 | .033 |
| :--- | :--- | :--- | :--- |
| .042 | .068 | .211 | .023 |
| .013 | .089 | .247 | .017 |
| .023 | .178 | .208 | .019 |
| .011 | .139 | .172 | .041 |
| .011 | .152 | .164 | .037 |
| .015 | .210 | .248 | .036 |
| .017 | .216 | .233 | .027 |
| .011 | .247 | .258 | .033 |
| .009 | .257 | .244 | .039 |
| .002 | .220 | .248 | .059 |
| .002 | .264 | .249 | .018 |
| .030 | .356 | .333 | .018 |

QUANTITY PER PERSON PER WEEK (QUARTS IN COLS. 2-3, POUNDS IN COLS. 4-8)

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL HOUSEHOLDS------ | 99.5 | 98.4 | 18.9 | 8.2 | 70.8 | 83.3 | 18.3 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 1,OOO----- | 94.7 | 89.5 | 21.1 | 26.3 | 36.8 | 52.6 | 21.1 |
| $1,000-1,999----$ | 98.2 | 98.2 | 34.5 | 5.5 | 34.5 | 65.5 | 12.7 |
| $2,000-2,999----$ | 100.0 | 97.6 | 24.1 | 15.7 | 60.2 | 80.7 | 13.3 |
| $3,000-3,999----$ | 97.2 | 96.3 | 29.0 | 7.5 | 55.1 | 72.0 | 17.8 |
| $4,000-4,999----$ | 99.1 | 98.3 | 30.8 | 5.1 | 67.5 | 77.8 | 18.8 |
| $5,000-5,999----$ | 100.0 | 99.5 | 16.3 | 8.2 | 75.0 | 86.4 | 21.2 |
| $6,000-6,999----100.0$ | 99.2 | 18.1 | 12.6 | 75.6 | 90.6 | 21.3 |  |
| $7,000-7,999----100.0$ | 98.2 | 9.9 | 7.2 | 78.4 | 87.4 | 19.8 |  |
| $8,000-8,999----$ | 100.0 | 98.8 | 16.3 | 7.5 | 85.0 | 81.3 | 16.3 |
| $9,000-9,999----$ | 100.0 | 100.0 | 12.3 | 2.7 | 78.1 | 94.5 | 20.5 |
| $10,000-14,999----$ | 100.0 | 99.2 | 11.3 | 2.4 | 81.5 | 91.9 | 16.1 |
| 15,000 AND OVER-- | 100.0 | 97.2 | 11.1 | 11.1 | 86.1 | 97.2 | 25.0 |

キ TABLE NOTES ON PAGES 107-109


MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS------ | 1.212 | .763 | .035 | .023 | .214 | .208 | .027 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- 1.067 | .721 | .045 | .072 | .146 | .185 | .015 |  |
| $3,000-4,999----1.211$ | .769 | .061 | .019 | .257 | .175 | .0 .09 |  |
| $5,000-6,999---.1 .185$ | .784 | .037 | .011 | .188 | .183 | .030 |  |
| $7,000-9,999----1.278$ | .785 | .017 | .026 | .202 | .253 | .038 |  |
| 10,000 AND OVER-- 1.210 | .723 | .028 | .019 | .263 | .189 | .036 |  |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL HOUS EHOLDS----- | 99.7 | 99.4 | 27.8 | 11.1 | 74.4 | 85.2 | 21.3 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- | 97.8 | 97.8 | 30.4 | 15.2 | 52.2 | 69.6 | 13.0 |
| $3,000-4,999----$ | 100.0 | 100.0 | 33.9 | 11.9 | 72.9 | 81.4 | 8.5 |
| $5,000-6,999---$ | 100.0 | 98.8 | 34.1 | 7.1 | 75.3 | 87.1 | 28.2 |
| $7,000-9,999---$ | 100.0 | 100.0 | 24.1 | 13.9 | 81.0 | 93.7 | 29.1 |
| 10,000 AND OVER-- 100.0 | 100.0 | 16.2 | 10.8 | 91.9 | 89.2 | 24.3 |  |



| ALL HOUSEHOLDS------ | 4.490 | 3.551 | .180 | .009 | .746 | .362 | .074 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- | 5.002 | 4.128 | .212 | .030 | .631 | .519 | .059 |
| $3,000-4,999----$ | 4.130 | 3.286 | .066 | .005 | .750 | .280 | .143 |
| $5,000-6,999----4.396$ | 3.285 | .431 | .012 | .871 | .340 | .031 |  |
| $7,000-9,999---$ | 5.377 | 4.378 | .039 | .000 | .807 | .381 | .035 |
| 10,000 AND OVER-- 4.296 | 3.373 | .014 | .000 | .642 | .420 | .043 |  |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS------ | 1.280 | .812 | .029 | .004 | .272 | .171 | .025 |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | 1.361 | .883 | .030 | .011 | .262 | .201 | .015 |
| $3,000-4,999----$ | 1.220 | .767 | .010 | .002 | .268 | .135 | .050 |
| $5,000-6,999----1.222$ | .735 | .075 | .006 | .290 | .183 | .014 |  |
| $7,000-9,999----$ | 1.558 | 1.059 | .006 | .000 | .313 | .177 | .009 |
| 10,000 AND OVER-- 1.254 | .791 | .002 | .000 | .246 | .204 | .013 |  |

PERCENT OF HOUSEHOLDS USING IN A WEEK
ALL HOUSEHOLDS------ 100.0

| 99.2 | 17.9 | 3.3 | 87.0 | 86.2 | 21.1 |
| ---: | ---: | ---: | ---: | ---: | ---: |
| 95.8 | 25.0 | 8.3 | 83.3 | 91.7 | 20.8 |
| 100.0 | 13.9 | 2.8 | 86.1 | 80.6 | 30.6 |
| 100.0 | 23.3 | 3.3 | 96.7 | 83.3 | 16.7 |
| 100.0 | 12.5 | .0 | 93.8 | 87.5 | 12.5 |
| 100.0 | 6.7 | .0 | 80.0 | 100.0 | 20.0 |




|  | MEAT, POULTRY, FISH |  |  |  |  |  |  |  |  | othek prutein fulu |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 | TOTAL | BEEF | $\begin{aligned} & \text { BACON, } \\ & \text { SALT } \\ & \text { PORK } \end{aligned}$ | OTHER <br> PORK | LIVER | LUNCH MEAT, FRANKFURT ERS | $\begin{gathered} \text { OT HER } \\ \text { ME AT } \\ \ddagger \end{gathered}$ | POULTRY | $\begin{gathered} \text { FISH, } \\ \text { SHELL- } \\ \text { FISH } \end{gathered}$ | total $\neq$ | $\begin{aligned} & \text { EGGS } \\ & \text { (FRESH } \\ & \text { EQUIV- } \\ & \text { ALENT) } \\ & \neq \end{aligned}$ | DRY LEG UMES <br> (DRY <br> WE IGHT) | NUTS (SHELLED WEIGHT), PEANUT BUTTER | $\begin{aligned} & \text { SOUP, } \\ & \text { MIX- } \\ & \text { TURES } \end{aligned}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |

ALL HOUSEHOLDS------ 4.623

| UNDER $1,000-----$ | 3.734 |
| :--- | :--- |
| $1,000-1,999----$ | 4.523 |
| $2,000-2,999----$ | 3.869 |

2,000-2,999----- 3.869
3,000-3,999----- 4.363
$4,000-4,999-14.561$ 5,000-5,999--_-- 4.621 6,000-6,999---- 4.606 7.000-7,999----- 4.817 8,000-8,999----- 4.592 0,000-14,909---- 4.617
15,000 AND DVER- 5.353

### 1.632

 1.345 1.257 1.277 1.4131.437 1.437 1.565
1.690 1.834 1.608 1.700 1. 849 1.849
1.979

QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)

| .176 | .809 |
| :--- | :--- |
| .183 | .668 |
| .182 | .827 |
| .169 | .671 |
| .178 | .898 |
| .211 | .855 |
| .187 | .799 |
| .167 | .823 |
| .168 | .916 |
| .142 | .895 |
| .149 | .691 |
| .191 | .748 |
| .164 | .745 |

.059
.055
.056
.073
.062
.045
.107
.034
.062
.011
.060
.051
.090

| .440 | .226 | .899 | .382 |
| ---: | ---: | ---: | ---: |
| .270 | .035 | .737 | .442 |
| .391 | .215 | 1.265 | .329 |
| .392 | .109 | .847 | .331 |
| .409 | .186 | .823 | .394 |
| .449 | .192 | 1.070 | .303 |
| .522 | .226 | .866 | .350 |
| .463 | .190 | .877 | .362 |
| .425 | .205 | .840 | .369 |
| .521 | .232 | .760 | .422 |
| .455 | .291 | .887 | .368 |
| .386 | .270 | .893 | .530 |
| .267 | .565 | 1.014 | .529 |


.489
.489
.586
.103
.178
.139
.124
.206
.143
.100
.092
.053
.076
.086
.071
.047
.113

| .113 | .103 |
| :--- | :--- |
| .183 | .160 |
| .067 | .082 |
| .107 | .097 |
| .116 | .068 |
| .084 | .130 |
| .117 | .146 |
| .119 | .089 |
| .146 | .080 |
| .123 | .095 |
| .105 | .095 |
| .109 | .085 |
| .124 | .067 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | 3.305 | 1.375 |
| :---: | :---: | :---: | :---: |
|  | UNDER 1,000 | 2.043 | - 900 |
|  | 1,000-1,999 | 2. 924 | . 989 |
|  | 2,000-2,999 | 2.451 | . 939 |
|  | 3,000-3,999----- | 2.762 | 1.081 |
|  | 4,000-4,999---- | 2.936 | 1.138 |
|  | 5,000-5,999----- | 3.238 | 1.277 |
|  | 6,000-6,999 | 3.207 | 1.362 |
|  | 7,000-7,999----- | 3.568 | 1.566 |
|  | 8,000-8,999----- | 3.487 | 1.394 |
|  | 9,000-9,999 | 3.530 | 1.499 |
|  | 10,000-14,999---- | 3.850 | 1.708 |
|  | 15,000 AND OVER-- | 4.613 | 2.033 |


| .118 | .597 | .037 | .326 | .207 | .379 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| .084 | .370 | .029 | .207 | .026 | .254 |
| .125 | .561 | .034 | .308 | .168 | .536 |
| .106 | .445 | .051 | .272 | .097 | .334 |
| .104 | .562 | .040 | .265 | .143 | .328 |
| .127 | .583 | .029 | .302 | .141 | .415 |
| .125 | .580 | .051 | .392 | .209 | .360 |
| .115 | .605 | .021 | .342 | .165 | .367 |
| .117 | .732 | .036 | .326 | .193 | .341 |
| .100 | .693 | .008 | .398 | .267 | .322 |
| .107 | .553 | .052 | .355 | .271 | .414 |
| .133 | .610 | .038 | .299 | .258 | .410 |
| .135 | .593 | .081 | .218 | .590 | .490 |

.266
.173
.202
.206
.241
.201
.244
.230
.259
.306
.277
.395
.473

| .452 | .263 | .039 |
| :--- | :--- | :--- |
| .501 | .264 | .047 |
| .490 | .340 | .034 |
| .427 | .246 | .051 |
| .457 | .290 | .061 |
| .436 | .261 | .046 |
| .454 | .246 | .041 |
| .444 | .265 | .037 |
| .470 | .253 | .023 |
| .443 | .252 | .035 |
| .435 | .256 | .038 |
| .443 | .268 | .035 |
| .474 | .296 | .019 |


| .070 | .052 |
| :--- | :--- |
| .096 | .081 |
| .042 | .039 |
| .065 | .055 |
| .071 | .029 |
| .051 | .065 |
| .069 | .064 |
| .072 | .043 |
| .095 | .050 |
| .080 | .042 |
| .060 | .047 |
| .071 | .041 |
| .091 | .042 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

ALL

94.8
74.2
83.0
88.5
91.6
96.8
97.4
97.0
98.7
94.1
98.7
96.2
100.0

| 53.5 | 74.0 | 14.2 |
| ---: | ---: | ---: |
| 37.4 | 52.1 | 12.9 |
| 39.9 | 62.3 | 10.2 |
| 48.6 | 66.9 | 15.3 |
| 43.6 | 72.2 | 17.7 |
| 55.0 | 77.4 | 12.4 |
| 57.0 | 76.1 | 17.8 |
| 54.1 | 75.4 | 9.9 |
| 57.2 | 79.8 | 14.1 |
| 56.6 | 81.1 | 4.9 |
| 58.0 | 74.2 | 20.7 |
| 62.2 | 78.5 | 14.2 |
| 60.4 | 59.9 | 28.1 |

73.8
52.1
48.7
59.5
64.7
75.2
83.2
79.2
81.1
80.4
85.1
79.2
58.5

| 30.4 | 70.2 |
| ---: | ---: |
| 9.2 | 54.6 |
| 24.1 | 70.3 |
| 18.4 | 61.0 |
| 22.5 | 71.2 |
| 26.1 | 72.1 |
| 31.2 | 74.6 |
| 28.5 | 70.8 |
| 30.5 | 71.4 |
| 37.5 | 67.4 |
| 40.7 | 71.9 |
| 39.1 | 70.6 |
| 51.2 | 77.0 |

67.9
37.4
42.2
60.6
60.0
62.3
72.6
72.4
75.8
75.0
75.3
76.9
76.0

| 98.0 | 96.3 | 40.6 |
| ---: | ---: | ---: |
| 96.9 | 93.9 | 36.8 |
| 92.9 | 91.5 | 30.6 |
| 95.2 | 92.4 | 38.8 |
| 96.2 | 94.7 | 41.7 |
| 98.7 | 97.9 | 46.4 |
| 98.3 | 97.8 | 46.2 |
| 99.4 | 97.7 | 46.4 |
| 99.3 | 98.7 | 33.7 |
| 98.0 | 98.0 | 41.7 |
| 100.0 | 97.9 | 39.9 |
| 98.7 | 96.7 | 38.7 |
| 97.7 | 97.7 | 30.4 |


| 48.4 | 25.9 |
| :--- | :--- |
| 46.0 | 22.1 |
| 25.2 | 18.4 |
| 42.1 | 24.3 |
| 44.6 | 19.8 |
| 40.8 | 25.8 |
| 50.6 | 30.8 |
| 54.6 | 26.8 |
| 57.9 | 26.8 |
| 50.9 | 25.7 |
| 63.5 | 25.8 |
| 52.5 | 28.5 |
| 56.2 | 28.1 |


|  | MEAT, POULTRY, FISH |  |  |  |  |  |  |  |  | OTHER PROTEIN FOOD |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 | TOTAL | BEEF | $\begin{gathered} \text { BACON, } \\ \text { SALT } \\ \text { PORK } \end{gathered}$ | OTHER PORK | LIVER | LUNCH <br> MEAT, <br> FRANK- <br> FURTERS | OTHER MEAT <br> $\neq$ | POULTRY | $\begin{gathered} \text { FISH, } \\ \text { SHELL- } \\ \text { FISH } \end{gathered}$ | TOTAL $\ddagger$ | EGGS <br> (FRESH <br> EQUI V- <br> ALENT) キ | DRY LEG UMES (DRY WEIGHT) |  | $\begin{aligned} & \text { SOUP, } \\ & \text { MIX- } \\ & \text { TURES } \end{aligned}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | ( 8 ) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |

QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)

| ALL | HOUSEHOLDS----- | 4.800 |
| :---: | :---: | :---: |
|  | UNDER 1,000----- | 4.333 |
|  | 1,000-1,999----- | 4.520 |
|  | 2,000-2,999----- | 4.109 |
|  | 3,000-3,999----- | 4.560 |
|  | 4,000-4,999----- | 4.745 |
|  | 5,000-5,999 | 4.790 |
|  | 6,000-6,999----- | 4.744 |
|  | 7,000-7,999----- | 5.168 |
|  | 8,000-8,999----- | 4. 744 |
|  | 9,000-9,999----- | 4.469 |
|  | 10,000-14,999---- | 5.061 |
|  | 15,000 AND OVER-- | 5.559 |

1.637
1.005
1.250
1.292
1.335
1.422
1.565
1.757
1.851
1.579
1.625
1.923
1.961



| .171 | .848 | .069 | .429 | .269 | .975 | .402 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| .214 | 1.015 | .058 | .281 | .044 | 1.151 | .565 |
| .170 | .877 | .060 | .281 | .273 | 1.256 | .353 |
| .163 | .715 | .097 | .372 | .140 | .951 | .379 |
| .190 | 1.019 | .060 | .415 | .186 | .914 | .440 |
| .206 | .891 | .051 | .425 | .218 | 1.193 | .341 |
| .186 | .831 | .122 | .530 | .262 | .928 | .366 |
| .158 | .823 | .041 | .469 | .237 | .892 | .366 |
| .128 | 1.093 | .083 | .390 | .263 | .961 | .399 |
| .145 | .929 | .010 | .516 | .290 | .814 | .461 |
| .135 | .678 | .061 | .397 | .310 | .909 | .353 |
| .199 | .730 | .054 | .369 | .333 | .966 | .488 |
| .168 | .730 | .097 | .263 | .624 | 1.139 | .578 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| .117 | . 634 | . 044 | . 324 | . 246 | . 407 | . 288 | . 458 | . 271 | . 037 | . 068 | . 056 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| . 095 | . 584 | . 040 | . 267 | . 032 | . 395 | . 227 | . 466 | . 224 | . 040 | . 080 | . 122 |
| .116 | . 576 | . 035 | . 206 | . 209 | . 484 | . 214 | . 522 | . 377 | . 036 | . 042 | . 044 |
| . 106 | . 474 | . 068 | . 265 | . 122 | . 366 | . 238 | . 440 | - 258 | . 043 | . 072 | . 054 |
| .110 | . 632 | . 038 | . 265 | . 139 | . 363 | . 263 | . 476 | . 310 | . 060 | . 069 | . 033 |
| . 124 | . 591 | . 035 | . 293 | . 158 | . 453 | . 223 | . 447 | . 267 | . 041 | . 049 | . 073 |
| . 126 | . 620 | . 056 | . 404 | . 240 | . 387 | . 263 | . 454 | . 246 | . 042 | . 068 | . 067 |
| . 114 | . 612 | . 027 | . 349 | - 204 | - 372 | . 247 | . 443 | . 270 | . 036 | . 064 | . 045 |
| . 094 | . 880 | . 048 | . 317 | . 247 | . 379 | . 290 | . 477 | . 262 | . 022 | . 096 | . 056 |
| .101 | . 730 | . 007 | . 401 | . 327 | . 344 | . 343 | . 442 | . 240 | . 038 | . 082 | . 043 |
| . 103 | . 559 | . 055 | . 322 | . 303 | . 420 | . 281 | . 412 | . 254 | . 030 | . 056 | . 048 |
| . 145 | . 625 | . 044 | . 295 | . 325 | . 441 | . 394 | . 462 | . 286 | . 033 | . 071 | . 0.40 |
| . 144 | . 597 | . 090 | .213 | . 615 | . 562 | . 526 | . 479 | . 311 | . 019 | . 095 | . 037 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| HOUS EHOLDS----- | 99.7 | 94.5 |
| :---: | :---: | :---: |
| UNDER 1,000----- | 89.5 | 68.4 |
| 1,000-1,999---- | 98.2 | 80.0 |
| 2,000-2,999----- | 100.0 | 89.2 |
| 3,000-3,999---- | 100.0 | 91.6 |
| 4,000-4,999---- | 100.0 | 95.7 |
| 5,000-5,999---- | 100.0 | 97.3 |
| 6,000-6,999---- | 100.0 | 96. 9 |
| 7,000-7,999----- | 100.0 | 99.1 |
| 8,000-8,999-..-- | 100.0 | 92. 5 |
| 9,000-9,999---- | 100.0 | 98.6 |
| 10,000-14,999---- | 100.0 | 96.0 |
| 15,000 AND OVE |  |  |

* TABLE NOTES ON PAGES 107-109

|  | MEAT, POULTKY, FISH |  |  |  |  |  |  |  |  | OTHER PROTEIN FOOD |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 | TOTAL | BEEF | $\begin{gathered} \text { BACON, } \\ \text { SALT } \\ \text { PORK } \end{gathered}$ | OTHER PORK | LIVER | LUNCH MEAT, FRANKFURTERS | $\begin{gathered} \text { OTHER } \\ \text { MEAT } \\ \not \ddagger \end{gathered}$ | POULTRY | $\begin{aligned} & \text { FISH, } \\ & \text { SHELL- } \\ & \text { FISH } \end{aligned}$ | $\underset{\underset{\neq}{\text { TOTAL }}}{ }$ | EGG S (FRESH EQUI VALENT キ | DRY LEG UMES (DRY WE IGHT) | NUTS (SHELLED WE IGHT), PEANUT BUTTER | $\begin{aligned} & \text { SOUP, } \\ & \text { MIX- } \\ & \text { TURES } \end{aligned}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |


|  |  |  |  | QUANTITY PER PERSON |  |  | WEEK | POUNDS | COLS | $\begin{array}{r} 2-10 \\ .330 \end{array}$ | 13$\div *$ | DOZENS IN COL. 121 |  |  | $.081$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ALL | HOUSEHOLDS------ | 4.110 | 1.596 | . 188 | .693 | . 031 | . 476 | . 109 | .687 |  |  | . 498 | .107 | . 129 |  |
|  | UNDER 3,000----- | 3.451 | 1.268 | . 167 | . 510 | . 017 | . 477 | . 032 | . 722 | . 257 | ** | . 522 | . 129 | . 113 | . 102 |
|  | 3,000-4,999---- | 3.989 | 1.552 | . 194 | . 662 | . 047 | . 482 | . 155 | . 662 | . 235 | ** | . 509 | . 184 | . 107 | . 066 |
|  | 5,000-6,999----- | 4.076 | 1.490 | -191 | . 759 | . 030 | . 465 | . 084 | . 740 | . 317 | \%* | . 514 | . 080 | . 145 | . 075 |
|  | 7,000-5,999----- | 4.311 | 1.809 | . 207 | . 645 | . 021 | . 548 | . 114 | . 640 | . 327 | ** | . 501 | . 082 | . 141 | . 086 |
|  | 10,000 AND OVER-- | 4.418 | 1.633 | . 163 | . 804 | . 048 | . 395 | . 130 | . 646 | . 600 | ** | . 460 | . 091 | . 117 | .091 |

## MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | 2. 815 | 1.233 | . 118 | .498 | . 019 | .338 | .101 | .305 | .203 | .435 | .239 | . 043 | . 077 | . 042 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000---- | 2.198 | . 876 | . 097 | . 350 | . 009 | . 349 | . 033 | . 343 | . 140 | . 435 | . 237 | . 060 | . 058 | . 055 |
|  | 3,000-4,999---- | 2.640 | 1.143 | . 118 | . 477 | . 027 | . 313 | . 125 | . 276 | . 161 | . 405 | . 237 | . 065 | . 063 | . 034 |
|  | 5,000-6,999---- | 2.684 | 1.122 | . 118 | . 517 | . 019 | . 336 | . 084 | . 310 | . 177 | . 451 | . 250 | . 036 | . 084 | .042 |
|  | 7,000-9,999----- | 3.063 | 1.428 | . 137 | . 486 | . 018 | . 389 | .106 | . 288 | . 211 | . 464 | . 253 | . 034 | . 084 | . 040 |
|  | 10,000 AND OVER-- | 3.141 | 1.345 | . 095 | . 573 | . 024 | .293 | . 144 | . 296 | . 372 | . 384 | . 210 | . 037 | . 072 | .047 |

## PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 99.4 | 96.0 | 57.7 | 74.4 | 10.2 | 84.6 | 17.9 | 61.1 | 63.0 | 98.5 | 96.0 | 45.7 | 59.9 | 28.4 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 95.6 | 86.9 | 43.5 | 54.3 | 4.3 | 69.6 | 6.5 | 47.8 | 47.8 | 93.5 | 89.1 | 37.0 | 39.1 | 21.7 |
|  | 3,000-4,999----- | 100.0 | 96.6 | 50.8 | 72.9 | 13.6 | 84.7 | 23.7 | 59.3 | 47.5 | 98.3 | 98.3 | 50.8 | 57.6 | 23.7 |
|  | 5,000-6,999---- | 100.0 | 97.6 | 57.6 | 77.6 | 11.8 | 90.6 | 12.9 | 68.2 | 67.1 | 100.0 | 97.6 | 43.5 | 64.7 | 30.6 |
|  | 7,000-9,999----- | 100.0 | 98.7 | 69.6 | 79.7 | 8.9 | 91.1 | 20.3 | 63.3 | 72.2 | 100.0 | 100.0 | 48.1 | 70.9 | 30.4 |
|  | 10,000 AND OVER-- | 100.0 | 97.3 | 64.9 | 81.1 | 13.5 | 91.9 | 24.3 | 56.8 | 75.7 | 97.3 | 94.6 | 48.6 | 56.8 | 37.8 |

TABLE 14.--MEAT, POULTRY, FISH;
OTHER PROTEIN FOOD

QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)

| ALL | HOUSEHOLDS----- | 4.337 | 1.869 | .196 | .756 | . 053 | .426 | . 064 | .656 | . 318 | ** | . 565 | . 105 | . 161 | . 071 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000---- | 4.215 | 1.789 | . 348 | . 843 | . 084 | . 370 | . 014 | . 582 | . 185 | ** | . 544 | . 180 | . 143 | . 037 |
|  | 3,000-4,999---- | 3.627 | 1. 518 | . 146 | . 686 | . 043 | . 331 | .105 | . 625 | . 173 | * | . 569 | . 090 | . 152 | . 034 |
|  | 5,000-6,999---- | 4.928 | 2.251 | . 175 | . 704 | . 054 | . 526 | . 062 | . 756 | . 400 | ** | . 535 | . 083 | . 170 | . 149 |
|  | 7,000-9,999----- | 4.183 | 1.465 | . 191 | . 860 | . 060 | . 393 | . 060 | . 655 | . 499 | ** | . 607 | . 074 | . 151 | . 061 |
|  | 10,000 AND OVER-- | 5.396 | 2.559 | .195 | .746 | . 034 | . 583 | .033 | .685 | . 561 | 市放 | . 595 | . 127 | .173 | . 056 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUS EHOLDS------ | 2.704 | 1.286 | .116 | .481 | . 029 | . 274 | . 050 | .274 | .193 | . 431 | . 262 | . 038 | . 090 | . 029 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | 2.545 | 1. 270 | . 207 | . 471 | . 048 | . 237 | . 009 | . 219 | . 084 | - 375 | - 252 | . 041 | . 072 | . 010 |
|  | 3,000-4,999---- | 2. 245 | 1.003 | . 084 | . 452 | . 026 | . 217 | . 085 | . 263 | . 115 | - 395 | . 252 | . 036 | . 089 | . 009 |
|  | 5,000-6,999---- | 3.034 | 1.526 | . 102 | . 459 | . 028 | . 332 | . 051 | . 298 | . 237 | . 444 | . 248 | . 037 | . 092 | . 066 |
|  | 7,000-9,999 | 2.675 | 1.099 | .116 | . 554 | . 029 | . 245 | . 038 | . 319 | . 275 | . 462 | . 290 | . 029 | . 094 | . 013 |
|  | 10,000 AND OVER-- | 3.540 | 1.791 | . 123 | . 509 | . 019 | . 385 | . 028 | . 302 | . 384 | . 533 | .294 | . 050 | . 099 | .043 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUS EHOL DS------ | 99.2 | 95.1 | 57. 7 | 74.0 | 13.8 | 79.7 | 10.6 | 57.7 | 57.7 | 99.2 | 97.6 | 52. 0 | 73.2 | 20.3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 95.8 | 91.7 | 66. 7 | 62.5 | 8.3 | 75.0 | 4.2 | 45.8 | 29.2 | 100.0 | 100.0 | 45.8 | 58.3 | 12.5 |
|  | 3,000-4,999----- | 100.0 | 94.4 | 44.4 | 77.8 | 16.7 | 83.3 | 11.1 | 55.6 | 63.9 | 97.2 | 94.4 | 58.3 | 77.8 | 11.1 |
|  | 5,000-6,999----- | 100.0 | 96.7 | 66.7 | 80.0 | 13.3 | 76.7 | 13.3 | 73.3 | 60.0 | 100.0 | 100.0 | 50.0 | 70.0 | 30.0 |
|  | 7,000-9,999---- | 100.0 | 93.8 | 68. 8 | 75.0 | 18.8 | 87.5 | 12.5 | 50.0 | 68.8 | 100.0 | 100.0 | 50.0 | 81.3 | 25.0 |
|  | 10,000 AND OVER-- | 100.0 | 100.0 | 53.3 | 66.7 | 13.3 | 80.0 | 13.3 | 66.7 | 80.0 | 100.0 | 93.3 | 60.0 | 86.7 | 26.7 |


|  | MEAT, POULTRY, FISH |  |  |  |  |  |  |  |  | OTHER PROTEIN FOOD |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 | TOTAL | BEEF | $\begin{gathered} \text { BACON, } \\ \text { SALT } \\ \text { PCRK } \end{gathered}$ | OTHER PORK | LIVER | LUNCH <br> MEAT, <br> FRANK- <br> FURTERS | OT HER <br> MEAT <br> $\ddagger$ | POULTRY | $\begin{gathered} \text { FISH, } \\ \text { SHELL- } \\ \text { FISH } \end{gathered}$ | $\begin{gathered} \text { TOTAL } \\ \neq \end{gathered}$ | $\begin{aligned} & \text { EGGS } \\ & \text { (FRESH } \\ & \text { EQUI V- } \\ & \text { ALENT) } \\ & \neq \end{aligned}$ | $\begin{gathered} \text { DRY } \\ \text { LEG UMES } \\ \text { (DRY } \\ \text { WEIGHT) } \end{gathered}$ | NUTS (SHELLED WEIGHT), PEANUT BUTTER | $\begin{aligned} & \text { SOUP, } \\ & \text { MIX- } \\ & \text { TURES } \end{aligned}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |

QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)

| ALL | HOUSEHOLDS------ | 1.616 | . 969 | . 044 | . 233 | . 026 | . 004 | . 021 | .189 | . 129 | $\div$ | .178 | . 004 | . 004 | . 002 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 2.007 | 1. 012 | . 144 | . 398 | . 084 | . 006 | . 000 | . 291 | . 072 | ** | . 314 | . 010 | . 000 | . 000 |
|  | 3,000-4,999----- | 1.412 | . 841 | . 024 | .276 | .015 | . 000 | . 030 | . 216 | . 012 | ** | . 153 | . 004 | . 007 | . 000 |
|  | 5,000-6,999---- | 1.706 | 1.117 | . 034 | .179 | . 031 | . 012 | . 031 | . 100 | . 203 | ** | .116 | . 003 | . 008 | . 008 |
|  | 7,000-9,999----- | 1.527 | . 761 | . 000 | . 188 | . 000 | . 000 | . 034 | . 308 | . 235 | ** | . 231 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | 1.596 | 1.182 | . 033 | . 034 | . 000 | . 000 | . 000 | .075 | . 271 | ** | . 133 | . 000 | . 000 | . 000 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | 1.044 | . 702 | . 027 | . 153 | . 015 | . 003 | . 013 | . 073 | . 059 | . 090 | . 083 | . 002 | . 005 | . 001 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 1.250 | . 737 | . 091 | . 239 | . 048 | . 004 | . 000 | . 110 | . 022 | . 155 | . 150 | . 004 | . 000 | . 000 |
|  | 3,000-4,999----- | . 901 | . 581 | . 015 | . 189 | . 008 | . 000 | . 018 | . 086 | . 004 | . 079 | . 070 | . 002 | . 007 | . 000 |
|  | 5,000-6,999---- | 1.152 | . 820 | . 020 | . 123 | . 018 | . 008 | . 021 | . 039 | . 105 | . 067 | . 054 | - 002 | . 010 | . 002 |
|  | 7,000-9,999----- | . 967 | . 631 | . 000 | . 118 | . 000 | . 000 | . 015 | . 120 | . 082 | . 108 | . 108 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | 1.039 | . 835 | . 014 | . 026 | . 000 | . 000 | .000 | . 026 | .138 | . 063 | . 063 | . 000 | . 000 | .000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 54.5 | 43.9 | 8.1 | 17.9 | 4.9 | 1.6 | 3.3 | 13.8 | 8.1 | 34.1 | 30.1 | 2.4 | $4 \cdot 1$ | - 8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 54.2 | 45.8 | 12.5 | 20.8 | 8.3 | 4.2 | - 0 | 25.0 | 4.2 | 45.8 | 45.8 | 4.2 | - 0 | - 0 |
|  | 3,000-4,999----- | 55.6 | 41.7 | 5.6 | 19.4 | 5.6 | - 0 | 2.8 | 13.9 | 2.8 | 33.3 | 27.8 | 2.8 | 8.3 | - 0 |
|  | 5,000-6,999----- | 66.7 | 53.3 | 13.3 | 16.7 | 6.7 | 3.3 | 6.7 | 10.0 | 16.7 | 36.7 | 26.7 | 3.3 | 6.7 | $3 \cdot 3$ |
|  | 7,000-9,999----- | 37.5 | 31.3 | - 0 | 12.5 | . 0 | . 0 | 6.3 | 12.5 | 6.3 | 25.0 | 25.0 | - 0 | - 0 | - 0 |
|  | 10,000 AND OVER-- | 46.7 | 40.0 | 6.7 | 13.3 | . 0 | - 0 | - 0 | 6.7 | 13.3 | 20.0 | 20.0 | - 0 | - 0 | - 0 |


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| MONEY INCOME AFTER TAXES IN 1964 | DARK GREEN $\ddagger$ |  |  |  |  | DEEP YELLOW $\ddagger$ |  |  |  |  | TOMATOES $\ddagger$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL$\neq$ | CANNED |  | FROZEN |  | $\underset{\neq}{\text { TOT AL }}$ | CANNED |  | FROZEN |  | $\begin{gathered} \text { TOTAL } \\ \neq \end{gathered}$ | CANNED |  |
|  |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CI AL } \end{aligned}$ | HOME |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  | COMMERCIAL | HOME |
| (1) | (14) | (15) | (16) | (17) | (18) | (19) | (20) | (21) | (22) | (23) | (24) | (25) | (26) |


| ALL | QUANTITY PER PERSON PER WEEK (POUNDS) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | HOU SEHOLDS------ | . 249 | . 024 | * | . 056 | . 003 | . 271 | . 061 | . 002 | . 012 | . 001 | . 788 | . 468 | . 041 |
|  | UNDER 1,000----- | . 202 | . 061 | . 000 | . 013 | . 025 | . 351 | . 086 | . 050 | . 017 | . 010 | . 549 | . 320 | . 112 |
|  | 1,000-1,999——--- | . 251 | . 013 | . 000 | . 037 | . 002 | . 242 | . 042 | . 000 | . 011 | . 002 | . 645 | . 331 | . 068 |
|  | $2,000-2,999$ | . 352 | . 030 | . 003 | . 057 | . 001 | . 237 | . 051 | . 000 | . 009 | . 001 | . 715 | . 502 | . 047 |
|  | 3,000-3,999---- | . 294 | . 030 | . 000 | . 064 | . 006 | . 257 | . 065 | .002 | . 006 | . 000 | . 712 | . 416 | . 078 |
|  | 4,000-4,999----- | . 214 | . 008 | . 000 | . 034 | * | . 293 | . 072 | . 004 | . 009 | . 000 | . 763 | . 461 | . 067 |
|  | 5,000-5,999----- | . 277 | . 025 | . 000 | . 045 | . 001 | . 227 | . 073 | * | . 010 | . 000 | . 795 | . 484 | . 011 |
|  | 6,000-6,999---- | . 253 | . 032 | * | . 044 | . 008 | . 243 | . 050 | . 001 | . 010 | . 001 | . 941 | . 563 | . 060 |
|  | 7,000-7,999---- | . 224 | . 012 | . 000 | . 063 | . 000 | . 311 | . 055 | .001 | . 012 | . 000 | . 752 | . 448 | . 025 |
|  | 8,000-8,999----- | . 243 | . 042 | . 000 | . 066 | . 000 | . 276 | . 048 | . 000 | . 008 | . 000 | . 697 | - 396 | . 052 |
|  | 9,000-9,999---- | . 226 | . 038 | . 000 | . 072 | . 000 | . 268 | . 055 | .000 | . 007 | . 000 | . 766 | . 421 | . 022 |
|  | 10,000-14,999---- | . 195 | . 014 | . 000 | .075 | . 004 | . 288 | . 055 | . 000 | . 030 | . 003 | . 848 | . 503 | . 022 |
|  | 15,000 AND OVER-- | .300 | . 024 | . 007 | .108 | . 007 | . 374 | . 059 | . 000 | . 028 | .007 | . 924 | . 521 | . 000 |
|  |  |  |  | MONE | VALUE | PERS | PER | ( DOL |  |  |  |  |  |  |
| ALL | HOU SEHOLDS------ | . 072 | . 006 | * | . 020 | . 001 | . 048 | . 014 | $\stackrel{4}{*}$ | . 004 | * | . 200 | . 102 | . 008 |
|  | UNDER 1,000-~-- | . 053 | . 018 | . 000 | . 004 | . 007 | . 067 | . 020 | . 009 | . 003 | . 003 | . 127 | . 075 | . 025 |
|  | 1,000-1,999----- | . 066 | . 003 | . 000 | . 011 | . 001 | . 044 | . 010 | . 000 | . 004 | * | . 153 | . 074 | . 015 |
|  | 2,000-2,999---- | . 083 | . 006 | . 002 | . 021 | * | . 044 | . 011 | . 000 | . 003 | * | .177 | . 115 | . 011 |
|  | 3,000-3,999---- | . 073 | . 007 | . 000 | . 023 | . 002 | . 046 | . 015 | $\cdots$ | . 002 | . 000 | .171 | . 092 | . 017 |
|  | 4,000-4,999---- | . 058 | . 002 | . 000 | . 013 | * | . 049 | . 018 | . 001 | . 003 | . 000 | . 195 | - 105 | . 012 |
|  | $5,000-5,999$ | . 080 | . 007 | . 000 | . 016 | * | . 041 | . 016 | * | . 003 | . 000 | . 195 | . 103 | . 002 |
|  | $6,000-6,999$ | . 070 | $.006$ | * | . 014 | . 003 | . 042 | $.012$ | * | $.004$ |  | . 238 | $.123$ | $.011$ |
|  | 7,000-7,999----- | . 067 | . 004 | . 000 | . 022 | . 000 | . 050 | . 013 | * | . 004 | . 000 | . 194 | . 096 | . 005 |
|  | $8,000-8,999 \cdots+\cdots$ | . 074 | . 009 | . 000 | . 023 | . 000 | . 042 | . 011 | . 000 | . 002 | . 000 | . 176 | . 090 | . 010 |
|  | 9,000-9,999----- | . 069 | . 010 | . 000 | . 024 | . 000 | . 049 | . 015 | . 000 | . 002 | . 000 | . 209 | . 092 | . 004 |
|  | $10,000-14,999$ | . 070 | . 003 | . 000 | . 028 | . 001 | . 053 | . 012 | . 000 | . 009 | . 001 | . 221 | . 114 | . 004 |
|  | 15,000 AND OVER-- | . 102 | . 005 | . 001 | . 040 | . 002 | . 071 | .015 | .000 | . 012 | . 002 | .247 | . 097 | . 000 |
| PERCENT OF HOUSEHOLDS USING IN A WEEK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL |  |  | $6.3$ |  | 17.3 |  |  | 15.6 |  |  |  |  |  | 4.7 |
|  | UNDER $1,000-\cdots$ | 19.6 | 12.3 | - 0 | 3.7 | . 6 | 52.8 | 12.3 | $4 \cdot 3$ | 3.1 | 1.2 | 53.4 | 37.4 | 11.0 |
|  | $1,000-1,995$ | 40.8 | 3.1 | . 0 | 7.4 | 1.7 | 50.7 | 8.5 | . 0 | 2.8 | - 3 | 66.9 | 51.3 | 6.5 |
|  | 2,000-2,999---- | 44.2 | 2.9 | 1.9 | 9.6 | 1.1 | 44.7 | 10.7 | . 0 | 2.9 | - 2 | 76. 5 | 66.9 | 9.0 |
|  | 3,000-3,999---- | 54.5 | 9.0 | - 0 | 12.3 | 1.6 | 57.2 | 15.5 | - 7 | 2.2 | . 0 | 84.9 | 67.5 | 8.0 |
|  | $4,000-4,999$ | 49.6 | 3.2 | - 0 | 12.4 | - 3 | 58.5 | 17.1 | . 6 | $4 \cdot 1$ | - 0 | 86.2 | 71.8 | 5.2 |
|  | 5,000-5,999----- | 56.7 | 6.2 | - 0 | 17.1 | . 2 | 59.1 | 20.3 | . 1 | 3.6 | - 0 | 91.6 | 75.2 | 1.2 |
|  | 6,000-6,999----- | 56.6 | 9.3 | . 6 | 16.3 | 2.4 | 65.4 | 16.8 | . 1 | 4.6 | - 6 | 88.7 | 77.7 | 6.0 |
|  | 7,000-7,999----- | 50.5 | 4.8 | - 0 | 20.3 | . 0 | 63.1 | 16.9 | . 1 | 6.0 | . 0 | 88.6 | 71.2 | 2.8 |
|  | 8,000-8,999---- | 53.0 | 6.9 | - 0 | 21.6 | . 0 | 61.3 | 16.7 | . 0 | 4.9 | - 0 | 88.2 | 76.2 | 7.1 |
|  | 9,000-9,999----- | 57.8 | 13.0 | - 0 | 26.7 | . 0 | 63.3 | 11.9 | . 0 | 3.2 | - 0 | 94.5 | 76.3 | 3.4 |
|  | 10,000-14,999---- | 59.1 | 4.7 | - 0 | 27.2 | - 6 | 62.8 | 12.4 | . 0 | 9.6 | -6 | 96.2 | 77.7 | 2.6 |
|  | 15,000 AND OVER-- | 60.8 | 6.9 | 2.3 | 28.1 | 2.3 | 74.2 | 16.1 | . 0 | 9.2 | 2.3 | 86.2 | 63.1 | - 0 |
| $\neq \mathrm{T}$ | ABLE NOTES ON PAG | 107-109 |  |  |  |  |  |  |  |  |  |  |  | S |


| MONEY INCOME AFTER TAXES IN 1964 | OTHER \# |  |  |  |  |  | SOUP, MIXTURES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL$\neq$ | CANNED |  | FROZEN |  | DRIED | TOTAL | CANNED |  | FROZEN |  | DRIED |
|  |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CI AL } \end{aligned}$ | HOME |  |  | $\begin{aligned} & \text { COMMER - } \\ & \text { CI AL } \end{aligned}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  |
| (1) | (27) | (28) | (29) | (30) | (31) | (32) | (33) | (34) | (35) | (36) | (37) | (38) |

