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UNITED STATES DEPARTMENT OF AGRICULTURE
STATES RELATIONS SERVICE
Washington, D. C.

Office of Extension Work
North and West.

August 1, 1918.

TO HOME DEMONSTRATION AGENTS IN THE NORTH AND WEST.

On June 25, 1918, ten months and five days after the emergency funds became available, the staff of the Women's Section of the Office of Extension Work, North and West, included the following:

Washington Office -----	10
State Leaders -----	33
Assistant State Leaders -----	50
County Home Demonstration Agents -----	343
Assistant County Home Demonstration Agents -----	34
Urban Home Demonstration Agents -----	96
Assistant Urban Home Demonstration Agents -----	20
Home Demonstration Agents at Large -----	82
Assistant Home Demonstration Agents at Large ---	15
District Home Demonstration Agents -----	124
Assistant District Home Demonstration Agents ---	7
Total ---	<u>814</u>

As a further indication of progress in the work, the following items of news have been taken from field reports to tell you something of the development along specific lines in the home demonstration work of the various states.

Very truly yours,



In Charge, Extension Work with Women.

THE UNIVERSITY OF CHICAGO
DEPARTMENT OF CHEMISTRY
CHICAGO, ILLINOIS

REPORT ON THE PROGRESS OF WORK
DURING THE YEAR 1954

The work of the Department of Chemistry during the year 1954 has been devoted primarily to the study of the properties of the various forms of carbon, and to the synthesis of new carbon compounds.

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W. R. BENTLEY
J. H. HARRIS

Projects and Developments.

The farm home study tours in Yamhill County, Oregon, have been taken up with great enthusiasm. They are held to encourage better country homes, lighting, water systems, labor savers, interior arrangement and decorations, sanitation and conservation. The home demonstration agent and the county agricultural agent cooperate in arranging the program. One hundred farm women and men went on one of these tours. A hundred miles were covered in two days by automobile, five homes being visited each day. Short talks were made at each stop where the host and hostess were introduced and gave briefly the cost of installing the particular labor saver under consideration at that place.

Several milk stations have been established by urban agents. In New Haven, Connecticut, there are three stations in firehouses. They are open for an hour at noon each day for the sale of skim milk. Two volunteer workers are in charge and the firemen also help with the work. In Haverhill, Massachusetts, and in Hartford, Connecticut, community kitchens have been run in connection with the milk stations, where wholesome lunches are served at a nominal charge and food may be taken home. Recipes of the dishes are supplied. In Hartford whole milk is sold at cost and is available only to families whose circumstances have been investigated and who hold official milk cards issued by the station.

Employment offices have offered a means of getting the latest food information to a class of women who might not be reached in any other way. Agents in Boston, Massachusetts, have given instructions and distributed recipes to cooks, waitresses and housekeepers in these offices.

A special poultry campaign put on in all counties of Michigan under the supervision of the agents is bringing good results. California's campaign to "add two laying hens to every home flock in the State" has been taken up enthusiastically. Agents were called in to the College of Agriculture to receive special instruction in poultry work to fit them to instruct the women in the care of their flocks.

Every state reports work of the agents in putting on window exhibits and cooperating in many kinds of food campaigns and patriotic drives.

Realizing the importance of clothing conservation, many agents are organizing clothing classes for study and for the making over of old garments. In Uintah County, Utah, the agent reports a saving of \$2500 last spring by women of that county by remodeling hats and clothing under her supervision. The materials are brought to the meetings, where the women receive instructions and later finish the garments at home. The same plan has been followed in Jefferson County, New York.

The Home Demonstration Agent in Flathead County, Montana, is in touch with the special demonstrator employed to teach conservation to camp cooks. Through cooperation with him she will not only get the benefit of his experience, but will in turn indirectly reach all the camps through the State. These employ from 3500 to 4000 men.