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL | HOUSEHOLDS------ | 2.334 | . 574 | . 035 | . 168 | . 022 | * | .138 | . 124 | . 000 | . 003 | . 001 | . 001 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000---- | 1.719 | . 622 | . 253 | . 050 | . 046 | . 000 | . 219 | . 219 | . 000 | . 000 | . 000 | . 000 |
|  | 1,000-1,999----- | 2.447 | . 536 | . 072 | . 129 | . 030 | * | . 200 | .179 | .000 | . 000 | . 000 | . 001 |
|  | 2,000-2,999---- | 2.114 | - 520 | . 061 | . 096 | . 021 | * | .131 | . 114 | . 000 | . 000 | . 012 | . 001 |
|  | 3,000-3,999---- | 2.108 | . 541 | . 030 | . 107 | . 035 | * | . 172 | . 164 | . 000 | . 000 | . 000 | . 002 |
|  | 4,000-4,999----- | 2.086 | . 601 | . 047 | . 112 | . 009 | * | .168 | . 163 | . 000 | . 001 | . 001 | . 001 |
|  | 5,000-5,999-..- | 2.125 | . 611 | . 020 | . 139 | . 018 | . 001 | . 132 | . 122 | . 000 | . 002 | . 000 | . 001 |
|  | 6,000-6,999---- | 2.294 | . 632 | . 035 | . 133 | . 025 | . 001 | . 143 | . 137 | . 000 | . 001 | . 000 | . 001 |
|  | 7,000-7,999---- | 2.419 | . 549 | . 022 | . 228 | . 032 | * | . 137 | . 104 | .000 | . 004 | . 000 | . 003 |
|  | 8,000-8,999----- | 2.525 | . 597 | . 033 | . 167 | . 034 | * | . 160 | . 149 | . 000 | . 003 | . 000 | . 003 |
|  | 9,000-9,999---- | 2.528 | . 532 | . 032 | . 205 | . 020 | . 001 | . 086 | . 065 | . 000 | . 015 | . 000 | . 001 |
|  | 10,000-14,999---- | 2.629 | . 521 | . 016 | . 269 | . 011 | * | . 124 | . 102 | . 000 | . 003 | . 000 | . 002 |
|  | 15,000 AND OVER-- | 3.096 | . 573 | . 018 | . 369 | . 012 | * | .047 | . 045 | . 000 | . 000 | . 000 | . 002 |
| MONEY VALUE PER PERSON PER WEEK (DOLLARS) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS------ | . 523 | . 128 | . 008 | . 061 | . 008 | . 001 | . 042 | . 034 | . 000 | . 002 | * | . 002 |
|  | UNDER 1,000----- | - 358 | . 144 | . 045 | . 018 | . 014 | . 000 | . 050 | . 050 | . 000 | . 000 | . 000 | . 000 |
|  | 1,000-1,999----- | . 481 | . 108 | . 017 | . 046 | . 010 | . 001 | . 052 | . 041 | . 000 | . 000 | . 000 | . 004 |
|  | 2,000-2,999----- | . 447 | . 109 | . 017 | . 034 | . 007 | * | . 037 | . 029 | . 000 | . 000 | . 003 | . 002 |
|  | 3,000-3,995----- | . 450 | . 123 | . 006 | . 035 | . 012 | * | . 051 | . 045 | . 000 | . 000 | . 000 | . 002 |
|  | 4,000-4,999----- | . 439 | . 132 | . 010 | . 042 | . 003 | * | . 051 | . 046 | . 000 | . 001 | $\div$ | . 001 |
|  | 5,000-5,999----- | . 469 | . 135 | . 005 | . 048 | . 006 | * | .038 | . 033 | . 000 | . 001 | . 000 | . 002 |
|  | 6,000-6,999 --- | . 525 | . 139 | . 009 | . 045 | . 009 | . 001 | . 042 | . 038 | . 000 | . 001 | . 000 | . 001 |
|  | 7,000-7,999----- | . 543 | . 110 | . 006 | . 083 | . 011 | . 001 | . 052 | . 029 | . 000 | . 003 | . 000 | . 005 |
|  | 8,000-8,999----- | . 567 | . 137 | . 008 | . 060 | . 012 | . 001 | . 050 | . 041 | . 000 | . 003 | . 000 | . 004 |
|  | 9,000-9,999----- | . 593 | . 131 | . 007 | . 084 | . 007 | .002 | . 030 | . 017 | . 000 | . 009 | . 000 | . 002 |
|  | 10,000-14,999--- | . 602 | . 117 | . 004 | . 097 | . 004 | * | . 040 | . 028 | . 000 | . 003 | . 000 | . 002 |
|  | 15,000 AND OVER-- | .785 | .147 | . 004 | . 150 | . 004 | . 001 | . 015 | . 011 | . 000 | . 000 | . 000 | . 004 |
| PERCENT OF HOUSEHOLOS USING IN A WEEK |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS------ | 98.3 | 70.4 | 5.4 | 38.5 | 3.5 | 2.6 | 32.0 | 27.2 | . 0 | 1.1 | . 1 | 2.7 |
|  | UNDER 1,000----- | 84.7 | 51.5 | 19.0 | 9.8 | 5.5 | . 0 | 28.8 | 28.8 | . 0 | . 0 | - 0 | - 0 |
|  | 1,000-1,999----- | 94.3 | 53.5 | 10.2 | 25.5 | 3.7 | 1.4 | 24.6 | 20.4 | . 0 | . 0 | - 0 | 2.8 |
|  | 2,000-2,999 | 97.1 | 57.2 | 8.2 | 23.3 | 2.3 | 1.0 | 31.0 | 28.1 | - 0 | - 0 | 1.0 | 1.9 |
|  | 3,000-3,999---- | 97.8 | 66.3 | 3.7 | 25.7 | 5.0 | 2.2 | 28.1 | 24.1 | - 0 | . 0 | - 0 | 2.5 |
|  | 4,000-4,999---- | 98.1 | 70.3 | 3.9 | 33.1 | 1.4 | 1.3 | 32.3 | 29.6 | - 0 | . 6 | - 1 | 1.3 |
|  | 5,000-5,999---- | 98.7 | 80.1 | 4.7 | 32.4 | 4.1 | 2.3 | 36.9 | 32.5 | - 0 | - 9 | - 0 | 3.5 |
|  | 6,000-6,999----- | 99.9 | 78.0 | 7.0 | 33.4 | 4.5 | 3.5 | 36.6 | 32.5 | - 0 | 1.2 | - 0 | 2.9 |
|  | 7,000-7,999---- | 99.3 | 70.3 | 4.9 | 46.3 | 4.4 | 3.3 | 33.2 | 24.4 | - 0 | 2.0 | - 0 | 4.1 |
|  | 8,000-8,999----- | 99.0 | 75.2 | 6.3 | 50.7 | 5.3 | 2.9 | 36.9 | 31.8 | - 0 | 1.0 | - 0 | 4.1 |
|  | 9,000-9,999 | 98.7 | 74.0 | 4.3 | 57.8 | 2.3 | 8.5 | 27.7 | 19.2 | - 0 | 3.2 | - 0 | 3.2 |
|  | 10,000-14,999---- | 100.0 | 74.5 | 3.4 | 57.0 | 1.7 | 2.6 | 33.2 | 26.8 | - 0 | 1.9 | - 0 | 1.9 |
|  | 15,000 AND OVER-- | 100.0 | 76.0 | 3.2 | 62.7 | 3.2 | 2.3 | 23.0 | 23.0 | . 0 | . 0 | - 0 | 4.6 |



| MONEY INCOME AFTER TAXES IN 1964 | DARK GREEN $\ddagger$ |  |  |  |  | DEEP YELLOW $\ddagger$ |  |  |  |  | TOMATOES $\ddagger$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\underset{\ddagger}{\text { TOTAL }}$ | CANNED |  | FROZEN |  | $\underset{\neq}{\mathrm{TOT} A L}$ | CANNED |  | FROZEN |  | $\underset{\neq}{\text { TOTAL }}$ | CANNED |  |
|  |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | COMMERCI AL | HOME |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME |
| (1) | (14) | (15) | $(16)$ | (17) | (18) | (19) | (20) | (21) | (22) | (23) | (24) | $(25)$ | (26) |


| QUANTITY PER PERSON PER WEEK (POUNDS) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ALL | HOUSEHOLDS------ | . 298 | . 028 | * | . 066 | * | . 295 | . 064 | * | . 015 | * | . 793 | . 464 | . 013 |
|  | UNDER 1,000----- | . 358 | . 111 | . 000 | . 026 | . 000 | . 441 | . 047 | . 000 | . 042 | . 000 | . 537 | . 216 | .113 |
|  | 1,000-1,999----- | - 300 | . 016 | . 000 | . 047 | . 000 | . 223 | . 037 | . 000 | . 014 | . 000 | . 667 | . 338 | . 047 |
|  | 2,000-2,999----- | . 455 | . 039 | . 004 | . 076 | * | . 265 | . 067 | . 000 | . 009 | . 000 | . 814 | . 564 | . 049 |
|  | 3,000-3,999----- | . 350 | . 036 | . 000 | . 074 | . 000 | - 300 | . 072 | . 003 | . 008 | . 000 | . 723 | . 433 | . 046 |
|  | 4,000-4,999----- | - 269 | . 006 | . 000 | . 044 | . 000 | - 322 | . 070 | . 000 | . 009 | . 000 | -691 | . 415 | . 012 |
|  | 5,000-5,999----- | . 317 | . 030 | . 000 | . 052 | . 000 | . 239 | . 079 | . 000 | . 013 | . 000 | - 796 | . 483 | . 002 |
|  | 6,000-6,999----- | - 300 | . 036 | * | . 050 | . 001 | . 252 | . 058 | . 000 | . 015 | . 000 | - 913 | . 561 | . 015 |
|  | 7,000-7,999--..- | - 302 | . 017 | . 000 | . 073 | . 000 | - 374 | . 067 | . 000 | . 015 | . 000 | . 783 | . 444 | . 000 |
|  | 8,000-8,999----- | . 281 | . 058 | . 000 | . 082 | . 000 | - 304 | . 052 | . 000 | . 009 | . 000 | . 697 | . 402 | . 010 |
|  | 9,000-9,9,99----- | - 248 | . 045 | . 000 | . 074 | . 000 | . 279 | . 070 | . 000 | . 009 | . 000 | . 745 | . 379 | . 000 |
|  | 10,000-14,999---- | . 213 | . 010 | . 000 | . 090 | . 000 | . 307 | . 038 | . 000 | . 038 | . 004 | . 866 | . 491 | . 000 |
|  | 15,000 AND OVER-- | - 308 | . 030 | . 000 | . 092 | . 000 | . 407 | . 072 | . 000 | . 026 | . 000 | 1. 033 | . 565 | . 000 |
| MONEY VALUE PER PERSON PER WEEK (DOLLARS) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS------ | . 084 | . 007 | * | . 023 | * | . 052 | . 015 | * | . 005 | * | . 206 | . 103 | . 003 |
|  | UNDER 1,000----- | . 095 | . 031 | . 000 | . 008 | . 000 | . 086 | . 018 | . 000 | . 008 | . 000 | . 117 | . 052 | . 028 |
|  | 1,000-1,999----- | . 082 | . 003 | . 000 | . 014 | . 000 | . 041 | . 010 | . 000 | . 006 | . 000 | .168 | . 077 | . 012 |
|  | 2,000-2,999---- | . 107 | . 008 | . 003 | . 028 | * | . 049 | . 014 | . 000 | . 003 | . 000 | . 205 | . 132 | . 012 |
|  | 3,000-3,999---- | . 085 | . 008 | . 000 | . 026 | . 000 | . 055 | . 017 | . 001 | . 003 | . 000 | .176 | . 097 | . 011 |
|  | 4,000-4,999----- | . 071 | . 002 | . 000 | . 017 | . 000 | . 054 | . 018 | . 000 | . 003 | . 000 | . 178 | . 095 | . 003 |
|  | 5,000-5,999----- | . 092 | . 009 | . 000 | . 018 | . 000 | . 043 | . 017 | . 000 | . 004 | . 000 | . 198 | . 104 | * |
|  | 6,000-6,999----- | . 080 | . 007 | * | . 016 | * | . 046 | . 014 | . 000 | . 005 | . 000 | . 239 | . 126 | . 004 |
|  | 7,000-7,999----- | . 088 | . 006 | . 000 | . 026 | . 000 | . 060 | . 016 | . 000 | . 006 | . 000 | . 203 | . 094 | . 000 |
|  | 8,000-8,999 | . 088 | . 012 | . 000 | . 028 | . 000 | . 044 | . 011 | . 000 | . 002 | . 000 | . 184 | . 094 | . 003 |
|  | 9,000-9,999----- | . 070 | . 012 | . 000 | . 026 | . 000 | . 051 | . 019 | . 000 | . 002 | . 000 | . 208 | . 084 | . 000 |
|  | 10,000-14,999---- | . 074 | . 002 | . 000 | . 033 | . 000 | . 057 | . 010 | . 000 | . 011 | . 001 | . 238 | . 114 | . 000 |
|  | 15,000 AND OVER-- | .103 | . 007 | . 000 | . 033 | . 000 | . 074 | . 019 | . 000 | . 009 | . 000 | . 277 | . 106 | . 000 |
| PERCENT OF HOUSEHOLDS USING IN A WEEK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS------ | 56.4 | 6.9 | - 3 | 18.8 | - 2 | 59.8 | 15.8 | -1 | $5 \cdot 3$ | . 1 | 86.3 | 69.0 | 2.0 |
|  | UNDER 1,000----- | 26.3 | 15.8 | - 0 | 5.3 | - 0 | 52.6 | 10.5 | . 0 | 5.3 | - 0 | 52.6 | 31.6 | 10.5 |
|  | 1,000-1,999----- | 47.3 | 3.6 | . 0 | 9.1 | - 0 | 49.1 | 9.1 | . 0 | 3.6 | - 0 | 63.6 | 50.9 | 1.8 |
|  | 2,000-2,999----- | 50.6 | 3.6 | 2.4 | 12.0 | 1.2 | 47.0 | 13.3 | . 0 | 2.4 | - 0 | 78.3 | 67.5 | 8.4 |
|  | 3,000-3,999----- | 58.9 | 10.3 | - 0 | 14.0 | - 0 | 59.8 | 15.9 | - 9 | 2.8 | - 0 | 82.2 | 65.4 | 4.7 |
|  | 4,000-4,999----- | 59.0 | 3.4 | - 0 | 14.5 | - 0 | 61.5 | 16.2 | . 0 | 4.3 | - 0 | 84.6 | 67.5 | 1.7 |
|  | 5,000-5,999----- | 60.9 | 7.1 | - 0 | 18.5 | - 0 | 59.2 | 20.1 | . 0 | $4 \cdot 3$ | - 0 | 91.3 | 75.0 | . 5 |
|  | 6,000-6,999----- | 58.3 | 9.4 | - 8 | 18.1 | - 8 | 66.1 | 18.1 | . 0 | 6.3 | - 0 | 89.8 | 76.4 | 1.6 |
|  | 7,000-7,999----- | 55.0 | 5.4 | - 0 | 20.7 | - 0 | 65.8 | 18.0 | -0 | 7.2 | - 0 | 85.6 | 64.9 | . 0 |
|  | 8,000-8,999----- | 55.0 | 8.8 | - 0 | 22.5 | . 0 | 56.3 | 15.0 | . 0 | 5.0 | - 0 | 85.0 | 70.0 | 2.5 |
|  | 9,000-9,999---- | 57.5 | 15.1 | - 0 | 24.7 | - 0 | 61.6 | 15.1 | . 0 | 4.1 | - 0 | 97.3 | 76.7 | - 0 |
|  | 10,000-14,999---- | 58.1 | 4.0 | - 0 | 29.8 | - 0 | 62.9 | 11.3 | . 0 | 11.3 | - 8 | 96.8 | 76.6 | - 0 |
|  | 15,000 AND OVER-- | 58.3 | 8.3 | - 0 | 27.8 | . 0 | 75.0 | 19.4 | . 0 | $8 \cdot 3$ | - 0 | 91.7 | 63.9 | - 0 |


| MONEY INCOME AFTER TAXES IN 1964 | OTHER $\ddagger$ |  |  |  |  |  | SOUP, MIXTURES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL | CANNED |  | FROZEN |  | DRIED | $\underset{\ddagger}{\text { TOT AL }}$ | CANNED |  | FROZEN |  | DRIED |
|  |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  |  | COMMER CI AL | HOME | COMMERCIAL | HOME |  |
| (1) | (27) | (28) | (29) | (30) | (31) | (32) | (33) | (34) | (35) | (36) | (37) | (38) |


| ALL | HOUSEHOLDS | 2.416 |
| :---: | :---: | :---: |
|  | UNDER 1,000 | 2.073 |
|  | 1,000-1,999----- | 2.400 |
|  | 2,000-2,999----- | 2.235 |
|  | 3,000-3,999 | 2.144 |
|  | 4,000-4,999 | 2.107 |
|  | 5,000-5,999---- | 2. 163 |
|  | 6,000-6,999---- | 2.293 |
|  | 7,000-7,999----- | 2.635 |
|  | 8,000-8,999----- | 2.601 |
|  | 9,000-9,999----- | 2. 530 |
|  | 10,000-14,999---- | 2.764 |
|  | 15,000 AND OVER-- | 3.395 |

QUANTITY PER PERSON PER WEEK (POUNDS)


[^5]

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | 1.017 | . 259 | . 043 | . 081 | . 024 | .009 | . 258 | .002 | . 000 | . 018 | . 001 | . 004 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 789 | . 215 | . 055 | . 031 | . 008 | . 010 | . 244 | .001 | . 000 | . 006 | . 000 | . 010 |
|  | 3,000-4,999----- | 1.084 | . 286 | . 062 | . 047 | . 028 | . 002 | . 327 | .000 | . 000 | . 010 | . 002 | . 001 |
|  | 5,000-6,999----- | 1.057 | . 264 | . 034 | . 060 | . 032 | . 009 | . 269 | . 002 | . 000 | .016 | . 002 | . 008 |
|  | 7,000-9,999----- | 1.011 | . 251 | . 038 | . 101 | . 024 | . 010 | . 225 | . 002 | . 000 | . 020 | . 000 | . 002 |
|  | 10,000 AND OVER-- | 1.005 | . 228 | . 029 | .151 | .019 | . 021 | . 232 | .002 | .000 | .038 | .000 | . 004 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 99.4 | 95.4 | 22.8 | 49.1 | 11.4 | 11.4 | 94.8 | 2.8 | . 0 | 17.3 | . 6 | 4.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 95.7 | 84.8 | 32.6 | 26.1 | 8.7 | $4 \cdot 3$ | 89.1 | 2.2 | - 0 | 4.3 | - 0 | 2.2 |
|  | 3,000-4,999----- | 100.0 | 98.3 | 22.0 | 32.2 | 13.6 | 3.4 | 94.9 | . 0 | . 0 | 11.9 | 1.7 | 1.7 |
|  | 5,000-6,999----- | 100.0 | 97.6 | 22.4 | 45.9 | 15.3 | 14.1 | 97.6 | 2.4 | . 0 | 16.5 | 1.2 | 9.4 |
|  | 7,000-9,999----- | 100.0 | 98.7 | 22.8 | 64.6 | 10.1 | 16.5 | 94.9 | 5.1 | . 0 | 24.1 | - 0 | 5.1 |
|  | 10,000 AND OVER-- | 100.0 | 94.6 | 18.9 | 73.0 | 10.8 | 21.6 | 94.6 | 2.7 | . 0 | 29.7 | . 0 | 5.4 |


| MONEY INCOME AFTER TAXES IN 1964 | DARK GREEN $\ddagger$ |  |  |  |  | DEEP YELLOW $\ddagger$ |  |  |  |  | TOMATOES $\ddagger$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\underset{\ddagger}{\text { TOTAL }}$ | CANNED |  | frozen |  | $\underset{\neq}{\text { TOT AL }}$ | CANNED |  | frozen |  | $\underset{\neq}{\text { TOTAL }}$ | CANNED |  |
|  |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |
| (1) | (14) | (15) | (16) | (17) | (18) | (19) | (20) | (21) | (22) | (23) | (24) | (25) | (26) |


| ALL | HOUSEHOLDS------ | . 111 | . 010 | . 001 | . 030 | . 008 | . 203 | . 053 | .005 | . 004 | . 001 | . 784 | .487 | . 112 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000---- | . 047 | . 008 | .000 | . 000 | $\cdots$ | .216 | . 049 | .017 | . 005 | . 000 | . 480 | - 328 | . 061 |
|  | 3,000-4,999---- | . 096 | . 013 | . 000 | . 019 | . 011 | . 174 | . 062 | .010 | . 005 | . 000 | . 875 | . 516 | .183 |
|  | 5,000-6,999----- | . 133 | . 016 | . 000 | . 025 | . 011 | . 204 | . 042 | . 000 | . 000 | . 001 | . 924 | . 542 | . 102 |
|  | 7.000-9,999----- | . 098 | . 001 | . 000 | . 041 | . 000 | . 194 | . 026 | .000 | . 006 | . 000 | . 729 | . 464 | . 108 |
|  | 10,000 AND OVER-- | .161 | . 017 | . 006 | . 055 | .019 | .233 | . 092 | .000 | . 010 | . 007 | . 720 | . 487 | . 079 |

## MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 037 | . 002 | * | . 011 | . 002 | . 036 | .011 | .001 | . 001 | * | .185 | .102 | . 020 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 010 | . 003 | . 000 | . 000 | * | . 039 | . 009 | . 003 | . 002 | . 000 | . 107 | . 070 | . 011 |
|  | 3,000-4,999----- | . 032 | . 003 | . 000 | . 007 | . 003 | . 030 | . 013 | . 002 | . 001 | . 000 | . 216 | . 114 | . 033 |
|  | 5,000-6,999----- | . 041 | . 003 | . 000 | . 009 | . 004 | . 034 | . 010 | . 000 | . 000 | * | . 216 | . 109 | . 018 |
|  | 7,000-9,999----- | . 034 | . 001 | . 000 | . 013 | . 000 | . 034 | . 006 | . 000 | . 002 | . 000 | . 178 | . 100 | . 019 |
|  | 10,000 AND OVER-- | . 063 | . 003 | . 001 | . 022 | . 006 | . 042 | .015 | .000 | . 006 | . 002 | .157 | - 099 | . 014 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUS EHOLDS------ | 39.8 | 4.0 | - 3 | 12.3 | 2.5 | 56.8 | 14.8 | - 9 | 1.9 | - 6 | 88.0 | 77.8 | 13.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 15.2 | 2.2 | - 0 | . 0 | 2.2 | 45.7 | 6.5 | 2.2 | 2.2 | - 0 | 67.4 | 54.3 | 13.0 |
|  | 3,000-4,999----- | 27.1 | 3.4 | - 0 | 5.1 | 3.4 | 47.5 | 16.9 | 1.7 | 1.7 | . 0 | 93.2 | 81.4 | 15.3 |
|  | 5,000-6,999----- | 45.9 | 5.9 | - 0 | 11.8 | 3.5 | 61.2 | 17.6 | . 0 | - 0 | 1.2 | 89.4 | 78.8 | 10.6 |
|  | 7,000-9,999----- | 45.6 | 2.5 | - 0 | 22.8 | - 0 | 65.8 | 12.7 | -0 | 2.5 | . 0 | 94.9 | 88.6 | 15.2 |
|  | 10,000 AND OVER-- | 64.9 | 5.4 | 2.7 | 18.9 | 5.4 | 64.9 | 13.5 | . 0 | 5.4 | 2.7 | 86.5 | 75.7 | 10.8 |


| MONEY INCOME AFTER TAXES IN 1964 | OTHER $\ddagger$ |  |  |  |  |  | SOUP, MIXTURES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL キ | CANNED |  | FROZEN |  | DRIED | $\underset{\neq}{\text { TOTAL }}$ | CANN ED |  | FROZEN |  | DRI ED |
|  |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  |  | COMMERCI AL | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  |
| (1) | (27) | (28) | (29) | (30) | (31) | (32) | (33) | (34) | (35) | (36) | (37) | (38) |



MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 469 | .117 | . 021 | .050 | .018 | * | . 031 | .025 | .000 | . 001 | . 000 | . 002 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | - 364 | . 109 | . 041 | . 024 | . 008 | . 000 | . 024 | . 024 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | . 444 | . 123 | . 026 | . 029 | . 022 | . 000 | . 035 | .032 | .000 | . 000 | . 000 | . 001 |
|  | 5,000-6,999----- | . 471 | . 116 | . 016 | . 034 | . 018 | * | . 026 | . 024 | . 000 | . 001 | . 000 | . 001 |
|  | 7,000-9,999---- | . 506 | -119 | . 019 | . 065 | . 024 | . 001 | . 032 | . 024 | . 000 | . 002 | . 000 | . 003 |
|  | 10,000 AND OVER-- | . 479 | . 089 | . 013 | . 086 | . 011 | * | .032 | . 020 | .000 | . 000 | . 000 | . 009 |


| ALL | HOUSEHOLDS------ | 98.5 | 75.3 | 15.1 | 37.0 | 9.6 | 1.2 | 31.8 | 26.9 | . 0 | - 9 | . 0 | 3.1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 91.3 | 58.7 | 23.9 | 21.7 | 6.5 | . 0 | 28.3 | 28.3 | . 0 | - 0 | - 0 | - 0 |
|  | 3,000-4,999---- | 98.3 | 81.4 | 13.6 | 22.0 | 10.2 | . 0 | 28.8 | 25.4 | . 0 | - 0 | - 0 | 1.7 |
|  | 5,000-6,999----- | 100.0 | 82.4 | 14.1 | 30.6 | 12.9 | 1.2 | 29.4 | 25.9 | . 0 | 1.2 | - 0 | 2.4 |
|  | 7,000-9,999----- | 100.0 | 75.9 | 15.2 | 50.6 | 10.1 | 2.5 | 35.4 | 29.1 | - 0 | 1.3 | - 0 | 5.1 |
|  | 10,000 AND OVER-- | 100.0 | 73.0 | 13.5 | 59.5 | 8.1 | 2.7 | 35.1 | 27.0 | . 0 | - 0 | - 0 | 8.1 |


| MONEY INCOME AFTER TAXES IN 1964 <br> (1) |  | ALL VEGETABLES |  |  |  |  |  | POTATOES $\ddagger$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL キ <br> (2) | CANNED |  | FROZEN |  | DRIED <br> (7) | TOTAL (FRESH EQUIVALENT) キ ( 8 ) | CANNED |  | FROZEN |  | DRIED(13) |
|  |  | COMMERCI AL (3) | HOME <br> (4) | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \\ \text { (5) } \end{gathered}$ | HOME <br> (6) | $\begin{gathered} \text { COMMER- } \\ \text { CI AL } \\ \text { (9) } \end{gathered}$ |  |  | HOME $(10)$ | COMMERCIAL <br> (11) | HOME <br> (12) |  |
| QUANTITY PER PERSON PER WEEK (POUNDS) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUS EHOLDS---- |  | 6.045 | . 828 | . 522 | . 185 | . 295 | . 007 | 3.117 | .003 | . 000 | . 043 | . 000 | . 006 |
|  | UNDER 3,000----- | 6.821 | . 681 | . 754 | . 084 | .636 | . 000 | 3.503 | . 000 | .000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999---- | 5.244 | . 663 | . 573 | . 180 | . 173 | . 003 | 2.776 | . 000 | . 000 | . 044 | . 000 | . 001 |
|  | 5,000-6,999----- | 6.364 | . 729 | - 518 | - 138 | . 239 | . 014 | 3.559 | . 000 | . 000 | . 038 | . 000 | . 013 |
|  | 7,000-9,999----- | 5.939 | 1.037 | . 359 | . 266 | . 285 | . 007 | 3.100 | . 012 | . 000 | . 052 | . 000 | - 000 |
|  | 10,000 AND OVER-- | 6.517 | 1.386 | .170 | . 334 | . 252 | . 007 | 2.665 | .014 | .000 | . 100 | .000 | . 007 |

## MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | 1.026 | .174 | -118 | . 065 | . 097 | . 008 | . 278 | .001 | . 000 | . 012 | . 000 | . 004 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 1.043 | . 136 | . 184 | . 035 | . 200 | . 000 | . 243 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | . 897 | . 139 | . 122 | . 058 | . 056 | . 006 | . 278 | . 000 | . 000 | . 011 | . 000 | . 001 |
|  | 5,000-6,999---- | 1.085 | . 155 | . 119 | . 050 | . 080 | . 012 | . 300 | . 000 | . 000 | . 014 | . 000 | . 010 |
|  | 7,000-9,999----- | 1.021 | . 215 | . 094 | . 096 | . 102 | . 010 | . 291 | . 003 | . 000 | . 017 | .000 | . 000 |
|  | 10,000 AND OVER-- | 1.191 | . 297 | . 036 | . 114 | .090 | .008 | . 264 | . 002 | . 000 | . 026 | . 000 | . 005 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 100.0 | 89.4 | 54.5 | 46.3 | 38.2 | 10.6 | 97.6 | 1.6 | - 0 | 11.4 | - 0 | 4.1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 100.0 | 91.7 | 66.7 | 20.8 | 37.5 | . 0 | 100.0 | . 0 | - 0 | - 0 | - 0 | - 0 |
|  | 3,000-4,999----- | 100.0 | 86.1 | 66.7 | 50.0 | 41.7 | 11.1 | 97.2 | . 0 | - 0 | 8.3 | - 0 | 2.8 |
|  | 5,000-6,999---- | 100.0 | 86.7 | 53.3 | 50.0 | 36.7 | 10.0 | 96.7 | . 0 | . 0 | 16.7 | - 0 | 6.7 |
|  | 7,000-9,999----- | 100.0 | 87.5 | 37.5 | 56.3 | 37.5 | 12.5 | 93.8 | 6.3 | - 0 | 18.8 | - 0 | - 0 |
|  | 10,000 AND OVER-- | 100.0 | 100.0 | 26.7 | 60.0 | 33.3 | 20.0 | 100.0 | 6.7 | - 0 | 20.0 | . 0 | 6.7 |


| MONEY INCOME AFTER TAXES IN 1964 | DARK GREEN $\ddagger$ |  |  |  |  | DEEP YELLOW $\ddagger$ |  |  |  |  | TOMATOES $\ddagger$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { TOTAL } \\ \neq \end{gathered}$ | CANNED |  | FROZEN |  | TOT AL$\neq$ | CANNED |  | FROZEN |  | $\underset{\underset{\text { TOTAL }}{ }}{\substack{\text { T } \\ \hline}}$ | CANNED |  |
|  |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |
| (1) | (14) | (15) | (16) | (17) | (18) | (19) | (20) | (21) | (22) | (23) | (24) | (25) | (26) |


| QUANTITY PER PERSON PER WEEK (POUNDS) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ALL | HOUSEHOLDS------ | . 154 | . 025 | . 000 | . 026 | . 033 | . 222 | . 036 | . 019 | . 006 | . 017 | . 666 | . 394 | . 192 |
|  | UNDER 3,000----- | . 276 | . 009 | . 000 | . 023 | . 114 | . 283 | .013 | .055 | . 000 | . 070 | . 603 | . 365 | . 220 |
|  | 3,000-4,999----- | . 068 | . 006 | . 000 | . 019 | . 011 | . 200 | . 067 | . 000 | . 010 | . 000 | . 619 | . 328 | . 277 |
|  | 5,000-6,999 | . 143 | . 012 | . 000 | . 010 | . 041 | . 200 | . 015 | . 024 | . 005 | . 000 | . 656 | . 374 | . 188 |
|  | 7,000-9,999----- | . 177 | . 085 | . 000 | . 032 | . 000 | . 171 | . 042 | . 035 | . 000 | . 000 | .492 | . 272 | . 080 |
|  | 10,000 AND OVER-- | . 211 | . 070 | . 000 | . 076 | .000 | . 250 | . 024 | .000 | . 000 | . 000 | . 970 | . 720 | .000 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 041 | . 005 | . 000 | . 009 | .010 | . 039 | .007 | .005 | . 001 | . 005 | . 142 | . 082 | . 037 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 065 | . 002 | . 000 | . 009 | . 033 | . 057 | . 003 | . 012 | . 000 | . 021 | . 124 | . 072 | . 047 |
|  | 3,000-4,999----- | . 022 | . 001 | . 000 | . 006 | . 003 | . 026 | . 009 | . 000 | . 001 | . 000 | . 134 | . 073 | . 054 |
|  | 5,000-6,999----- | . 037 | . 003 | . 000 | . 004 | . 012 | . 041 | . 004 | . 007 | . 002 | . 000 | . 144 | . 083 | . 038 |
|  | 7,000-9,999----- | . 039 | . 017 | . 000 | . 011 | . 000 | . 033 | . 010 | . 011 | . 000 | . 000 | . 113 | . 053 | . 017 |
|  | 10,000 AND OVER-- | . 068 | . 012 | . 000 | . 030 | . 000 | . 041 | .008 | .000 | . 000 | . 000 | . 198 | . 137 | . 000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 41. 5 | 6.5 | - 0 | 11.4 | $7 \cdot 3$ | 57.7 | 13.0 | 4.1 | 3.3 | 4.1 | 87. 0 | 78.0 | 26.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | 29.2 | 4.2 | - 0 | 8.3 | 12.5 | 58.3 | 4.2 | 8.3 | - 0 | 16.7 | 75.0 | 70.8 | 33.3 |
|  | 3,000-4,999----- | 36.1 | 2.8 | - 0 | 11.1 | 8.3 | 55.6 | 19.4 | . 0 | 5.6 | - 0 | 88.9 | 77.8 | 38.9 |
|  | 5,000-6,999----- | 46.7 | 6.7 | - 0 | 3.3 | 10.0 | 60.0 | 10.0 | 6.7 | 3.3 | - 0 | 86.7 | 76.7 | 20.0 |
|  | 7,000-9,999----- | 37.5 | 12.5 | - 0 | 18.8 | - 0 | 56.3 | 18.8 | 6.3 | - 0 | - 0 | 87.5 | 75.0 | 18.8 |
|  | 10,000 AND OVER-- | 66.7 | 13.3 | - 0 | 26.7 | . 0 | 53.3 | 13.3 | . 0 | - 0 | - 0 | 100.0 | 100.0 | - 0 |


| MONEY INCOME AFTER TAXES IN 1964 | OTHER $\ddagger$ |  |  |  |  |  | SOUP, MIXTURES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { TOTAL } \\ \ddagger \end{gathered}$ | CANNED |  | FROZEN |  | DRIED | $\underset{\neq}{\text { TOTAL }}$ | CANNED |  | FROZEN |  | DRIED |
|  |  | COMMERCIAL | HOME | COMMERCI AL | HOME |  |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  |
| (1) | (27) | (28) | (29) | (30) | (31) | (32) | (33) | (34) | (35) | (36) | (37) | (38) |


| ALL | HOUSEHOLDS------ | 2.120 | . 294 | QUANTITY PER PERSON PER WEEK (POUNDS) |  |  |  |  |  | . 000 | . 000 | . 004 | . 001 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | . 311 | . 111 | . 234 | * | .081 | .075 |  |  |  |  |
|  | UNDER 3,000----- | 2.156 | . 191 | . 480 | . 061 | . 452 | . 000 | .103 | . 103 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | 1.861 | - 210 | . 296 | . 108 | . 149 | .000 | . 066 | . 051 | . 000 | . 000 | . 013 | . 002 |
|  | 5,000-6,999---- | 2.203 | . 291 | - 306 | . 086 | . 198 | * | . 037 | . 037 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999----- | 2.099 | . 509 | . 244 | . 181 | . 247 | . 000 | .123 | . 117 | . 000 | . 000 | . 000 | . 007 |
|  | 10,000 AND OVER-- | 2.564 | . 412 | .170 | .159 | . 235 | . 000 | . 146 | .146 | . 000 | . 000 | .000 | . 000 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | - 504 | . 060 | .075 | . 041 | . 080 | * | . 022 | .019 | . 000 | . 000 | . 001 | . 002 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000---- | . 530 | . 035 | . 124 | . 026 | . 147 | .000 | . 024 | . 024 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999---- | . 418 | . 043 | . 068 | . 040 | . 049 | . 000 | . 019 | . 013 | . 000 | . 000 | . 003 | . 003 |
|  | 5,000-6,999----- | . 552 | . 055 | . 074 | . 030 | . 068 | . 001 | .011 | .011 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999----- | . 505 | . 102 | . 066 | . 068 | . 094 | . 000 | . 040 | . 030 | . 000 | . 000 | . 000 | . 010 |
|  | 10,000 AND OVER-- | . 587 | . 105 | . 036 | . 058 | . 086 | . 000 | . 034 | . 034 | . 000 | . 000 | . 000 | . 000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 98.4 | 53.7 | 43. 9 | 35.8 | 38.2 | - 8 | 26.8 | 22.8 | . 0 | . 0 | - 8 | 3.3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 100.0 | 50.0 | 62.5 | 12.5 | 37.5 | . 0 | 25.0 | 25.0 | - 0 | - 0 | - 0 | . 0 |
|  | 3,000-4,999----- | 100.0 | 50.0 | 41.7 | 41.7 | 41.7 | - 0 | 27.8 | 19.4 | . 0 | - 0 | 2. 8 | 5.6 |
|  | 5,000-6,999----- | 96.7 | 56.7 | 50.0 | 33.3 | 36.7 | 3.3 | 13.3 | 13.3 | - 0 | - 0 | - 0 | - 0 |
|  | 7,000-9,999---- | 93.8 | 56.3 | 25.0 | 50.0 | 37.5 | - 0 | 50.0 | 37.5 | - 0 | . 0 | - 0 | 12.5 |
|  | 10,000 AND OVER-- | 100.0 | 53.3 | 26.7 | 46.7 | 33.3 | . 0 | 33.3 | 33.3 | . 0 | . 0 | - 0 | - 0 |

-1
$\square$

| ALL VEGETABLES |  |  |  |  |  | POTATOES $\ddagger$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | CANNED |  | FRCZEN |  | DRIED | TOT AL (FRESH EQUIVALENT) $\neq$ | CANNED |  | FROZEN |  | DRI ED |
| $\begin{gathered} \text { TOTAL } \\ \neq \end{gathered}$ | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME |  |
| (2) | (3) | (4) | (5) | (6) | (7) |  | (9) | (10) | (11) | (12) | (13) |

MONEY INCOME
AFTER TAXES IN 1964
(1)

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL | HOUSEHOLDS------ | 1.450 | .000 | . 464 | . 000 | . 242 | . 000 | . 564 | . 000 | . 000 | . 000 | . 000 | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 2.229 | . 000 | . 660 | . 000 | . 599 | . 000 | . 721 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | 1.462 | . 000 | . 530 | . 000 | . 155 | .000 | . 580 | .000 | .000 | . 000 | . 000 | . 000 |
|  | 5,000-6,999----- | 1.298 | .000 | . 445 | . 000 | . 161 | . 000 | . 501 | .000 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999---- | 1.537 | . 000 | . 303 | . 000 | . 196 | . 000 | . 949 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | . 528 | .000 | . 139 | . 000 | . 168 | . 000 | . 151 | . 000 | . 000 | . 000 | . 000 | . 000 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 281 | . 000 | . 105 | . 000 | . 078 | .000 | . 051 | . 000 | . 000 | . 000 | .000 | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 469 | . 000 | .160 | . 000 | .191 | . 000 | . 065 | . 000 | .000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | . 269 | . 000 | . 112 | . 000 | . 051 | . 000 | .052 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 5,000-6,999----- | . 260 | .000 | . 104 | . 000 | . 052 | . 000 | . 045 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999----- | - 244 | . 000 | . 078 | . 000 | . 062 | . 000 | . 086 | .000 | . 000 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | . 117 | .000 | . 029 | . 000 | . 055 | . 000 | . 014 | .000 | . 000 | . 000 | . 000 | . 000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUS EHOLDS------ | 67.5 | . 0 | 47.2 | . 0 | 34.1 | . 0 | 14.6 | . 0 | . 0 | . 0 | . 0 | . 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000---- | 75.0 | - 0 | 54.2 | - 0 | 37.5 | . 0 | 20.8 | . 0 | . 0 | . 0 | - 0 | . 0 |
|  | 3,000-4,999---- | 77.8 | - 0 | 63.9 | - 0 | 38.9 | . 0 | 13.9 | . 0 | - 0 | . 0 | . 0 | . 0 |
|  | 5,000-6,999---- | 70.0 | . 0 | 43.3 | - 0 | 33.3 | . 0 | 10.0 | . 0 | . 0 | . 0 | - 0 | - 0 |
|  | 7,000-9,999----- | 56.3 | - 0 | 31.3 | - 0 | 25.0 | - 0 | 25.0 | . 0 | - 0 | . 0 | - 0 | - 0 |
|  | 10,000 AND OVER-- | 40.0 | . 0 | 20.0 | - 0 | 26.7 | . 0 | 6.7 | . 0 | . 0 | . 0 | - 0 | - 0 |


| MONEY INCOME AFTER TAXES IN 1964 | DARK GREEN $\ddagger$ |  |  |  |  | DEEP YELLOW |  |  |  |  | TOMATOES $\ddagger$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\underset{\substack{\text { TOTAL } \\ \neq}}{\text { Then }}$ | CANNED |  | FROZEN |  | $\underset{\neq}{\text { TOT AL }}$ | CANNED |  | FROZEN |  | $\begin{gathered} \text { TOTAL } \\ \neq \end{gathered}$ | CANNED |  |
|  |  | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME |  | COMMERCIAL | HOME | $\begin{gathered} \text { COMMER- } \\ \text { CIAL } \end{gathered}$ | HOME |  | COMMERCIAL | HOME |
| (1) | (14) | (15) | (16) | $(17)$ | (18) | (19) | (20) | (21) | (22) | (23) | (24) | (25) | (26) |

ALL HOUSEHOLDS----


7,000-9,999-----
10,000 AND DVER--
.055 .00

| .196 | .000 |
| :--- | :--- |
| .011 | .000 |
| .047 | .000 |
| .043 | .000 | $.043 \quad .000$ .000 . 000

QUANTITY PER PERSON PER WEEK (POUNDS)

| .000 | .000 | .031 | .033 | .000 | .015 | .000 | .017 | .192 | .000 | .170 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| .000 | .000 | .114 | .100 | .000 | .030 | .000 | .070 | .220 | .000 | .220 |
| .000 | .000 | .011 | .001 | .000 | .000 | .000 | .000 | .237 | .000 | .237 |
| .000 | .000 | .036 | .024 | .000 | .024 | .000 | .000 | .179 | .000 | .154 |
| .000 | .000 | .000 | .035 | .000 | .035 | .000 | .000 | .119 | .000 | .080 |
| .000 | .000 | .000 | .000 | .000 | .000 | .000 | .000 | .080 | .000 | .000 |

## MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 013 | . 000 | . 000 | . 000 | .009 | . 009 | . 000 | . 004 | .000 | . 005 | . 039 | . 000 | . 034 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | .047 | . 000 | . 000 | . 000 | . 033 | . 025 | . 000 | .005 | . 000 | . 021 | . 047 | . 000 | . 047 |
|  | 3,000-4,999----- | . 003 | . 000 | . 000 | . 000 | . 003 | * | . 000 | . 000 | . 000 | . 000 | . 046 | - 000 | . 046 |
|  | 5,000-6,999---- | . 012 | . 000 | . 000 | . 000 | . 010 | . 007 | . 000 | . 007 | . 000 | . 000 | . 036 | .000 | . 030 |
|  | 7,000-9,999----- | . 006 | . 000 | . 000 | . 000 | . 000 | . 011 | . 000 | . 011 | . 000 | . 000 | . 025 | - 000 | . 017 |
|  | 10,000 AND OVER-- | .000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | .000 | .000 | . 000 | . 021 | .000 | .000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 10.6 | . 0 | - 0 | - 0 | 6.5 | 7.3 | - 0 | 3.3 | . 0 | 4.1 | 25. 2 | . 0 | 22.8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 16.7 | . 0 | - 0 | - 0 | 12.5 | 16.7 | - 0 | 4.2 | - 0 | 16.7 | 33.3 | - 0 | 33.3 |
|  | 3,000-4,999----- | 8.3 | - 0 | - 0 | - 0 | 8.3 | 2.8 | - 0 | . 0 | . 0 | - 0 | 33.3 | - 0 | 33.3 |
|  | 5,000-6,999----- | 10.0 | . 0 | - 0 | . 0 | 6.7 | 6.7 | . 0 | 6.7 | . 0 | . 0 | 16.7 | . 0 | 13.3 |
|  | 7,000-9,999---- | 12.5 | - 0 | - 0 | - 0 | . 0 | 6.3 | . 0 | 6.3 | . 0 | . 0 | 18.8 | - 0 | 18.8 |
|  | 10,000 AND OVER-- | . 0 | . 0 | - 0 | - 0 | .0 | . 0 | . 0 | . 0 | - 0 | - 0 | 13.3 | . 0 | . 0 |


| MONEY INCOME AFTER TAXES IN 1564 | OTHER $\ddagger$ |  |  |  |  |  | SOUP, MIXTURES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { TOTAL } \\ \neq \end{gathered}$ | CANNED |  | FROZEN |  | DRIED | $\underset{\underset{\neq}{\text { TOT AL }}}{ }$ | CANN ED |  | FROZEN |  | DRIED |
|  |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  |  | COMMERCI AL | HOME | COMMERCIAL | HOME |  |
| (1) | (27) | (28) | (29) | (30) | (31) | (32) | (33) | (34) | (35) | (36) | (37) | (38) |

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL | HOUSEHOLDS------ | . 607 | .000 | .279 | . 000 | . 187 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 993 | . 000 | . 410 | . 000 | .415 | . 000 | .000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | . 632 | . 000 | . 293 | . 000 | . 145 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 5,000-6,999----- | . 547 | . 000 | . 268 | . 000 | - 126 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999----- | - 391 | . 000 | . 188 | . 000 | . 158 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | . 297 | . 000 | . 139 | . 000 | . 151 | . 000 | . 000 | .000 | .000 | . 000 | . 000 | . 000 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 169 | .000 | .067 | . 000 | .062 | .000 | .000 | . 000 | .000 | . 000 | .000 | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 284 | . 000 | . 108 | . 000 | . 137 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | . 167 | . 000 | . 066 | . 000 | . 048 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 5,000-6,999---- | .160 | .000 | . 066 | . 000 | . 041 | . 000 | . 000 | .000 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999----- | . 117 | . 000 | . 050 | . 000 | . 054 | . 000 | .000 | .000 | . 000 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | . 083 | . 000 | . 029 | . 000 | . 052 | . 000 | .000 | . 000 | . 000 | . 000 | . 000 | . 000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 60.2 | . 0 | 35.8 | - 0 | 34.1 | . 0 | - 0 | . 0 | . 0 | . 0 | . 0 | . 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 62.5 | - 0 | 45.8 | . 0 | 37.5 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - 0 |
|  | 3,000-4,999----- | 72.2 | - 0 | 38.9 | - 0 | 38.9 | - 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 |
|  | 5,000-6,999---- | 66.7 | - 0 | 40.0 | - 0 | 33.3 | - 0 | -0 | . 0 | . 0 | . 0 | . 0 | - 0 |
|  | 7,000-9,999----- | 37.5 | - 0 | 18.8 | - 0 | 25.0 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 |
|  | 10,000 AND OVER-- | 40.0 | . 0 | 20.0 | - 0 | 26.7 | . 0 | - 0 | -0 | . 0 | . 0 | - 0 | . 0 |



## QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL | HOUSEHOLDS | 4.192 | 1.047 |
| :---: | :---: | :---: | :---: |
|  | UNDER 1,000 | 3.341 | . 982 |
|  | 1,000-1,999 | 4.107 | 1.193 |
|  | 2,000-2,999 | 4.045 | . 825 |
|  | 3,000-3,999 | 3.941 | 1.099 |
|  | 4,000-4,999 | 3.568 | . 888 |
|  | 5,000-5,999 | 3.636 | . 902 |
|  | 6,000-6,999 | 4.014 | . 923 |
|  | 7,000-7,999----- | 4.007 | 1.071 |
|  | 8,000-8,999----- | 4.517 | 1.122 |
|  | 9,000-9,999 | 4.744 | 1.175 |
|  | 10,000-14,999--- | 4.761 | 1.239 |
|  |  | 6.260 | 1.389 |


| .049 | .171 | .021 | .024 | 1.552 |
| :--- | :--- | :--- | :--- | :--- |
| .078 | .048 | .050 | .007 | .882 |
| .120 | .113 | .007 | .036 | 1.231 |
| .086 | .071 | .009 | .022 | 1.190 |
| .078 | .085 | .035 | .018 | 1.249 |
| .067 | .107 | .013 | .018 | 1.319 |
| .028 | .152 | .010 | .023 | 1.431 |
| .054 | .159 | .023 | .028 | 1.389 |
| .021 | .156 | .032 | .019 | 1.394 |
| .086 | .231 | .048 | .020 | 1.648 |
| .019 | .258 | .001 | .039 | 2.035 |
| .016 | .272 | .019 | .023 | 1.985 |
| .019 | .380 | .033 | .045 | 2.432 |


| .337 | .000 |
| :--- | :--- |
| .222 | .000 |
| .285 | .000 |
| .279 | .000 |
| .374 | .000 |
| .279 | .000 |
| .280 | .000 |
| .289 | .000 |
| .355 | .000 |
| .372 | .000 |
| .396 | .000 |
| .410 | .000 |
| .457 | .000 |


| .142 | .000 |
| :--- | :--- |
| .048 | .000 |
| .098 | .000 |
| .067 | .000 |
| .077 | .000 |
| .091 | .000 |
| .128 | .000 |
| .116 | .000 |
| .134 | .000 |
| .186 | .000 |
| .224 | .000 |
| .226 | .000 |
| .288 | .000 |


| .229 | .009 | .008 |
| :--- | :--- | :--- |
| .043 | .000 | .020 |
| .101 | .012 | .002 |
| .208 | .000 | .000 |
| .182 | .003 | .002 |
| .169 | .010 | .008 |
| .164 | .010 | .003 |
| .153 | .013 | .016 |
| .308 | .000 | .019 |
| .249 | .021 | .005 |
| .328 | .015 | .000 |
| .329 | .010 | .017 |
| .502 | .008 | .008 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS------ | .735 | .207 |
| ---: | ---: | ---: |
| UNDER 1,000----- | .559 | .190 |
| $1,000-1,999----$ | .724 | .246 |
| $2,000-2,999----$ | .588 | .178 |
| $3,000-3,999----$ | .685 | .236 |
| $4,000-4,999---$ | .588 | .193 |
| $5,000-5,999---$ | .670 | .182 |
| $6,000-6,999----$ | .698 | .182 |
| $7,000-7,999----$ | .717 | .198 |
| $8,000-8,999----$ | .819 | .227 |
| $9,000-9,999----$ | .892 | .232 |
| $10,000-14,999---$ | .843 | .217 |
| 15,000 AND OVER-- | 1.177 | .238 |


| .012 | .078 | .008 | .010 | .274 | .055 | .000 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| .017 | .024 | .016 | .004 | .162 | .029 | .000 |
| .029 | .063 | .002 | .014 | .239 | .049 | .000 |
| .020 | .029 | .003 | .010 | .222 | .051 | .000 |
| .018 | .042 | .010 | .007 | .223 | .065 | .000 |
| .016 | .045 | .005 | .007 | .235 | .049 | .000 |
| .007 | .065 | .004 | .011 | .260 | .051 | .000 |
| .013 | .068 | .011 | .012 | .251 | .046 | .000 |
| .005 | .075 | .013 | .006 | .253 | .050 | .000 |
| .021 | .106 | .018 | .008 | .292 | .060 | .000 |
| .004 | .125 | .001 | .015 | .367 | .062 | .000 |
| .004 | .129 | .009 | .009 | .336 | .062 | .000 |
| .006 | .185 | .015 | .024 | .428 | .065 | .000 |


| .066 | .000 | .064 |
| :--- | :--- | :--- |
| .024 | .000 | .015 |
| .057 | .000 | .034 |
| .027 | .000 | .040 |
| .038 | .000 | .051 |
| .039 | .000 | .042 |
| .055 | .000 | .047 |
| .051 | .000 | .049 |
| .068 | .000 | .087 |
| .087 | .000 | .069 |
| .108 | .000 | .093 |
| .111 | .000 | .094 |
| .145 | .000 | .140 |


| .004 | .004 |
| :--- | :--- |
| .000 | .008 |
| .006 | .001 |
| .000 | .000 |
| .001 | .001 |
| .004 | .004 |
| .005 | .001 |
| .007 | .008 |
| .000 | .008 |
| .009 | .003 |
| .009 | .000 |
| .004 | .008 |
| .002 | .004 |

## PERCENT OF HOUSEHOLDS USING IN A WEEK


 2,000-2,999———--3,000-3,999——.--4,000-4,999———— 4,000-4,999--------6,000-6,999——.-. 7,000-7,999——---8,000-8,999-----9,000-9,999-----10,000-14,999--- $\quad 97.9$ 15,000 AND OVER-- 100.0

| 72.6 | 4.9 | 33.0 |
| ---: | ---: | ---: |
| 55.2 | 14.7 | 12.9 |
| 57.2 | 7.1 | 22.4 |
| 63.1 | 9.2 | 15.5 |
| 69.1 | 5.3 | 22.3 |
| 66.8 | 4.8 | 23.8 |
| 72.0 | 2.6 | 33.1 |
| 70.7 | 5.8 | 31.9 |
| 77.0 | 3.7 | 36.1 |
| 80.2 | 4.3 | 45.8 |
| 85.7 | 3.4 | 50.1 |
| 84.5 | 2.8 | 48.8 |
| 86.2 | 2.8 | 55.3 |


| 2.8 | 10.5 | 82.6 | 30.5 |
| ---: | ---: | ---: | ---: |
| 1.8 | 3.7 | 52.1 | 12.9 |
| .6 | 7.4 | 71.1 | 16.4 |
| 1.1 | 9.9 | 70.6 | 25.0 |
| 4.6 | 9.0 | 78.7 | 31.6 |
| 1.0 | 7.5 | 74.4 | 26.7 |
| 2.2 | 11.5 | 88.2 | 31.6 |
| 4.3 | 14.0 | 88.2 | 29.1 |
| 3.7 | 6.8 | 82.6 | 30.3 |
| 5.1 | 12.0 | 86.2 | 33.6 |
| .2 | 16.2 | 87.2 | 40.7 |
| 2.8 | 12.1 | 96.0 | 37.0 |
| 5.1 | 16.1 | 95.4 | 49.3 |

.0
.0
.0
.0
.0
.0
.0
.0
.0
.0
.0
.0
.0
29.7
12.9
19.0
14.5
19.9
21.2
30.8
29.1
32.8
39.7
43.7
44.2
46.1

| .0 | 25.4 |
| ---: | ---: |
| .0 | 4.3 |
| .0 | 12.5 |
| .0 | 16.4 |
| .0 | 22.3 |
| .0 | 17.4 |
| .0 | 22.3 |
| .0 | 23.5 |
| .0 | 32.7 |
| .0 | 34.0 |
| .0 | 32.2 |
| .0 | 36.3 |


| 2.9 | 1.1 |
| ---: | ---: |
| .0 | 1.2 |
| 3.1 | .3 |
| .0 | .0 |
| 1.5 | .1 |
| 2.6 | 1.0 |
| 3.1 | .5 |
| 4.6 | 3.0 |
| .0 | 1.5 |
| 6.9 | 1.0 |
| 5.3 | .0 |
| 4.0 | 2.7 |
| 4.6 | 2.3 |

\# TABLE NOTES ON PAGES 107-109


[^6]


[^7]

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS------ | . 655 | .170 | . 023 | . 059 | . 021 | . 011 | .196 | . 037 | .800 | . 044 | . 000 | . 076 | . 005 | . 011 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | . 572 | . 209 | . 021 | . 038 | . 000 | . 019 | .137 | . 048 | . 000 | . 033 | . 000 | . 022 | . 005 | . 000 |
| 3,000-4,999----- | . 533 | .130 | . 046 | . 017 | . 019 | . 006 | . 126 | . 030 | . 000 | . 014 | . 000 | . 052 | . 000 | . 005 |
| 5,000-6,999----- | . 620 | . 156 | . 015 | . 044 | . 017 | . 008 | . 179 | . 036 | .000 | . 030 | . 000 | . 064 | . 004 | . 013 |
| 7,000-9,999----- | . 688 | . 162 | . 021 | . 096 | . 031 | . 011 | . 207 | . 024 | . 000 | . 070 | . 000 | . 103 | . 010 | . 014 |
| 10,000 AND OVER-- | . 798 | . 191 | . 011 | . 088 | . 030 | . 020 | . 321 | . 056 | . 000 | . 076 | .000 | . 113 | . 005 | . 018 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 98.5 | 69.1 | 9.3 | 31.5 | 8.0 | 13.9 | 75.6 | 26.9 | -C | 26.9 | . 0 | 26.5 | 4.3 | 3.1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 95.7 | 58.7 | 13.0 | 26.1 | . 0 | 15.2 | 58.7 | 19.6 | . 0 | 21.7 | . 0 | 13.0 | $4 \cdot 3$ | - 0 |
|  | 3,000-4,999----- | 94.9 | 57.6 | 11.9 | 13.6 | 10.2 | 11.9 | 59.3 | 22.0 | . 0 | 11.9 | . 0 | 18.6 | . 0 | 1.7 |
|  | 5,000-6,999---- | 100.0 | 65.9 | 8.2 | 24.7 | 8.2 | 14.1 | 83.5 | 25.9 | . 0 | 23.5 | . 0 | 29.4 | 2.4 | 4.7 |
|  | 7,000-9,999----- | 100.0 | 77.2 | 5.1 | 49.4 | 8.9 | 13.9 | 81.0 | 25.3 | . 0 | 39.2 | . 0 | 32.9 | 8.9 | 2.5 |
|  | 10,000 AND OVER-- | 100.0 | 91.9 | 10.8 | 54.1 | 10.8 | 18.9 | 100.0 | 48.6 | - 0 | 45.9 | . 0 | 35.1 | 5.4 | 8.1 |


| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | OTHER |  |  |  |  |  | MIXTURES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL$\neq$ | CANNED |  | FROZEN |  | DRIED |  |
|  |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  |  |
| (1) | (16) | (17) | (18) | (19) | (20) | (21) | (22) |


| ALL HOUSEHOLDS------ | 2.415 | .625 | .097 | .026 | .030 | .027 | .002 |
| ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| UNDER 3, 000----- | 3.164 | .749 | .093 | .000 | .000 | .046 | .000 |
| $3,000-4,999----$ | 2.385 | .456 | .192 | .007 | .057 | .017 | .002 |
| $5,000-6,999----$ | 2.192 | .585 | .063 | .035 | .008 | .021 | .003 |
| $7,000-9,999----$ | 2.224 | .631 | .086 | .041 | .044 | .031 | .001 |
| 10,000 AND OVER-- 2.279 | .693 | .046 | .018 | .028 | .034 | .000 |  |


| ALL HOUSEHOLDS------ | .383 | .133 | .023 | .009 | .010 | .011 | .001 |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | .413 | .161 | .021 | .000 | .000 | .019 | .000 |
| $3,000-4,999----$ | .353 | .099 | .046 | .003 | .015 | .006 | .001 |
| $5,000-6,999----$ | .377 | .118 | .015 | .010 | .004 | .008 | .001 |
| $7,000-9,999---$ | .377 | .137 | .021 | .016 | .016 | .011 | .001 |
| 10,000 AND OVER-- | .364 | .135 | .011 | .007 | .012 | .020 | .000 |


| ALL HOUSEHOLDS------ | 92.6 | 63.6 | 9.3 | 6.5 | 6.2 | 13.9 | 1.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | 89.1 | 54.3 | 13.0 | - 0 | . 0 | 15.2 | - 0 |
| 3,000-4,999----- | 91.5 | 55.9 | 11.9 | 3.4 | 10.2 | 11.9 | 1.7 |
| 5,000-6,999----- | 92.9 | 61.2 | 8.2 | 5.9 | 3.5 | 14.1 | 3.5 |
| 7,000-9,999----- | 93.7 | 70.9 | 5.1 | 13.9 | 7.6 | 13.9 | 2.5 |
| 10,000 AND OVER-- | 94.6 | 75.7 | 10.8 | 5.4 | 8.1 | 18.9 | . 0 |



QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL | HOUSEHOLDS------ | 3.815 | . 636 | .446 | .139 | . 211 | .035 | .979 | .201 | . 000 | . 114 | . 000 | . 384 | . 004 | . 062 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 4.271 | . 644 | . 550 | . 081 | . 336 | . 023 | . 770 | . 200 | . 000 | . 047 | . 000 | .195 | . 015 | . 085 |
|  | 3,000-4,999----- | 3.685 | . 447 | . 518 | .107 | . 212 | . 048 | . 813 | . 097 | .000 | . 101 | . 000 | . 483 | . 000 | . 096 |
|  | 5,000-6,999----- | 3.423 | . 619 | . 356 | . 185 | . 122 | . 013 | . 938 | . 146 | . 000 | . 130 | . 000 | . 398 | . 000 | . 027 |
|  | 7,000-9,999----- | 4.958 | . 567 | . 351 | . 095 | . 346 | . 058 | 1.242 | . 259 | . 000 | . 079 | . 000 | . 409 | . 000 | . 017 |
|  | 10,000 AND OVER-- | 3.441 | 1.252 | . 302 | .237 | . 120 | . 044 | 1.538 | . 537 | . 000 | . 222 | . 000 | . 348 | .015 | . 061 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS------ | .715 | .127 | . 108 | . 064 | . 066 | .013 | .165 | . 031 | . 000 | . 054 | . 000 | . 132 | . 002 | . 025 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | . 634 | .117 | . 128 | . 037 | . 096 | . 008 | . 132 | . 030 | . 000 | . 021 | . 000 | . 075 | . 009 | . 035 |
| 3,000-4,999----- | . 736 | .097 | . 126 | . 054 | . 073 | . 018 | . 150 | . 014 | . 000 | . 052 | . 000 | . 181 | . 000 | . 039 |
| 5,000-6,999----- | . 689 | . 142 | . 087 | . 080 | . 040 | . 005 | . 164 | . 033 | . 000 | . 058 | . 000 | . 136 | . 000 | . 011 |
| 7,000-9,999----- | . 869 | . 119 | . 080 | . 048 | . 103 | . 019 | . 231 | . 038 | . 000 | . 041 | . 000 | . 103 | . 000 | . 007 |
| 10,000 AND OVER-- | . 690 | . 204 | . 080 | .103 | .036 | .018 | .198 | . 063 | . 000 | . 100 | . 000 | . 107 | . 004 | . 025 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 98.4 | 66.7 | 40.7 | 31.7 | 24.4 | 19.5 | 74.8 | 25.2 | - 0 | 26.8 | - 0 | 29.3 | 1.6 | 8.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | 100.0 | 70.8 | 50.0 | 25.0 | 25.0 | 16.7 | 62.5 | 20.8 | - 0 | 16.7 | . 0 | 29.2 | 4.2 | 12.5 |
|  | 3,000-4,999----- | 97.2 | 55.6 | 50.0 | 27.8 | 25.0 | 25.0 | 66.7 | 16.7 | . 0 | 25.0 | . 0 | 30.6 | - 0 | 11.1 |
|  | 5,000-6,999----- | 96.7 | 70.0 | 33.3 | 33.3 | 23.3 | 10.0 | 76.7 | 26.7 | . 0 | 30.0 | . 0 | 30.0 | - 0 | 6.7 |
|  | 7,000-9,999----- | 100.0 | 62.5 | 37.5 | 31.3 | 31.3 | 18.8 | 93.8 | 31.3 | . 0 | 25.0 | . 0 | 31.3 | . 0 | 6.3 |
|  | 10,000 AND OVER-- | 100.0 | 93.3 | 20.0 | 46.7 | 20.0 | 33.3 | 93.3 | 46.7 | - 0 | 40.0 | - 0 | 26.7 | 6.7 | 6.7 |


| $\begin{array}{r} \text { TABLE 16.--FRUIT } \\ - \text { CON } \end{array}$ | H, PRI | ESSED) <br> LL SOUR |  | NORTHEAST |  |  |  | RURAL FARM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | OTHER |  |  |  |  |  |  |  |
|  |  | CAN |  | FRO2 |  |  |  |  |
| IN 1964 | \# | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | COMMERCI AL | HOME |  |  |  |
| (1) | (16) | (17) | (18) | $(19)$ | (20) | (21) | (22) |  |

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL HOUSEHOLDS------ | 2.421 | .434 | .442 | .021 | .149 | .035 | .002 |
| ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| UNDER 3,000----- | 3.016 | .433 | .526 | .019 | .251 | .023 | .012 |
| 3,000-4,999----- | 2.364 | .350 | .518 | .006 | .116 | .048 | .000 |
| $5,000-6,999----$ | 2.171 | .473 | .356 | .055 | .095 | .013 | .000 |
| 7,000-9,999----- 2.865 | .308 | .351 | .016 | .328 | .058 | .000 |  |
| 10,000 AND OVER-- 1.930 | .714 | .302 | .000 | .059 | .044 | .000 |  |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS----- | .417 | .096 | .107 | .008 | .041 | .013 | .001 |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | .424 | .085 | .122 | .006 | .061 | .008 | .003 |
| $3,000-4,999---$ | .405 | .083 | .126 | .002 | .034 | .018 | .000 |
| $5,000-6,999---$ | .389 | .109 | .087 | .021 | .029 | .005 | .000 |
| $7,000-9,999---$ | .535 | .081 | .080 | .007 | .096 | .019 | .000 |
| 10,000 AND OVER-- | .385 | .141 | .080 | .000 | .012 | .018 | .000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL HOUSEHOLDS----- | 95.9 | 57.7 | 40.7 | 4.9 | 20.3 | 19.5 | .8 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000---- | 95.8 | 58.3 | 50.0 | 8.3 | 20.8 | 16.7 | 4.2 |
| 3,000-4,999—--- | 94.4 | 55.6 | 50.0 | 2.8 | 22.2 | 25.0 | .0 |
| $5,000-6,999---$ | 93.3 | 56.7 | 33.3 | 6.7 | 16.7 | 10.0 | .0 |
| $7,000-9,999---100.0$ | 50.0 | 37.5 | 6.3 | 31.3 | 18.8 | .0 |  |
| 10,000 AND OVER-- 100.0 | 80.0 | 20.0 | .0 | 13.3 | 33.3 | .0 |  |


| MONEY INCOME AFTER TAXES IN 1964 | ALL FRUIT |  |  |  |  |  | CITRUS |  |  |  |  | OTHER VITAMIN-C RICH $\neq$ <br>  <br> FROZEN |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\underset{\substack{\text { TOTAL } \\ \neq}}{ }$ | CANNED |  | FROZEN |  | DRIEC | TOTAL (JUICE EQUIVALENT) <br> $\neq$ | CANNED |  | FROZEN |  |  |  |  |
|  |  | COMMERCIAL | HOME | COMMERCIAL | HOME |  |  | COMMERCIAL | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | $\underset{ \pm}{\text { TOTAL }}$ | COMMERCIAL | HOME |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) |  | (9) | (10) | (11) | (12) | (13) | (14) | (15) |

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL HOUSEHOLDS------ | . 517 | .000 | .177 | . 000 | . 096 | . 001 | .000 | . 000 | .000 | . 000 | . 000 | .177 | . 000 | . 015 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | . 454 | . 000 | . 209 | . 000 | . 126 | . 008 | . 000 | .000 | .000 | . 000 | . 000 | . 084 | . 000 | . 024 |
| 3,000-4,999----- | . 575 | . 000 | . 182 | .000 | .095 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 | .238 | . 000 | . 024 |
| 5,000-6,999---- | . 473 | . 000 | . 103 | . 000 | . 055 | . 000 | .000 | .000 | . 000 | .000 | . 000 | . 255 | . 000 | . 012 |
| 7,000-9,999----- | . 499 | . 000 | .106 | . 000 | . 229 | . 000 | . 000 | . COO | . 000 | . 000 | .000 | . 000 | . 000 | . 000 |
| 10,000 AND OVER-- | .460 | . 000 | .218 | . 000 | . 027 | .000 | .000 | .000 | .000 | .000 | .000 | . 159 | . 000 | .000 |

MONEY VALUE PER PERSON PER WEEK (DOLLARS)


PERCENT OF HOUSEHOLDS USING IN A WEEK


| MONEY INCOME AFTER TAXES IN 1964 | OTHER |  |  |  |  |  | MIXTURES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL$\neq$ | CANNED |  | FROZEN |  | DRIED |  |
|  |  | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME | $\begin{aligned} & \text { COMMER- } \\ & \text { CIAL } \end{aligned}$ | HOME |  |  |
| (1) | (16) | (17) | (18) | (19) | (20) | (21) | (22) |


| ALL | HOUSEHOLDS------ | .339 | . 000 | .173 | .000 | . 081 | . 001 | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | . 369 | . 000 | . 185 | . 000 | . 101 | . 008 | . 000 |
|  | 3,000-4,999----- | . 337 | . 000 | . 182 | . 000 | . 072 | . 000 | . 000 |
|  | 5,000-6,999----- | . 218 | . 000 | .103 | . 000 | . 043 | . 000 | . 000 |
|  | 7,000-9,999----- | . 499 | .000 | . 106 | . 000 | . 229 | . 000 | . 000 |
|  | 10,000 AND OVER-- | . 302 | . 000 | . 218 | . 000 | .027 | . 000 | .000 |


| ALL HOUSEHOLDS----- | .083 | .000 | .044 | .000 | .022 | .001 | .000 |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | .085 | .000 | .042 | .000 | .028 | .003 | .000 |
| 3,000-4,999---- | .086 | .000 | .048 | .000 | .019 | .000 | .000 |
| $5,000-6,999----$ | .056 | .000 | .027 | .000 | .016 | .000 | .000 |
| $7,000-9,999--107$ | .000 | .024 | .000 | .055 | .000 | .000 |  |
| 10,000 AND OVER-- | .077 | .000 | .058 | .000 | .005 | .000 | .000 |

## PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL HOUSEHOLDS------ | 40.7 | .0 | 21.1 | .0 | 12.2 | .8 | .0 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| UNDER 3,000----- | 37.5 | .0 | 20.8 | .0 | 8.3 | 4.2 | .0 |
| $3,000-4,999----$ | 47.2 | .0 | 25.0 | .0 | 13.9 | .0 | .0 |
| $5,000-6,999----$ | 36.7 | .0 | 20.0 | .0 | 10.0 | .0 | .0 |
| $7,000-9,999----$ | 37.5 | .0 | 18.8 | .0 | 25.0 | .0 | .0 |
| 10,000 AND OVER-- | 33.3 | .0 | 13.3 | .0 | 6.7 | .0 | .0 |


|  | ENRICHED, WHOLE GRAIN |  |  |  |  | NOT ENRICHED OR WHOLE GRAIN |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 | total (FLOUR EQUIVALENT) | FLOUR | CEREAL, PASTES | BREAD | OTHER BAKERY PRODUCTS | TOTAL (FLOUR EQUIVALENT) | FLOUR | $\begin{aligned} & \text { CEREAL, } \\ & \text { PASTES } \end{aligned}$ | BREAD | OTHER BAKERY PRODUCTS | SOUP, MIXTURES |
| (1) |  | (3) | (4) | (5) | (6) |  | (8) | (9) | (10) | (11) | (12) |

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL | HOUSEHOLDS | 1.784 | .255 | . 670 | 1.284 | .165 | . 662 | .104 | . 049 | . 194 | .817 | . 313 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000 | 2.040 | . 302 | .495 | 1.967 | . 114 | . 557 | . 086 | . 026 | .104 | . 798 | . 469 |
|  | 1,000-1,999----- | 1.917 | . 337 | . 771 | 1.215 | . 137 | . 508 | . 093 | . 028 | .174 | . 636 | . 210 |
|  | 2,000-2,999----- | 1.941 | . 371 | . 753 | 1.267 | . 121 | . 576 | . 089 | . 049 | . 158 | . 624 | . 239 |
|  | 3,000-3,999----- | 2.123 | .478 | . 843 | 1.254 | . 098 | . 616 | . 066 | . 063 | . 171 | . 730 | . 353 |
|  | 4,000-4,999----- | 1.937 | . 275 | . 810 | 1.317 | .121 | . 576 | . 108 | . 051 | . 132 | . 636 | . 307 |
|  | 5,000-5,999----- | 1.794 | . 186 | . 707 | 1.360 | . 153 | . 660 | . 106 | . 072 | . 209 | . 778 | . 299 |
|  | 6,000-6,999----- | 1.856 | . 277 | . 689 | 1.343 | . 161 | . 670 | . 116 | . 051 | . 185 | . 848 | . 297 |
|  | 7,000-7,999----- | 1.785 | . 270 | . 586 | 1.412 | . 150 | . 697 | . 103 | . 063 | .169 | . 899 | . 296 |
|  | 8,000-8,999----- | 1.694 | . 233 | . 565 | 1.279 | . 234 | . 681 | . 114 | . 037 | . 187 | . 889 | . 370 |
|  | 9,000-9,999----- | 1.625 | . 155 | . 614 | 1.244 | . 197 | . 779 | . 135 | . 037 | . 305 | - 945 | . 331 |
|  | 10,000-14,999---- | 1.518 | . 168 | . 569 | 1.086 | . 237 | . 714 | . 104 | . 031 | . 233 | . 938 | . 366 |
|  | 15,000 AND OVER-- | 1.277 | . 118 | .453 | . 946 | .259 | . 803 | . 144 | . 020 | . 223 | 1.083 | . 310 |
| MONEY VALUE PER PERSON PER WEEK (DOLLARS) |  |  |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUS EHOLDS----- | . 607 | . 032 | . 223 | . 282 | . 070 | . 618 | . 034 | .015 | . 055 | . 389 | .125 |
|  | UNDER 1,000----- | . 623 | . 035 | . 157 | .386 | . 046 | . 538 | . 026 | . 006 | . 033 | . 304 | .170 |
|  | 1,000-1,999----- | . 628 | . 038 | . 246 | . 286 | . 058 | . 454 | . 028 | . 010 | . 053 | . 291 | . 069 |
|  | 2,000-2,999----- | . 586 | . 047 | . 215 | . 274 | . 049 | . 441 | . 027 | . 012 | . 037 | . 271 | .094 |
|  | 3,000-3,999----- | . 598 | . 057 | . 229 | . 271 | . 041 | . 535 | . 022 | . 013 | . 041 | . 329 | . 128 |
|  | 4,000-4,999----- | . 594 | . 034 | . 228 | . 279 | . 053 | . 471 | . 035 | . 011 | . 040 | . 283 | . 102 |
|  | 5,000-5,999----- | . 604 | . 023 | . 231 | . 292 | . 058 | . 594 | . 033 | . 016 | . 062 | . 367 | . 116 |
|  | 6,000-6,999----- | . 641 | . 031 | . 234 | . 304 | . 071 | . 631 | . 040 | . 014 | . 053 | . 409 | .112 |
|  | 7,000-7,999----- | . 618 | . 036 | . 211 | . 304 | .067 | . 677 | . 030 | . 030 | . 047 | . 444 | . 124 |
|  | 8,000-8,999----- | . 637 | . 027 | . 222 | . 275 | . 113 | . 662 | . 037 | . 012 | . 052 | . 410 | . 149 |
|  | 9,000-9,999----- | . 618 | . 021 | . 229 | . 271 | . 098 | .762 | . 048 | . 013 | . 085 | . 480 | .135 |
|  | 10,000-14,999---- | . 580 | . 025 | . 212 | . 250 | . 093 | . 756 | . 034 | . 014 | . 066 | . 458 | . 184 |
|  | 15,000 AND OVER-- | .567 | . 022 | . 215 | . 230 | . 100 | - 809 | . 049 | . 004 | . 069 | . 571 | . 116 |
| PERCENT OF HOUSEHOLDS USING IN A W |  |  |  |  |  |  |  |  |  |  |  |  |
| L | HOUS EHOLDS------ | 98.9 | 51.0 | 90.4 | 91.4 | 45.7 | 95.9 | 24.6 | 16.7 | 38.2 | 90.4 | 52.5 |
|  | UNDER 1,000----- | 96.9 | 37.4 | 74.8 | 90.2 | 30.1 | 90.8 | 16.6 | 9.2 | 21.5 | 84.0 | 52.8 |
|  | 1,000-1,999----- | 97.2 | 41.6 | 91.2 | 80.2 | 28.3 | 85.8 | 19.0 | 9.1 | 26.9 | 74.5 | 27.5 |
|  | 2,000-2,999----- | 98.1 | 51.8 | 84.7 | 89.3 | 39.4 | 90.4 | 15.1 | 14.3 | 23.1 | 85.5 | 46.7 |
|  | 3,000-3,999----- | 97.8 | 62.6 | 88.9 | 91.7 | 32.9 | 97.0 | 16.2 | 18.2 | 24.5 | 89.5 | 55.2 |
|  | 4,000-4,999----- | 100.0 | 52.5 | 89.7 | 92.2 | 34.1 | 94.1 | 28.7 | 13.6 | 30.6 | 88.0 | 50.0 |
|  | 5,000-5,999----- | 99.1 | 45.9 | 94.3 | 93.4 | 47.4 | 96.9 | 24.9 | 22.2 | 42.3 | 92.9 | 58.4 |
|  | 6,000-6,999----- | 99.9 | 54.9 | 92.3 | 93.5 | 49.3 | 98.3 | 31.5 | 18.1 | 42.9 | 92.4 | 52.1 |
|  | 7,000-7,999----- | 99.3 | 58.6 | 92.0 | 92.0 | 47.7 | 98.0 | 24.3 | 16.3 | 39.8 | 92.0 | 54.1 |
|  | 8,000-8,999--.- | 100.0 | 51.9 | 92.1 | 93.1 | 59.1 | 98.0 | 33.8 | 19.6 | 43.8 | 93.1 | 65.4 |
|  | 9,000-9,999---- | 100.0 | 48.6 | 96.6 | 92.5 | 52.5 | 99.8 | 29.2 | 21.3 | 44.1 | 98.5 | 56.5 |
|  | 10,000-14,999---- | 99.4 | 50.8 | 90.3 | 91.1 | 61.0 | 98.7 | 27.7 | 17.0 | 52.4 | 95.5 | 55.8 |
|  | 15,000 AND OVER-- | 97.7 | 42.4 | 93.1 | 93.1 | 59.9 | 97.7 | 28.6 | 16.1 | 50.7 | 95.4 | 43.8 |


|  | ENRICHED, WHOLE GRAIN |  |  |  |  | NOT ENRICHED OR WHOLE GRAIN |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | tOTAL (FLOUR EQUIVALENT) | FLOUR | $\begin{aligned} & \text { CEREAL, } \\ & \text { PASTES } \end{aligned}$ | BREAD | OTHER BAKERY PRODUCTS | TOTAL (FLOUR EQUIVALENT | FLOUR | CEREAL, PASTES | BREAD | OTHER BAKERY PRODUCTS | $\begin{aligned} & \text { SOUP, } \\ & \text { MIX- } \\ & \text { TURES } \end{aligned}$ |
| (1) |  | (3) | (4) | (5) | (6) |  | (8) | (9) | (10) | (11) | (12) |


| ALL | HOUS EHOLDS------ | 1.724 |
| :---: | :---: | :---: |
|  | UNDER 1,000 | 1.387 |
|  | 1,000-1,999----- | 1.833 |
|  | 2,000-2,999----- | 1.928 |
|  | 3,000-3,999 | 2.012 |
|  | 4,000-4,999----- | 1.892 |
|  | 5,000-5,999----- | 1.753 |
|  | 6,000-6,999----- | 1.827 |
|  | 7,000-7,999----- | 1.776 |
|  | 8,000-8,999----- | 1.597 |
|  | 9,000-9,999----- | 1.486 |
|  | 10,000-14,999---- | 1.480 |
|  | 15,000 AND OVER-- | 1.261 |


| .188 | .704 | 1.243 | .160 | .677 |
| :--- | ---: | ---: | ---: | :--- |
| .208 | .386 | 1.171 | .154 | .554 |
| .224 | .896 | 1.068 | .121 | .480 |
| .341 | .818 | 1.186 | .122 | .626 |
| .289 | .932 | 1.263 | .078 | .567 |
| .200 | .870 | 1.279 | .100 | .579 |
| .145 | .739 | 1.307 | .151 | .671 |
| .216 | .740 | 1.314 | .161 | .720 |
| .227 | .636 | 1.369 | .165 | .743 |
| .157 | .548 | 1.289 | .219 | .714 |
| .074 | .595 | 1.222 | .143 | .771 |
| .138 | .545 | 1.098 | .248 | .726 |
| .092 | .453 | .932 | .291 | .793 |

.105
.100
.087
.085
.063
.097
.104
.115
.124
.108
.137
.107
.152

| .216 | .818 |
| :--- | :--- |
| .134 | .618 |
| .163 | .554 |
| .202 | .631 |
| .118 | .651 |
| .139 | .631 |
| .229 | .746 |
| .235 | .904 |
| .207 | .934 |
| .229 | .972 |
| .313 | .944 |
| .263 | .954 |
| .229 | 1.123 |

.324
.478
.266
.244
.362
.324
.316
.323
.312
.377
.317
.367
.252

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 599 | . 026 | . 226 | .278 | . 069 | . 643 | . 035 | . 014 | . 061 | . 398 | .134 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 1,000----- | . 462 | . 027 | . 128 | . 249 | . 058 | . 592 | . 023 | . 008 | . 035 | . 337 | . 190 |
|  | 1,000-1,999----- | . 612 | . 028 | . 278 | . 256 | . 049 | . 424 | . 026 | . 005 | . 048 | . 250 | . 088 |
|  | 2,000-2,999----- | . 582 | . 045 | . 226 | . 259 | . 052 | . 478 | . 027 | . 015 | . 046 | . 285 | . 105 |
|  | 3,000-3,999----- | .576 | . 039 | . 232 | .275 | . 030 | . 492 | . 022 | . 013 | . 031 | . 293 | . 132 |
|  | 4,000-4,999----- | . 575 | . 027 | . 233 | . 274 | . 042 | . 478 | . 032 | . 012 | . 042 | . 284 | .109 |
|  | 5,000-5,999----- | . 596 | . 019 | . 238 | . 281 | . 058 | . 617 | . 033 | . 018 | . 068 | . 368 | . 129 |
|  | 6,000-6,999----- | . 643 | . 026 | . 241 | . 303 | . 073 | . 694 | . 042 | . 014 | . 066 | . 452 | . 119 |
|  | 7,000-7,999----- | . 644 | . 034 | . 229 | . 304 | . 078 | . 714 | . 035 | . 023 | . 058 | . 470 | .127 |
|  | 8,000-8,999----- | . 637 | . 018 | . 216 | . 281 | . 122 | . 708 | . 035 | . 007 | . 063 | . 439 | . 163 |
|  | 9,000-9,999----- | . 574 | . 010 | . 227 | . 262 | . 075 | .756 | . 046 | . 014 | . 084 | . 478 | . 134 |
|  | 10,000-14,999---- | . 580 | . 023 | . 200 | . 261 | . 094 | . 814 | . 036 | . 016 | . 074 | . 477 | . 211 |
|  | 15,000 AND OVER-- | . 576 | . 018 | . 207 | . 243 | .108 | . 834 | . 052 | . 004 | . 069 | . 601 | . 107 |
|  |  | PERCENT OF HOUSEHOLDS USING IN A WEEK |  |  |  |  |  |  |  |  |  |  |
| ALL | HOUSEHOLDS | 98.7 | 44.5 | 89.6 | 90.5 | 44.4 | 95.4 | 23.0 | 14.5 | 39.7 | 89.5 | 53.1 |
|  | UNDER 1,000----- | 94.7 | 36.8 | 68.4 | 89.5 | 26.3 | 89.5 | 15.8 | 5.3 | 26.3 | 84.2 | 52.6 |
|  | 1,000-1,999----- | 96.4 | 30.9 | 89.1 | 81.8 | 25.5 | 83.6 | 20.0 | 7.3 | 23.6 | 72.7 | 29.1 |
|  | 2,000-2,999----- | 97.6 | 47.0 | 84.3 | 86.7 | 38.6 | 89.2 | 13.3 | 15.7 | 25.3 | 83.1 | 47.0 |
|  | 3,000-3,999 | 97.2 | 57.0 | 86.9 | 94.4 | 30.8 | 96.3 | 14.0 | 14.0 | 23.4 | 87.9 | 57.9 |
|  | 4,000-4,999----- | 100.0 | 46.2 | 90.6 | 92.3 | 33.3 | 93.2 | 23.1 | 12.8 | 31.6 | 85.5 | 53.8 |
|  | 5,000-5,999----- | 98.9 | 39.7 | 92.9 | 92.4 | 46.2 | 97.3 | 22.8 | 19.6 | 42.9 | 93.5 | 60.3 |
|  | 6,000-6,999----- | 100.0 | 44.9 | 92.1 | 92.1 | 48.8 | 97.6 | 29.9 | 15.7 | 48.0 | 92.1 | 52.0 |
|  | 7,000-7,999----- | 99.1 | 50.5 | 91.9 | 89.2 | 49.5 | 97.3 | 26.1 | 13.5 | 42.3 | 89.2 | 54.1 |
|  | 8,000-8,999----- | 100.0 | 46.3 | 91.3 | 92.5 | 57.5 | 97.5 | 30.0 | 15.0 | 46.3 | 93.8 | 63.8 |
|  | 9,000-9,999----- | 100.0 | 39.7 | 97.3 | 91.8 | 46.6 | 100.0 | 27.4 | 19.2 | 43.8 | 98.6 | 54.8 |
|  | 10,000-14,999---- | 99.2 | 47.6 | 88.7 | 89.5 | 59.7 | 98.4 | 25.8 | 12.9 | 54.8 | 95.2 | 54.8 |
|  | 15,000 AND OVER-- | 97.2 | 41.7 | 94.4 | 91.7 | $58 \cdot 3$ | 97.2 | 27.8 | 16.7 | 52.8 | 94.4 | 38.9 |

キ TABLE NOTES ON PAGES 107-109


MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL HOUSEHOLDS------ | .627 | . 047 | . 211 | .293 | . 075 | . 559 | . 031 | . 016 | . 04 C | . 369 | . 100 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | . 658 | . 047 | .169 | .390 | . 053 | . 442 | . 029 | . 007 | . 032 | . 296 | . 079 |
| 3,000-4,999----- | . 642 | . 075 | . 212 | . 270 | . 083 | . 555 | . 035 | . 011 | . 056 | . 357 | . 096 |
| 5,000-6,999----- | . 635 | . 039 | . 215 | . 320 | . 061 | . 504 | . 034 | . 012 | . 031 | . 338 | . 084 |
| 7,000-9,999---- | . 626 | . 046 | . 206 | . 289 | . 086 | . 627 | . 034 | . 033 | . 038 | . 396 | . 123 |
| 10,000 AND OVER-- | .572 | . 031 | .250 | . 202 | . 089 | . 609 | . 027 | . 009 | .047 | . 410 | .115 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 100.0 | 71.9 | 93.2 | 94.1 | 50.3 | 97.5 | 29.0 | 23.8 | 34.3 | 93.5 | 51.2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNCER 3,000----- | 100.0 | 63.0 | 89.1 | 89.1 | 39.1 | 93.5 | 17.4 | 8.7 | 23.9 | 87.0 | 41.3 |
|  | 3,000-4,999----- | 100.0 | 76.3 | 89.8 | 86.4 | 37.3 | 98.3 | 35.6 | 23.7 | 28.8 | 96.6 | 39.0 |
|  | 5,000-6,999---- | 100.0 | 77.6 | 96.5 | 97.6 | 50.6 | 97.6 | 34.1 | 28.2 | 35.3 | 91.8 | 52.9 |
|  | 7,000-9,999----- | 100.0 | 78.5 | 93.7 | 97.5 | 57.0 | 100.0 | 30.4 | 29.1 | 36.7 | 97.5 | 62.0 |
|  | 10,000 AND OVER-- | 100.0 | 56.8 | 94.6 | 97.3 | 67.6 | 100.0 | 32.4 | 29.7 | 43.2 | 97.3 | 62.2 |



MONEY VALUE PER PERSON PER WEEK (DCLLARS)


PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 99.2 | 81.3 | 95.1 | 95.9 | 49.6 | 98.4 | 43.9 | 30.1 | 20.3 | 91.9 | 41.5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | 100.0 | 79.2 | 91.7 | 91.7 | 41.7 | 100.0 | 33.3 | 50.0 | 4.2 | 91.7 | 29.2 |
|  | 3,000-4,999----- | 100.0 | 83.3 | 100.0 | 97.2 | 47.2 | 97.2 | 47.2 | 22.2 | 22.2 | 88.9 | 58.3 |
|  | 5,000-6,999----- | 96.7 | 70.0 | 93.3 | 93.3 | 63.3 | 100.0 | 43.3 | 36.7 | 20.0 | 93.3 | 33.3 |
|  | 7,000-9,999----- | 100.0 | 81.3 | 93.8 | 100.0 | 37.5 | 93.8 | 43.8 | 18.8 | 31.3 | 87.5 | 31.3 |
|  | 10,000 AND OVER-- | 100.0 | 100.0 | 93.3 | 100.0 | 53.3 | 100.0 | 60.0 | 20.0 | 33.3 | 100.0 | 46.7 |


|  | ENRICHED, WHOLE GRAIN |  |  |  |  | NOT ENRICHED OR WHOLE GRAIN |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | TOTAL (FLOUR EQUIVALENT, | FLOUR | CEREAL, PASTES | BREAD | OTHER BAKERY PRODUCTS | total (FLOUR EQUIVALENT, | FLOUR | CEREAL, PASTES | BREAD | OTHER BAKERY PRODUCTS | SOUP, <br> MIXTURES |
| (1) | (2) | (3) | (4) | (5) | (6) |  | (8) | (9) | (10) | (11) | $(12)$ |



MONEY VALUE PER PERSON PER WEEK (DCLLARS)


## PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL HOUSEHOLDS------ | . 0 | . 0 | . 0 | . 0 | . 0 | 2.4 | - C | 1.6 | . 0 | . 0 | - 8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | - C | . 0 | . 0 |
| 3,000-4,999----- | . 0 | . 0 | - 0 | . 0 | . 0 | 5.6 | - 0 | 2.8 | . 0 | . 0 | 2.8 |
| 5,000-6,999----- | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 | - 0 | - 0 | . 0 | . 0 | . 0 |
| 7,000-9,999----- | . 0 | . 0 | . 0 | . 0 | . 0 | 6.3 | - 0 | 6.3 | - 0 | . 0 | . 0 |
| 10,000 AND OVER-- | . 0 | . 0 | . 0 | . 0 | - 0 | . 0 | - 0 | . 0 | . 0 | . 0 | . 0 |


| MONEY INCOME AFTER TAXES IN 1964 | FATS, OILS |  |  |  |  |  | SUGAR, SWEETS |  |  |  | OTHER FOOD |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL | BUTTER | MARGARINE | OIL, <br> SALAD <br> DRESSI NG | LARD | $\begin{aligned} & \text { VEGE- } \\ & \text { TABLE } \\ & \text { SHORT- } \\ & \text { ENING } \end{aligned}$ | TOTAL ISUGAR EQUIVALENT) キ (8) | SUGAR, <br> SIRUP, <br> JELLY, <br> CANDY | OTHER SWEETS (SUGAR$\qquad$ |  | $\underset{\neq}{\text { TOTAL }}$ | $\begin{gathered} \text { ALCO- } \\ \text { HOLIC } \\ \text { BEVERAGE } \end{gathered}$ | $=\begin{gathered} \text { SOME NU- } \\ \text { TRIT I VE } \\ \text { VALUE } \\ \neq \end{gathered}$ | NO NUTRITIVE VALUE キ |
|  |  |  |  |  |  |  |  |  | VIT. C | NO |  |  |  |  |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) |  | (9) | (10) | (11) | (12) | (13) | (14) | (15) |



| MONEY INCOME AFTER TAXES IN 1964 | FATS, OILS |  |  |  |  |  | SUGAR, SWEETS |  |  |  | OTHER FOOD |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL | BUTTER | NARGARINE | $\begin{aligned} & \text { OIL, } \\ & \text { SALAD } \\ & \text { DRESS- } \\ & \text { ING } \end{aligned}$ | LARD | VEGE- <br> TABLE SHORTENING | TOTAL ISUGAR EQUIVALENT) キ (8) | SUGAR, <br> SIRUP, <br> JELLY, <br> CANDY | OTHER SWEETS(SUGAREQUIVALENT) $\ddagger$ |  | $\underset{\ddagger}{\text { TOTAL }}$ | $\begin{array}{\|c} \text { ALCO- } \\ \text { HOLIC } \\ \text { BEVERAGE } \end{array}$ | $\left\{\begin{array}{c} \text { SOME NU- } \\ \text { TRITIVE } \\ \text { VALUE } \\ \neq \end{array}\right.$ | NO NUTRITIVE VALUE キ |
|  |  |  |  |  |  |  |  |  | VIT. C | $\begin{gathered} \text { NO } \\ \text { VIT. C } \end{gathered}$ |  |  |  |  |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) |  | (9) | ADDED (10) | ADDED (11) | (12) | (13) | (14) | (15) |


| ALL | HOUSEHOLDS------ |
| :---: | :---: |
|  | UNDER 1,000----- |
|  | 1,000-1,999----- |
|  | 2,000-2,999----- |
|  | 3,000-3,999——.-- |
|  | 4,000-4,999----- |
|  | 5,000-5,999----- |
|  | 6,000-6,999---- |
|  | 7,000-7,999----- |
|  | 8,000-8,999----- |
|  | 9,000-9,999----- |
|  | 10,000-14,999---- |
|  | 15,000 AND OVER-- |


| .741 | .176 | .181 | .295 | .042 | .047 | 1.180 | .893 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| .741 | .052 | .318 | .254 | .104 | .013 | .751 | .648 |
| .694 | .109 | .211 | .261 | .077 | .036 | 1.010 | .857 |
| .794 | .157 | .203 | .290 | .097 | .048 | 1.177 | .987 |
| .839 | .125 | .220 | .292 | .183 | .019 | 1.357 | 1.154 |
| .760 | .130 | .208 | .253 | .082 | .088 | 1.176 | .949 |
| .756 | .148 | .201 | .333 | .027 | .047 | 1.216 | .912 |
| .735 | .204 | .151 | .311 | .024 | .045 | 1.231 | .917 |
| .739 | .206 | .170 | .307 | .008 | .048 | 1.251 | .940 |
| .682 | .190 | .146 | .284 | .007 | .055 | 1.136 | .812 |
| .705 | .174 | .158 | .331 | .010 | .031 | 1.037 | .711 |
| .713 | .221 | .172 | .270 | .002 | .047 | 1.112 | .775 |
| .727 | .298 | .116 | .289 | .2 | .023 | 1.218 | .879 |


| .058 | .228 |
| :--- | :--- |
| .013 | .090 |
| .031 | .122 |
| .041 | .149 |
| .039 | .163 |
| .057 | .171 |
| .064 | .240 |
| .043 | .271 |
| .057 | .254 |
| .071 | .253 |
| .041 | .285 |
| .091 | .247 |
| .082 | .258 |

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$\# *$
$\# *$
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$\# \#$
$\# *$