THE HISTORY OF THE

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Reports of potato campaigns show very gratifying results of the agents work. In Pocatello, Idaho, the campaign conducted by the agent resulted in a great increase in potato sales throughout the week. One grocer reported 10,000 pounds increase, another 8,000 pounds and a third 1500 pounds. Competition was so great that during the week the price fell from one dollar a hundred pounds to sixty-five cents.

A campaign to make Arizona feed herself has been carried on by agents. Women are encouraged to use the native grains as far as possible and several varieties of flour are being made from them.

Soup kitchens and liberty bread shops have been established in some cities, by urban agents. In Hyde Park, Illinois, the soup kitchen has a special room where working men may come and bring their lunches from home and then add hot soup or coffee bought from the kitchen. The liberty bread shops have been of great service to women in helping them with their wheat substitute problem. The shops have also been patronized by bakers, grocers, hotel men and matrons of Colleges and other institutions.

So many and varied schemes for the summer canning work have been reported that it is impossible to give them here. Training has been given to many volunteer workers, high school girls, clubs, church organizations, and other groups who will pass on the information to their neighbors. In Rhode Island each volunteer leader has pledged herself to give 40 hours of her time during the canning season.

Women in Black Hawk County, Iowa, reached through the Home Demonstration Agent report the following saving in one year: 469,000 pounds of wheat, 155,000 pounds of meat; 112,000 pounds of sugar, and 75,000 pounds of fat.

The majority of church organizations at Cedar Rapids, Iowa, are not serving refreshments. One church reports saving from 4 to 6 loaves of bread each week as a result of not serving sandwiches.

In a two weeks food saving campaign in Marshalltown, Iowa, 592 families saved 5,025 cups or 52 sacks of white flour, 22 families used no wheat at all.

A report of four months saving by women reached by the agent in Marshall County, Iowa, shows: Saved - Flour, 3,300 pounds; sugar, 822 pounds; fat, 822 pounds; pork fat, 1,650 pounds; meat, 822 pounds; pork meat, 1,650 pounds.

Community Enterprises

During May Home Demonstration Agents in New York State reached 13,346 people through community meetings. They have not followed the usual plan of holding the meetings in the town hall but have gone into the factories, the foreign section of villages, colored settlements and to Indian reservations carrying the message of conservation.

Reports show that many new community canning kitchens have been opened this summer - many of them in the home economics laboratories of schools.

In Townsend, Massachusetts, the women are getting together a collection of food conservation recipes, which will be published in a cook book for the benefit of the Red Cross.

Food Conservation in Schools.

In Kenosha County, Wisconsin, School children have been given food lessons in arithmetic at the request of the agent and last spring used wheat saving and potato recipes to copy for their writing lessons. These they take home daily to their mothers

During the organization of urban work in Helena, Montana, the cooperation of the school children was enlisted in making posters to accompany window exhibits.

The agent in Atchinson County, Missouri, has used the schools for effective demonstration work. Besides giving instruction in conservation to the children, she visits the schools on patrons' days. On these occasions she gives her whole time to the school work. In the morning she starts bread and gives a short talk on mixing, taking a few minutes from the regular program of the school. At noon she helps prepare the luncheon for the patrons which is a good form of demonstration in itself. In the afternoon she gives a full demonstration, baking the bread and making cookies of some kind.

In Montgomery County, New York, the agent has reached every High School in the County with canning demonstrations for the girls.

The domestic science girls from the High School have volunteered to assist the agent this summer in Springfield, Illinois.

Adams County, Missouri - Drying frames for summer work were made in manual training classes. School kitchens are used as canning centers.

In Seneca County, New York, the agent sends conservation material each week to sixty-two teachers in the County. They incorporate this in the school work.

In both Boston and Worcester, Massachusetts, kindergarten teachers in the public schools have received regular instruction in food conservation from the city agents. They reach a large number of mothers in their regular home visits and in many cases give instructions to neighborhood groups as well as to the individual women. They have proved enthusiastic volunteer workers and give help to many women who are so tied down at home that they can not attend regular study classes.