MONEY VALUE PER PERSON PER WEEK (DOLLARS)

```
ALL HOUSEHOLDS------
    UNDER 1,000-----
    1,000-1,999-----
    2,000-2,999-----
    3,000-3,999_-.--
    4,000-4,999_----
    5,000-5,999_----
    6,000-6,999-----
    7,000-7,999-----
    8,000-8,999-----
    9,000-9,999-----
    10,000-14,999----
    15,000 AND OVER--
.327
.241
.281
.313
.307
.299
.312
.329
.348
.329
.330
.367
.415327
241
281
313
307
299
312
329
348
329
330
367
415
```

| .056 | .112 | .010 | .019 | .552 | .241 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| .087 | .086 | .026 | .004 | .312 | .143 |
| .069 | .099 | .017 | .013 | .383 | .200 |
| .062 | .100 | .021 | .018 | .460 | .243 |
| .067 | .104 | .041 | .006 | .511 | .243 |
| .062 | .087 | .020 | .034 | .461 | .200 |
| .060 | .116 | .007 | .019 | .559 | .241 |
| .044 | .110 | .006 | .019 | .597 | .264 |
| .054 | .116 | .002 | .023 | .582 | .259 |
| .050 | .113 | .002 | .021 | .561 | .243 |
| .049 | .130 | .005 | .017 | .598 | .229 |
| .055 | .129 | .001 | .022 | .597 | .251 |
| .037 | .138 | . | .016 | .747 | .349 |


| .047 | .264 |
| :--- | :--- |
| .035 | .135 |
| .038 | .144 |
| .025 | .191 |
| .047 | .220 |
| .053 | .208 |
| .045 | .273 |
| .036 | .297 |
| .043 | .280 |
| .054 | .265 |
| .044 | .325 |
| .059 | .287 |
| .077 | .321 |


| .877 | .499 |
| :--- | :--- |
| .499 | .000 |
| .587 | .110 |
| .588 | .194 |
| .560 | .238 |
| .632 | .321 |
| .831 | .468 |
| .887 | .526 |
| .972 | .607 |
| .809 | .406 |
| .947 | .561 |
| 1.303 | .882 |30.300

.417
.334
.270
.279
.268
.304
.313
.297
.315
.312
.308

| .129 | .056 |
| :--- | :--- |
| .038 | .087 |
| .083 | .069 |
| .113 | .062 |
| .089 | .067 |
| .096 | .062 |
| .110 | .060 |
| .149 | .044 |
| .153 | .054 |
| .143 | .050 |
| .129 | .049 |
| .160 | .055 |
| .223 | .037 |

.138
percent of households using in a week
ALL HOUSEHOLDS-----UNDER 1,000-----1,000-1,999-----1,000-1,999------3,000-3,999————
 5,000-5,999——----6,000-6,999------7,000-7,999--------


| - | 98.0 | 64.1 | 55.9 |
| ---: | :--- | :--- | :--- |
| - | 84.2 | 10.5 | 68.4 |
| - | 98.2 | 40.0 | 60.0 |
| - | 94.0 | 55.4 | 53.0 |
| - | 99.1 | 48.6 | 57.0 |
| - | 97.4 | 59.8 | 57.3 |
| - | 98.9 | 65.2 | 59.2 |
| - | 98.2 | 74.0 | 55.9 |
| - | 98.8 | 70.9 | 55.9 |
| - | 98.6 | 67.1 | 55.0 |
| - | 98.4 | 76.6 | 53.2 |
| -100.0 | 86.1 | 61.1 |  |

80.7
36.8
54.5
73.5
78.5
77.8
82.6
81.1
87.4
87.5
87.7
92.7
86.1
8.8
10.5
12.7
18.1
28.0
16.2
7.1
6.3
2.7
1.3
2.7
.8
2.8
24.4
15.8
14.5
21.7
12.1
29.9
24.5
27.6
26.1
35.0
24.7
29.0
22.2
97.7
89.5
92.7
95.2
94.4
99.1
98.9
99.2
97.3
100.0
100.0
98.4
100.0
94.2
78.9
87.3
92.8
91.6
95.7
95.7
96.9
95.5
97.5
98.6
95.2
94.4
24.6
5.3
14.5
18.1
18.7
23.1
27.2
27.6
26.1
27.5
26.0
29.0
33.3
77.5
42.1
61.8
63.9
70.1
78.6
80.4
90.6
81.1
81.3
86.3
78.2
80.6
98.0
94.7
94.5
97.6
95.3
96.6
98.4
100.0
98.2
98.8
100.0
100.0
97.2
45.0
12.0
24.1
31.8
30.8
49.5
48.8
50.5
58.8
60.3
63.7
72.2

| 95.8 | 41.0 |
| :--- | :--- |
| 94.7 | 15.8 |
| 92.7 | 34.5 |
| 95.2 | 45.8 |
| 95.3 | 40.2 |
| 95.7 | 37.6 |
| 95.7 | 44.0 |
| 98.4 | 36.2 |
| 94.6 | 42.3 |
| 98.8 | 43.8 |
| 98.6 | 35.6 |
| 96.0 | 44.4 |
| 88.9 | 58.3 |


| MONEY INCOME AFTER TAXES IN 1964 | FATS, OILS |  |  |  |  |  | SUGAR, SWEETS |  |  |  | OTHER FOOD |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL | BUTTER | MARGARINE | $\begin{aligned} & \text { OIL, } \\ & \text { SALAD } \\ & \text { DRESS- } \\ & \text { ING } \end{aligned}$ | LARD | VEGE- <br> TABLE SHORT- <br> ENING | TOTAL ISUGAR EQUIVALENT) $\neq$ (8) | SUGAR, <br> SIRUP, <br> JELLY, <br> CANDY | OTHER SWEETS(SUGAREQUIVALENT) $\ddagger$ |  | $\underset{ \pm}{\text { TOTAL }}$ | $\begin{array}{\|c} \text { ALCO- } \\ \text { HOLIC } \\ \text { BEVERAGE } \end{array}$ | $\begin{gathered} \text { SOME NU- } \\ \text { TRITIVE } \\ \text { VALUE } \\ \ddagger \end{gathered}$ | NO NUTRITIVE VALUE $\ddagger$ |
|  |  |  |  |  |  |  |  |  | VIT. C ADDED | $\begin{aligned} & \text { NO } \\ & \text { VIT.C } \\ & \text { ADDED } \end{aligned}$ |  |  |  |  |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) |  | (9) | (10) | (11) | (12) | (13) | (14) | (15) |



PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL | HOUSEHOLDS------ | 99.4 | 58.6 | 71.3 | 81.8 | 9.9 | 51.9 | 99.1 | 98.5 | 28.1 | 81.5 | 99.7 | 38.6 | 99.7 | 38.6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 97.8 | 43.5 | 78.3 | 52.2 | 15.2 | 39.1 | 95.7 | 95.7 | 15.2 | 54.3 | 100.0 | 8.7 | 100.0 | 26.1 |
|  | 3,000-4,999---- | 100.0 | 50.8 | 67.8 | 81.4 | 20.3 | 44.1 | 100.0 | '100.0 | 22.0 | 79.7 | 100.0 | 37.3 | 100.0 | 33.9 |
|  | 5,000-6,999---- | 100.0 | 63.5 | 69.4 | 83.5 | 5.9 | 60.0 | 98.8 | 97.6 | 25.9 | 85.9 | 100.0 | 36.5 | 100.0 | 42.4 |
|  | 7,000-9,999----- | 100.0 | 63.3 | 77.2 | 89.9 | 5.1 | 57.0 | 100.0 | 100.0 | 39.2 | 92.4 | 100.0 | 49.4 | 100.0 | 41.8 |
|  | 10,000 AND OVER-- | 100.0 | 67.6 | 64.9 | 94.6 | 8.1 | 51.4 | 100.0 | 100.0 | 35.1 | 89.2 | 100.0 | 62.2 | 100.0 | 48.6 |


| MONEY INCOME AFTER TAXES IN 1964 | FATS, OILS |  |  |  |  |  | SUGAR, SWEETS |  |  |  | OTHER FOOD |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL | BUTTER | MARGARINE | $\begin{aligned} & \text { OIL, } \\ & \text { SALAD } \\ & \text { DRESS- } \\ & \text { ING } \end{aligned}$ | LARD | VEGE- <br> TABLE SHORTENING | TOTAL ISUGAR EQUIVALENT) キ | SUGAR, SIRUP, JELLY, CANDY | OTHER SWEETS (SUGAR EQUIVALENT $\ddagger$ |  | $\underset{\neq}{\text { TOTAL }}$ | $\begin{gathered} \text { ALCO- } \\ \text { HOLIC } \\ \text { BE VERAGE } \end{gathered}$ | $\begin{gathered} \text { SOME NU- } \\ \text { TRITIVE } \\ \begin{array}{c} \text { VALUE } \\ \ddagger \end{array} \end{gathered}$ | NO NUTRITIVE VALUE キ |
|  |  |  |  |  |  |  |  |  | VIT. C ADDED | $\begin{aligned} & \text { NO } \\ & \text { VIT. C } \\ & \text { ADDED } \end{aligned}$ |  |  |  |  |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) |



PERCENT OF HOUSEHOLDS USING IN A WEEK


| MONEY INCOME AFTER TAXES IN 1964 | FATS, OILS |  |  |  |  |  | SUGAR, SWEETS |  |  |  | OTHER FOOD |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | TOTAL | BUTTER | MARGARINE | $\begin{aligned} & \text { OIL, } \\ & \text { SALAD } \\ & \text { DRESS- } \\ & \text { ING } \end{aligned}$ | LARD | VEGE- <br> TABLE SHORT- <br> ENING | total ISUGAR EQUIVALENT) \# | SUGAR, <br> SIRUP, <br> JELLY, <br> CANDY | OTHER SWEETS(SUGAREQUIVALENT) $\ddagger$ |  | $\begin{gathered} \text { TOTAL } \\ \quad \neq \end{gathered}$ | $\begin{gathered} \text { ALCO- } \\ \text { HOLIC } \\ \text { BEVERAGE } \end{gathered}$ | $\text { SOME NU- } \begin{gathered} \text { TRITIVE } \\ \text { VALUE } \\ \neq \end{gathered}$ | NO NUTRITIVE VALUE \# |
|  |  |  |  |  |  |  |  |  | VIT. C | $\begin{aligned} & \text { NO } \\ & \text { VIT. C } \end{aligned}$ |  |  |  |  |
| (1) | (2) | (3) | (4) |  | (6) | (7) |  | (9) | AODED (10) | $\begin{aligned} & \text { ADDED } \\ & \text { (11) } \end{aligned}$ | (12) | (13) | (14) | (15) |

QUANTITY PER PERSON PER WEEK (POUNDS)

| ALL HOUSEHOLDS----- | . 076 | . 036 | . 000 | .000 | . 040 | . 000 | . 101 | . 096 | . 000 | . 005 | \#\# | . 000 | . 000 | \#* |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | . 114 | . 036 | . 000 | . 000 | . 078 | . 000 | . 122 | . 122 | . 000 | . 000 | \# | . 000 | . 000 | ** |
| 3,000-4,999---- | . 096 | . 056 | . 000 | . 000 | . 040 | . 000 | . 120 | . 104 | . 000 | . 015 | ** | . 000 | . 000 | ** |
| 5,000-6,999----- | . 071 | . 031 | . 000 | . 000 | . 040 | . 000 | . 076 | . 076 | . 000 | . 000 | \#* | . 000 | . 000 | ** |
| 7,000-9,999----- | . 013 | . 000 | . 000 | . 000 | . 013 | . 000 | .110 | . 110 | . 000 | . 000 | ** | . 000 | . 000 | ** |
| 10,000 AND OVER-- | .008 | . 000 | .000 | . 000 | . 008 | . 000 | . 072 | . 072 | . 000 | . 000 | ** | . 000 | . 000 | ** |

## MONEY VALUE PER PERSON PER WEEK (DOLLARS)

| ALL | HOUSEHOLDS------ | . 034 | . 025 | . 000 | . 000 | . 008 | . 000 | . 046 | . 040 | .000 | . 006 | . 000 | . 000 | . 000 | . 000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000 | . 042 | . 025 | . 000 | . 000 | . 017 | . 000 | . 052 | . 052 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 3,000-4,999----- | . 048 | . 039 | . 000 | . 000 | . 008 | . 000 | . 061 | . 042 | . 000 | . 019 | . 000 | . 000 | . 000 | . 000 |
|  | 5,000-6,999----- | . 030 | . 022 | . 000 | . 000 | . 008 | . 000 | . 032 | . 032 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 7,000-9,999---- | . 003 | . 000 | . 000 | . 000 | . 003 | . 000 | . 046 | . 046 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |
|  | 10,000 AND OVER-- | . 002 | .000 | . 000 | . 000 | . 002 | . 000 | . 030 | .030 | . 000 | . 000 | . 000 | . 000 | . 000 | . 000 |

PERCENT OF HOUSEHOLDS USING IN A WEEK

| ALL HOUSEHOLDS------ | 20.3 | 6.5 | . 0 | . 0 | 15.4 | . 0 | 35.8 | 35.8 | . 0 | - 8 | . 0 | . 0 | . 0 | . 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 3,000----- | 25.0 | 4.2 | . 0 | . 0 | 20.8 | . 0 | 41.7 | 41.7 | - 0 | - 0 | - 0 | . 0 | - 0 | - 0 |
| 3,000-4,999---. | 25.0 | 8.3 | - 0 | . 0 | 16.7 | . 0 | 36.1 | 36.1 | . 0 | 2.8 | . 0 | . 0 | . 0 | . 0 |
| 5,000-6,999---- | 20.0 | 10.0 | . 0 | . 0 | 13.3 | . 0 | 33.3 | 33.3 | . 0 | . 0 | . 0 | . 0 | . 0 | . 0 |
| 7,000-9,999----- | 12.5 | . 0 | . 0 | . 0 | 12.5 | . 0 | 37.5 | 37.5 | - 0 | . 0 | . 0 | . 0 | . 0 | . 0 |
| 10,000 AND OVER-- | 6.7 | - 0 | . 0 | . 0 | 6.7 | . 0 | 26.7 | 26.7 | . 0 | - 0 | . 0 | . 0 | . 0 | . 0 |


|  |  | PERCENT OF HOUSEHOLDS USING FOOD WORTH |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME <br> AFTER TAXES <br> IN 1964 | $\begin{gathered} \text { AVERAGE } \\ \text { (DOL- } \\ \text { LARS) } \\ \neq \end{gathered}$ | ALL | UNDER $\$ 2.00$ | $\begin{aligned} & \$ 2.00- \\ & \$ 3.99 \end{aligned}$ | $\begin{aligned} & \$ 4.00- \\ & \$ 5.99 \end{aligned}$ | $\begin{aligned} & \$ 6.00- \\ & \$ 7.99 \end{aligned}$ | $\begin{aligned} & \$ 8.00- \\ & \$ 9.99 \end{aligned}$ | $\begin{aligned} & \$ 10.00- \\ & \$ 11.99 \end{aligned}$ | $\begin{aligned} & \$ 12.00- \\ & \$ 13.99 \end{aligned}$ | $\begin{aligned} & \$ 14.00- \\ & \$ 15.99 \end{aligned}$ | $\begin{aligned} & \$ 16.00- \\ & \$ 17.99 \end{aligned}$ | $\begin{gathered} \$ 18.00 \\ \text { AND } \\ \text { OVER } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) |


| HOUS EHOL DS------ | 9.77 | 100.0 | . 2 | 2.0 | 8.7 | 20.4 | 22.0 | 15.7 | 10.6 | 8.7 | 4.6 | 7.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNDER 1,000----- | 7.29 | 100.0 | 3.1 | 9.2 | 22.1 | 28.2 | 22.1 | 8.0 | 3.7 | 3.7 | - 0 | - 0 |
| 1,000-1,999----- | 8.49 | 100.0 | . 0 | 8.7 | 13.0 | 27.1 | 17.5 | 21.5 | 5.9 | 1.4 | 1.7 | 2.8 |
| 2,000-2,999----- | 7.86 | 100.0 | 1.0 | 5.7 | 14.8 | 25.1 | 20.4 | 10.7 | 8.8 | 7.8 | 3.8 | 2.0 |
| 3,000-3,999----- | 8.55 | 100.0 | . 7 | 3.0 | 12.7 | 19.3 | 25.0 | 14.7 | 12.7 | 3.7 | 5.3 | 2.9 |
| 4,000-4,999----- | 8.58 | 100.0 | - 0 | 1.9 | 12.4 | 29.7 | 21.7 | 13.8 | 9.9 | 5.3 | 3.2 | 1.9 |
| 5,000-5,999----- | 9.54 | 100.0 | - 0 | - 4 | 11.5 | 21.5 | 22.3 | 13.2 | 8.0 | 11.2 | 6.1 | 5.7 |
| 6,000-6,999----- | 9.75 | 100.0 | - 0 | - 6 | 8.9 | 19.8 | 25.6 | 16.1 | 11.7 | 6.9 | 2.3 | 8.1 |
| 7,000-7,999----- | 10.38 | 100.0 | - 0 | - 7 | 5.5 | 18.4 | 21.5 | 18.7 | 11.5 | 8.6 | 5.3 | 10.0 |
| 8,000-8,999----- | 10.15 | 100.0 | - 0 | 2.0 | 3.0 | 20.6 | 19.8 | 16.9 | 14.0 | 13.0 | 3.9 | 6.9 |
| 9,000-9,999---- | 10.70 | 100.0 | - 0 | - 0 | . 0 | 18.2 | 23.9 | 18.3 | 15.1 | 12.8 | 3.2 | 8.6 |
| 10,000-14,999---- | 11.06 | 100.0 | - 0 | . 0 | 4.4 | 11.4 | 24.4 | 18.6 | 11.4 | 8.4 | 6.5 | 14.8 |
| 15,000 AND OVER-- | 13.21 | 100.0 | - 0 | . 0 | 4.6 | 5.6 | 11.7 | 13.9 | 4.7 | 25.6 | 16.3 | ${ }^{1} 18.6$ |



|  | $\begin{gathered} \text { AVERAGE } \\ \text { (DOL- } \\ \text { LARS ) } \\ \neq \end{gathered}$ | PERCENT OF HOUSEHOLDS USING FOOD WORTH |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 |  | ALL | UNDER $\$ 2.00$ | $\begin{aligned} & \$ 2.00- \\ & \$ 3.99 \end{aligned}$ | $\begin{aligned} & \$ 4.00- \\ & \$ 5.99 \end{aligned}$ | $\begin{aligned} & \$ 6.00- \\ & \$ 7.99 \end{aligned}$ | $\begin{aligned} & \$ 8.00- \\ & \$ 9.99 \end{aligned}$ | $\left\lvert\, \begin{aligned} & \$ 10.00- \\ & \$ 11.99 \end{aligned}\right.$ | $\begin{aligned} & \$ 12.00- \\ & \$ 13.99 \end{aligned}$ | $\begin{aligned} & \$ 14.00- \\ & \$ 15.99 \end{aligned}$ | $\begin{aligned} & \$ 16.00- \\ & \$ 17.99 \end{aligned}$ | $\begin{gathered} \$ 18.00 \\ \text { AND } \\ \text { OVER } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | ( 81 | (9) | (10) | (11) | (12) | (13) |


| ALL | HOUS EHOL DS------ | 8. 86 | 100.0 | - 3 | 1.5 | 11.1 | 27.5 | 24.4 | 15.1 | 7.4 | 4.6 | 3.4 | 4.6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 7.27 | 100.0 | 2.2 | 6.5 | 13.0 | 41.3 | 17.4 | 13.1 | 4.4 | 2.2 | . 0 | . 0 |
|  | 3,000-4,999---- | 8.54 | 100.0 | - 0 | 1.7 | 8.5 | 27.2 | 28.8 | 11.9 | 13.6 | 1.7 | 6.8 | - 0 |
|  | 5,000-6,999---- | 8.62 | 100.0 | - 0 | - 0 | 17.6 | 28.3 | 20.0 | 18.8 | 7.1 | 4.7 | 1.2 | 2.4 |
|  | 7,000-9,999----- | 9.53 | 100.0 | - 0 | . 0 | 5.1 | 29.2 | 26.6 | 11.4 | 5.0 | 7.6 | 3.8 | 11.4 |
|  | 10,000 AND OVER-- | 9.39 | 100.0 | - 0 | . 0 | 16.2 | 10.8 | 32.4 | 13.5 | 8.1 | 8.1 | 5.4 | 5.4 |


|  | $\begin{gathered} \text { AVERAGE } \\ \text { (DOL- } \\ \text { LARS) } \\ \ddagger \end{gathered}$ | PERCENT OF HOUSEHOLDS USING FOOD WORTH |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MONEY INCOME AFTER TAXES IN 1964 |  | ALL | UNDER $\$ 2.00$ | $\begin{aligned} & \$ 2.00- \\ & \$ 3.99 \end{aligned}$ | $\begin{aligned} & \$ 4.00- \\ & \$ 5.99 \end{aligned}$ | $\begin{aligned} & \$ 6.00- \\ & \$ 7.99 \end{aligned}$ | $\begin{aligned} & \$ 8.00- \\ & \$ 9.99 \end{aligned}$ | $\begin{aligned} & \$ 10.00- \\ & \$ 11.99 \end{aligned}$ | $\begin{aligned} & \$ 12.00- \\ & \$ 13.99 \end{aligned}$ | $\begin{aligned} & \$ 14.00- \\ & \$ 15.99 \end{aligned}$ | $\begin{aligned} & \$ 16.00- \\ & \$ 17.99 \end{aligned}$ | $\begin{gathered} \$ 18.00 \\ \text { AND } \\ \text { OVER } \end{gathered}$ |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) |


| ALL | HOUS EHOL DS------ | 8.63 | 100.0 | - 0 | - 8 | 13.0 | 26.0 | 20.3 | 17.1 | 13.0 | 6.5 | 2.4 | - 8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | UNDER 3,000----- | 8.08 | 100.0 | - 0 | 4.2 | 16.7 | 12.5 | 20.8 | 20.8 | 12.5 | 8.3 | 4.2 | - 0 |
|  | 3,000-4,999----- | 7. 98 | 100.0 | - 0 | - 0 | 19.5 | 30.5 | 19.5 | 16.7 | 8.4 | 2.8 | 2.8 | - 0 |
|  | 5,000-6,999----- | 8.76 | 100.0 | - 0 | - 0 | 13.4 | 26.7 | 23.4 | 16.7 | 10.0 | 10.0 | - 0 | - 0 |
|  | 7,000-9,999----- | 9.10 | 100.0 | - 0 | . 0 | 6.3 | 18.8 | 31.3 | 18.8 | 18.8 | 6.3 | - 0 | . 0 |
|  | 10,000 AND OVER-- | 10.29 | 100.0 | - 0 | - 0 | - 0 | 40.0 | 6.7 | 6.7 | 26.6 | 6.7 | 6.7 | 6.7 |

Table 1.-Number of Households and Household Size

| Col. <br> No. | Heading | Notes |
| :---: | :---: | :---: |
| 2B | Weighted number | Weights were used to compensate for expanded sample of farm households. Farm households have a weight of $1 / 5$ in the Northeast, West, and South; 1/4 in the North Central Region. For more detail see Sample Analysis, "Collection Counts," HFCS 1965-66, Reports 2-5(5). |
| 3 | Household size in: Equivalent persons . | 21 meals from home food supplies are equivalent to "one person." |
| 4-11 | Equivalent nutrition units: | Household size in adult-male equivalent units (to permit comparison of diets of households of different sizes and composition). For each nutrient the number of such units was calculated using the 1963 Recommended Dietary Allowances to relate the needs of persons of different age and sex to those of the $20-35$-year-old man. |

Table 2.-Household Composition in Terms of Meals at Home

## Col.

## No.

Heading
Notes
2 ... Total . . . . . . . . Includes refreshments to guests (equated to a meal basis) not included in other columns.
Percent of total meals
at home in a
week:
9 . . . Women, total . . . . Includes nursing mothers, not shown separately.
21 . . Girls 9-19, total . . Includes pregnant and nursing mothers, not shown separately.