In many counties and cities the schools are being used as canning and drying centers this summer. They make central places for home demonstration agents to teach food conservation.

Food study classes have been organized through the Parent Teacher Associations in Rockford, Illinois. The presidents of all the associations were called together and asked to select a representative from each district to interest her neighbors in a course of six lectures given by the agent.

Agents Cooperate with Red Cross.

Many agents have used Red Cross meetings as a means of interesting groups of women in food study who could not be reached through any other channel.

Conservation suppers for the benefit of the Red Cross have been held in several counties in New Hampshire. Agents have found these an excellent form of demonstration, for men as well as women are reached through them. These are often followed in the evening by a patriotic rally.

All Red Cross meetings in Spokane County, Washington, are open to the agent. Some of the members have taken up food study.

The agent in Kenosha County, Wisconsin, goes to certain all day Red Cross meetings. She helps the women prepare dinner and later in the day gives a demonstration.

In Flathead County, Montana, the agent has established her office at Red Cross headquarters. She prepares conservation dishes at some of the all-day meetings. This has proved very popular and has been an excellent way of avoiding any suggestion of the "fourth meal."

In Parke County, Indiana, the agent is in charge of the surgical dressings class once a week. In this way she has been able to get the interest of the class for her other work.

The city agent at Haverhill, Massachusetts, conducts the regular study course in foods for the Red Cross.

Cooperative Relationships.

In New Haven, Connecticut, the agent has given regular food instruction to classes of salesgirls at large department stores.

In Trumbull County, Ohio, the Agent cooperated with the Chairman of Women's Committee of Council of National Defense in planning a conference of women from each township to discuss war problems. The conferences are followed by community songs and patriotic talks given by ministers, lawyers or business men.

Cincinnati, Ohio. The agent was made organizing Chairman for the child weighing and measuring forces.

In Springfield, Illinois, a series of four conservation demonstrations have been given in the convents.

Demonstrations have been given by agents in a large department store in Chicago, Illinois, on wheat substitutes. Each purchaser receives recipes and instruction. A demonstration station has been established on a municipal pier where thousands visit every day in the summer. Agents have worked at weighing stations to help mothers in the proper feeding

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of their children and to urge the use of more milk.

In Racine, Wisconsin, the agent gave a conservation talk at the Y. W. C. A. annual banquet.

Grangers are cooperating actively with many of the agents. In Oregon a number of them have taken up home economics as a part of their program for the year and are serving more conservation meals under direction of the agents. In Aroostook County, Maine, one of the Granges has thrown open its meetings to the public and has invited the agent to lecture on foods to its guests. In Alleghany County, New York, the agent has been asked to attend Grange meetings regularly.

In Ulster County, New York, the agent has organized the Camp Fire Girls for canning work during the summer, and in Monroe County another group has formed a unit for home gardening. The latter has purchased seventeen pigs which they will raise for market.

Work with Foreigners.

Agents are being of invaluable service in helping the foreign women in this Country with their food problems. In order to interpret the Government's ruling to these women, literature has been printed in several languages and demonstrations are being given on wheat substitutes. The demonstrations are held in the homes, in settlement houses, in Churches, in liberty bread shops and in milk stations. A member of the group usually acts as interpreter or a young school girl comes to translate the demonstration to the mothers.

Priests have cooperated with the agents in announcing meetings and coming sometimes to speak.

In Worcester, Massachusetts, demonstrations have been given in 14 different languages, the agents speaking through interpreters.

In many places foreign women are acting as volunteer workers. Many training classes in home canning have included foreigners who are carrying out the work to their own people.

Italian women in Springfield, Massachusetts, have rented and equipped a liberty bread shop for the use of the foreigners in the neighborhood. This was done under the supervision of the urban agent.

As a result of a food show on Halsted Street "back of the Yards" in Chicago, a new study class of Poles and Lithuanians has been formed at the Fellowship Settlement House.

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