Table 5.- Nutritive Value of Diets Per Person by Food Group

Col.
No.
Heading
Notes
1 . . . Food group . . . . . . See notes for tables $13-18$ for some but not necessarily all items included in food groups.

Table 6.- Money Value and Nutrients by Food Group
Col.
No.
Heading
Notes

1 . . . Food group . . . . . . See notes for tables 13-18 for some but not necessarily all items included in food groups.

Tables 7-10. Percent of Household Diets With Specified Amounts of Nutrient Per Nutrition Unit Per Day

Col.
No.
Heading
Notes
Title . . . . . . . . . . The amount in the first interval specified is less than two-thirds of the Recommended Dietary Allowance (1963) for the 25 -year-old man. The amount in the second interval is from two-thirds of the allowance up to the allowance.

Table 12.-Household Diets by Number of Nutrients Below Recommended Allowance (1963)

Col.
No. Heading
Notes
Percent of diets short in-
2 . . . 1 or more
Percent of diets not meeting allowances for 1 or more nutrients $=100.0$. The percent of all diets short in specified numbers of nutrients can be computed by multiplying percents in col. 3-9 by percent of households with less than allowance for one or more nutrients in table 11, col. 2.

## Table 13.-Milk, Cream, Cheese



| Col. <br> No. | Heading | Notes |
| :---: | :---: | :---: |
| 14-18 | Dark green | Includes spinach, kale, collards, mustard greens, broccoli, peppers, and other dark-green vegetables rich in vitamins $\mathbf{A}$ and $\mathbf{C}$. |
| 19-23 | Deep yellow | Includes sweetpotatoes, carrots, pumpkin, winter squash, and other deep-yellow vegetables rich in vitamin A . |
| 24-26 | Tomatoes | Includes tomato paste, sauce, catsup, soup, and relish. |
| 27.32 | Other | Includes olives, pickles, relishes not tomato. |
| 33 | Soup, mixt Total | Includes ready-to-eat mixtures not shown separately. |

## Table 16.-Fruit (Fresh, Processed)

No. Heading Notes

Fruit juice is included in this table.
2,8,13,
16.. Total

All fruit:
Total prepared at home prior to the survey week not shown separately.

|  | $\ldots$ | All fruit: |
| :---: | :---: | :---: |
|  | Total $\ldots \ldots$ | Citrus: |
| 8 | $\ldots$ | Total (juice equiv- <br> alent) |

Sum of unconverted quantities of all components.
juice equiv-
Weight of single-strength juice plus equivalent juice of fresh citrus fruit and concentrated citrus juice.
13-15 . Other vitamin C rich . Includes cantaloup, papaya, strawberries, and other vitamin C-rich fruits. Excludes melons other than cantaloups and berries other than strawberries.

## Table 17.-Grain Products

[^8]Table 18.--Fats, Oils; Sugar, Sweets; Other Food

| Col. <br> No. | $\underline{\text { Heading }}$ |
| :--- | :---: |
| $8 \ldots$ | Sugar sweets: <br> Total (sugar equiv- <br> alent)$\ldots \ldots .$. | ades, and punches; beverage and dessert powders; and prepared desserts.

Col.

## Heading

Notes

14 . . Some nutritive
value . . . . . . . Includes yeast, baking powder, coffee, coffee substitute, tea, cocoa, baking chocolate, chocolate sirup.

Includes vinegar, salt, artificial sweeteners, meat extracts, soya sauce, meat tenderizer, vanilla, other flavorings, pepper, spices, herbs, soda, cream of tartar, similar products.

## DEFINITIONS AND EXPLANATIONS

All households.-All households classified by income plus some households not classified by income. Households not classified were those with persons living together but not drawing from a common fund for major expense items, such as food and housing, at the time of the survey or for the year 1964, and households in which respondents were either unable or unwilling to give information about income.

All sources.-Includes food used during the week from the following sources: (1) Bought with cash, credit, food stamps, coupons, or food vouchers; (2) home produced; (3) federally donated; and (4) received as gift or pay; that is, food received as gift from person outside of the household, as payment for services rendered, or received from a private or public welfare agency.

## All urbanizations.-See "Urbanization."

Citrus juice equivalent.-Includes weight of single-strength citrus and blended citrus juice plus juice weight of fresh citrus fruit and commercially frozen or canned concentrated citrus fruit juices converted to their equivalent single-strength juice weight. Source of most factors: Conversion Factors for Agricultural Commodities (6).

Dietary quality. - An assessment of the nutritive value of foods used at home in relation to the Recommended Dietary Allowances of household members adjusted for the number of meals eaten away from home. A diet was termed good when its nutritive value equaled or exceeded the recommended allowance for each of the seven nutrients for all persons eating in the household. When a diet supplied less than two-thirds of the recommended allowance for one or more nutrients, it was rated poor. Between the households with good and poor diets were those that provided less than the allowance for at least one nutrient but at least two-thirds of the allowance for all seven nutrients. Such diets were sometimes labeled fair. See "Household size in equivalent nutrition units," and "Recommended Dietary Allowances."

Eggs, fresh equivalent.-Includes dozens of fresh eggs plus frozen, dried; or liquid eggs without shell, whether the whole egg, whites, or yolks only, converted to equivalent amounts of whole eggs in shell on a weight basis. Source of most factors: Conversion Factors for Agricultural Commodities (6)

## Farm.-See "Urbanization."

Flour equivalent.--The product weight of flour, meal, cereals, and pastes, plus the weight of the dry flour, meal, cereals, and pastes in prepared flour mixes, bakery products, and other mixtures of which the predominant ingredients were from grain. The flour equivalent of the mixed foods ranged from $20-60$ percent of the product weight. Source of most factors: Conversion Factors for Agricultural Commodities (6).

Food at home. -Food and beverages (alcoholic and nonalcoholic) used during the 7 days before the date of the survey interview, whether bought or received
without direct expenditure. Included were food and beverages (1) eaten at home, (2) carried from home in packed meals, (3) thrown away, and (4) fed to pets. Excluded from food at home were (1) commercial pet food and household food fed to animals raised for commercial purposes and (2) food that was given away for use outside the home, such as food sent to sons in the military service, gifts of food donated to a church supper, and food given to household help to take home.

Food used at home was classified as fresh, canned commercially or at home, frozen commercially or at home, and dried or dehydrated. Generally, the food used at home was classified in the form brought into the kitchen. Homemade mixtures used during the survey week were recorded (1) as ingredients if prepared during the survey week or (2) as the product if prepared before the survey week.

Home-canned food.-A product canned at home before the survey week whether home processed by the respondent or by someone else who gave or sold the canned food to the respondent. Homemade jelly, marmalade, pickles, catsup, relish, and nut butter were considered home canned.

Home-frozen food.- A product frozen at home before the survey week whether home processed by the respondent or by someone else who gave or sold the frozen food to the respondent. To be considered home frozen, a food was frozen and stored in a separate freezer-a homefreezer, a combination freezerrefrigerator with freezer sealed off, or a locker in a plant for storing frozen food.

Home-produced food.-Food raised for home use and food obtained by hunting, fishing, and gathering from the wild. Home-canned, home-frozen, and home-baked foods were not included unless the major ingredient was home produced.

Household.-A family or a group of unrelated persons who lived together, and their guests, boarders, and hired help. Included were persons who usually lived there but were away from home temporarily-on vacation, at school, or on a business trip, for example. Food information was not taken from a household unless at least one person had 10 or more meals from the household food supply during the 7 days preceding the interview.

Household size in equivalent meals at home (persons).-The number of 21 -meal-at-home equivalent persons in the household. All meals eaten at home during the week by family members, guests, boarders, or household help were added together and divided by 21 . In counting the meals from household food supplies, the following procedures were used: (1) When a household member's morning, noon, or evening meals at home and away did not add to seven, skipped meals were assumed to be at home or away in the same proportion as reported meals. (2) Meals by members, in addition to three a day and refreshments and snacks, were counted as a part of the three meals. (3) Refreshments served to guests (not full meals) were counted as one-fourth or one-half meal depending on the number of items served. (4) Food carried from home supplemented by only beverage from other sources was counted as a home meal. (5) Food carried from home, supplemented by other food, was counted as one-half meal.

Household size in equivalent nutrition units.-The number of adult-male equivalent persons in the household, calculated separately for food energy and each nutrient based on the relative needs of household members. The need of the man, 25 years old as indicated by the Recommended Dietary Allowance (1963), was assumed to be 1.0 nutrition unit. Needs of other persons in equivalent nutrition units were calculated by dividing their allowances by the allowance for the man. For example:

| Household <br> member | Daily recommended <br> allowance for- |  | Equivalent <br> nutrition units |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Food energy | Calcium | Food energy | Calcium |
|  | Cal. | $G$. |  |  |
| Man, age $25 \ldots \ldots \ldots$. | 2,900 | 0.8 | 1.00 | 1.00 |
| Woman, age $25 \ldots \ldots$. | 2,100 | .8 | .72 | 1.00 |
| Boy, age 9 $\ldots \ldots .$. | 2,400 | 1.1 | .83 | 1.38 |
| Girl, age 2 | $\ldots . .$. | 1,300 | .8 | .45 |

The size of the household in equivalent nutrition units was then determined, taking into account the number of meals each person had at home. An example of the calculations for food energy and calcium for one household follows:

| Persons served | Meals at home during week | Equivalent nutrition units |  | Meals X nutrition units |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Food energy | Calcium | $\begin{gathered} \text { Food } \\ \text { energy } \end{gathered}$ | Calcium |
| Household meals: |  |  |  |  |  |
| Man, age 25 | 14 | 1.00 | 1.00 | 14.00 | 14.00 |
| Woman, age 25 | 18 | . 72 | 1.00 | 12.96 | 18.00 |
| Boy, age 9. . . | 18 | . 83 | 1.38 | 14.94 | 24.84 |
| Girl, age 2. | 21 | . 45 | 1.00 | 9.45 | 21.00 |
| Guest meals, female, age 75 . | 1 | . 48 | 1.00 | . 48 | 1.00 |
| Total for the week. | 72 | - | -- | 51.83 | 78.84 |

For this household, the size in equivalent nutrition units for food energy is 2.47 ( $51.83 \div 21$ ) and for calcium, $3.75(78.84 \div 21)$. The household size in 21 -meal-at-home equivalent persons is $3.43(72 \div 21)$.

If standards of dietary quality other than Recommended Dietary Allowances set in 1963 by the Food and Nutrition Board are used, the household size in nutrition units and all tables on a nutrition unit basis should be recomputed.

Milk equivalent.- Quantity of whole fluid milk to which dairy products (except butter) are equivalent in calcium content. Chief source of data on the calcium content of the various dairy products: Composition of Foods (7).

Money income.-Respondent's estimate of 1964 money income (after deduction of State and Federal income taxes) within one of the income classes, by $\$ 1,000$ increments up to $\$ 12,000$, and by broader income ranges above $\$ 12,000$ up to $\$ 25,000$ or more. Income was counted for all persons living in the household who drew from a common fund for the major items of expense, such as food and housing, whether or not they ate at home during the week. Included were unmarried sons and daughters of any age living at home; persons usually a part of the family who were temporarily away from home-at school, at work, in the hospital, or on vacation; and other persons related or unrelated living with the family who drew from a common family fund for major items of expense. Income from sons and daughters quartered on military installations was not included.

Money value of food used at home.-Expenditures for bought food and money value of home-produced food and food received free of cost that was used during the survey week. Expenditures for bought food were based on prices reported as paid regardless of the time of purchase. Sales tax was excluded. Bought food with no price reported, home-produced food, and food received as a gift or instead of pay were valued using prices reported as paid for similar items by other families in the same region and urbanization. Federally donated foods were valued using average retail prices in the United States reported by the Bureau of Labor Statistics for use in its food price index.

Nutrition unit.-See "Household size in equivalent nutrition units" and "Nutritive value of diets per nutrition unit."

Nutritive value of diets.--Nutritive values of all foods and beverages including alcoholic beverages and baking powder.used. Nutritive content of food was calculated mainly from data on nutrients in the edible portion of one pound of food as purchased-Composition of Foods (7, table 2). Homemakers provided descriptive information with regard to kind, process, inedible parts, and enrichment and fortification, for matching the foods used with corresponding items in composition tables.

Before the food composition values were applied to the food quantities, estimated average losses in cooking for vitamin A value, thiamine, riboflavin, niacin, and ascorbic acid were deducted. Cooking losses were estimated from Procedures for Calculating Nutritive Values of Home-Prepared Foods (2) and unpublished data.

The data include nutritive values of any edible food brought into the kitchen for household use but lost or discarded in storage, in preparation for cooking, and as plate or table waste. Therefore, the amounts of nutrients given in tables of this report are undoubtedly larger than amounts in the food actually eaten. Minerals in water and minerals and vitamins from concentrates taken by individuals were not included.

Nutritive value of diets per nutrition unit.-Nutritive value of food used at home divided by the household size in nutrition units and by seven. See,
"Household size in equivalent nutrition units." When content of diets is presented on a unit-of-nutrient-need basis, diets of groups of households of varying size and composition can be compared and such households can be arrayed by the level of the nutrient content of their diets.

An adjustment for meals eaten away from home by family members was made through use of the number of meals at home only in the divisor. This adjustment assumes that an average meal away from home is equal nutritionally to a meal at home. Between-meal food eaten away from home is not included.

Nutritive value of diets per person.-Nutritive value of food used at home divided by the number of 21 -meal-at-home equivalent persons in the household. See, "Household size in equivalent meals at home (persons)." Nutrient content of diets is presented per 21-meal-at-home equivalent person to adjust for various sizes of households. An adjustment for meals eaten away from home by family members was made through use of the number of meals at home only in the divisor. This adjustment assumes that an average meal away from home is equal nutritionally to a meal at home. Between-meal food eaten away from home is not included.

Averages per person are generally satisfactory for comparisons among large population groups similar in composition by age and sex. For groups dissimilar in composition, comparisons may be misleading because the food needs of groups of households may differ.

Person.-One person equals 21 meals at home. See "Household size in equivalent meals at home (persons)." Average quantities and money value of food used per person by groups of households are per 21-meal-at-home equivalent person.

Potato, fresh equivalent. - Weight of fresh whole potatoes plus weight of fresh pared, canned, frozen, and dried potatoes, and potato chips, soup, and salad converted to equivalent weight of fresh potatoes with skin. Source of most factors: Conversion Factors for Agricultural Commodities (6).

Recommended Dietary Allowances.-Daily allowances for food energy and seven nutrients recommended by the Food and Nutrition Board, National Academy of Sciences-National Research Council, as normally desirable goals in planning practical dietaries (3).

The recommended allowances are judgments of nutrition experts who consider them, except for calories, well above minimal requirements but not necessarily optimal levels of intake. The margin over minimal requirements varies widely among nutrients. Two-thirds of the allowance has been considered in this and other household surveys of the Department as a level below which diets could be nutritionally inadequate for some individuals over an extended period of time. Height, weight, and other variables affect the nutrient requirements of an individual. Although the allowances do not constitute a precise tool for rating diets of persons or households individually, they do provide a satisfactory yardstick for evaluating diets of population groups. They also provide a tool for calculating nutrition units of households, which in turn permit comparison of nutrient content of food of households and groups of households dissimilar in composition.

Revisions of 1955 survey data. - Data on the nutritive value of food used and quality of diet, published in Dietary Levels of Households in the United States (4) are not comparable with data from the spring 1965 survey in several respects. (1) Food composition tables used to compute nutritive values of diets were revised after the 1955 tabulation to reflect later research in nutrient content of foods. (2) Nutritive values of diets tabulated for 1955 did not include values for some items such as baking powder, coffee, and alcoholic beverages. These values were included in 1965 study. (3) Diets in 1955 were evaluated using Recommended Dietary Allowances set in 1953 by the Food and Nutrition Board of the National Research Council as modified for application to dietary surveys by LeBovit and Stiebeling (1) and diets in 1965 were evaluated using allowances set in 1963.

Average nutritive values per person per day for diets of households in the spring of 1955 shown in the section on Results of this report were adjusted to reflect revisions in values in food composition tables and to include values for additional food items.

To determine the percentage of household diets in 1955 that were below the 1963 allowances, nutritive values of diets and household size in nutrition units for each household would need to be recomputed. To recompute these values was not feasible. Instead, households in 1955 with diets that were below 1963 allowances and below two-thirds of the allowances were estimated as follows:

Calcium, thiamine, and riboflavin-(1) The average nutrient content of food used in each region and in each urbanization was revised to reflect changes in values in food composition tables made between the 1955 and 1965 surveys and to include nutritive values for alcoholic beverages, coffee, and baking powder. (2) The average number of nutrition units in each region and in each urbanization was recomputed using 1963 allowances. (3) The cumulative curve of the distribution of households by the amount of the nutrient per nutrition unit as computed in 1955 was shifted to account for the average change in the nutrient content of food and the number of nutrition units. (4) An adjusted percentage of households not meeting the allowance was read from the curve at the level of the 1963 allowance for the 25 -year-old man. In this method the changes are prorated to each household in proportion to values as computed in 1955. This method of adjustment is appropriate only for nutrients for which the percentage change in allowances from those used in the 1955 survey to those used in the 1965 survey is similar for all age-sex groups and therefore for all households.

Protein, iron, vitamin A value, and ascorbic acid-(1) For each of the four nutrients, a pattern from the 1965 data was determined. An equation was derived using region, urbanization, and average nutrient content of food used (per nutrition unit) for a group of households as indicators of the proportion of those households not meeting the recommended allowance. (2) The average nutrient content per nutrition unit as of 1955 , revised according to steps (1) and (2) in the preceding paragraph, was substituted into the equation to derive an adjusted percentage of households not meeting the allowance. This method was limited to nutrients for which the 1955 revised average nutritive value was within the limits of observed values in 1965.

Revisions in percentage of households with diets below allowances of one or more nutrients were made as follows:
(1) An equation was derived from the 1965 data using region, urbanization, and percentage of households with diets not meeting allowances in each of the seven nutrients as indicators.
(2) Revised 1955 percents for the seven nutrients were substituted into the equation to derive an adjusted percent for one or more nutrients.

In general, the methods of collecting and tabulating the data on quantity and money value of food used in the 1955 and 1965 surveys were the same. Some differences that might affect comparability are described in detail in HFCS 1965-66 Reports 2-5 (5, pp. 202-204).

Rural farm.-See "Urbanization."
Rural nonfarm.-See "Urbanization."

Sample design and analysis.-See, HFCS 1965-66 Reports 2-5 (5, pp. 204-207).

Spring. - The months of April, May, and June.
Sugar equivalent.-Weight of sugar, sirup, jellies, and candies plus approximate sugar content by weight for selected foods high in sugar-liquid soft drinks; fruit ades, punches, drinks, nectars; dry pudding mixes; ready-to-eat gelatin dessert; and cake icing.

Survey week.-The continuous 7-day period just before the interview during which the reported food was used. An interview that occurred on Monday morning
after breakfast, for example, covered the period from Monday morning a week earlier after breakfast to the interview time.

## Urban.-See "Urbanization."

Urbanization.-Distinction between urban and rural households was based on the size of place in which the dwelling was located. Within the rural category, distinction between farm and nonfarm households was based on the presence of a farm operator. Definitions are those used by the Department of Commerce for the Population Census (1960) and the Agriculture Census (1964).

All households-Composite of urban, rural nonfarm, and rural farm households appropriately weighted.

Urban-Households in places with at least 2,500 inhabitants and in closely settled fringe areas surrounding cities of 50,000 or more inhabitants.

Rural nonfarm-Households outside of urban places without a farm operator.
Rural farm-Households outside of urban places with a farm operator.
A farm operator was a person who at the time of the interview made decisions and controlled the operation of property consisting of (1) 10 or more acres yielding sales of at least $\$ 50$ in 1964 or (2) fewer than 10 acres yielding sales of at least $\$ 250$ in 1964 or (3) land expected to yield sales in 1965 meeting either of those specifications. The farm operator performed the labor himself or directly supervised it. He was an individual operator or had one or more partners and either owned or rented the property by cash or cropping arrangements. The operator's dwelling unit did not have to be located on the farm property.

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## PUBLICATIONS IN THIS SERIES

## Household Food Consumption Survey, 1965-66

1. Food Consumption of Households in the United States, Spring 1965
2. Food Consumption of Households in the Northeast, Spring 1965
3. Food Consumption of Households in the North Central, Spring 1965
4. Food Consumption of Households in the South, Spring 1965
5. Food Consumption of Households in the West, Spring 1965
6. Dietary Levels of Households in the United States, Spring 1965
7. Dietary Levels of Households in the Northeast, Spring 1965
8. Dietary Levels of Households in the North Central Region, Spring 1965
9. Dietary Levels of Households in the South, Spring 1965
10. Dietary Levels of Households in the West, Spring 1965

| Northeast |  |  | North Central |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Connecticut | New Hampshire | Pennsylvania | Illinois | Michigan | North Dakota |
| Maine | New Jersey | Rhode Island | Indiana | Minnesota | Ohio |
| Massachusetts | New York | Vermont | Iowa | Missouri | South Dakota |
|  |  |  | Kansas | Nebraska | Wisconsin |
| South |  |  |  | West |  |
| Alabama | Georgia | Oklahoma | Arizona | Montana | Utah |
| Arkansas | Kentucky | South Carolina | California | Nevada | Washington |
| Delaware | Louisiana | Tennessee | Colorado | New Mexico | Wyoming |
| District of | Maryland | Texas | Idaho | Oregon | Wyoming |
| Columbia | Mississippi | Virginia |  | Oregon |  |
| Florida | North Carolina | West Virginia | and Hawaii | in this study. |  |




[^0]:    ${ }^{1}$ Italicized numbers in parentheses refer to Literature Cited, p. 113.

[^1]:    ${ }^{2}$ The 1968 revision of the Recommended Dietary Allowances was released after this report was prepared. It is estimated that about the same number of households would have met the 1968 allowances as the 1963 allowances for calcium and vitamin A value. More households-an estimated 88 percent compared with 79 percent-would have met the 1968 allowance for ascorbic acid, the other nutrient most often below 1963 allowances. On the other hand, fewer households-an estimated 81 percent compared with 91 percent-would have met 1968 allowances for thiamine, and some fewer for iron. Extensive reprograming of the 1965 survey tabulations would be needed to calculate the exact percentages of households with diets meeting the 1968 allowances for each of the nutrients and meeting allowances for all nutrients studied.

[^2]:    ${ }^{3}$ This part of the Results is shown in each of the four regional reports.

[^3]:    ${ }^{1}$ Adjusted to be comparable with 1965 data. See Definitions and Explanations, "Revision f 1955 survey data."

    * Less than 0.5 percent change.

[^4]:    \# TABLE NOTES ON PAGES 107-109

[^5]:    $\neq$ TABLE NOTES ON PAGES 107-109

[^6]:    * TABLE NOTES ON PAGES 107-109

[^7]:    * TABLE NOTES ON PAGES 107-109

[^8]:    Col.
    No. $\quad$ Heading
    2,7 . . Total (flour equiva-
    lent)

    ## Notes

    Weight of flour, cereals, meals, and pastes plus dry weight of flour, cereals, meals, and pastes in prepared products and bakery products.

[^9]:    ${ }^{4}$ Most of these reports are out of print but are available in many domestic and land-grant college and State university libraries.

